

Table 8.41A Level of Mental Illness and Major Depressive Episode (MDE) and MDE with Severe Impairment Status in Past Year among Persons Aged 18 or Older, by Past Year Substance Use Disorder Status and Past Year Substance Use Disorder for Specific Substances: Numbers in Thousands, 2018 and 2019

Substance Use Disorder Status	Total (2018)	Total (2019)	Any Mental Illness ¹ (2018)	Any Mental Illness ¹ (2019)	Serious Mental Illness ¹ (2018)	Serious Mental Illness ¹ (2019)	Any Mental Illness Excluding Serious Mental Illness ¹ (2018)	Any Mental Illness Excluding Serious Mental Illness ¹ (2019)	No Mental Illness ¹ (2018)	No Mental Illness ¹ (2019)	Had MDE ² (2018)	Had MDE ² (2019)	Had MDE with Severe Impairment ^{2,3} (2018)	Had MDE with Severe Impairment ^{2,3} (2019)	No MDE ² (2018)	No MDE ² (2019)
TOTAL POPULATION	248,857	250,316	47,635 ^a	51,495	11,373 ^a	13,115	36,262 ^a	38,379	201,222 ^a	198,822	17,720 ^a	19,357	11,489 ^a	13,112	228,363	227,964
ILLICIT DRUGS	7,412	7,419	4,361	4,595	1,910	2,002	2,451	2,593	3,051	2,825	2,230	2,223	1,631	1,726	5,058	5,079
Marijuana	3,910	4,136	2,118	2,423	748	868	1,370	1,554	1,791	1,714	1,072	1,099	702	812	2,779	2,955
Cocaine	973	1,006	581	653	322	362	259	291	391	352	317	315	247	257	649	676
Heroin	522	438	*	*	*	*	*	113	*	*	*	*	103	*	*	*
Hallucinogens	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Inhalants	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Methamphetamine	1,033	1,029	752	717	440	392	312	324	281	312	427	346	331	301	584	668
Misuse of Psychotherapeutics	2,370	2,011	1,637	1,455	820	819	816	636	733	556	833	859	647	731	1,488 ^a	1,127
Pain Relievers	1,591	1,279	1,061	918	472	537	589 ^a	381	529	361	462	527	350	453	1,112 ^a	732
Stimulants	508	492	380	378	219	183	162	195	128	114	240	206	194	164	249	283
Tranquilizers or Sedatives	683	585	554	441	295	298	259 ^a	143	129	145	337	315	264	282	332	264
Tranquilizers	612	508	518	389	275	266	243 ^a	123	94	118	314	278	244	245	292	223
Sedatives	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Benzodiazepines	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--
Opioids	1,920	1,535	1,262	1,069	550	617	713 ^a	452	658	466	536	603	400	504	1,350 ^a	907
Illicit Drugs Other Than Marijuana ⁴	4,163	3,820	2,705	2,560	1,389	1,372	1,316	1,188	1,457	1,260	1,428	1,337	1,111	1,110	2,658	2,427
ALCOHOL	14,418	14,090	6,390	6,370	1,971	2,210	4,420	4,160	8,027	7,720	2,642	2,889	1,728	1,904	11,612	11,073
BOTH ILLICIT DRUGS AND ALCOHOL	2,487	2,225	1,565	1,428	715	648	850	781	923	796	833	731	634	555	1,613	1,458
ILLICIT DRUGS OR ALCOHOL	19,343	19,285	9,187	9,536	3,166	3,564	6,021	5,973	10,156	9,749	4,039	4,381	2,725	3,075	15,056	14,694
ILLICIT DRUGS ONLY	4,925	5,195	2,797	3,166	1,195	1,354	1,601	1,812	2,129	2,029	1,396	1,492	997	1,171	3,445	3,621
ALCOHOL ONLY	11,930	11,866	4,826	4,942	1,256 ^a	1,562	3,570	3,380	7,105	6,924	1,809 ^a	2,158	1,094 ^a	1,349	9,999	9,615
NO SUBSTANCE USE DISORDER	229,515	231,031	38,448 ^a	41,958	8,207 ^a	9,551	30,241 ^a	32,407	191,066	189,073	13,681 ^a	14,976	8,764 ^a	10,037	213,307	213,270

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

^a The difference between this estimate and the 2019 estimate is statistically significant at the .05 level. Rounding may make the estimates appear identical.

¹ Mental Illness aligns with DSM-IV criteria and is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder. Estimates of serious mental illness (SMI) are a subset of estimates of any mental illness (AMI) because SMI is limited to persons with AMI that resulted in serious functional impairment. These mental illness estimates are based on a predictive model and are not direct measures of diagnostic status.

² Respondents with unknown past year MDE information were excluded.

³ Respondents with unknown impairment data were excluded.

⁴ Illicit Drugs Other Than Marijuana excludes respondents who used only marijuana but includes those who used marijuana in addition to other illicit drugs.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2018 and 2019.

Table 8.41B Level of Mental Illness and Major Depressive Episode (MDE) and MDE with Severe Impairment Status in Past Year among Persons Aged 18 or Older, by Past Year Substance Use Disorder Status and Past Year Substance Use Disorder for Specific Substances: Percentages, 2018 and 2019

Substance Use Disorder Status	Total (2018)	Total (2019)	Any Mental Illness ¹ (2018)	Any Mental Illness ¹ (2019)	Serious Mental Illness ¹ (2018)	Serious Mental Illness ¹ (2019)	Any Mental Illness Excluding Serious Mental Illness ¹ (2018)	Any Mental Illness Excluding Serious Mental Illness ¹ (2019)	No Mental Illness ¹ (2018)	No Mental Illness ¹ (2019)	Had MDE ² (2018)	Had MDE ² (2019)	Had MDE with Severe Impairment ^{2,3} (2018)	Had MDE with Severe Impairment ^{2,3} (2019)	No MDE ² (2018)	No MDE ² (2019)
TOTAL POPULATION	100.0	100.0	19.1 ^a	20.6	4.6 ^a	5.2	14.6 ^a	15.3	80.9 ^a	79.4	7.2 ^a	7.8	4.7 ^a	5.3	92.8 ^a	92.2
ILLICIT DRUGS	100.0	100.0	58.8	61.9	25.8	27.0	33.1	34.9	41.2	38.1	30.6	30.4	22.4	23.7	69.4	69.6
Marijuana	100.0	100.0	54.2	58.6	19.1	21.0	35.0	37.6	45.8	41.4	27.8	27.1	18.3	20.0	72.2	72.9
Cocaine	100.0	100.0	59.8	65.0	33.2	36.0	26.6	29.0	40.2	35.0	32.8	31.8	25.6	26.1	67.2	68.2
Heroin	100.0	100.0	*	*	*	*	*	25.9	*	*	*	*	20.5	*	*	*
Hallucinogens	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Inhalants	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Methamphetamine	100.0	100.0	72.8	69.7	42.6	38.1	30.2	31.5	27.2	30.3	42.2	34.2	32.8	29.6	57.8	65.8
Misuse of Psychotherapeutics	100.0	100.0	69.1	72.4	34.6	40.7	34.4	31.6	30.9	27.6	35.9	43.2	27.9 ^a	36.8	64.1	56.8
Pain Relievers	100.0	100.0	66.7	71.8	29.7 ^a	42.0	37.0	29.8	33.3	28.2	29.3 ^a	41.9	22.2 ^a	35.9	70.7 ^a	58.1
Stimulants	100.0	100.0	74.9	76.9	43.1	37.2	31.8	39.7	25.1	23.1	49.1	42.1	39.7	33.6	50.9	57.9
Tranquilizers or Sedatives	100.0	100.0	81.2	75.3	43.2	50.9	38.0	24.4	18.8	24.7	50.4	54.4	39.5	48.7	49.6	45.6
Tranquilizers	100.0	100.0	84.7	76.7	45.0	52.5	39.7 ^a	24.2	15.3	23.3	51.8	55.5	40.3	49.0	48.2	44.5
Sedatives	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*	*
Benzodiazepines	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--	--
Opioids	100.0	100.0	65.7	69.6	28.6 ^a	40.2	37.1	29.4	34.3	30.4	28.4 ^a	39.9	21.2 ^a	33.3	71.6 ^a	60.1
Illicit Drugs Other Than Marijuana ⁴	100.0	100.0	65.0	67.0	33.4	35.9	31.6	31.1	35.0	33.0	34.9	35.5	27.2	29.5	65.1	64.5
ALCOHOL	100.0	100.0	44.3	45.2	13.7	15.7	30.7	29.5	55.7	54.8	18.5	20.7	12.1	13.7	81.5	79.3
BOTH ILLICIT DRUGS AND ALCOHOL	100.0	100.0	62.9	64.2	28.7	29.1	34.2	35.1	37.1	35.8	34.1	33.4	25.9	25.4	65.9	66.6
ILLICIT DRUGS OR ALCOHOL	100.0	100.0	47.5	49.4	16.4 ^a	18.5	31.1	31.0	52.5	50.6	21.1	23.0	14.3 ^a	16.1	78.9	77.0
ILLICIT DRUGS ONLY	100.0	100.0	56.8	60.9	24.3	26.1	32.5	34.9	43.2	39.1	28.8	29.2	20.6	22.9	71.2	70.8
ALCOHOL ONLY	100.0	100.0	40.4	41.6	10.5 ^a	13.2	29.9	28.5	59.6	58.4	15.3 ^a	18.3	9.3 ^a	11.5	84.7 ^a	81.7
NO SUBSTANCE USE DISORDER	100.0	100.0	16.8 ^a	18.2	3.6 ^a	4.1	13.2 ^a	14.0	83.2 ^a	81.8	6.0 ^a	6.6	3.9 ^a	4.4	94.0 ^a	93.4

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