

**Table 8.40A Major Depressive Episode (MDE) or MDE with Severe Impairment in Past Year among Persons Aged 18 or Older, and Receipt of Treatment for Depression in Past Year among Persons Aged 18 or Older with MDE or MDE with Severe Impairment in Past Year, by Geographic, Socioeconomic, and Health Characteristics: Numbers in Thousands, 2018 and 2019**

Geographic/Socioeconomic/ Health Characteristic	Had MDE (2018)	Had MDE (2019)	Had MDE with Severe Impairment <sup>1</sup> (2018)	Had MDE with Severe Impairment <sup>1</sup> (2019)	Received Treatment for Depression in Past Year among Persons with MDE <sup>2</sup> (2018)	Received Treatment for Depression in Past Year among Persons with MDE <sup>2</sup> (2019)	Received Treatment for Depression in Past Year among Persons with MDE with Severe Impairment <sup>1,2</sup> (2018)	Received Treatment for Depression in Past Year among Persons with MDE with Severe Impairment <sup>1,2</sup> (2019)
<b>TOTAL</b>	17,720 <sup>a</sup>	19,357	11,489 <sup>a</sup>	13,112	11,462 <sup>a</sup>	12,824	7,878 <sup>a</sup>	9,467
<b>GEOGRAPHIC REGION</b>								
Northeast	2,917	3,161	1,840	2,110	2,035	2,227	1,313	1,565
Midwest	4,120	4,344	2,750	2,890	2,773	2,999	1,994	2,141
South	6,166 <sup>a</sup>	6,873	4,147 <sup>a</sup>	4,647	3,880	4,314	2,818	3,203
West	4,516	4,979	2,752 <sup>a</sup>	3,464	2,773	3,284	1,754 <sup>a</sup>	2,559
<b>COUNTY TYPE</b>								
Large Metro	9,356 <sup>a</sup>	10,446	5,838 <sup>a</sup>	7,114	5,865 <sup>a</sup>	6,859	3,826 <sup>a</sup>	5,151
Small Metro	5,798	6,038	3,846	4,131	3,921	4,123	2,788	3,043
Nonmetro	2,566	2,873	1,806	1,866	1,677	1,842	1,264	1,273
<b>POVERTY LEVEL<sup>3</sup></b>								
Less Than 100%	3,636	3,380	2,634	2,521	2,397	2,298	1,840	1,864
100-199%	3,785 <sup>a</sup>	4,537	2,469 <sup>a</sup>	3,251	2,345 <sup>a</sup>	2,892	1,635 <sup>a</sup>	2,217
200% or More	10,198 <sup>a</sup>	11,243	6,318 <sup>a</sup>	7,238	6,684 <sup>a</sup>	7,514	4,375 <sup>a</sup>	5,334
<b>EDUCATION</b>								
< High School	1,821	1,801	1,242	1,359	1,168	1,216	879	969
High School Graduate	4,175	4,373	2,830	2,942	2,450	2,602	1,815	1,949
Some College/Associate's Degree	6,953	7,625	4,699 <sup>a</sup>	5,380	4,539	4,974	3,285 <sup>a</sup>	3,832
College Graduate	4,770 <sup>a</sup>	5,558	2,718 <sup>a</sup>	3,430	3,305 <sup>a</sup>	4,031	1,899 <sup>a</sup>	2,717
<b>HEALTH INSURANCE<sup>4</sup></b>								
Private	10,245 <sup>a</sup>	11,255	6,305 <sup>a</sup>	7,140	6,755 <sup>a</sup>	7,578	4,350 <sup>a</sup>	5,268
Medicaid/CHIP	4,021 <sup>a</sup>	4,578	2,902 <sup>a</sup>	3,414	2,865 <sup>a</sup>	3,410	2,166 <sup>a</sup>	2,727
Other <sup>5</sup>	3,660	4,052	2,522	2,842	2,915	3,080	2,072	2,313
No Coverage	2,219	2,124	1,378	1,543	954	892	685	748
<b>OVERALL HEALTH<sup>6</sup></b>								
Excellent	1,869	2,041	998	1,203	1,039	1,171	578	762
Very Good	5,772	6,184	3,435 <sup>a</sup>	3,936	3,448	3,783	2,161 <sup>a</sup>	2,640
Good	5,622 <sup>a</sup>	6,369	3,636 <sup>a</sup>	4,300	3,655 <sup>a</sup>	4,219	2,440 <sup>a</sup>	3,109
Fair/Poor	4,457	4,758	3,420	3,668	3,319	3,645	2,699	2,952

\* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Respondents with unknown past year Major Depressive Episode (MDE) data were excluded.

<sup>a</sup> The difference between this estimate and the 2019 estimate is statistically significant at the .05 level. Rounding may make the estimates appear identical.

<sup>1</sup> Respondents with unknown impairment data were excluded.

<sup>2</sup> Respondents with unknown past year treatment for depression data were excluded.

<sup>3</sup> Respondents aged 18 to 22 who were living in a college dormitory were excluded.

<sup>4</sup> Respondents could indicate multiple types of health insurance; thus, these response categories are not mutually exclusive.

<sup>5</sup> Other Health Insurance is defined as having Medicare, military-related health care, or any other type of health insurance.

<sup>6</sup> Respondents with unknown health data were excluded.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2018 and 2019.

**Table 8.40B Major Depressive Episode (MDE) or MDE with Severe Impairment in Past Year among Persons Aged 18 or Older, and Receipt of Treatment for Depression in Past Year among Persons Aged 18 or Older with MDE or MDE with Severe Impairment in Past Year, by Geographic, Socioeconomic, and Health Characteristics: Percentages, 2018 and 2019**

Geographic/Socioeconomic/ Health Characteristic	Had MDE (2018)	Had MDE (2019)	Had MDE with Severe Impairment <sup>1</sup> (2018)	Had MDE with Severe Impairment <sup>1</sup> (2019)	Received Treatment for Depression in Past Year among Persons with MDE <sup>2</sup> (2018)	Received Treatment for Depression in Past Year among Persons with MDE <sup>2</sup> (2019)	Received Treatment for Depression in Past Year among Persons with MDE with Severe Impairment <sup>1,2</sup> (2018)	Received Treatment for Depression in Past Year among Persons with MDE with Severe Impairment <sup>1,2</sup> (2019)
<b>TOTAL</b>	7.2 <sup>a</sup>	7.8	4.7 <sup>a</sup>	5.3	64.8	66.3	68.6 <sup>a</sup>	72.2
<b>GEOGRAPHIC REGION</b>								
Northeast	6.7	7.4	4.3	4.9	69.8	70.7	71.3	74.2
Midwest	8.0	8.4	5.3	5.6	67.3	69.0	72.5	74.1
South	6.6 <sup>a</sup>	7.3	4.5	5.0	63.1	62.9	68.0	69.0
West	7.7	8.5	4.7 <sup>a</sup>	5.9	61.5	66.0	63.7 <sup>a</sup>	73.9
<b>COUNTY TYPE</b>								
Large Metro	6.8 <sup>a</sup>	7.6	4.3 <sup>a</sup>	5.1	62.7	65.7	65.5 <sup>a</sup>	72.4
Small Metro	7.9	8.1	5.2	5.5	67.7	68.4	72.5	73.8
Nonmetro	7.2 <sup>a</sup>	8.4	5.1	5.5	65.7	64.3	70.1	68.2
<b>POVERTY LEVEL<sup>3</sup></b>								
Less Than 100%	10.7	10.7	7.8	8.0	66.0	68.3	69.9	74.0
100-199%	7.8 <sup>a</sup>	9.7	5.1 <sup>a</sup>	6.9	62.2	63.9	66.2	68.2
200% or More	6.3	6.7	3.9 <sup>a</sup>	4.3	65.5	66.9	69.2 <sup>a</sup>	73.7
<b>EDUCATION</b>								
< High School	6.0	6.1	4.1	4.6	64.6	67.7	70.7	71.5
High School Graduate	6.9	7.3	4.7	4.9	58.7	59.5	64.2	66.3
Some College/Associate's Degree	9.1 <sup>a</sup>	10.0	6.2 <sup>a</sup>	7.1	65.3	65.4	69.9	71.2
College Graduate	6.1 <sup>a</sup>	6.8	3.5 <sup>a</sup>	4.2	69.3	72.6	69.9 <sup>a</sup>	79.2
<b>HEALTH INSURANCE<sup>4</sup></b>								
Private	6.2 <sup>a</sup>	6.9	3.8 <sup>a</sup>	4.3	65.9	67.4	69.0 <sup>a</sup>	73.8
Medicaid/CHIP	11.2 <sup>a</sup>	13.1	8.1 <sup>a</sup>	9.7	71.3	74.5	74.7	79.9
Other <sup>5</sup>	5.4	5.9	3.7	4.2	79.8	76.2	82.2	81.4
No Coverage	9.2	8.4	5.7	6.1	43.1	42.1	49.7	48.6
<b>OVERALL HEALTH<sup>6</sup></b>								
Excellent	3.6	4.0	1.9	2.4	55.6	57.4	57.9	63.4
Very Good	6.5	6.9	3.9 <sup>a</sup>	4.4	59.7	61.2	62.9	67.1
Good	7.8 <sup>a</sup>	8.7	5.0 <sup>a</sup>	5.9	65.1	66.4	67.2	72.3
Fair/Poor	13.2	14.0	10.1	10.8	74.7	76.8	78.9	80.5

\* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Respondents with unknown past year Major Depressive Episode (MDE) data were excluded.

<sup>a</sup> The difference between this estimate and the 2019 estimate is statistically significant at the .05 level. Rounding may make the estimates appear identical.

<sup>1</sup> Respondents with unknown impairment data were excluded.

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Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2018 and 2019.