

Table 9.4A Reasons for Receiving Most Recent Mental Health Service in Past Year among Persons Aged 12 to 17 Who Received Mental Health Services in the Respective Settings in Past Year: Numbers in Thousands, 2018 and 2019

Reason for Receipt of Mental Health Service ¹	Any Specialty Mental Health Service ²		Outpatient		Inpatient or Residential		Education ³		General Medicine		Child Welfare	
	2018	2019	2018	2019	2018	2019	2018	2019	2018	2019	2018	2019
RECEIVED MENTAL HEALTH SERVICES⁴	3,901	4,088	3,547	3,747	683	701	3,444 ^a	3,727	767 ^a	902	94	97
Thought about Killing Self or Tried to Kill Self	1,096	1,152	986	1,020	290	317	374	437	176	163	*	*
Felt Depressed	2,000	2,191	1,886 ^a	2,096	302	291	1,007 ^a	1,171	359	424	*	*
Felt Very Afraid and Tense	1,011 ^a	1,181	972 ^a	1,119	98	121	589	630	179	215	*	*
Had Eating Problems	321	381	291	360	71	55	111	139	73	99	*	*
Had Other Self-Reported Mental/Neurological Disorder ⁵	126	94	123	94	6 ^a	0	18	14	33	37	*	*
Broke Rules and "Acted Out"	594	591	544	524	112	104	343	389	65	81	*	*
Had Trouble Controlling Anger	522	484	489	445	56	50	169	230	27 ^a	61	*	*
Got into Physical Fights	94	90	82	79	19	13	81	84	3	7	*	*
Had Problems with Home/Family	836	852	794	822	62	43	278	320	44	52	*	*
Had Problems with Friends	438	425	418	407	31	21	376	402	21	38	*	*
Had Problems with People Other Than Family/Friends	308	315	295	302	30	18	184	202	18	25	*	*
Had Problems at School	652	640	600	596	73	60	501	568	95	87	*	*
Some Other Reason ⁶	335	417	319	391	31	39	170	215	78	69	*	*

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Mental health services for persons aged 12 to 17 includes treatment/counseling for emotional or behavioral problems not caused by drug or alcohol use. Respondents with unknown mental health service information were excluded.

NOTE: Respondents could indicate multiple service settings; thus, the response categories are not mutually exclusive.

^a The difference between this estimate and the 2019 estimate is statistically significant at the .05 level. Rounding may make the estimates appear identical.

¹ Respondents could indicate multiple reasons for the last time they received mental health care in a specific service setting; thus, these response categories are not mutually exclusive. Respondents who did not indicate a reason were excluded from the analysis for the particular service category column.

² Includes treatment/counseling received as outpatient care (e.g., care from a private therapist, psychologist, psychiatrist, social worker, or counselor; mental health clinic or center; partial day hospital or day treatment program; or in-home therapist, counselor, or family preservation worker) and inpatient or residential care (e.g., an overnight care in a hospital or residential treatment center).

³ Respondents who did not report their school enrollment status, who reported not being enrolled in school in the past 12 months, or who reported being home-schooled were not asked about receipt of mental health services or reasons for mental health care from this setting; however, respondents who reported not being enrolled in school in the past 12 months were classified as not having received treatment/counseling from this setting.

⁴ The Received Mental Health Services row represents all youths who received treatment/counseling regardless of whether a reason is known. The level of unknown data in this row is less than the level of unknown data in the reason for receipt of mental health service rows. The reason for receipt of mental health service rows have a smaller denominator compared to the overall received mental health services row due to the larger amount of unknown reason for treatment data.

⁵ Respondent self-reported in the other-specify question that he or she has a mental or neurological disorder as a reason for having received mental health services. This reason is one of the most commonly reported other reasons for having received treatment/counseling.

⁶ Respondents with unknown or invalid responses to the other-specify question on Some Other Reason for Receiving Mental Health Services were classified as not having received treatment/counseling for Some Other Reason.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2018 and 2019.

Table 9.4B Reasons for Receiving Most Recent Mental Health Service in Past Year among Persons Aged 12 to 17 Who Received Mental Health Services in the Respective Settings in Past Year: Percentages, 2018 and 2019

Reason for Receipt of Mental Health Service ¹	Any Specialty Mental Health Service ²		Outpatient		Inpatient or Residential		Education ³		General Medicine		Child Welfare	
	2018	2019	2018	2019	2018	2019	2018	2019	2018	2019	2018	2019
RECEIVED MENTAL HEALTH SERVICES⁴	16.0	16.7	14.5	15.3	2.8	2.9	14.2 ^a	15.4	3.1 ^a	3.7	0.4	0.4
Thought about Killing Self or Tried to Kill Self	31.6	31.5	30.0	29.4	58.9	59.1	16.6	17.2	26.1 ^a	19.8	*	*
Felt Depressed	57.2	59.4	56.9	59.9	60.9	55.3	44.8	46.0	53.4	51.4	*	*
Felt Very Afraid and Tense	29.4	32.6	29.7	32.4	20.1	23.0	26.2	24.7	26.5	26.1	*	*
Had Eating Problems	9.4	10.6	9.0	10.4	14.7	10.5	4.9	5.5	10.9	12.0	*	*
Had Other Self-Reported Mental/Neurological Disorder ⁵	3.8	2.7	3.9	2.8	1.2 ^a	0.0	0.8	0.5	4.9	4.6	*	*
Broke Rules and "Acted Out"	17.3	16.3	16.7	15.2	23.1	19.7	15.3	15.3	9.6	9.8	*	*
Had Trouble Controlling Anger	15.2	13.4	15.0	12.9	11.6	9.6	7.5	9.0	4.0 ^a	7.4	*	*
Got into Physical Fights	2.8	2.5	2.5	2.3	3.9	2.5	3.6	3.3	0.4	0.9	*	*
Had Problems with Home/Family	24.3	23.5	24.2	23.8	12.8	8.2	12.4	12.6	6.6	6.4	*	*
Had Problems with Friends	12.8	11.8	12.9	11.9	6.5	4.0	16.7	15.8	3.2	4.6	*	*
Had Problems with People Other Than Family/Friends	9.0	8.7	9.1	8.8	6.2	3.4	8.2	8.0	2.6	3.0	*	*
Had Problems at School	18.9	17.7	18.3	17.3	15.0	11.4	22.3	22.3	14.1	10.5	*	*
Some Other Reason ⁶	10.0	11.7	10.0	11.6	6.5	7.5	7.7	8.6	11.7	8.5	*	*

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

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