

**Table 8.69A Major Depressive Episode, Mental Health Services and Perceived Need, Substance Use Disorder, Serious Psychological Distress, and Substance Use Treatment at a Specialty Facility in Past Year among Persons Aged 18 or Older Who Had Serious Thoughts of Suicide in Past Year: Numbers in Thousands, 2018 and 2019**

Past Year Mental Health or Substance Use Measure	2018	2019
Major Depressive Episode <sup>1</sup>	5,666	6,193
No Major Depressive Episode <sup>1</sup>	4,967 <sup>a</sup>	5,680
Mental Health Services <sup>2</sup>	5,166 <sup>a</sup>	5,807
No Mental Health Services <sup>2</sup>	5,547	6,091
Perceived Need <sup>3</sup>	1,700 <sup>a</sup>	2,107
No Perceived Need <sup>3</sup>	3,836	3,977
Substance Use Disorder	3,102	3,341
Alcohol Use Disorder	2,034	2,259
Illicit Drug Use Disorder	1,800	1,737
No Substance Use Disorder	7,642 <sup>a</sup>	8,610
Serious Psychological Distress	7,356 <sup>a</sup>	8,186
No Serious Psychological Distress	3,388	3,765
Substance Use Treatment at a Specialty Facility <sup>4</sup>	445	493
No Substance Use Treatment at a Specialty Facility <sup>4</sup>	10,300 <sup>a</sup>	11,458

\* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Respondents with unknown suicide information were excluded.

<sup>a</sup> The difference between this estimate and the 2019 estimate is statistically significant at the .05 level. Rounding may make the estimates appear identical.

<sup>1</sup> Respondents with unknown past year Major Depressive Episode (MDE) data were excluded.

<sup>2</sup> Mental Health Services for adults includes inpatient treatment/counseling, outpatient treatment/counseling, or use of prescription medication for problems with emotions, nerves, or mental health. Respondents with unknown mental health service information were excluded.

<sup>3</sup> Perception of unmet need was asked of all respondents regardless of their mental health. Respondents with unknown perception of unmet need information were excluded.

<sup>4</sup> Specialty treatment facilities include hospitals (inpatient only), rehabilitation facilities (inpatient or outpatient), or mental health centers.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2018 and 2019.

**Table 8.69B Major Depressive Episode, Mental Health Services and Perceived Need, Substance Use Disorder, Serious Psychological Distress, and Substance Use Treatment at a Specialty Facility in Past Year among Persons Aged 18 or Older Who Had Serious Thoughts of Suicide in Past Year: Percentages, 2018 and 2019**

Past Year Mental Health or Substance Use Measure	2018	2019
Major Depressive Episode <sup>1</sup>	53.3	52.2
No Major Depressive Episode <sup>1</sup>	46.7	47.8
Mental Health Services <sup>2</sup>	48.2	48.8
No Mental Health Services <sup>2</sup>	51.8	51.2
Perceived Need <sup>3</sup>	15.9	17.8
No Perceived Need <sup>3</sup>	35.9	33.5
Substance Use Disorder	28.9	28.0
Alcohol Use Disorder	18.9	18.9
Illicit Drug Use Disorder	16.8	14.5
No Substance Use Disorder	71.1	72.0
Serious Psychological Distress	68.5	68.5
No Serious Psychological Distress	31.5	31.5
Substance Use Treatment at a Specialty Facility <sup>4</sup>	4.1	4.1
No Substance Use Treatment at a Specialty Facility <sup>4</sup>	95.9	95.9

\* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Respondents with unknown suicide information were excluded.

<sup>a</sup> The difference between this estimate and the 2019 estimate is statistically significant at the .05 level. Rounding may make the estimates appear identical.

<sup>1</sup> Respondents with unknown past year Major Depressive Episode (MDE) data were excluded.

<sup>2</sup> Mental Health Services for adults includes inpatient treatment/counseling, outpatient treatment/counseling, or use of prescription medication for problems with emotions, nerves, or mental health. Respondents with unknown mental health service information were excluded.

<sup>3</sup> Perception of unmet need was asked of all respondents regardless of their mental health. Respondents with unknown perception of unmet need information were excluded.

<sup>4</sup> Specialty treatment facilities include hospitals (inpatient only), rehabilitation facilities (inpatient or outpatient), or mental health centers.

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Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2018 and 2019.