

**Table 8.70A Serious Psychological Distress in Past Month among Persons Aged 18 or Older, by Age Group and Demographic and Socioeconomic Characteristics: Numbers in Thousands, 2018 and 2019**

Demographic/Socioeconomic Characteristic	Aged 18+ (2018)	Aged 18+ (2019)	Aged 18-25 (2018)	Aged 18-25 (2019)	Aged 26+ (2018)	Aged 26+ (2019)	Aged 26-49 (2018)	Aged 26-49 (2019)	Aged 50+ (2018)	Aged 50+ (2019)
<b>TOTAL</b>	15,001 <sup>a</sup>	16,392	4,704 <sup>a</sup>	5,182	10,297	11,211	6,617 <sup>a</sup>	7,279	3,680	3,932
<b>GENDER</b>										
Male	6,076	6,345	1,792	1,912	4,284	4,434	2,850	2,978	1,434	1,456
Female	8,925 <sup>a</sup>	10,047	2,912 <sup>a</sup>	3,270	6,013 <sup>a</sup>	6,777	3,767 <sup>a</sup>	4,301	2,246	2,476
<b>HISPANIC ORIGIN AND RACE</b>										
Not Hispanic or Latino	12,416 <sup>a</sup>	13,413	3,693 <sup>a</sup>	4,121	8,723	9,292	5,478	5,987	3,244	3,305
White	9,470	10,034	2,646 <sup>a</sup>	2,922	6,824	7,112	4,211	4,469	2,613	2,643
Black or African American	1,809 <sup>a</sup>	2,173	612	698	1,197	1,475	778 <sup>a</sup>	1,016	419	460
AIAN	132	108	29	28	103	80	58	30	*	*
NHOPI	93	70	*	*	*	53	*	*	*	*
Asian	575	578	258	263	317	315	259	221	*	94
Two or More Races	336	449	118 <sup>a</sup>	192	219	257	137	202	81	56
Hispanic or Latino	2,585	2,979	1,011	1,061	1,574	1,918	1,138	1,291	436	627
<b>HEALTH INSURANCE<sup>1</sup></b>										
Private	7,060	7,708	2,575 <sup>a</sup>	2,944	4,485	4,764	2,893	3,273	1,591	1,490
Medicaid/CHIP	4,540	5,118	1,241	1,288	3,299	3,830	2,147	2,299	1,152	1,531
Other <sup>2</sup>	3,067	3,242	347	381	2,720	2,860	928	900	1,792	1,960
No Coverage	2,352	2,440	737	816	1,615	1,624	1,259	1,366	356	258
<b>CURRENT EMPLOYMENT</b>										
Full-Time	5,900	6,444	1,806 <sup>a</sup>	2,059	4,094	4,385	3,124 <sup>a</sup>	3,694	971	691
Part-Time	2,351	2,672	1,247	1,344	1,104	1,328	889	868	214 <sup>a</sup>	460
Unemployed	1,481	1,464	623	637	859	827	649	600	210	227
Other <sup>3</sup>	5,269	5,813	1,028	1,142	4,240	4,671	1,955	2,117	2,285	2,554

\* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

<sup>a</sup> The difference between this estimate and the 2019 estimate is statistically significant at the .05 level. Rounding may make the estimates appear identical.

<sup>1</sup> Respondents could indicate multiple types of health insurance; thus, these response categories are not mutually exclusive.

<sup>2</sup> Other Health Insurance is defined as having Medicare, military-related health care, or any other type of health insurance.

<sup>3</sup> The Other Employment category includes students, persons keeping house or caring for children full time, retired or disabled persons, or other persons not in the labor force.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2018 and 2019.

**Table 8.70B Serious Psychological Distress in Past Month among Persons Aged 18 or Older, by Age Group and Demographic and Socioeconomic Characteristics: Percentages, 2018 and 2019**

Demographic/Socioeconomic Characteristic	Aged 18+ (2018)	Aged 18+ (2019)	Aged 18-25 (2018)	Aged 18-25 (2019)	Aged 26+ (2018)	Aged 26+ (2019)	Aged 26-49 (2018)	Aged 26-49 (2019)	Aged 50+ (2018)	Aged 50+ (2019)
<b>TOTAL</b>	6.0 <sup>a</sup>	6.5	13.8 <sup>a</sup>	15.4	4.8	5.2	6.6 <sup>a</sup>	7.2	3.2	3.4
<b>GENDER</b>										
Male	5.1	5.3	10.5	11.3	4.2	4.3	5.7	6.0	2.7	2.7
Female	6.9 <sup>a</sup>	7.8	17.2 <sup>a</sup>	19.4	5.4 <sup>a</sup>	6.0	7.4 <sup>a</sup>	8.4	3.7	4.0
<b>HISPANIC ORIGIN AND RACE</b>										
Not Hispanic or Latino	6.0 <sup>a</sup>	6.4	14.0 <sup>a</sup>	15.8	4.8	5.1	6.8	7.4	3.2	3.2
White	6.0	6.4	14.5 <sup>a</sup>	16.2	4.9	5.1	7.3	7.8	3.2	3.2
Black or African American	6.1 <sup>a</sup>	7.3	12.9	15.1	4.8	5.8	6.1 <sup>a</sup>	7.8	3.5	3.7
AIAN	8.8	7.8	13.2	13.0	8.0	6.8	9.4	5.9	*	*
NHOPI	9.9	7.1	*	*	*	6.4	*	*	*	*
Asian	4.1	4.0	11.4	12.6	2.7	2.5	3.5	3.1	*	1.8
Two or More Races	7.8	10.2	15.6	20.5	6.1	7.5	9.3	10.2	3.9	3.8
Hispanic or Latino	6.4	7.2	13.3	13.8	4.8	5.7	5.6	6.2	3.5	4.8
<b>HEALTH INSURANCE<sup>1</sup></b>										
Private	4.3 <sup>a</sup>	4.7	12.6 <sup>a</sup>	14.4	3.1	3.3	4.3 <sup>a</sup>	4.9	2.0	1.9
Medicaid/CHIP	12.3 <sup>a</sup>	14.3	17.1	17.8	11.2 <sup>a</sup>	13.4	13.4	14.2	8.5 <sup>a</sup>	12.4
Other <sup>2</sup>	4.5	4.7	13.5	15.0	4.1	4.3	11.9	12.3	3.1	3.3
No Coverage	9.6	9.4	15.3	16.9	8.2	7.7	8.8	9.1	6.6	4.3
<b>CURRENT EMPLOYMENT</b>										
Full-Time	4.8	5.2	12.4 <sup>a</sup>	14.4	3.8	4.0	4.6 <sup>a</sup>	5.4	2.4	1.7
Part-Time	7.3	8.2	14.4	16.1	4.7	5.5	8.2	8.1	1.7 <sup>a</sup>	3.4
Unemployed	14.8	14.7	20.1	19.3	12.4	12.5	13.9	14.0	9.5	9.6
Other <sup>3</sup>	6.4	7.0	13.3	14.7	5.6	6.2	11.3	12.2	3.9	4.4

\* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

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