

**Table 8.60A Had Serious Thoughts of Suicide, Made Any Suicide Plans, or Attempted Suicide in Past Year among Persons Aged 18 or Older, by Type of Illicit Drug Use in Past Year and Alcohol Use in Past Year and Past Month: Numbers in Thousands, 2018 and 2019**

Substance	Had Serious Thoughts of Suicide (2018)	Had Serious Thoughts of Suicide (2019)	Made Any Suicide Plans <sup>1</sup> (2018)	Made Any Suicide Plans <sup>1</sup> (2019)	Attempted Suicide <sup>1</sup> (2018)	Attempted Suicide <sup>1</sup> (2019)
<b>TOTAL</b>	10,744 <sup>a</sup>	11,951	3,312	3,455	1,442	1,379
<b>ILLCIT DRUGS</b>	5,437	5,751	1,796	1,874	871	748
Marijuana	4,400 <sup>a</sup>	4,913	1,418	1,583	723	662
Cocaine	1,001	922	367	314	198	148
Crack	194	157	96	68	58	24
Heroin	227	158	90	78	54	30
Hallucinogens	1,033	960	357	303	178 <sup>a</sup>	110
LSD	527	413	193	127	95 <sup>a</sup>	40
PCP	*	*	*	*	*	*
Ecstasy	449	418	157	141	84	55
Inhalants	258	283	84	94	42	38
Methamphetamine	479	410	238	143	139 <sup>a</sup>	62
Misuse of Psychotherapeutics	2,570 <sup>a</sup>	2,218	883	861	420	336
Pain Relievers	1,543	1,399	578	540	272	232
Stimulants	896	775	302	291	129	119
Tranquilizers or Sedatives	1,257 <sup>a</sup>	922	455	382	239	161
Tranquilizers	1,133 <sup>a</sup>	862	430	363	233	151
Sedatives	235	150	83	40	49	29
Benzodiazepines	1,083 <sup>a</sup>	832	412	353	225	149
Opioids	1,625	1,436	622	561	304	236
Illicit Drugs Other Than Marijuana <sup>2</sup>	3,328	3,158	1,129	1,123	557	444
<b>PAST YEAR ALCOHOL</b>	8,413 <sup>a</sup>	9,167	2,512	2,682	1,063	1,025
<b>PAST YEAR ALCOHOL OR ILLICIT DRUGS</b>	8,955 <sup>a</sup>	9,833	2,741	2,865	1,155	1,110
<b>PAST YEAR ALCOHOL AND ILLICIT DRUGS</b>	4,895	5,085	1,567	1,691	779	663
<b>PAST MONTH ALCOHOL</b>	6,375 <sup>a</sup>	7,183	1,917	2,017	810	723
Binge Alcohol Use <sup>3</sup>	3,697 <sup>a</sup>	4,394	1,141	1,216	553	466
Heavy Alcohol Use	1,349	1,461	461	369	234 <sup>a</sup>	148

\* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Respondents with unknown suicide information were excluded.

<sup>a</sup> The difference between this estimate and the 2019 estimate is statistically significant at the .05 level. Rounding may make the estimates appear identical.

<sup>1</sup> Respondents were asked whether they made any suicide plans or attempted suicide in the past 12 months only if they had serious thoughts of suicide in the past 12 months. Respondents who had no suicide thoughts were categorized as not making any suicide plans and not attempting suicide in the past 12 months.

<sup>2</sup> Illicit Drugs Other Than Marijuana excludes respondents who used only marijuana but includes those who used marijuana in addition to other illicit drugs.

<sup>3</sup> Estimates of binge alcohol use include use by those who were heavy alcohol users.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2018 and 2019.

**Table 8.60B Had Serious Thoughts of Suicide, Made Any Suicide Plans, or Attempted Suicide in Past Year among Persons Aged 18 or Older, by Type of Illicit Drug Use in Past Year and Alcohol Use in Past Year and Past Month: Percentages, 2018 and 2019**

Substance	Had Serious Thoughts of Suicide (2018)	Had Serious Thoughts of Suicide (2019)	Made Any Suicide Plans <sup>1</sup> (2018)	Made Any Suicide Plans <sup>1</sup> (2019)	Attempted Suicide <sup>1</sup> (2018)	Attempted Suicide <sup>1</sup> (2019)
<b>TOTAL</b>	4.3 <sup>a</sup>	4.8	1.3	1.4	0.6	0.6
<b>ILLCIT DRUGS</b>	11.2	10.9	3.7	3.6	1.8	1.4
Marijuana	11.0	11.0	3.5	3.5	1.8	1.5
Cocaine	18.8	17.3	6.9	5.9	3.7	2.8
Crack	26.4	20.7	13.1	8.9	8.0	3.2
Heroin	29.0	21.4	11.5	10.6	6.9	4.1
Hallucinogens	20.0	17.4	6.9	5.5	3.4 <sup>a</sup>	2.0
LSD	25.0 <sup>a</sup>	19.1	9.1	5.9	4.5 <sup>a</sup>	1.9
PCP	*	*	*	*	*	*
Ecstasy	18.9	17.6	6.6	6.0	3.6	2.3
Inhalants	19.4	20.5	6.3	6.8	3.2	2.8
Methamphetamine	26.7	21.3	13.2 <sup>a</sup>	7.4	7.7 <sup>a</sup>	3.2
Misuse of Psychotherapeutics	16.6	14.6	5.7	5.7	2.7	2.2
Pain Relievers	16.9	15.4	6.4	5.9	3.0	2.6
Stimulants	19.0	17.3	6.4	6.5	2.7	2.7
Tranquilizers or Sedatives	21.3 <sup>a</sup>	17.0	7.7	7.0	4.0	3.0
Tranquilizers	21.5	18.0	8.2	7.6	4.4	3.2
Sedatives	23.8 <sup>a</sup>	14.8	8.4	3.9	5.0	2.9
Benzodiazepines	21.6	18.7	8.2	7.9	4.5	3.4
Opioids	17.3	15.3	6.6	6.0	3.2	2.5
Illicit Drugs Other Than Marijuana <sup>2</sup>	15.7	14.6	5.3	5.2	2.6	2.1
<b>PAST YEAR ALCOHOL</b>	4.9 <sup>a</sup>	5.3	1.5	1.6	0.6	0.6
<b>PAST YEAR ALCOHOL OR ILLICIT DRUGS</b>	5.0 <sup>a</sup>	5.5	1.5	1.6	0.6	0.6
<b>PAST YEAR ALCOHOL AND ILLICIT DRUGS</b>	11.2	11.0	3.6	3.7	1.8	1.4
<b>PAST MONTH ALCOHOL</b>	4.7 <sup>a</sup>	5.3	1.4	1.5	0.6	0.5
Binge Alcohol Use <sup>3</sup>	5.6 <sup>a</sup>	6.8	1.7	1.9	0.8	0.7
Heavy Alcohol Use	8.3	9.3	2.8	2.4	1.4	0.9

\* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Respondents with unknown suicide information were excluded.

<sup>a</sup> The difference between this estimate and the 2019 estimate is statistically significant at the .05 level. Rounding may make the estimates appear identical.

<sup>1</sup> Respondents were asked whether they made any suicide plans or attempted suicide in the past 12 months only if they had serious thoughts of suicide in the past 12 months. Respondents who had no suicide thoughts were categorized as not making any suicide plans and not attempting suicide in the past 12 months.

<sup>2</sup> Illicit Drugs Other Than Marijuana excludes respondents who used only marijuana but includes those who used marijuana in addition to other illicit drugs.

<sup>3</sup> Estimates of binge alcohol use include use by those who were heavy alcohol users.

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Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2018 and 2019.