

Table 9.10A Type of Treatment Received in Past Year for Depression among Persons Aged 12 to 17 with Major Depressive Episode in Past Year, by Demographic and Socioeconomic Characteristics: Numbers in Thousands, 2018 and 2019

Demographic/Socioeconomic Characteristic	Saw or Talked to a Health Professional OR Used Prescription Medication (2018)	Saw or Talked to a Health Professional OR Used Prescription Medication (2019)	Saw or Talked to a Health Professional BUT Did Not Use Prescription Medication (2018)	Saw or Talked to a Health Professional BUT Did Not Use Prescription Medication (2019)	Used Prescription Medication BUT Did Not See or Talk to a Health Professional (2018)	Used Prescription Medication BUT Did Not See or Talk to a Health Professional (2019)	Saw or Talked to a Health Professional AND Used Prescription Medication (2018)	Saw or Talked to a Health Professional AND Used Prescription Medication (2019)
TOTAL	1,371 ^a	1,577	749	796	77 ^a	127	533 ^a	645
GENDER								
Male	331	385	185	165	26	49	114 ^a	171
Female	1,040 ^a	1,192	564	631	52	78	419	474
HISPANIC ORIGIN AND RACE								
Not Hispanic or Latino	1,053 ^a	1,214	514	580	60 ^a	103	473	527
White	833	957	381	427	45 ^a	87	400	439
Black or African American	110	123	71	81	10	2	30	40
AIAN	*	*	*	*	*	*	*	*
NHOPI	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*
Two or More Races	46 ^a	81	18 ^a	45	*	9	24	27
Hispanic or Latino	318	362	235	216	18	24	60 ^a	118
POVERTY LEVEL								
Less Than 100%	271	280	169	150	24	28	75	100
100-199%	263	334	125	164	19	28	120	139
200% or More	836	963	456	482	34 ^a	71	338	406
HEALTH INSURANCE¹								
Private	799	914	415	461	34	58	346	391
Medicaid/CHIP	528	599	301	285	46	66	178 ^a	241
Other ²	87	82	*	34	*	5	34	*
No Coverage	31 ^a	59	13 ^a	42	2	*	12	11

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Respondents with unknown past year treatment for depression data were excluded.

NOTE: Respondents with unknown past year Major Depressive Episode (MDE) data were excluded.

^a The difference between this estimate and the 2019 estimate is statistically significant at the .05 level. Rounding may make the estimates appear identical.

¹ Respondents could indicate multiple types of health insurance; thus, these response categories are not mutually exclusive.

² Other Health Insurance is defined as having Medicare, military-related health care, or any other type of health insurance.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2018 and 2019.

Table 9.10B Type of Treatment Received in Past Year for Depression among Persons Aged 12 to 17 with Major Depressive Episode in Past Year, by Demographic and Socioeconomic Characteristics: Percentages, 2018 and 2019

Demographic/Socioeconomic Characteristic	Saw or Talked to a Health Professional OR Used Prescription Medication (2018)	Saw or Talked to a Health Professional OR Used Prescription Medication (2019)	Saw or Talked to a Health Professional BUT Did Not Use Prescription Medication (2018)	Saw or Talked to a Health Professional BUT Did Not Use Prescription Medication (2019)	Used Prescription Medication BUT Did Not See or Talk to a Health Professional (2018)	Used Prescription Medication BUT Did Not See or Talk to a Health Professional (2019)	Saw or Talked to a Health Professional AND Used Prescription Medication (2018)	Saw or Talked to a Health Professional AND Used Prescription Medication (2019)
TOTAL	40.0	42.2	21.8	21.3	2.2	3.4	15.4	17.1
GENDER								
Male	35.9	36.3	20.1	15.5	2.8	4.6	12.3	15.9
Female	41.5	44.6	22.5	23.6	2.0	2.9	16.6	17.6
HISPANIC ORIGIN AND RACE								
Not Hispanic or Latino	41.1	44.7	20.1	21.3	2.3 ^a	3.8	18.3	19.2
White	44.6 ^a	49.4	20.4	22.0	2.4 ^a	4.5	21.2	22.3
Black or African American	33.2	33.9	21.2	22.2	2.9	0.6	9.0	11.0
AIAN	*	*	*	*	*	*	*	*
NHOPI	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*
Two or More Races	33.9	43.4	13.6	24.2	*	4.8	18.0	14.3
Hispanic or Latino	36.5	35.6	27.1	21.2	2.0	2.3	6.9 ^a	11.6
POVERTY LEVEL								
Less Than 100%	41.3	42.2	25.8	22.5	3.7	4.2	11.4	14.9
100-199%	36.5	41.0	17.3	20.2	2.6	3.5	16.4	17.0
200% or More	40.7	42.7	22.2	21.3	1.6 ^a	3.1	16.4	17.8
HEALTH INSURANCE¹								
Private	39.5	41.8	20.5	21.1	1.7	2.7	17.0	17.8
Medicaid/CHIP	43.0	44.2	24.5	21.0	3.7	4.9	14.4	17.7
Other ²	44.6	44.0	*	18.6	*	2.5	17.5	*
No Coverage	20.3	32.8	8.9 ^a	23.6	1.2	*	8.1	5.9

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Respondents with unknown past year treatment for depression data were excluded.

NOTE: Respondents with unknown past year Major Depressive Episode (MDE) data were excluded.

^a The difference between this estimate and the 2019 estimate is statistically significant at the .05 level. Rounding may make the estimates appear identical.

¹ Respondents could indicate multiple types of health insurance; thus, these response categories are not mutually exclusive.

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Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2018 and 2019.