

2021 Uniform Reporting Summary Output Tables Executive Summary

State Mental Health Agencies (SMHAs) compile and report annual data as part of their application package for SAMHSA's Community Mental Health Block Grant. These compiled data constitute the Uniform Reporting System (URS).

The URS is comprised of 21 tables that are developed by SAMHSA in consultation with SMHAs. The 2021 URS Output Tables present findings from 59 states and U.S. territories. Each output table provides summary information on the SMHA clients served in 2021: sociodemographic characteristics of clients served, outcomes of care, use of selected evidence-based practices, client assessment of care, insurance status, living situation, employment status, and readmission to state psychiatric hospitals within 30 and 180 days. Key data highlights are listed below:

- In 2021, 8,195,517 clients received SMHA services from 59 states. This is an increase from 8,013,396 SMHA clients in 2020. There were 5,789,234 adults (or 17.3 per 1,000), 2,175,848 children (or 29.9 per 1,000) served. About 9,311 (0.1 percent) clients were missing age data.
- Among SMHA clients, there were 4,342,545 (53.0 percent) females served while there were 3,806,666 (46.4 percent) males served. In 21 states and U.S. territories, more SMHA males were served than females. While in 38 states and U.S. territories, more SMHA females were served.
- The age distribution among SMHA clients was the largest among ages 25-44 with 32.9 percent, followed by ages 45-64 with 23.6 percent, children ages 0-12 with 14.8 percent, and children ages 13-17 with 12.1 percent.
- The highest percentage of SMHA clients that were served was among the White population with 58.1 percent, followed by Black or African Americans with 17.9 percent, and only 15.7 percent for Hispanics.

Vermont 2021 Mental Health National Outcome Measures (NOMS): SAMHSA Uniform Reporting System

| Utilization Rates/Number of Consumers Served | U.S. | State | U.S. Rate | States |
|--|-----------|-------|-----------|--------|
| Penetration Rate per 1,000 population | 8,195,517 | 39.10 | 24.59 | 59 |
| Community Utilization per 1,000 population | 7,974,393 | 38.99 | 23.93 | 59 |
| State Hospital Utilization per 1,000 population | 114,987 | 0.11 | 0.36 | 53 |
| Other Psychiatric Inpatient Utilization per 1,000 population | 454,356 | 0.85 | 1.52 | 45 |

| Adult Employment Status | U.S. | State | U.S. Rate | States |
|---|---------|-------|-----------|--------|
| Employed (Percent in Labor Force)* | 809,009 | 26.4% | 48.2% | 59 |
| Employed (percent with Employment Data)** | 809,009 | 19.5% | 24.6% | 59 |

| Adult Consumer Survey Measures | State | U.S. Rate | States |
|--------------------------------|-------|-----------|--------|
| Positive About Outcome | 70.5% | 77.1% | 51 |

| Child/Family Consumer Survey Measures | State | U.S. Rate | States |
|---------------------------------------|-------|-----------|--------|
| Positive About Outcome | 66.8% | 72.2% | 47 |

| Readmission Rates:(Civil "non-Forensic" clients) | U.S. | State | U.S. Rate | States |
|--|--------|-------|-----------|--------|
| State Hospital Readmissions: 30 Days | 5,504 | 2.4% | 7.6% | 43 |
| State Hospital Readmissions: 180 Days | 12,996 | 8.2% | 17.8% | 47 |
| State Hospital Readmissions: 30 Days: Adults | 5,098 | 2.4% | 7.6% | 43 |
| State Hospital Readmissions: 180 Days: Adults | 12,003 | 8.2% | 17.9% | 47 |
| State Hospital Readmissions: 30 Days: Children | 405 | 0.0% | 7.1% | 17 |
| State Hospital Readmissions: 180 Days: Children | 992 | 0.0% | 17.4% | 19 |

| Living Situation | U.S. | State | U.S. Rate | States |
|----------------------------|-----------|-------|-----------|--------|
| Private Residence | 4,153,224 | 87.9% | 84.9% | 58 |
| Homeless/Shelter | 211,853 | 3.1% | 4.3% | 54 |
| Jail/Correctional Facility | 72,129 | 0.1% | 1.5% | 51 |

| Adult EBP Services | U.S. | State | U.S. Rate | States |
|-------------------------------|---------|-------|-----------|--------|
| Supported Housing | 93,371 | - | 3.0% | 32 |
| Supported Employment | 65,963 | 20.6% | 1.9% | 42 |
| Assertive Community Treatment | 71,933 | - | 2.0% | 43 |
| Family Psychoeducation | 36,136 | - | 2.6% | 15 |
| Dual Diagnosis Treatment | 196,790 | - | 9.2% | 24 |
| Illness Self Management | 302,204 | - | 18.7% | 21 |
| Medications Management | 535,687 | 78.7% | 30.5% | 21 |

| Child/Adolescent EBP Services | U.S. | State | U.S. Rate | States |
|-------------------------------|--------|-------|-----------|--------|
| Therapeutic Foster Care | 13,334 | - | 1.7% | 21 |
| Multisystemic Therapy | 28,447 | - | 3.7% | 20 |
| Functional Family Therapy | 28,506 | - | 5.1% | 14 |

| Change in Social Connectedness | State | U.S. Rate | States |
|--|-------|-----------|--------|
| Adult Improved Social Connectedness | 65.8% | 77.6% | 49 |
| Child/Family Improved Social Connectedness | - | 87.5% | 43 |

*Denominator is the sum of consumers employed and unemployed.

**Denominator is the sum of consumers employed, unemployed, and not in labor force.

SAMHSA Uniform Reporting System - 2021 State Mental Health Measures

Vermont

| Utilization | State Number | State Rate | U.S. | U.S. Rate | States |
|---|--------------|------------|------------|-----------|--------|
| Penetration Rate per 1,000 population | 24,359 | 39.10 | 8,195,517 | 24.59 | 59 |
| Community Utilization per 1,000 population | 24,292 | 38.99 | 7,974,393 | 23.93 | 59 |
| State Hospital Utilization per 1,000 population | 67 | 0.11 | 114,987 | 0.36 | 53 |
| Medicaid Funding Status | 16,737 | 70% | 5,836,399 | 74% | 59 |
| Employment Status (percent employed) | 763 | 20% | 809,009 | 25% | 59 |
| State Hospital Adult Admissions | 57 | 0.85 | 82,535 | 0.76 | 52 |
| Community Adult Admissions | 6,344 | 0.45 | 14,015,260 | 2.75 | 52 |
| Percent Adults with SMI and Children with SED | 10,632 | 44% | 5,957,224 | 73% | 59 |

| Utilization | State Rate | U.S. Rate | States |
|---|------------|-----------|--------|
| State Hospital LOS Discharged Adult patients (Median) | 46 Days | 105 Days | 51 |
| State Hospital LOS for Adult Resident patients in facility <1 year (Median) | 43 Days | 81 Days | 51 |
| Percent of Client who meet Federal SMI definition | 17% | 71% | 57 |
| Adults with Co-occurring MH/SA Disorders | 23% | 29% | 57 |
| Children with Co-occurring MH/SA Disorders | 1% | 6% | 55 |

| Adult Consumer Survey Measures | State Rate | U.S. Rate | States |
|-------------------------------------|------------|-----------|--------|
| Access to Services | 79.4% | 87.8% | 51 |
| Quality/Appropriateness of Services | 83.0% | 89.8% | 51 |
| Outcome from Services | 70.5% | 77.1% | 51 |
| Participation in Treatment Planning | 79.9% | 86.3% | 51 |
| General Satisfaction with Care | 86.0% | 89.0% | 51 |

| Child/Family Consumer Survey Measures | State Rate | U.S. Rate | States |
|---------------------------------------|------------|-----------|--------|
| Access to Services | 81.8% | 87.9% | 46 |
| General Satisfaction with Care | 77.6% | 86.8% | 46 |
| Outcome from Services | 66.8% | 72.2% | 47 |
| Participation in Treatment Planning | 86.0% | 89.1% | 47 |
| Cultural Sensitivity of Providers | 89.4% | 93.8% | 45 |

| Consumer Living Situations | State Number | State Rate | U.S. | U.S. Rate | States |
|----------------------------|--------------|------------|-----------|-----------|--------|
| Private Residence | 12,670 | 87.9% | 4,153,224 | 84.9% | 58 |
| Jail/Correctional Facility | 15 | 0.1% | 72,129 | 1.5% | 51 |
| Homeless or Shelter | 453 | 3.1% | 211,853 | 4.3% | 54 |

| Hospital Readmissions | State Number | State Rate | U.S. | U.S. Rate | States |
|--|--------------|------------|--------|-----------|--------|
| State Hospital Readmissions: 30 Days | 2 | 2.4% | 5,504 | 7.6% | 43 |
| State Hospital Readmissions: 180 Days | 7 | 8.2% | 12,996 | 17.8% | 47 |
| Readmission to any psychiatric hospital: 30 Days | - | - | 32,872 | 14.5% | 20 |

| State Mental Health Finance (2021) | State Number | State Rate | U.S. | U.S. Rate | States |
|--|---------------|------------|------------------|-----------|--------|
| SMHA Expenditures for Community Mental Health* | \$227,128,907 | 88.6% | \$27,971,801,374 | 70.8% | 56 |
| State Expenditures from State Sources | \$8,285,666 | 3.2% | \$15,560,974,166 | 39.4% | 54 |
| Total SMHA Expenditures | \$256,263,687 | - | \$39,525,909,269 | - | 56 |

| Adult Evidence-Based Practices | State Number | State Rate | U.S. | U.S. Rate | States |
|--------------------------------------|--------------|------------|---------|-----------|--------|
| Assertive Community Treatment | - | - | 71,933 | 2.0% | 43 |
| Supported Housing | - | - | 93,371 | 3.0% | 32 |
| Supported Employment | 476 | 20.6% | 65,963 | 1.9% | 42 |
| Family Psychoeducation | - | - | 36,136 | 2.6% | 15 |
| Integrated Dual Diagnosis Treatment | - | - | 196,790 | 9.2% | 24 |
| Illness Self-Management and Recovery | - | - | 302,204 | 18.7% | 21 |
| Medications Management | 1,819 | 78.7% | 535,687 | 30.5% | 21 |

| Child Evidence Based Practices | State Number | State Rate | U.S. | U.S. Rate | States |
|--------------------------------|--------------|------------|--------|-----------|--------|
| Therapeutic Foster Care | - | - | 13,334 | 1.7% | 21 |
| Multisystemic Therapy | - | - | 28,447 | 3.7% | 20 |
| Functional Family Therapy | - | - | 28,506 | 5.1% | 14 |

| Outcome | State Number | State Rate | U.S. | U.S. Rate | States |
|---------------------------------|--------------|------------|--------|-----------|--------|
| Adult Criminal Justice Contacts | - | - | 21,059 | 2.0% | 34 |
| Juvenile Justice Contacts | 157 | 1.8% | 2,636 | 0.7% | 36 |
| School Attendance (Improved) | - | - | 4,873 | 25.9% | 24 |

* Includes primary prevention, evidence-based practices for early serious mental illness, and Other 24-Hour Care

Mental Health Community Services Block Grant: 2021 State Summary Report

Vermont

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State Revenue Expenditure Data

| | Amount |
|--|---------------|
| FY 2021 Mental Health Block Grant Expenditures | \$1,231,981 |
| FY 2021 SMHA Community MH Expenditures | \$227,128,907 |
| FY 2021 Per Capita Community MH Expenditures | \$364.37 |
| FY 2021 Community Percent of Total SMHA Spending | 88.58% |
| FY 2021 Total SMHA Mental Health Expenditure | \$256,263,687 |
| FY 2021 Per Capita Total SMHA Mental Health Expenditures | \$411.11 |

Statewide Mental Health Agency Data*

| Measure | Number of Clients | Utilization Rate Per 1,000 Population |
|--------------------------------------|-------------------|---------------------------------------|
| Total Clients Served by SMHA System | 24,359 | 39.1 |
| Clients Served in Community Settings | 24,292 | 39.0 |
| Clients Served in State Hospitals | 67 | 0.1 |

| Gender | Percent |
|---------------|---------|
| Female | 50.2% |
| Male | 47.6% |
| Not Available | 2.1% |

| Race/Ethnicity | Percent |
|---|---------|
| American Indian or Alaska Native | 0.9% |
| Asian | 0.9% |
| Black or African American | 2.9% |
| Native Hawaiian or Other Pacific Islander | - |
| White | 75.3% |
| More Than One Race | - |
| Not Available | 20.1% |

| Employment With Known Status (Adults) | Percent |
|---------------------------------------|---------|
| Employed | 19.5% |
| Unemployed | 54.4% |
| Not In Labor Force | 26.0% |

| Medicaid Funding Status of Consumers | Percent |
|--------------------------------------|---------|
| Medicaid Only | 29.4% |
| Non-Medicaid | 29.5% |
| Both Medicaid and Other Funds | 41.0% |

| Consumer Perception of Care: (Adults) | Percent |
|---------------------------------------|---------|
| Access to Services | 79.4% |
| Quality/Appropriateness of Services | 83.0% |
| Outcome from Services | 70.5% |
| Participation in Treatment Planning | 79.9% |
| Overall Satisfaction with Care | 86.0% |

| Implementation of Evidence-Based Practices | Percent |
|--|---------|
| Assertive Community Treatment | - |
| Supported Housing | - |
| Supported Employment | 20.6% |
| Family Psychoeducation | - |
| Integrated Dual Diagnosis Treatment | - |
| Illness Self-Management and Recovery | - |
| Medications Management | 78.7% |
| Therapeutic Foster Care | - |
| Multisystemic Therapy | - |
| Functional Family Therapy | - |

| Age | Percent |
|---------------|---------|
| 0 to 12 | 23.2% |
| 13 to 17 | 17.3% |
| 18 to 20 | 6.2% |
| 21 to 24 | 5.2% |
| 25 to 44 | 22.3% |
| 45 to 64 | 17.4% |
| 65 to 74 | 4.8% |
| 75 and over | 1.8% |
| Not Available | 1.8% |

| Living Situation (with Known Status) | Percent |
|--------------------------------------|---------|
| Private Residence | 87.9% |
| Foster Home | 2.7% |
| Residential Care | 2.7% |
| Crisis Residence | - |
| Residential Treatment Center | - |
| Institutional Setting | 0.8% |
| Jail (Correctional Facility) | 0.1% |
| Homeless (Shelter) | 3.1% |
| Other | 2.7% |

| Consumer Perception of Care: (Children/Adolescents) | Percent |
|---|---------|
| Access to Services | 81.8% |
| Overall Satisfaction with Care | 77.6% |
| Outcome from Services | 66.8% |
| Participation in Treatment Planning | 86.0% |
| Cultural Sensitivity of Providers | 89.4% |

| Outcome Measures Developmental | Percent |
|--------------------------------|---------|
| Adults Arrested this Year | - |
| Youth Arrested this Year | 1.8% |
| Improved School Attendance | - |

| Hospital Readmissions (Civil Status Patients) | Percent |
|--|---------|
| State Hospital Readmissions: 30 Days | 2.4% |
| State Hospital Readmissions: 180 Days | 8.2% |
| Readmission to any psychiatric hospital: 30 Days | - |

* Based on 2021 URS data provided by US States and Territories per annual reporting guidelines.



The Community Mental Health Block Grant is administered by the Center for Mental Health Services within the Substance Abuse and Mental Health Services Administration of the US Department of Health and Human Services

Access Domain: Demographic Characteristics of Persons Served by the State Mental Health Authority, FY 2021

Vermont

Reporting Period: 7/1/2020 To: 6/30/2021

| Demographics | Total Served | | | | Penetration Rates | | | States |
|----------------------------------|--------------|--------|-----------|--------|------------------------|-----------|------|-----------|
| | State | | US | | (per 1,000 population) | | | |
| | n | % | n | % | State | Northeast | US | Reporting |
| Total | 24,359 | 100.0% | 8,195,517 | 100.0% | 39.1 | 36.3 | 24.6 | 59 |
| 0-12 | 5,651 | 23.2% | 1,214,861 | 14.8% | 71.8 | 33.0 | 23.4 | 59 |
| 13-17 | 4,203 | 17.3% | 994,123 | 12.1% | 122.1 | 68.4 | 47.5 | 59 |
| 18-20 | 1,517 | 6.2% | 397,938 | 4.9% | 49.6 | 41.2 | 31.1 | 59 |
| 21-24 | 1,259 | 5.2% | 482,151 | 5.9% | 37.0 | 37.7 | 28.0 | 59 |
| 25-44 | 5,435 | 22.3% | 2,697,362 | 32.9% | 36.8 | 41.9 | 30.6 | 59 |
| 45-64 | 4,236 | 17.4% | 1,933,469 | 23.6% | 25.0 | 36.2 | 23.4 | 59 |
| 65-74 | 1,180 | 4.8% | 330,948 | 4.0% | 15.2 | 20.7 | 10.2 | 59 |
| 75 and over | 446 | 1.8% | 132,547 | 1.6% | 8.7 | 14.3 | 5.7 | 59 |
| Age Not Available | 432 | 1.8% | 12,118 | 0.1% | - | - | - | 27 |
| | | | | | | | | |
| Female | 12,233 | 50.2% | 4,342,545 | 53.0% | 38.8 | 37.4 | 25.7 | 59 |
| Male | 11,603 | 47.6% | 3,806,666 | 46.4% | 37.7 | 35.0 | 23.2 | 59 |
| Gender Not Available | 523 | 2.1% | 46,306 | 0.6% | - | - | - | 40 |
| | | | | | | | | |
| American Indian/Alaskan Native | 214 | 0.9% | 144,801 | 1.8% | 86.8 | 26.4 | 33.7 | 53 |
| Asian | 228 | 0.9% | 119,655 | 1.5% | 18.2 | 9.5 | 6.0 | 56 |
| Black/African American | 697 | 2.9% | 1,463,948 | 17.9% | 78.3 | 53.1 | 32.9 | 54 |
| Native Hawaiian/Pacific Islander | - | - | 25,191 | 0.3% | - | 45.0 | 30.3 | 53 |
| White | 18,331 | 75.3% | 4,764,161 | 58.1% | 31.3 | 26.8 | 19.0 | 57 |
| Multi-Racial | - | - | 217,686 | 2.7% | - | 23.5 | 24.9 | 49 |
| Race Not Available | 4,889 | 20.1% | 1,460,075 | 17.8% | - | - | - | 53 |
| | | | | | | | | |
| Hispanic or Latino Ethnicity | 636 | 2.6% | 1,159,327 | 15.7% | 47.8 | 38.9 | 19.8 | 52 |
| Not Hispanic or Latino Ethnicity | 15,087 | 61.9% | 5,506,816 | 74.6% | 24.7 | 32.5 | 21.5 | 56 |
| Ethnicity Not Available | 8,636 | 35.5% | 719,808 | 9.7% | - | - | - | 46 |

Note:

Are Client Counts Unduplicated? Duplicated between Hospitals and Community Number of States with Unduplicated Counts 43

This table uses data from URS Table 2a, Table 2b and from the US Census Bureau. All denominators use US Census data from 2020

US totals are calculated uniquely for each data element based on only those states who reported clients served.

Regional groupings are based on SAMHSA's Block Grant Regions.

State Notes:

Table 2a

Age None
Gender None
Race In Vermont, a single race code is used for Asian/Native Hawaiian/Pacific Islander. Typically these clients are of Asian origin.
Overall Counts are based on a client file that includes all CMH clients and State Hospital clients for FY2021. A small number of individuals may be counted more than once due to movement among community programs or movement between hospitals and community.

Table 2b

Age None
Gender None
Race In Vermont, a single race code is used for Asian/Native Hawaiian/Pacific Islander. Typically these clients are of Asian origin.
Overall Counts are based on a client file that includes all CMH clients and State Hospital clients for FY2021. A small number of individuals may be counted more than once due to movement among community programs or movement between hospitals and community.

Access Domain: Persons Served in Community Mental Health Programs by Age and Gender, FY 2021

Vermont

Reporting Period: 7/1/2020 To: 6/30/2021

| Demographic | Served in Community | | | | Penetration Rates (rate per 1,000 population) | | States Reporting |
|----------------------|---------------------|--------|-----------|--------|--|------|---------------------|
| | State | | US | | State | US | |
| | n | % | n | % | | | |
| Age 0-17 | 9,854 | 40.6% | 2,175,848 | 27.3% | 87.1 | 29.9 | 59 |
| Age 18-20 | 1,514 | 6.2% | 384,561 | 4.8% | 49.5 | 30.1 | 59 |
| Age 21-64 | 10,872 | 44.8% | 4,957,110 | 62.2% | 31.0 | 26.3 | 59 |
| Age 65+ | 1,620 | 6.7% | 447,563 | 5.6% | 12.6 | 7.5 | 59 |
| Age Not Available | 432 | 1.8% | 9,311 | 0.1% | - | - | 24 |
| Age Total | 24,292 | 100.0% | 7,974,393 | 100.0% | 39.0 | 23.9 | 59 |
| Female | 12,211 | 50.3% | 4,253,623 | 53.3% | 38.7 | 25.1 | 59 |
| Male | 11,558 | 47.6% | 3,675,171 | 46.1% | 37.5 | 22.4 | 59 |
| Gender Not Available | 523 | 2.2% | 45,599 | 0.6% | - | - | 39 |
| Total | 24,292 | 100.0% | 7,974,393 | 100.0% | 39.0 | 23.9 | 59 |

Note:

US totals are based on states reporting.

This table uses data from URS Table 3.

US penetration rates are calculated uniquely for each data element based on only those states who reported numerator (clients served) data.

State Notes:

Age None

Gender Patients who identified as transgender were placed in the gender not available cell.

Overall Data for Institutions under the Justice System were not available for FY2021 but we will continue to try to obtain this data.

Access Domain: Persons Served in State Psychiatric Hospitals by Age and Gender, FY 2021

Vermont

Reporting Period: 7/1/2020 To: 6/30/2021

| Demographic | Served in State Psychiatric Hospitals | | | | Penetration Rates | | States Reporting |
|----------------------|---------------------------------------|--------|---------|--------|-----------------------------|-----|------------------|
| | State | | US | | (rate per 1,000 population) | | |
| | n | % | n | % | State | US | |
| Age 0-17 | - | - | 6,039 | 5.3% | 0.0 | 0.1 | 32 |
| Age 18-20 | 3 | 4.5% | 4,304 | 3.7% | 0.1 | 0.3 | 51 |
| Age 21-64 | 58 | 86.6% | 96,923 | 84.3% | 0.2 | 0.5 | 53 |
| Age 65+ | 6 | 9.0% | 7,710 | 6.7% | 0.0 | 0.1 | 52 |
| Age Not Available | - | - | 11 | 0.0% | - | - | 4 |
| Age Total | 67 | 100.0% | 114,987 | 100.0% | 0.1 | 0.4 | 53 |
| | | | | | | | |
| Female | 22 | 32.8% | 35,696 | 31.0% | 0.1 | 0.2 | 53 |
| Male | 45 | 67.2% | 79,020 | 68.7% | 0.1 | 0.5 | 53 |
| Gender Not Available | - | - | 271 | 0.2% | - | - | 13 |
| Total | 67 | 100.0% | 114,987 | 100.0% | 0.1 | 0.4 | 53 |

Notes:

US totals are based on states reporting.

This table uses data from URS Table 3.

US penetration rates are calculated uniquely for each data element based on only those states who reported numerator (clients served) data.

State Notes:

Age None
Gender Patients who identified as transgender were placed in the gender not available cell.
Overall Data for Institutions under the Justice System were not available for FY2021 but we will continue to try to obtain this data.

Access Domain: Demographic Characteristics of Adults with SMI and Children with SED Served by the State Mental Health Authority, FY 2021

Vermont

Reporting Period: 7/1/2020 To: 6/30/2021

| Demographics | Total Served | | | | Penetration Rates | | | States |
|----------------------------------|--------------|--------|-----------|--------|------------------------|-----------|------|-----------|
| | State | | US | | (per 1,000 population) | | | Reporting |
| | n | % | n | % | State | Northeast | US | |
| Total | 10,632 | 100.0% | 5,957,224 | 100.0% | 17.1 | 24.0 | 17.9 | 59 |
| 0-12 | 4,424 | 41.6% | 884,797 | 14.9% | 56.2 | 19.9 | 17.1 | 58 |
| 13-17 | 3,830 | 36.0% | 760,348 | 12.8% | 111.2 | 49.1 | 36.3 | 59 |
| 18-20 | 29 | 0.3% | 277,995 | 4.7% | 0.9 | 26.8 | 21.8 | 57 |
| 21-24 | 76 | 0.7% | 341,331 | 5.7% | 2.2 | 25.3 | 19.8 | 59 |
| 25-44 | 704 | 6.6% | 1,915,023 | 32.1% | 4.8 | 27.3 | 20.7 | 59 |
| 45-64 | 1,140 | 10.7% | 1,454,541 | 24.4% | 6.7 | 25.1 | 17.6 | 59 |
| 65-74 | 364 | 3.4% | 238,110 | 4.0% | 4.7 | 13.5 | 7.3 | 58 |
| 75 and over | 65 | 0.6% | 81,677 | 1.4% | 1.3 | 8.0 | 3.9 | 57 |
| Age Not Available | - | - | 3,402 | 0.1% | - | - | - | 16 |
| Female | 4,999 | 47.0% | 3,214,161 | 54.0% | 15.9 | 25.0 | 19.0 | 59 |
| Male | 5,610 | 52.8% | 2,730,147 | 45.8% | 18.2 | 22.8 | 16.6 | 59 |
| Gender Not Available | 23 | 0.2% | 12,916 | 0.2% | - | - | - | 37 |
| American Indian/Alaskan Native | 83 | 0.8% | 100,653 | 1.7% | 33.7 | 16.0 | 23.4 | 53 |
| Asian | 107 | 1.0% | 91,399 | 1.5% | 8.5 | 6.7 | 4.6 | 55 |
| Black/African American | 349 | 3.3% | 1,091,989 | 18.3% | 39.2 | 36.4 | 24.5 | 54 |
| Native Hawaiian/Pacific Islander | - | - | 18,989 | 0.3% | - | 32.5 | 22.5 | 53 |
| White | 8,483 | 79.8% | 3,438,816 | 57.7% | 14.5 | 17.5 | 13.7 | 55 |
| Multi-Racial | - | - | 181,314 | 3.0% | - | 19.6 | 19.1 | 49 |
| Race Not Available | 1,610 | 15.1% | 1,034,064 | 17.4% | - | - | - | 53 |
| Hispanic or Latino Ethnicity | 308 | 2.9% | 964,479 | 17.6% | 23.1 | 27.3 | 15.7 | 52 |
| Not Hispanic or Latino Ethnicity | 6,810 | 64.1% | 3,982,194 | 72.7% | 11.2 | 21.3 | 14.8 | 56 |
| Ethnicity Not Available | 3,514 | 33.1% | 530,987 | 9.7% | - | - | - | 46 |

Note:
This table uses data from URS Table 14a, Table 14b and from the US Census Bureau. All denominators use US Census data from 2020

US totals are calculated uniquely for each data element based on only those states who reported clients served.

Regional groupings are based on SAMHSA's Block Grant Regions.

State Notes:

Table 14a

Age None
Gender None
Race In Vermont, a single race code is used for Asian/Native Hawaiian/Pacific Islander. Typically these clients are of Asian origin.
Overall Counts are based on a client file that includes all CMH clients and State Hospital clients for FY2021. A small number of individuals may be counted more than once due to movement among community programs or movement between hospitals and community.

Table 14b

Age None
Gender None
Race In Vermont, a single race code is used for Asian/Native Hawaiian/Pacific Islander. Typically these clients are of Asian origin.
Overall Counts are based on a client file that includes all CMH clients and State Hospital clients for FY2021. A small number of individuals may be counted more than once due to movement among community programs or movement between hospitals and community.

Access Domain: Adults with SMI and Children with SED Served in Community Mental Health Programs by Age and Gender, FY 2021

Vermont

Reporting Period: 7/1/2020 To: 6/30/2021

| Demographic | Served in Community | | | | Penetration Rates (rate per 1,000 population) | | States Reporting |
|----------------------|---------------------|--------|-----------|--------|--|------|---------------------|
| | State | | US | | State | US | |
| | n | % | n | % | | | |
| Age 0-17 | 8,254 | 78.1% | 1,557,857 | 27.7% | 72.9 | 21.5 | 58 |
| Age 18-20 | 26 | 0.2% | 259,921 | 4.6% | 0.9 | 20.4 | 56 |
| Age 21-64 | 1,862 | 17.6% | 3,506,423 | 62.3% | 5.3 | 18.7 | 58 |
| Age 65+ | 423 | 4.0% | 302,028 | 5.4% | 3.3 | 5.1 | 57 |
| Age Not Available | - | - | 3,207 | 0.1% | - | - | 16 |
| Age Total | 10,565 | 100.0% | 5,629,436 | 100.0% | 16.9 | 16.9 | 58 |
| | | | | | | | |
| Female | 4,977 | 47.1% | 3,059,107 | 54.3% | 15.8 | 18.1 | 58 |
| Male | 5,565 | 52.7% | 2,557,950 | 45.4% | 18.1 | 15.6 | 58 |
| Gender Not Available | 23 | 0.2% | 12,379 | 0.2% | - | - | 35 |
| Total | 10,565 | 100.0% | 5,629,436 | 100.0% | 16.9 | 16.9 | 58 |

Note:

US totals are based on states reporting.

This table uses data from URS Table 15a.

US penetration rates are calculated uniquely for each data element based on only those states who reported numerator (clients served) data.

State Notes:

Age None
Gender None
Overall Databases for individuals served at residential treatment centers and at other psychiatric inpatient facilities do not contain elements necessary to identify clients as SMI or SED.

Access Domain: Adults with SMI and Children with SED Served in State Psychiatric Hospitals by Age and Gender, FY 2021

Vermont

Reporting Period: 7/1/2020 To: 6/30/2021

| Demographic | Served in State Psychiatric Hospitals | | | | Penetration Rates | | States Reporting |
|----------------------|---------------------------------------|--------|--------|--------|-----------------------------|-----|------------------|
| | State | | US | | (rate per 1,000 population) | | |
| | n | % | n | % | State | US | |
| Age 0-17 | - | - | 4,859 | 5.3% | 0.0 | 0.1 | 30 |
| Age 18-20 | 3 | 4.5% | 3,225 | 3.5% | 0.1 | 0.3 | 48 |
| Age 21-64 | 58 | 86.6% | 77,647 | 85.0% | 0.2 | 0.4 | 51 |
| Age 65+ | 6 | 9.0% | 5,652 | 6.2% | 0.0 | 0.1 | 50 |
| Age Not Available | - | - | 2 | 0.0% | - | - | 2 |
| Age Total | 67 | 100.0% | 91,385 | 100.0% | 0.1 | 0.3 | 51 |
| | | | | | | | |
| Female | 22 | 32.8% | 28,469 | 31.2% | 0.1 | 0.2 | 51 |
| Male | 45 | 67.2% | 62,754 | 68.7% | 0.1 | 0.4 | 51 |
| Gender Not Available | - | - | 162 | 0.2% | - | - | 12 |
| Total | 67 | 100.0% | 91,385 | 100.0% | 0.1 | 0.3 | 51 |

Notes:

US totals are based on states reporting.

This table uses data from URS Table 15a.

US penetration rates are calculated uniquely for each data element based on only those states who reported numerator (clients served) data.

State Notes:

Age None
Gender None
Overall Databases for individuals served at residential treatment centers and at other psychiatric inpatient facilities do not contain elements necessary to identify clients as SMI or SED.

Appropriateness Domain: Percent of Adults and Children Served Who Meet the Federal Definition for SMI/SED and Percent of Adults and Children Served Who Have Co-Occurring MH/AOD Disorders, FY 2021

Vermont

Reporting Period: 7/1/2020 To: 6/30/2021

| Adults and Children who meet the Federal Definition of SMI/SED | State | US Average | US Median | States Reporting |
|---|--------------|-------------------|------------------|-------------------------|
| Percent of Adults served through the SMHA who meet the Federal definition for SMI | 17.0% | 71.4% | 74.0% | 57 |
| Percent of Children served through the SMHA who meet the Federal definition for SED | 84.0% | 71.8% | 75.0% | 57 |

| Co-occurring MH and Substance Abuse Consumers | State | US Average | US Median | States Reporting |
|--|--------------|-------------------|------------------|-------------------------|
| Percent of Adults served through the SMHA who had a co-occurring MH and AOD disorder | 23.0% | 28.8% | 26.0% | 57 |
| Percent of Children served through the SMHA who had a co-occurring MH and AOD disorder | 1.0% | 6.1% | 2.0% | 57 |
| Percent of Adults served through the SMHA who met the Federal definitions of SMI who also have a substance abuse diagnosis | 35.0% | 29.8% | 27.0% | 56 |
| Percent of Children served through the SMHA who met the Federal definitions of SED who also have a substance abuse diagnosis | 1.0% | 10.3% | 3.0% | 56 |

Note

This table uses data from URS Table 12.

How are the number of clients with co-occurring disorders counted and calculated?

See general comments

State Notes

None

ACCESS DOMAIN: Persons Served by SMHA System through Medicaid and Other Funding Sources by Race, Gender, and Ethnicity, FY 2021

STATE: Vermont

Reporting Period: 7/1/2020 To: 6/30/2021

| Demographic | State | | | | | | | US Averages | | | | | | | States Reporting |
|---|---------------|-------------------|-----------------------|--|---------------|-------------------|-----------------------|---------------|-------------------|-----------------------|--|---------------|-------------------|-----------------------|------------------|
| | Number Served | | | | % Served | | | Number Served | | | | % Served | | | |
| | Medicaid Only | Non-Medicaid Only | Both Medicaid & Other | Total Served with Known Funding Status | Medicaid Only | Non-Medicaid Only | Both Medicaid & Other | Medicaid Only | Non-Medicaid Only | Both Medicaid & Other | Total Served with Known Funding Status | Medicaid Only | Non-Medicaid Only | Both Medicaid & Other | |
| Female | 3,467 | 3,713 | 4,892 | 12,072 | 29% | 31% | 41% | 2,640,278 | 1,016,240 | 531,913 | 4,188,431 | 63% | 24% | 13% | 57 |
| Male | 3,516 | 3,045 | 4,841 | 11,402 | 31% | 27% | 42% | 2,174,888 | 987,954 | 474,328 | 3,637,170 | 60% | 27% | 13% | 57 |
| Gender Not Available | 8 | 256 | 13 | 277 | 3% | 92% | 5% | 12,926 | 25,984 | 2,066 | 40,976 | 32% | 63% | 5% | 39 |
| Total | 6,991 | 7,014 | 9,746 | 23,751 | 29% | 30% | 41% | 4,828,092 | 2,030,178 | 1,008,307 | 7,866,577 | 61% | 26% | 13% | 57 |
| | | | | | | | | | | | | | | | |
| American Indian or Alaska Native | 82 | 41 | 87 | 210 | 39% | 20% | 41% | 98,741 | 20,419 | 22,292 | 141,452 | 70% | 14% | 16% | 52 |
| Asian | 27 | 69 | 131 | 227 | 12% | 30% | 58% | 71,849 | 28,264 | 13,763 | 113,876 | 63% | 25% | 12% | 54 |
| Black or African American | 161 | 141 | 393 | 695 | 23% | 20% | 57% | 856,979 | 363,377 | 187,718 | 1,408,074 | 61% | 26% | 13% | 53 |
| Native Hawaiian or Other Pacific Islander | - | - | - | - | - | - | - | 12,660 | 6,280 | 4,387 | 23,327 | 54% | 27% | 19% | 51 |
| White | 5,876 | 4,709 | 7,515 | 18,100 | 32% | 26% | 42% | 2,756,680 | 1,248,161 | 573,566 | 4,578,407 | 60% | 27% | 13% | 55 |
| More Than One Race | - | - | - | - | - | - | - | 110,403 | 65,985 | 36,422 | 212,810 | 52% | 31% | 17% | 47 |
| Race Not Available | 845 | 2,054 | 1,620 | 4,519 | 19% | 45% | 36% | 920,780 | 297,692 | 170,159 | 1,388,631 | 66% | 21% | 12% | 51 |
| Total | 6,991 | 7,014 | 9,746 | 23,751 | 29% | 30% | 41% | 4,828,092 | 2,030,178 | 1,008,307 | 7,866,577 | 61% | 26% | 13% | 57 |
| | | | | | | | | | | | | | | | |
| Hispanic or Latino | 195 | 160 | 277 | 632 | 31% | 25% | 44% | 617,393 | 294,095 | 200,476 | 1,111,964 | 56% | 26% | 18% | 51 |
| Not Hispanic or Latino | 4,295 | 3,883 | 6,790 | 14,968 | 29% | 26% | 45% | 3,054,149 | 1,509,010 | 720,525 | 5,283,684 | 58% | 29% | 14% | 55 |
| Ethnicity Not Available | 2,501 | 2,971 | 2,679 | 8,151 | 31% | 36% | 33% | 452,327 | 139,938 | 71,511 | 663,776 | 68% | 21% | 11% | 43 |
| Total | 6,991 | 7,014 | 9,746 | 23,751 | 29% | 30% | 41% | 4,123,869 | 1,943,043 | 992,512 | 7,059,424 | 58% | 28% | 14% | 55 |

Note:

This table uses data from URS tables 5a and 5b.

Type of Medicaid Data Reported

People Served by Both includes people with any Medicaid

State Notes

- 5a Age In Vermont, a single race code is used for Asian/Native Hawaiian/Pacific Islander. Typically these clients are of Asian origin.
- 5a Gender None
- 5a Overall Counts are based on a client file that includes all CMH clients for FY2021. A small number of individuals may be counted more than once due to movement among community programs or movement between hospitals and community.
- 5b Overall Counts are based on a client file that includes all CMH clients for FY2021. A small number of individuals may be counted more than once due to movement among community programs or movement between hospitals and community.

APPROPRIATENESS DOMAIN: NUMBER OF ADMISSIONS DURING THE YEAR TO STATE HOSPITAL INPATIENT AND COMMUNITY-BASED PROGRAMS, FY 2021

STATE: Vermont

Reporting Period: 7/1/2020 To: 6/30/2021

| Setting | Demographic | State | | | US | | | Admission Rate | | States Reporting |
|-------------------------------|-------------|------------------------|-------------------------------|--------------------------|------------------------|-------------------------------|--------------------------|----------------|------|------------------|
| | | Admissions During Year | Total Served At Start of Year | Total Served During Year | Admissions During Year | Total Served At Start of Year | Total Served During Year | State | US | |
| State Psychiatric Hospitals | Total | 57 | 13 | 67 | 88,701 | 37,773 | 114,912 | 0.85 | 0.77 | 52 |
| | Children | - | - | - | 6,151 | 1,024 | 5,778 | - | 1.06 | 30 |
| | Adults | 57 | 13 | 67 | 82,535 | 36,238 | 108,862 | 0.85 | 0.76 | 52 |
| | Age NA | - | - | - | 15 | 511 | 7 | - | 2.14 | 2 |
| Other Inpatient | Total | 589 | 52 | 531 | 480,622 | 65,699 | 453,428 | 1.11 | 1.06 | 40 |
| | Children | 29 | - | 29 | 68,016 | 6,486 | 56,334 | 1.00 | 1.21 | 35 |
| | Adults | 560 | 52 | 502 | 409,224 | 58,947 | 395,152 | 1.12 | 1.04 | 40 |
| | Age NA | - | - | - | 3,382 | 266 | 1,937 | - | 1.75 | 7 |
| Residential Treatment Centers | Total | 41 | 46 | 83 | 104,597 | 17,929 | 64,305 | 0.49 | 1.63 | 36 |
| | Children | 40 | 37 | 73 | 31,505 | 5,975 | 15,392 | 0.55 | 2.05 | 33 |
| | Adults | 1 | 9 | 10 | 73,091 | 11,954 | 48,838 | 0.10 | 1.50 | 31 |
| | Age NA | - | - | - | 1 | - | 1 | - | 1.00 | 1 |
| Community Programs | Total | 11,468 | 11,845 | 24,292 | 25,075,693 | 3,895,678 | 7,003,402 | 0.47 | 3.58 | 52 |
| | Children | 4,713 | 4,972 | 9,854 | 11,047,253 | 1,009,456 | 1,906,275 | 0.48 | 5.80 | 52 |
| | Adults | 6,344 | 6,862 | 14,006 | 14,015,260 | 2,881,685 | 5,087,816 | 0.45 | 2.75 | 52 |
| | Age NA | 411 | 11 | 432 | 13,180 | 4,537 | 7,311 | 0.95 | 1.80 | 17 |

Note:

Admission Rate= number of admissions divided by total served during the year

US Admissions During Year uses data from states reporting data only. States are only included in "US Total Served" if they also reported data on admissions.

US Total Served During Year is calculated using data in URS Table 3.

This table uses data from URS Table 3 and 6.

Table 3 State Notes:

Age None
 Overall Data for Institutions under the Justice System were not available for FY2021 but we will continue to try to obtain this data.
 Gender Patients who identified as transgender were placed in the gender not available cell.

Table 6 State Notes:

Hospital None
 Other Inpatient Other Psychiatric Inpatient includes individuals receiving involuntary treatment in designated community hospital psychiatric units.
 Residential Residential Treatment includes children receiving Medicaid funded PNMI (Private Non-Medical Institution) residential services.
 Community None
 Overall None

APPROPRIATENESS DOMAIN: Length of Stays in State Psychiatric Hospitals, Other Psychiatric Inpatient and Residential Treatment Centers for Children Settings, FY 2021

STATE: Vermont

Reporting Period: 7/1/2020 To: 6/30/2021

| Setting | Demographic | State | | | | | | US | | | | | | |
|-------------------------------|-------------|-----------------------|--------|---|--------|---|--------|-----------------------|--------|---|--------|---|--------|------------------|
| | | Length of Stay (Days) | | | | | | Length of Stay (Days) | | | | | | |
| | | Discharged Clients | | Resident Clients in Facility 1 year or less | | Resident Clients in Facility more than 1 year | | Discharged Clients | | Resident Clients in Facility 1 year or less | | Resident Clients in Facility more than 1 year | | States Reporting |
| | | Average | Median | Average | Median | Average | Median | Average | Median | Average | Median | Average | Median | |
| State Hospitals | All | - | - | - | - | - | - | 217 | 80 | 100 | 72 | 1,717 | 798 | 14 |
| | Children | - | - | - | - | - | - | 102 | 85 | 74 | 64 | 659 | 566 | 27 |
| | Adults | 64 | 46 | 74 | 43 | 789 | 535 | 255 | 105 | 105 | 81 | 1,641 | 1,045 | 52 |
| | Age NA | - | - | - | - | - | - | 26 | 9 | 69 | 69 | 4,333 | 4,141 | 2 |
| Other Inpatient | All | - | - | - | - | - | - | 70 | 46 | 69 | 44 | 829 | 645 | 10 |
| | Children | 21 | 10 | 17 | 17 | - | - | 34 | 27 | 43 | 32 | 629 | 544 | 27 |
| | Adults | 33 | 13 | 51 | 26 | 657 | 657 | 48 | 36 | 56 | 37 | 761 | 650 | 37 |
| | Age NA | 44 | 44 | 138 | 138 | - | - | 20 | 16 | 71 | 92 | - | - | 4 |
| Residential Treatment Centers | All | - | - | - | - | - | - | 341 | 235 | 159 | 170 | 725 | 653 | 6 |
| | Children | 437 | 361 | 189 | 179 | 655 | 583 | 180 | 151 | 134 | 130 | 736 | 677 | 28 |
| | Adults | 755 | 586 | 336 | 336 | 935 | 667 | 333 | 276 | 147 | 136 | 1,115 | 924 | 27 |
| | Age NA | - | - | - | - | - | - | 14 | 14 | - | - | - | - | - |

Note:

Resident clients are clients who were receiving services in inpatient settings at the end of the reporting period.

This table uses data from URS Table 6.

Table 6 State Notes:

| | |
|-----------------|--|
| Hospital | None |
| Other Inpatient | Other Psychiatric Inpatient includes individuals receiving involuntary treatment in designated community hospital psychiatric units. |
| Residential | Residential Treatment includes children receiving Medicaid funded PNMI (Private Non-Medical Institution) residential services. |
| Community | None |
| Overall | None |

APPROPRIATENESS DOMAIN: Living Situation of Consumers Served by State Mental Health Agency Systems, FY 2021

STATE: Vermont

Reporting Period: 7/1/2020 To: 6/30/2021

| Age Group | Setting | State | | | US | | | States Reporting |
|-----------------------|------------------------------|------------------|-----------------------------|-------------------------------------|------------------|-----------------------------|-------------------------------------|------------------|
| | | Living Situation | Percent in Living Situation | Percent with Known Living Situation | Living Situation | Percent in Living Situation | Percent with Known Living Situation | |
| All Persons Served | Private Residence | 12,670 | 52.0% | 87.9% | 4,153,224 | 56.0% | 84.9% | 58 |
| | Foster Home | 382 | 1.6% | 2.7% | 85,504 | 1.2% | 1.7% | 49 |
| | Residential Care | 384 | 1.6% | 2.7% | 172,853 | 2.3% | 3.5% | 53 |
| | Crisis Residence | - | - | - | 8,981 | 0.1% | 0.2% | 31 |
| | Residential Treatment Center | - | - | - | 8,370 | 0.1% | 0.2% | 35 |
| | Institutional Setting | 120 | 0.5% | 0.8% | 72,284 | 1.0% | 1.5% | 52 |
| | Jail (Correctional Facility) | 15 | 0.1% | 0.1% | 72,129 | 1.0% | 1.5% | 51 |
| | Homeless (Shelter) | 453 | 1.9% | 3.1% | 211,853 | 2.9% | 4.3% | 54 |
| | Other | 383 | 1.6% | 2.7% | 106,611 | 1.4% | 2.2% | 45 |
| | Not Available | 9,952 | 40.9% | - | 2,522,320 | 34.0% | - | 49 |
| | Total | 24,359 | 100.0% | 100.0% | 7,414,129 | 100.0% | 100.0% | 58 |
| Children under age 18 | Private Residence | 5,891 | 59.8% | 90.5% | 1,140,918 | 58.1% | 91.5% | 57 |
| | Foster Home | 356 | 3.6% | 5.5% | 54,071 | 2.8% | 4.3% | 49 |
| | Residential Care | 87 | 0.9% | 1.3% | 12,994 | 0.7% | 1.0% | 41 |
| | Crisis Residence | - | - | - | 1,424 | 0.1% | 0.1% | 29 |
| | Residential Treatment Center | - | - | - | 5,632 | 0.3% | 0.5% | 31 |
| | Institutional Setting | 8 | 0.1% | 0.1% | 4,914 | 0.3% | 0.4% | 45 |
| | Jail (Correctional Facility) | 1 | 0.0% | 0.0% | 4,020 | 0.2% | 0.3% | 46 |
| | Homeless (Shelter) | 52 | 0.5% | 0.8% | 7,173 | 0.4% | 0.6% | 51 |
| | Other | 113 | 1.1% | 1.7% | 15,301 | 0.8% | 1.2% | 43 |
| | Not Available | 3,346 | 34.0% | - | 715,710 | 36.5% | - | 49 |
| | Total | 9,854 | 100.0% | 100.0% | 1,962,157 | 100.0% | 100.0% | 58 |
| Adults over age 18 | Private Residence | 6,677 | 47.4% | 85.7% | 3,009,173 | 55.5% | 82.7% | 58 |
| | Foster Home | 26 | 0.2% | 0.3% | 31,379 | 0.6% | 0.9% | 46 |
| | Residential Care | 296 | 2.1% | 3.8% | 159,181 | 2.9% | 4.4% | 52 |
| | Crisis Residence | - | - | - | 7,503 | 0.1% | 0.2% | 30 |
| | Residential Treatment Center | - | - | - | 2,736 | 0.1% | 0.1% | 23 |
| | Institutional Setting | 112 | 0.8% | 1.4% | 66,995 | 1.2% | 1.8% | 52 |
| | Jail (Correctional Facility) | 14 | 0.1% | 0.2% | 68,028 | 1.3% | 1.9% | 51 |
| | Homeless (Shelter) | 397 | 2.8% | 5.1% | 204,612 | 3.8% | 5.6% | 54 |
| | Other | 265 | 1.9% | 3.4% | 91,067 | 1.7% | 2.5% | 45 |
| | Not Available | 6,286 | 44.7% | - | 1,779,530 | 32.8% | - | 49 |
| | Total | 14,073 | 100.0% | 100.0% | 5,420,204 | 100.0% | 100.0% | 58 |

This table uses data from URS Table 15.

Note:

For revised data: Please check Errata sheet.

State Notes:

None

APPROPRIATENESS DOMAIN: Persons Who were Homeless by Age, Gender, Race, and Ethnicity, FY 2021

STATE: Vermont

Reporting Period: 7/1/2020 To: 6/30/2021

| Demographic | Homeless or Living in Shelters | | | | Percent of Total with Known Living Situation | | States Reporting |
|---|--------------------------------|---------------|----------------|---------------|--|-------------|------------------|
| | State | | US | | State | US | |
| | N | % | N | % | % | % | |
| Age 0 to 17 | 52 | 11.5% | 7,173 | 3.4% | 0.8% | 0.6% | 51 |
| Age 18 to 64 | 384 | 84.8% | 196,792 | 92.9% | 5.6% | 5.9% | 54 |
| Age 65+ | 13 | 2.9% | 7,820 | 3.7% | 1.4% | 2.4% | 51 |
| Age Not Available | 4 | 0.9% | 68 | 0.0% | 3.6% | 1.5% | 11 |
| Age Total | 453 | 100.0% | 211,853 | 100.0% | 3.1% | 4.3% | 54 |
| Female | 225 | 49.7% | 83,437 | 39.4% | 3.0% | 3.2% | 54 |
| Male | 228 | 50.3% | 127,760 | 60.3% | 3.3% | 5.5% | 54 |
| Gender Not Available | - | - | 656 | 0.3% | - | 10.8% | 22 |
| Gender Total | 453 | 100.0% | 211,853 | 100.0% | 3.1% | 4.3% | 54 |
| American Indian or Alaska Native | 8 | 1.8% | 5,427 | 2.6% | 7.4% | 6.1% | 47 |
| Asian | 2 | 0.4% | 2,031 | 1.0% | 1.6% | 2.8% | 48 |
| Black or African American | 14 | 3.1% | 64,819 | 30.6% | 3.6% | 7.0% | 52 |
| Native Hawaiian or Other Pacific Islander | - | - | 780 | 0.4% | - | 5.7% | 35 |
| White | 354 | 78.1% | 104,948 | 49.5% | 2.9% | 3.6% | 53 |
| More Than One Race | - | - | 6,349 | 3.0% | - | 3.6% | 47 |
| Race Not Available | 75 | 16.6% | 27,499 | 13.0% | 4.6% | 3.8% | 50 |
| Race Total | 453 | 100.0% | 211,853 | 100.0% | 3.1% | 4.3% | 54 |
| Hispanic or Latino | 18 | 4.0% | 37,556 | 17.7% | 3.8% | 3.8% | 51 |
| Not Hispanic or Latino | 310 | 68.4% | 158,675 | 74.9% | 2.8% | 4.5% | 53 |
| Not Available | 125 | 27.6% | 15,622 | 7.4% | 4.4% | 4.0% | 45 |
| Ethnicity Total | 453 | 100.0% | 211,853 | 100.0% | 3.1% | 4.3% | 54 |

Note:

US totals are based on states reporting.

This table uses data from URS Table 15.

US totals are calculated uniquely for each data element based on only those states who reported numerator (clients served) data.

State Notes:

None

Appropriateness Domain: Evidence-Based Practices Reported by SMHAs, FY 2021

Vermont

Reporting Period: 7/1/2020 To: 6/30/2021

| Adult EBP Services | State | | US | | Penetration Rate: % of Consumers Receiving EBP/Estimated SMI | | Measuring Fidelity | | States Reporting |
|-------------------------------|-------|-------|---------|-----------|--|------------|--------------------|----|------------------|
| | EBP N | SMI N | EBP N | SMI N | State | US Average | State | US | |
| Supported Housing | - | - | 93,371 | 3,865,963 | - | 3.0% | - | 10 | 32 |
| Supported Employment | 476 | 2,311 | 65,963 | 3,865,963 | 20.6% | 1.9% | Yes | 24 | 42 |
| Assertive Community Treatment | - | - | 71,933 | 3,865,963 | - | 2.0% | - | 27 | 43 |
| Family Psychoeducation | - | - | 36,136 | 3,865,963 | - | 2.6% | - | 2 | 15 |
| Dual Diagnosis Treatment | - | - | 196,790 | 3,865,963 | - | 9.2% | - | 7 | 24 |
| Illness Self Management | - | - | 302,204 | 3,865,963 | - | 18.7% | - | 4 | 21 |
| Medication Management | 1,819 | 2,311 | 535,687 | 3,865,963 | 78.7% | 30.5% | No | 2 | 21 |

| Child/Adolescent EBP Services | State | | US | | Penetration Rate: % of Consumers Receiving EBP/Estimated SED | | Measuring Fidelity | | States Reporting |
|-------------------------------|-------|-------|--------|-----------|--|------------|--------------------|----|------------------|
| | EBP N | SED N | EBP N | SED N | State | US Average | State | US | |
| Therapeutic Foster Care | - | - | 13,334 | 1,313,733 | - | 1.7% | - | 3 | 21 |
| Multi-Systemic Therapy | - | - | 28,447 | 1,313,733 | - | 3.7% | - | 9 | 20 |
| Family Functional Therapy | - | - | 28,506 | 1,313,733 | - | 5.1% | - | 7 | 14 |

Note:

US totals are based on states reporting.

This table uses data from URS Tables 16 and 17.

US averages are calculated uniquely for each data element based on only those states who reported numerator (clients served) data.

State Notes:

Table 16: None

Table 17: None

Appropriateness Domain: Adults with SMI and Children with SED Receiving Evidence-Based Services for First Episode Psychosis (FEP), 2021

Vermont

Reporting Period: 7/1/2020 To: 6/30/2021

Number of coordinated specialty care programs: 0

Admissions to Coordinated Specialty Care (CSC)-FEP Service During the Year

| | State | | US | | States Reporting |
|---|-------|---|--------|--------|------------------|
| | N | % | N | % | |
| Adult CSC-FEP Admissions | - | - | 14,496 | 59.9% | 45 |
| Children/Adolescent CSC-FEP Admissions | - | - | 9,710 | 40.1% | 42 |
| Total CSC-FEP Admissions | - | - | 24,206 | 100.0% | 46 |
| Total Programs Reporting Number of Admissions | - | - | 267 | 89.9% | 46 |
| Average Admissions per Program | - | - | 81.5 | - | 46 |

Clients Currently Receiving CSC-FEP Services

| | State | | US | | States Reporting |
|---|-------|---|--------|--------|------------------|
| | N | % | N | % | |
| Adults Receiving CSC-FEP Services | - | - | 12,050 | 84.1% | 45 |
| Children/Adolescents Receiving CSC-FEP Services | - | - | 2,278 | 15.9% | 41 |
| Total Receiving CSC-FEP Services | - | - | 14,328 | 100.0% | 45 |
| Total Programs Reporting Number of Clients Receiving Services | - | - | 256 | 86.2% | 46 |
| Average Number of Clients Services per Program | - | - | 48.2 | - | 45 |

CSC-FEP Fidelity and Training

| | State | | US | | States Reporting |
|--|-------|---|-----|-------|------------------|
| | N | % | N | % | |
| Number of Programs Measuring Fidelity | - | - | 181 | 60.9% | 45 |
| Number of Programs with Staff Training Specifically in CSC EBP | - | - | 253 | 85.2% | 40 |

Clients Served by Programs With and Without CSC-FEP Fidelity

| | State | | | US | | | States Reporting |
|---------------------------|--------------------|----------------|--|--------------------|----------------|--|------------------|
| | Number of Programs | Clients Served | Average Number of Clients Served Per Program | Number of Programs | Clients Served | Average Number of Clients Served Per Program | |
| Programs with Fidelity | - | - | - | 181 | 11,218 | 61.98 | 30 |
| Programs without Fidelity | - | - | - | 116 | 3,110 | 26.81 | 20 |

Note: This table use data from URS Table 16a.

Note:

For revised data: Please check Errata sheet.

Outcomes Domain: Employment Status of Adult Mental Health Consumers Served in the Community by Age and Gender, FY 2021

Vermont

Reporting Period: 7/1/2020 To: 6/30/2021

| Demographics | State | | | | Employed as Percent of those in Labor Force | | Employed as Percent of Known Employment Status | | States Reporting |
|----------------------|----------|------------|-----------------|--------------------------------|---|-----|--|-------|------------------|
| | Employed | Unemployed | In Labor Force* | With Known Employment Status** | State | US | State | US | |
| Age 18 to 20 | 44 | 42 | 86 | 164 | 51% | 52% | 26.8% | 23.3% | 58 |
| Age 21 to 64 | 697 | 2,068 | 2,765 | 3,159 | 25% | 48% | 22.1% | 26.0% | 58 |
| Age 65 and over | 22 | 16 | 38 | 583 | 58% | 41% | 3.8% | 11.7% | 58 |
| Age Not Available | - | - | - | - | - | 28% | - | 11.8% | 9 |
| Age TOTAL | 763 | 2,126 | 2,889 | 3,906 | 26% | 48% | 19.5% | 24.6% | 58 |
| Female | 377 | 1,050 | 1,427 | 2,014 | 26% | 51% | 18.7% | 25.7% | 58 |
| Male | 386 | 1,076 | 1,462 | 1,892 | 26% | 45% | 20.4% | 23.0% | 58 |
| Gender Not Available | - | - | - | - | - | 61% | - | 35.3% | 33 |
| Gender TOTAL | 763 | 2,126 | 2,889 | 3,906 | 26% | 48% | 19.5% | 24.6% | 58 |

What populations are reported? includes only CMHC clients Number of States Reporting All Clients: 35 Number of States Reporting Some Clients: 15

| When is Employment Status Measured? | At Admission | At Discharge | Monthly | Quarterly | Other |
|-------------------------------------|--------------|--------------|---------|-----------|----------------------------------|
| VT | - | - | - | - | SMI quarterly, all else annually |
| US | 37 | 23 | 4 | 9 | 20 |

Note:

*In Labor Force is the sum of consumers employed and unemployed.

**With Known Employment Status is the sum of consumer employed, unemployed and not in labor force.

Consumers employed as a % of those in labor force uses adults employed and unemployed as the denominator.

Consumers employed as % of known employment status uses the sum of persons employed, unemployed and not in labor force as the denominator.

This table uses data from URS Table 4.

State Notes:

Age None
Gender None
Overall SMI measured with direct match to Department of Labor data. All else based on self-report in MIS.

Outcomes Domain: Employment Status of Adult Mental Health Consumers Served in the Community by Diagnosis, FY 2021

Vermont

Reporting Period: 7/1/2020 To: 6/30/2021

| Diagnosis | State | | | | Employed as a % of Labor Force | | Employed as % of Known Employment Status | | % of Consumers with Dx | | States Reporting |
|-------------------------------------|----------|------------|-----------------|--------------------------------|--------------------------------|-------|--|-------|------------------------|--------|------------------|
| | Employed | Unemployed | In Labor Force* | With Known Employment Status** | State | US | State | US | State | US | |
| Schizophrenia and Related Disorders | 136 | 623 | 759 | 1,003 | 17.9% | 30.5% | 13.6% | 10.2% | 25.7% | 13.7% | 54 |
| Bipolar and Mood Disorders | 235 | 631 | 866 | 1,149 | 27.1% | 48.8% | 20.5% | 25.4% | 29.4% | 39.2% | 54 |
| Other Psychoses | 31 | 93 | 124 | 148 | 25.0% | 30.5% | 20.9% | 13.7% | 3.8% | 2.1% | 53 |
| All other Diagnoses | 338 | 757 | 1,095 | 1,536 | 30.9% | 53.3% | 22.0% | 29.2% | 39.3% | 37.5% | 54 |
| No Diagnosis and Deferred Diagnosis | 23 | 22 | 45 | 70 | 51.1% | 50.2% | 32.9% | 28.1% | 1.8% | 7.5% | 44 |
| TOTAL | 763 | 2,126 | 2,889 | 3,906 | 26.4% | 48.7% | 19.5% | 24.7% | 100.0% | 100.0% | 54 |

Note:

*In Labor Force is the sum of consumers employed and unemployed.

**With Known Employment Status is the sum of consumer employed, unemployed and not in labor force.

Consumers employed as a % of those in labor force uses adults employed and unemployed as the denominator.

Consumers employed as % of known employment status uses the sum of persons employed, unemployed and not in labor force as the denominator.

This table uses data for URS Table 4a.

State Notes:

SMI measured with direct match to Department of Labor data. All else based on self-report in MIS. Data uses ICD-10 diagnosis codes, as specified by SAMHSA.

CONSUMER SURVEY RESULTS, FY 2021

Vermont

Reporting Period: 7/1/2018 To: 6/30/2021

| Indicators | Children: State | Children: U.S. Average | States Reporting | Adults: State | Adults: U.S. Average | States Reporting |
|---|-----------------|------------------------|------------------|---------------|----------------------|------------------|
| Reporting Positively About Access | 81.8% | 87.9% | 46 | 79.4% | 87.8% | 51 |
| Reporting Positively About Quality and Appropriateness | | | | 83.0% | 89.8% | 51 |
| Reporting Positively About Outcomes | 66.8% | 72.2% | 47 | 70.5% | 77.1% | 51 |
| Reporting on Participation in Treatment Planning | 86.0% | 89.1% | 47 | 79.9% | 86.3% | 51 |
| Family Members Reporting High Cultural Sensitivity of Staff | 89.4% | 93.8% | 45 | | | |
| Reporting positively about General Satisfaction with Services | 77.6% | 86.8% | 46 | 86.0% | 89.0% | 51 |

Note: U.S. Average Children & Adult rates are calculated only for states that used a version of the MHSIP Consumer Survey

This table uses data from URS Table 11.

| Children/Family | State | U.S. |
|---------------------|--------------------------|----------|
| Type of Survey Used | State variation of MHSIP | YSS-F=38 |

| Type of Adult Consumer Survey Used | 28-Item MHSIP | Other MHSIP | Other Survey |
|------------------------------------|---------------|-------------|--------------|
| State | - | Yes | - |
| U.S. | 34 | 18 | 3 |

| Sample Size & Response Rate | Children: State | Children: U.S. | States Reporting | Adults: State | Adults: U.S. Average | States Reporting |
|--|-----------------|----------------|------------------|---------------|----------------------|------------------|
| Response Rate | 14.0% | 26.1% | 36 | 30.0% | 34.9% | 37 |
| Number of Surveys Attempted (send out) | 3,590 | 295,072 | 36 | 1,668 | 388,384 | 37 |
| Number of Surveys Contacts Made | 3,022 | 167,409 | 34 | 1,390 | 251,234 | 35 |
| Complete Surveys | 415 | 43,047 | 40 | 414 | 91,783 | 43 |

| Populations covered in survey | Children: State | Children: U.S. | Adults: State | Adults: U.S. |
|-------------------------------|-----------------|----------------|---------------|--------------|
| All Consumers | - | 11 | - | 9 |
| Sample | Yes | 35 | Yes | 40 |

| Sample Approach | Children: State | Children: U.S. | Adults: State | Adults: U.S. |
|--------------------|-----------------|----------------|---------------|--------------|
| Random Sample | - | 7 | - | 7 |
| Stratified Sample | Yes | 14 | Yes | 19 |
| Convenience Sample | - | 15 | - | 16 |
| Other Sample | - | 4 | - | 4 |

| Who is Sampled? | Children: State | Children: U.S. | Adults: State | Adults: U.S. |
|-----------------|-----------------|----------------|---------------|--------------|
| Current Clients | - | 40 | - | 49 |
| Former Clients | - | 18 | Yes | 22 |

| Populations included in sample: (e.g., all adults, only adults with SMI, etc.) | Children: State | Children: U.S. | Adults: State | Adults: U.S. |
|--|-----------------|----------------|---------------|--------------|
| All Children or Adults Served | - | 23 | - | 30 |
| SMI Adults or SED Children | - | 21 | Yes | 20 |
| Persons Covered by Medicaid | Yes | 12 | - | 11 |
| Other | - | 5 | - | 8 |

State Notes:

Data is from the 2019 Adult Consumer Survey and the 2018 Child/Adolescent Consumer Survey. Recent releases of the children's consumer surveys have eliminated items asking about social connectedness.

OUTCOMES DOMAIN: Consumer Survey Results, by Race/Ethnicity FY 2021

STATE: Vermont

Reporting Period: 7/1/2018 To: 6/30/2019

| Race/Ethnicity | Family of Children Survey Indicators: Reporting Positively About... | | | | | | | | | | | | | | States |
|---|---|------------|------------------------------------|------------|----------|------------|------------------------------|------------|-------------------------------|------------|----------------------|------------|----------------------|------------|--------|
| | Access | | General Satisfaction with Services | | Outcomes | | Participation In Tx Planning | | Cultural Sensitivity of Staff | | Social Connectedness | | Improved Functioning | | |
| | State | US Average | State | US Average | State | US Average | State | US Average | State | US Average | State | US Average | State | US Average | |
| American Indian or Alaska Native | 80% | 82% | 80% | 80% | 50% | 62% | 100% | 81% | 75% | 89% | - | 83% | 50% | 67% | 30 |
| Asian | 80% | 85% | 80% | 88% | 80% | 70% | 80% | 88% | 80% | 93% | - | 86% | 80% | 74% | 29 |
| Black or African American | 80% | 89% | 75% | 88% | 60% | 71% | 90% | 91% | 95% | 93% | - | 87% | 60% | 70% | 34 |
| Native Hawaiian or Other Pacific Islander | - | 92% | - | 94% | - | 80% | - | 95% | - | 95% | - | 88% | - | 83% | 20 |
| White | 82% | 87% | 77% | 85% | 67% | 67% | 86% | 89% | 88% | 94% | - | 87% | 68% | 68% | 35 |
| Hispanic or Latino | - | 88% | - | 87% | - | 67% | - | 89% | - | 95% | - | 87% | - | 75% | 29 |
| More Than One Race | - | 93% | - | 92% | - | 77% | - | 92% | - | 97% | - | 89% | - | 78% | 26 |
| Not Available | 82% | 88% | 84% | 86% | 68% | 68% | 79% | 88% | 97% | 93% | - | 87% | 70% | 73% | 34 |

| Race/Ethnicity | Adult Consumer Survey Indicators: Reporting Positively About... | | | | | | | | | | | | | | States |
|---|---|------------|---------------------------|------------|----------|------------|------------------------------|------------|----------------------|------------|----------------------|------------|----------------------|------------|--------|
| | Access | | Quality & Appropriateness | | Outcomes | | Participation In Tx Planning | | General Satisfaction | | Social Connectedness | | Improved Functioning | | |
| | State | US Average | State | US Average | State | US Average | State | US Average | State | US Average | State | US Average | State | US Average | |
| American Indian or Alaska Native | 80% | 85% | 100% | 88% | 80% | 63% | 100% | 84% | 80% | 88% | 80% | 73% | 100% | 73% | 33 |
| Asian | 67% | 90% | 67% | 90% | 100% | 76% | 67% | 89% | 67% | 90% | 50% | 79% | 50% | 77% | 36 |
| Black or African American | 100% | 88% | 100% | 92% | 57% | 75% | 100% | 88% | 100% | 90% | 71% | 76% | 86% | 77% | 39 |
| Native Hawaiian or Other Pacific Islander | - | 88% | - | 90% | - | 86% | - | 84% | - | 87% | - | 85% | - | 83% | 29 |
| White | 79% | 86% | 83% | 89% | 71% | 67% | 79% | 85% | 86% | 88% | 66% | 73% | 72% | 73% | 40 |
| Hispanic or Latino | - | 87% | - | 90% | - | 65% | - | 86% | - | 90% | - | 76% | - | 75% | 33 |
| More Than One Race | - | 89% | - | 91% | - | 75% | - | 89% | - | 90% | - | 77% | - | 76% | 30 |
| Not Available | 79% | 85% | 82% | 87% | 67% | 66% | 81% | 85% | 85% | 87% | 65% | 74% | 67% | 73% | 39 |

Notes:

This table uses data from URS Table 11a.

State Notes:

Data is from the 2019 Adult Consumer Survey and the 2018 Child/Adolescent Consumer Survey. Recent releases of the children's consumer surveys have eliminated items asking about social connectedness.

Outcomes Domain: Change in Social Connectedness and Functioning, FY 2021

Vermont

Reporting Period: 7/1/2018 To: 6/30/2019

| Indicators | Children | | | | Adults | | | |
|---|----------|------------|-----------|------------------|--------|------------|-----------|------------------|
| | State | US Average | US Median | States Reporting | State | US Average | US Median | States Reporting |
| Percent Reporting Improved Social Connectedness from Services | - | 87.5% | 85.0% | 43 | 65.8% | 77.6% | 73.7% | 49 |
| Percent Reporting Improved Functioning from Services | 68.0% | 72.1% | 67.6% | 43 | 72.3% | 77.2% | 72.6% | 49 |

Note:

This table uses data from URS Table 9.

US State Averages and Medians are calculated only with states which used the recommended Social Connectedness and Functioning questions.

| Adult Social Connectedness and Functioning Measures | State | US |
|--|-------|----|
| Did you use the recommended new Social Connectedness Questions? | Yes | 44 |
| Did you use the recommended new Functioning Domain Questions? | Yes | 43 |
| Did you collect these as part of your MHSIP Adult Consumer Survey? | Yes | 45 |

| Children/Family Social Connectedness and Functioning Measures | State | US |
|---|-------|----|
| Did you use the recommended new Social Connectedness Questions? | No | 39 |
| Did you use the recommended new Functioning Domain Questions? | Yes | 40 |
| Did you collect these as part of your YSS-F Survey? | Yes | 40 |

State Notes:

None

OUTCOMES DOMAIN: Civil (Non Forensic) & Forensic Patients Readmission within 30 Days by Age, Gender, and Race, FY 2021

STATE: Vermont

Reporting Period: 7/1/2020 To: 6/30/2021

| Demographic | Readmissions within 30 days to state psychiatric hospitals: "Civil" (Non-Forensic) Patients | | | | | | | Readmissions within 30 days to state psychiatric hospitals: Forensic Patients | | | | | | |
|---|---|-----------------|-------------|-------------------|-----------------|-------------|---------------------|---|-----------------|-------------|-------------------|-----------------|-------------|---------------------|
| | State | | | US | | | | State | | | US | | | |
| | Readmissions N | Discharges N | % | Readmissions N | Discharges N | % | States Reporting | Readmissions N | Discharges N | % | Readmissions N | Discharges N | % | States Reporting |
| Age 0 to 12 | 0 | 0 | - | 77 | 1,168 | 6.6% | 8 | 0 | 0 | - | 4 | 19 | 21.1% | 3 |
| Age 13 to 17 | 0 | 0 | - | 328 | 4,533 | 7.2% | 17 | 0 | 0 | - | 13 | 172 | 7.6% | 4 |
| Age 18 to 20 | 0 | 5 | 0.0% | 310 | 3,833 | 8.1% | 23 | 0 | 1 | 0.0% | 21 | 547 | 3.8% | 7 |
| Age 21 to 64 | 2 | 78 | 2.6% | 4,593 | 60,378 | 7.6% | 43 | 0 | 17 | 0.0% | 593 | 19,446 | 3.0% | 35 |
| Age 65 to 74 | 0 | 2 | 0.0% | 158 | 2,234 | 7.1% | 27 | 0 | 0 | - | 22 | 800 | 2.8% | 12 |
| Age 75 and over | 0 | 0 | - | 37 | 719 | 5.1% | 14 | 0 | 0 | - | 14 | 210 | 6.7% | 6 |
| Age Not Available | 0 | 0 | - | 1 | 13 | 7.7% | 1 | 0 | 0 | - | - | 4 | - | 0 |
| Age Total | 2 | 85 | 2.4% | 5,504 | 72,878 | 7.6% | 43 | 0 | 18 | 0.0% | 667 | 21,198 | 3.1% | 36 |
| Female | 0 | 24 | 0.0% | 2,146 | 28,897 | 7.4% | 37 | 0 | 5 | 0.0% | 141 | 4,392 | 3.2% | 25 |
| Male | 2 | 61 | 3.3% | 3,325 | 43,747 | 7.6% | 41 | 0 | 13 | 0.0% | 525 | 16,762 | 3.1% | 33 |
| Gender Not Available | 0 | 0 | - | 33 | 234 | 14.1% | 4 | 0 | 0 | - | 1 | 44 | 2.3% | 1 |
| Gender Total | 2 | 85 | 2.4% | 5,504 | 72,878 | 7.6% | 43 | 0 | 18 | 0.0% | 667 | 21,198 | 3.1% | 36 |
| American Indian or Alaska Native | 0 | 0 | - | 139 | 1,507 | 9.2% | 16 | 0 | 1 | 0.0% | 9 | 434 | 2.1% | 5 |
| Asian | 0 | 1 | 0.0% | 79 | 969 | 8.2% | 22 | 0 | 0 | - | 9 | 427 | 2.1% | 4 |
| Black or African American | 0 | 4 | 0.0% | 1,306 | 17,458 | 7.5% | 31 | 0 | 0 | - | 289 | 7,496 | 3.9% | 22 |
| Native Hawaiian or Other Pacific Islander | 0 | 0 | - | 42 | 429 | 9.8% | 6 | 0 | 0 | - | 2 | 86 | 2.3% | 2 |
| White | 2 | 79 | 2.5% | 3,536 | 46,469 | 7.6% | 40 | 0 | 17 | 0.0% | 297 | 10,071 | 2.9% | 32 |
| More Than One Race | 0 | 0 | - | 179 | 2,261 | 7.9% | 13 | 0 | 0 | - | 2 | 465 | 0.4% | 2 |
| Race Not Available | 0 | 1 | 0.0% | 223 | 3,785 | 5.9% | 21 | 0 | 0 | - | 59 | 2,219 | 2.7% | 13 |
| Race Total | 2 | 85 | 2.4% | 5,504 | 72,878 | 7.6% | 43 | 0 | 18 | 0.0% | 667 | 21,198 | 3.1% | 36 |
| Hispanic or Latino | 0 | 0 | - | 673 | 8,474 | 7.9% | 23 | 0 | 0 | - | 68 | 3,269 | 2.1% | 18 |
| Not Hispanic or Latino | 2 | 84 | 2.4% | 4,645 | 60,647 | 7.7% | 40 | 0 | 18 | 0.0% | 582 | 16,844 | 3.5% | 36 |
| Not Available | 0 | 1 | 0.0% | 186 | 3,757 | 5.0% | 17 | 0 | 0 | - | 17 | 1,085 | 1.6% | 9 |
| Ethnicity Total | 2 | 85 | 2.4% | 5,504 | 72,878 | 7.6% | 43 | 0 | 18 | 0.0% | 667 | 21,198 | 3.1% | 36 |

Forensics included in "non forensic" data? No

Note:

US totals are based on states reporting.

This table uses data from URS Tables 20a and 20b.

State Notes:

In Vermont, a single race code is used for Asian/Native Hawaiian/Pacific Islander. Typically these clients are of Asian origin. Also see General Comments.

OUTCOMES DOMAIN: Civil (Non Forensic) & Forensic Patients Readmission within 180 Days by Age, Gender, and Race, FY 2021

STATE: Vermont

Reporting Period: 7/1/2020 To: 6/30/2021

| Demographic | Readmissions within 180 days to state psychiatric hospitals: "Civil" (Non-Forensic) Patients | | | | | | | Readmissions within 180 days to state psychiatric hospitals: Forensic Patients | | | | | | |
|---|--|--------------|-------------|----------------|---------------|--------------|------------------|--|--------------|----------|----------------|---------------|-------------|------------------|
| | State | | | US | | | | State | | | US | | | |
| | Readmissions N | Discharges N | % | Readmissions N | Discharges N | % | States Reporting | Readmissions N | Discharges N | % | Readmissions N | Discharges N | % | States Reporting |
| Age 0 to 12 | 0 | 0 | - | 200 | 1,168 | 17.1% | 12 | 0 | 0 | - | 5 | 19 | 26.3% | 4 |
| Age 13 to 17 | 0 | 0 | - | 792 | 4,533 | 17.5% | 19 | 0 | 0 | - | 27 | 172 | 15.7% | 6 |
| Age 18 to 20 | 0 | 5 | 0.0% | 659 | 3,833 | 17.2% | 31 | 0 | 1 | - | 47 | 547 | 8.6% | 13 |
| Age 21 to 64 | 7 | 78 | 9.0% | 10,972 | 60,378 | 18.2% | 46 | 0 | 17 | - | 1,575 | 19,446 | 8.1% | 41 |
| Age 65 to 74 | 0 | 2 | 0.0% | 304 | 2,234 | 13.6% | 33 | 0 | 0 | - | 63 | 800 | 7.9% | 22 |
| Age 75 and over | 0 | 0 | - | 68 | 719 | 9.5% | 19 | 0 | 0 | - | 16 | 210 | 7.6% | 8 |
| Age Not Available | 0 | 0 | - | 1 | 13 | 7.7% | 1 | 0 | 0 | - | - | 4 | - | - |
| Age Total | 7 | 85 | 8.2% | 12,996 | 72,878 | 17.8% | 47 | 0 | 18 | - | 1,733 | 21,198 | 8.2% | 41 |
| Female | 1 | 24 | 4.2% | 5,013 | 28,897 | 17.3% | 45 | 0 | 5 | - | 356 | 4,392 | 8.1% | 33 |
| Male | 6 | 61 | 9.8% | 7,923 | 43,747 | 18.1% | 44 | 0 | 13 | - | 1,374 | 16,762 | 8.2% | 41 |
| Gender Not Available | 0 | 0 | - | 60 | 234 | 25.6% | 5 | 0 | 0 | - | 3 | 44 | 6.8% | 1 |
| Gender Total | 7 | 85 | 8.2% | 12,996 | 72,878 | 17.8% | 47 | 0 | 18 | - | 1,733 | 21,198 | 8.2% | 41 |
| American Indian or Alaska Native | 0 | 0 | - | 338 | 1,507 | 22.4% | 21 | 0 | 1 | - | 34 | 434 | 7.8% | 13 |
| Asian | 0 | 1 | 0.0% | 190 | 969 | 19.6% | 27 | 0 | 0 | - | 30 | 427 | 7.0% | 11 |
| Black or African American | 0 | 4 | 0.0% | 3,099 | 17,458 | 17.8% | 40 | 0 | 0 | - | 688 | 7,496 | 9.2% | 33 |
| Native Hawaiian or Other Pacific Islander | 0 | 0 | - | 201 | 429 | 46.9% | 8 | 0 | 0 | - | 10 | 86 | 11.6% | 6 |
| White | 7 | 79 | 8.9% | 8,307 | 46,469 | 17.9% | 44 | 0 | 17 | - | 801 | 10,071 | 8.0% | 39 |
| More Than One Race | 0 | 0 | - | 385 | 2,261 | 17.0% | 17 | 0 | 0 | - | 29 | 465 | 6.2% | 10 |
| Race Not Available | 0 | 1 | 0.0% | 476 | 3,785 | 12.6% | 26 | 0 | 0 | - | 141 | 2,219 | 6.4% | 20 |
| Race Total | 7 | 85 | 8.2% | 12,996 | 72,878 | 17.8% | 47 | 0 | 18 | - | 1,733 | 21,198 | 8.2% | 41 |
| Hispanic or Latino | 0 | 0 | - | 1,433 | 8,474 | 16.9% | 27 | 0 | 0 | - | 174 | 3,269 | 5.3% | 22 |
| Not Hispanic or Latino | 7 | 84 | 8.3% | 11,047 | 60,647 | 18.2% | 44 | 0 | 18 | - | 1,495 | 16,844 | 8.9% | 41 |
| Not Available | 0 | 1 | 0.0% | 516 | 3,757 | 13.7% | 20 | 0 | 0 | - | 64 | 1,085 | 5.9% | 14 |
| Ethnicity Total | 7 | 85 | 8.2% | 12,996 | 72,878 | 17.8% | 47 | 0 | 18 | - | 1,733 | 21,198 | 8.2% | 41 |

Forensics included in "non forensic" data? No

Note:

US totals are based on states reporting.

This table uses data from URS Tables 20a and 20b.

State Notes:

In Vermont, a single race code is used for Asian/Native Hawaiian/Pacific Islander. Typically these clients are of Asian origin. Also see General Comments.

Structure Domain: SMHA Expenditure for Early Serious Mental Illness and First Episode Psychosis, 2021

Vermont

Reporting Period 10/1/2020 To: 9/30/2021

| | State | | | | | | | | US | | | | | | | |
|---|-----------|--------|-------------|------|-------------|------|-----------|------|--------------|-------|-------------|------|--------------|-------|--------------|------|
| | MHBG | | Other Funds | | State Funds | | Total | | MHBG | | Other Funds | | State Funds | | Total | |
| Activity | \$ | % | \$ | % | \$ | % | \$ | % | \$ | % | \$ | % | \$ | % | \$ | % |
| CSC-Evidence-Based Practices for First Episode Psychosis | \$0 | - | \$0 | - | \$0 | - | \$0 | - | \$58,709,451 | 75.9% | \$6,078,443 | 2.0% | \$12,539,234 | 16.2% | \$77,327,128 | 100% |
| Training for CSC Practices | \$0 | - | \$0 | - | \$0 | - | \$0 | - | \$3,418,787 | 92.0% | \$5,148 | 0.0% | \$291,771 | 7.9% | \$3,715,706 | 100% |
| Planning for CSC Practices | \$0 | - | \$0 | - | \$0 | - | \$0 | - | \$949,679 | 86.2% | \$7,203 | 0.2% | \$145,000 | 13.2% | \$1,101,882 | 100% |
| Other Early Serious Mental Illnesses program (other than FEP or partial CSC programs) | \$0 | - | \$0 | - | \$0 | - | \$0 | - | \$4,815,846 | 79.4% | \$1,251,398 | 5.2% | \$1,540 | 0.0% | \$6,068,784 | 100% |
| Training for ESMI | \$123,198 | 100.0% | \$0 | 0.0% | \$0 | 0.0% | \$123,198 | 100% | \$563,780 | 99.0% | \$5,738 | 0.3% | \$0 | 0.0% | \$569,518 | 100% |
| Planning for ESMI | \$0 | - | \$0 | - | \$0 | - | \$0 | - | \$642,486 | 99.9% | \$451 | 0.0% | \$0 | 0.0% | \$642,937 | 100% |

Note: This table use data from URS Table 7a.

* Other Funds include Medicaid, Other Federal funds, local funds, and other funds from table 7a.

State Notes:

None

STRUCTURE DOMAIN: State Mental Health Agency Controlled Expenditures for Mental Health, FY 2021

Vermont

Reporting Period: 10/1/2020 To: 9/30/2021

| | Expenditures: State | Percent of Total Expenditures: State | Expenditures: U.S. | Percent of Total Expenditures: U.S. | States Reporting |
|---------------------------------------|----------------------|--------------------------------------|-------------------------|-------------------------------------|------------------|
| State Hospitals-Inpatient | \$22,801,346 | 9% | \$9,616,608,413 | 24% | 52 |
| Other 24-Hour Care | \$3,052,090 | 1% | \$5,909,489,659 | 15% | 48 |
| Ambulatory/Community | \$223,953,619 | 87% | \$21,920,589,557 | 55% | 56 |
| EBPs for Early Serious Mental Illness | \$123,198 | 0% | \$91,090,768 | 0% | 56 |
| Primary Prevention | - | 0% | \$50,631,390 | 0% | 16 |
| Other Psychiatric Inpatient Care | - | 0% | \$1,035,076,435 | 3% | 16 |
| Administration | \$6,333,434 | 2% | \$902,423,047 | 2% | 53 |
| Total | \$256,263,687 | 100% | \$39,525,909,269 | 100% | 56 |

Note:

This table uses data from URS Table 7

State Notes:

None

STRUCTURE DOMAIN: State Mental Health Agency Controlled Expenditures by Funding Sources, 2021

Vermont

Reporting Period: 10/1/2020 To: 9/30/2021

| Funding Source | Ambulatory/Community | | | State Hospital | | |
|---|----------------------|-----------------------|--------------------|----------------|-----------------------|--------------------|
| | State | Percent Total (State) | Percent Total (US) | State | Percent Total (State) | Percent Total (US) |
| Mental Health Block Grant | \$1,231,981 | 0.5% | 2.0% | - | - | - |
| Medicaid (Federal, State, and Local) | \$211,935,473 | 93.3% | 66.4% | \$20,583,360 | 90.3% | 8.2% |
| Other Federal Funds (e.g., ACF (TANF), CDC, CMS (Medicare), SAMHSA, etc.) | \$7,979,849 | 3.5% | 1.6% | \$2,138,303 | 9.4% | 3.7% |
| State Funds | \$5,949,987 | 2.6% | 24.9% | - | - | 83.8% |
| Local Funds (excluding local Medicaid) | - | - | 4.5% | - | - | 0.8% |
| Other | \$31,617 | 0.0% | 0.5% | \$79,683 | 0.3% | 3.5% |
| Total | \$227,128,907 | 100% | 100% | \$22,801,346 | 100% | 100% |

Note:

This table uses data from URS Table 7

Ambulatory/Community includes Primary Prevention, Evidence-Based Practices for Early Serious Mental Illness, and Other 24-Hour Care expenditures

This table does not show expenditures for state central office including Research, Training, and Administration expenses.

State Notes:

None

Structure Domain: Federal Mental Health Block Grant Expenditures for Non-Direct Service Activities, FY 2021**Vermont****Reporting Period:** 10/1/2020 To: 9/30/2021

| Service | Non-Direct Block Grant Expenditures | % Total | US % Total |
|--|-------------------------------------|---------|------------|
| Information Systems | \$34,000 | 9.5% | 4.4% |
| Infrastructure Support | - | 0.0% | 25.0% |
| Partnerships, community outreach, and needs assessment | \$264,535 | 73.8% | 23.4% |
| MHA Planning Council Activities | - | 0.0% | 2.4% |
| Quality assurance and improvement | - | 0.0% | 10.8% |
| Research and Evaluation | - | 0.0% | 10.9% |
| Training and Education | \$60,000 | 16.7% | 23.2% |
| Total | \$358,535 | 100.0% | 100.0% |

Note: This table use data from URS Table 8.

State Notes:

None

Structure Domain: Mental Health Programs Funded By the Federal Mental Health Block Grant, FY 2021

Vermont

Reporting Period: 10/1/2020 To: 9/30/2021

Adult Programs: 11 Child Programs: 11 Set-Aside FEP Programs: 0 Set-Aside ESMI Programs: 0 Total Programs: 12
 Adult Total: \$329,824 Child Total: \$420,424 Set-Aside FEP Total: \$0 Set-Aside ESMI Total: \$0 Total: \$750,248

| Agency Name | Address | Area Served | Total Block Grant Funds | Block Grant for Adults with SMI | Block Grant for Children with SED | Set-Aside for FEP Programs | Set-Aside for ESMI Programs |
|--|-------------------------------|---------------------------------|-------------------------|---------------------------------|-----------------------------------|----------------------------|-----------------------------|
| Clara Martin Center | 24 South Main Street | Orange County | \$30,057 | \$4,370 | \$25,687 | \$0 | \$0 |
| United Counseling Service | Ledge Hill Drive | Bennington County | \$42,401 | \$12,101 | \$30,300 | \$0 | \$0 |
| Washington County Mental Health Services | 885 S. Barre Road | Washington County | \$101,044 | \$67,460 | \$33,584 | \$0 | \$0 |
| Pathways to Housing Vermont | 1233 Shelburne Road, Suite D4 | Statewide | \$80,000 | \$80,000 | \$0 | \$0 | \$0 |
| Counseling Service of Addison County | 89 Main Street | Addison County | \$37,317 | \$6,782 | \$30,535 | \$0 | \$0 |
| Health Care and Rehabilitation Services | 390 River Street | Windsor & Windham counties | \$124,702 | \$35,591 | \$89,111 | \$0 | \$0 |
| HowardCenter | 300 Flynn Avenue | Chittenden County | \$114,963 | \$77,702 | \$37,261 | \$0 | \$0 |
| Lamoille Community Connections | 72 Harrel Street | Lamoille County | \$42,241 | \$12,018 | \$30,223 | \$0 | \$0 |
| Northeastern Family Institute | 30 Airport Road | Statewide (children's services) | \$15,635 | \$0 | \$15,635 | \$0 | \$0 |
| Northeast Kingdom Human Services | 154 Duchess Street | Caledonia,Essex&Orleanscount's | \$76,312 | \$15,042 | \$61,270 | \$0 | \$0 |
| Northwestern Counseling and Support Services | 107 Fisher Pond Road | Franklin & Grand Isle counties | \$39,613 | \$6,732 | \$32,881 | \$0 | \$0 |
| Rutland Mental Health Services | 78 South Main Street | Rutland County | \$45,963 | \$12,026 | \$33,937 | \$0 | \$0 |

Vermont

| URS Table Number | General Notes |
|------------------|--|
| 3 | Counts are based on a client file that includes all CMH clients, State Hospital clients, and involuntary inpatient clients for FY2021. A small number of individuals may be counted more than once due to movement among community programs or movement between hospitals and community. |
| 12 | Co-occurring disorders include clients who have a DSM substance abuse diagnosis (ICD-10) and a DSM mental health diagnosis who also meet the Federal definition of SMI. The Vermont diagnosis of SED is based on several ICD10 diagnoses. SED determination based on diagnosis categories in ICD10: F20-F29: Schizophrenia and Other Psychosis, F30-F39: Mood Disorders, F40-F49: Anxiety Disorders, F50-F51: Eating Disorders, Sleep Disorders, F90-F98: Child Disorders, F99: Unspecified |
| 15A | Databases for individuals served at residential treatment centers and at other psychiatric inpatient facilities do not contain elements necessary to identify clients as SMI or SED. |
| | Comments below added based on questions sent by Hendall on 3/25/2022 in VT_2021 URS EditReport |
| 4 | In response to questions about the decrease in number employed, number not employed, and number not in the labor force: There are impacts on participants in employment programs from Covid. |
| 6 | <p>In response to questions about the number of consumers served in the state hospital at the beginning of the year and admissions to the state hospital in the FY: There were several closed beds in our State Hospital which reduced capacity. These closed beds were due to Covid – staffing issues and physical spacing requirements.</p> <p>In response to questions about admissions to community programs during the year: Our community programs were given additional covid funding and there were more clients with needs due to covid stressors. Also, the value for those served at the beginning of the year is low in FY21 compared to FY20 – 1,891 people less. It is our thought that Covid was having an impact on those in Community Programs at the start of FY21 and then as time went on over the FY, patients started entering into the Community Programs. If you compare the total numbers (served at the beginning of the year and admissions during the year) for FY21 and FY20, this is only an increase of 480 clients.</p> <p>We are not sure why this value was an increase over FY20, in the consumers served in residential treatment centers at the beginning of the year other than a hypothesis that many patients stayed in the program rather than being discharged due to ongoing issues perhaps related to Covid. The combined total served at the beginning of the year and admissions during the year was 93 in FY20 and 87 in FY21, so these combined numbers are very similar.</p> <p>We are not sure why this value for admissions to residential treatment centers during the year was an increase over FY20, other than a hypothesis that many patients stayed in the program rather than being discharged due to ongoing issues perhaps related to Covid. The combined total served at the beginning of the year and admissions during the year was 93 in FY20 and 87 in FY21, so these combined numbers are very similar.</p> <p>In response to questions about the decrease in the average LOS of adults discharged from our state hospital: Fluctuations in the LOS of those discharged accounts for this decrease. Many more patients discharged in FY20 had longer lengths of stay than those discharged in FY21.</p> <p>In response to questions about why the average LOS for patients still in the facility at the end of the year with an LOS GT one year: There were 3 patients who met the criteria of still being hospitalized in the state hospital at the end of FY21, for more than 1 yr. Of these 3 patients, one was admitted in Jun 2017, so has been a patient for over 4 years. This LOS inflates the total LOS for these patients.</p> |
| 7 | <p>1. Total Other Funds – The decrease from '20 to '21 is due to a large contract that was in '20 and not in '21 for EMRs for our Designated Agencies.</p> <p>2. Total State Funds – The increase is due to Children's Residential Facilities Room & Board being paid with more State funding and less Federal funding in '20 vs '21. The corresponding decrease is in the Other Funds column.</p> <p>3. Total Administration - The decrease from '20 to '21 is due to a large contract that was in '20 and not in '21 for EMRs for our Designated Agencies.</p> |

| URS Table Number | General Notes |
|------------------|---|
| 14A | In response to questions about increases in Asian patient numbers increasing and American Indian/Alaska natives patient numbers decreasing - the following response is provided. in Table 6 shows a 26% increase in admissions to Community Programs during the year, so some of the increases in these minority populations could be related to this increase. Additionally, the largest increases and decreases are in patients from 0-17. This could be based on inability to utilize school services during shutdowns/remote learning situations. We cannot really answer why these changes in population numbers in these two minority groups are occurring beyond those hypotheses. |
| 15 | Response to questions about the decrease in the number of consumers in Jail/Correctional facilities or Homeless Shelters - Vermont's court system had reduced open sessions for periods of time during the FY due to Covid. There were programs put in place during Covid to house the houseless which reduced the number in shelters. |
| 20A | Response to questions about the decrease in total percent readmitted within 30 and 180 days to our State Hospital - There were several beds closed in our state hospital due to Covid, so readmissions may have been to another designated hospital in our system of care. Or it could just be fluctuations based on individuals not needing additional care within these time periods. |
| 20B | Response to a question about the decrease in the number of Forensic patients readmitted within 180 days - Vermont's court system had reduced open sessions for periods of time during the FY due to Covid, and we also had much fewer inpatient forensic examinations ordered. |

Errata Sheet to 2021 URS Output Tables

This page includes clarifications and corrections to 2021 URS Output Tables.

APPROPRIATENESS DOMAIN: Living Situation of Consumers Service by State Mental Health Agency Systems, FY2021

The table counts and percentages have been updated due to a processing error in the “Not Available” category.

APPROPRIATENESS DOMAIN: Adults with SMI and Children with SED Receiving Evidence-Based Services for First Episode Psychosis (FEP), 2021

The table counts and percentages have been updated in “CSC-FEP Fidelity and Training State” and “Clients Served by Programs With and Without CSC-FEP Fidelity” due to a processing error in counting several fidelity programs.