

Table 8.68C Had Serious Thoughts of Suicide, Made Any Suicide Plans, or Attempted Suicide in Past Year among Persons Aged 18 or Older, by Past Year Major Depressive Episode Status, Past Year Receipt of Mental Health Services Status, Past Year Substance Use Disorder Status, Past Year Serious Psychological Distress Status, and Past Year Substance Use Treatment at a Specialty Facility Status: Standard Errors of Numbers in Thousands, 2018 and 2019

Past Year Mental Health or Substance Use Measure	Had Serious Thoughts of Suicide (2018)	Had Serious Thoughts of Suicide (2019)	Made Any Suicide Plans¹ (2018)	Made Any Suicide Plans¹ (2019)	Attempted Suicide¹ (2018)	Attempted Suicide¹ (2019)
Major Depressive Episode ²	192	208	117	124	75	70
No Major Depressive Episode ²	205	213	94	83	64	62
Mental Health Services ³	202	209	117	124	81	71
No Mental Health Services ³	203	218	99	93	57	59
Substance Use Disorder	139	149	80	81	54	47
Alcohol Use Disorder	112	120	67	64	43	37
Illicit Drug Use Disorder	110	103	65	63	46	36
No Substance Use Disorder	248	272	126	132	84	79
Serious Psychological Distress	218	235	133	136	84	81
No Serious Psychological Distress	178	187	79	69	56	44
Substance Use Treatment at a Specialty Facility ⁴	53	64	37	40	28	25
No Substance Use Treatment at a Specialty Facility ⁴	285	307	148	148	96	89

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Respondents with unknown suicide information were excluded.

¹ Respondents were asked whether they made any suicide plans or attempted suicide in the past 12 months only if they had serious thoughts of suicide in the past 12 months.

Respondents who had no suicide thoughts were categorized as not making any suicide plans and not attempting suicide in the past 12 months.

² Respondents with unknown past year Major Depressive Episode (MDE) data were excluded.

³ Mental Health Services for adults includes inpatient treatment/counseling, outpatient treatment/counseling, or use of prescription medication for problems with emotions, nerves, or mental health. Respondents with unknown mental health service information were excluded.

⁴ Specialty treatment facilities include hospitals (inpatient only), rehabilitation facilities (inpatient or outpatient), or mental health centers.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2018 and 2019.

Table 8.68D Had Serious Thoughts of Suicide, Made Any Suicide Plans, or Attempted Suicide in Past Year among Persons Aged 18 or Older, by Past Year Major Depressive Episode Status, Past Year Receipt of Mental Health Services Status, Past Year Substance Use Disorder Status, Past Year Serious Psychological Distress Status, and Past Year Substance Use Treatment at a Specialty Facility Status: Standard Errors of Percentages, 2018 and 2019

Past Year Mental Health or Substance Use Measure	Had Serious Thoughts of Suicide (2018)	Had Serious Thoughts of Suicide (2019)	Made Any Suicide Plans¹ (2018)	Made Any Suicide Plans¹ (2019)	Attempted Suicide¹ (2018)	Attempted Suicide¹ (2019)
Major Depressive Episode ²	0.90	0.92	0.62	0.61	0.42	0.36
No Major Depressive Episode ²	0.09	0.09	0.04	0.04	0.03	0.03
Mental Health Services ³	0.51	0.49	0.31	0.30	0.22	0.18
No Mental Health Services ³	0.10	0.10	0.05	0.04	0.03	0.03
Substance Use Disorder	0.65	0.69	0.41	0.40	0.28	0.24
Alcohol Use Disorder	0.71	0.78	0.45	0.44	0.29	0.26
Illicit Drug Use Disorder	1.27	1.25	0.84	0.81	0.62	0.48
No Substance Use Disorder	0.11	0.12	0.05	0.06	0.04	0.03
Serious Psychological Distress	0.66	0.65	0.44	0.42	0.29	0.25
No Serious Psychological Distress	0.08	0.08	0.04	0.03	0.03	0.02
Substance Use Treatment at a Specialty Facility ⁴	2.20	2.30	1.62	1.55	1.26	0.95
No Substance Use Treatment at a Specialty Facility ⁴	0.11	0.12	0.06	0.06	0.04	0.04

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Respondents with unknown suicide information were excluded.

¹ Respondents were asked whether they made any suicide plans or attempted suicide in the past 12 months only if they had serious thoughts of suicide in the past 12 months.

Respondents who had no suicide thoughts were categorized as not making any suicide plans and not attempting suicide in the past 12 months.

² Respondents with unknown past year Major Depressive Episode (MDE) data were excluded.

³ Mental Health Services for adults includes inpatient treatment/counseling, outpatient treatment/counseling, or use of prescription medication for problems with emotions, nerves, or mental health. Respondents with unknown mental health service information were excluded.

⁴ Specialty treatment facilities include hospitals (inpatient only), rehabilitation facilities (inpatient or outpatient), or mental health centers.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2018 and 2019.

Table 8.68P Had Serious Thoughts of Suicide, Made Any Suicide Plans, or Attempted Suicide in Past Year among Persons Aged 18 or Older, by Past Year Major Depressive Episode Status, Past Year Receipt of Mental Health Services Status, Past Year Substance Use Disorder Status, Past Year Serious Psychological Distress Status, and Past Year Substance Use Treatment at a Specialty Facility Status: *P* Values from Tests of Differences of Percentages, 2019 Versus 2018

Past Year Mental Health or Substance Use Measure	Had Serious Thoughts of Suicide (2018)	Had Serious Thoughts of Suicide (2019)	Made Any Suicide Plans ¹ (2018)	Made Any Suicide Plans ¹ (2019)	Attempted Suicide ¹ (2018)	Attempted Suicide ¹ (2019)
Major Depressive Episode ²	0.9350		0.9660		0.4957	
No Major Depressive Episode ²	0.0109		0.8183		0.5309	
Mental Health Services ³	0.4545		0.9617		0.2159	
No Mental Health Services ³	0.0351		0.8933		0.8909	
Substance Use Disorder	0.1745		0.4273		0.2068	
Alcohol Use Disorder	0.0700		0.5505		0.1055	
Illicit Drug Use Disorder	0.6079		0.3264		0.2326	
No Substance Use Disorder	0.0088		0.2348		0.8350	
Serious Psychological Distress	0.5211		0.9900		0.6680	
No Serious Psychological Distress	0.1127		0.4306		0.1358	
Substance Use Treatment at a Specialty Facility ⁴	0.7816		0.5413		0.4139	
No Substance Use Treatment at a Specialty Facility ⁴	0.0045		0.5317		0.6733	

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Respondents with unknown suicide information were excluded.

¹ Respondents were asked whether they made any suicide plans or attempted suicide in the past 12 months only if they had serious thoughts of suicide in the past 12 months.

Respondents who had no suicide thoughts were categorized as not making any suicide plans and not attempting suicide in the past 12 months.

² Respondents with unknown past year Major Depressive Episode (MDE) data were excluded.

³ Mental Health Services for adults includes inpatient treatment/counseling, outpatient treatment/counseling, or use of prescription medication for problems with emotions, nerves, or mental health. Respondents with unknown mental health service information were excluded.

⁴ Specialty treatment facilities include hospitals (inpatient only), rehabilitation facilities (inpatient or outpatient), or mental health centers.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2018 and 2019.