

Table 8.38A Major Depressive Episode (MDE) or MDE with Severe Impairment in Past Year among Persons Aged 18 or Older, and Receipt of Treatment for Depression in Past Year among Persons Aged 18 or Older with MDE or MDE with Severe Impairment in Past Year, by Gender and Age Group: Numbers in Thousands, 2018 and 2019

Gender/Age Group	Had MDE (2018)	Had MDE (2019)	Had MDE with Severe Impairment ¹ (2018)	Had MDE with Severe Impairment ¹ (2019)	Received Treatment for Depression in Past Year among Persons with MDE ² (2018)	Received Treatment for Depression in Past Year among Persons with MDE ² (2019)	Received Treatment for Depression in Past Year among Persons with MDE with Severe Impairment ^{1,2} (2018)	Received Treatment for Depression in Past Year among Persons with MDE with Severe Impairment ^{1,2} (2019)
TOTAL	17,720 ^a	19,357	11,489 ^a	13,112	11,462 ^a	12,824	7,878 ^a	9,467
18-25	4,609 ^a	5,045	2,968 ^a	3,407	2,286 ^a	2,565	1,594 ^a	1,921
26 or Older	13,111 ^a	14,312	8,520 ^a	9,705	9,176 ^a	10,258	6,283 ^a	7,546
26-49	7,990 ^a	8,914	5,284 ^a	6,101	5,142 ^a	6,135	3,593 ^a	4,532
50 or Older	5,121	5,399	3,236	3,604	4,034	4,124	2,691	3,014
MALE	6,272 ^a	7,125	4,013 ^a	4,646	3,548	4,041	2,464	2,868
18-25	1,665	1,841	1,087	1,236	674	793	496	599
26 or Older	4,607 ^a	5,284	2,926	3,409	2,875	3,248	1,969	2,268
26-49	2,956	3,271	1,980	2,169	1,660	1,927	1,220	1,369
50 or Older	1,651	2,013	946	1,240	1,215	1,321	*	899
FEMALE	11,447	12,233	7,476 ^a	8,466	7,914 ^a	8,783	5,414 ^a	6,599
18-25	2,943 ^a	3,204	1,881 ^a	2,170	1,612	1,772	1,099 ^a	1,321
26 or Older	8,504	9,028	5,595 ^a	6,296	6,302 ^a	7,011	4,315 ^a	5,278
26-49	5,034 ^a	5,643	3,304 ^a	3,932	3,482 ^a	4,208	2,372 ^a	3,163
50 or Older	3,470	3,386	2,291	2,364	2,819	2,802	1,942	2,115

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Respondents with unknown past year Major Depressive Episode (MDE) data were excluded.

^a The difference between this estimate and the 2019 estimate is statistically significant at the .05 level. Rounding may make the estimates appear identical.

¹ Respondents with unknown impairment data were excluded.

² Respondents with unknown past year treatment for depression data were excluded.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2018 and 2019.

Table 8.38B Major Depressive Episode (MDE) or MDE with Severe Impairment in Past Year among Persons Aged 18 or Older, and Receipt of Treatment for Depression in Past Year among Persons Aged 18 or Older with MDE or MDE with Severe Impairment in Past Year, by Gender and Age Group: Percentages, 2018 and 2019

Gender/Age Group	Had MDE (2018)	Had MDE (2019)	Had MDE with Severe Impairment ¹ (2018)	Had MDE with Severe Impairment ¹ (2019)	Received Treatment for Depression in Past Year among Persons with MDE ² (2018)	Received Treatment for Depression in Past Year among Persons with MDE ² (2019)	Received Treatment for Depression in Past Year among Persons with MDE with Severe Impairment ^{1,2} (2018)	Received Treatment for Depression in Past Year among Persons with MDE with Severe Impairment ^{1,2} (2019)
TOTAL	7.2 ^a	7.8	4.7 ^a	5.3	64.8	66.3	68.6 ^a	72.2
18-25	13.8 ^a	15.2	8.9 ^a	10.3	49.6	50.9	53.7	56.4
26 or Older	6.2 ^a	6.7	4.0 ^a	4.5	70.1	71.8	73.8 ^a	77.8
26-49	8.0 ^a	8.9	5.3 ^a	6.1	64.4 ^a	68.9	68.0 ^a	74.4
50 or Older	4.5	4.7	2.9	3.2	78.9	76.5	83.1	83.6
MALE	5.3 ^a	6.0	3.4 ^a	3.9	56.7	56.8	61.4	61.8
18-25	9.9	11.1	6.5 ^a	7.4	40.5	43.1	45.6	48.5
26 or Older	4.5 ^a	5.1	2.9	3.3	62.6	61.6	67.3	66.7
26-49	6.0	6.6	4.0	4.4	56.3	59.2	61.7	63.3
50 or Older	3.1	3.8	1.8	2.3	73.9	65.6	*	72.5
FEMALE	9.0	9.6	5.9 ^a	6.6	69.2	71.9	72.4 ^a	78.0
18-25	17.6 ^a	19.4	11.3 ^a	13.1	54.8	55.3	58.4	60.9
26 or Older	7.7	8.1	5.1	5.7	74.1	77.7	77.1 ^a	83.8
26-49	10.0 ^a	11.1	6.5 ^a	7.8	69.2 ^a	74.6	71.8 ^a	80.4
50 or Older	5.8	5.6	3.8	3.9	81.3	83.0	84.8	89.5

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Respondents with unknown past year Major Depressive Episode (MDE) data were excluded.

^a The difference between this estimate and the 2019 estimate is statistically significant at the .05 level. Rounding may make the estimates appear identical.

¹ Respondents with unknown impairment data were excluded.

² Respondents with unknown past year treatment for depression data were excluded.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2018 and 2019.

Table 8.39A Major Depressive Episode (MDE) or MDE with Severe Impairment in Past Year among Persons Aged 18 or Older, and Receipt of Treatment for Depression in Past Year among Persons Aged 18 or Older with MDE or MDE with Severe Impairment in Past Year, by Demographic Characteristics: Numbers in Thousands, 2018 and 2019

Demographic Characteristic	Had MDE (2018)	Had MDE (2019)	Had MDE with Severe Impairment ¹ (2018)	Had MDE with Severe Impairment ¹ (2019)	Received Treatment for Depression in Past Year among Persons with MDE ² (2018)	Received Treatment for Depression in Past Year among Persons with MDE ² (2019)	Received Treatment for Depression in Past Year among Persons with MDE with Severe Impairment ^{1,2} (2018)	Received Treatment for Depression in Past Year among Persons with MDE with Severe Impairment ^{1,2} (2019)
TOTAL	17,720 ^a	19,357	11,489 ^a	13,112	11,462 ^a	12,824	7,878 ^a	9,467
GENDER								
Male	6,272 ^a	7,125	4,013 ^a	4,646	3,548	4,041	2,464	2,868
Female	11,447	12,233	7,476 ^a	8,466	7,914 ^a	8,783	5,414 ^a	6,599
HISPANIC ORIGIN AND RACE								
Not Hispanic or Latino	15,225 ^a	16,588	9,970 ^a	11,299	10,118 ^a	11,223	6,972 ^a	8,255
White	12,224 ^a	13,319	7,993 ^a	9,071	8,366 ^a	9,346	5,767 ^a	6,851
Black or African American	1,783	1,841	1,150	1,264	1,090	1,096	740	808
AIAN	125	129	93	109	*	*	*	*
NHOPI	64	34	55	18	*	*	*	*
Asian	593	669	379	427	261	346	*	*
Two or More Races	437	595	299	411	288	359	*	259
Hispanic or Latino	2,495	2,769	1,519	1,813	1,344	1,601	906 ^a	1,212
CURRENT EMPLOYMENT								
Full-Time	7,750 ^a	8,550	4,784 ^a	5,362	4,680	5,148	3,031 ^a	3,569
Part-Time	2,906 ^a	3,404	1,813 ^a	2,339	1,731 ^a	2,112	1,127 ^a	1,614
Unemployed	1,112	1,099	735	774	648	639	465	474
Other ³	5,952	6,304	4,158	4,637	4,403	4,925	3,254	3,810

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¹ Respondents with unknown impairment data were excluded.

² Respondents with unknown past year treatment for depression data were excluded.

³ The Other Employment category includes students, persons keeping house or caring for children full time, retired or disabled persons, or other persons not in the labor force.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2018 and 2019.

Table 8.39B Major Depressive Episode (MDE) or MDE with Severe Impairment in Past Year among Persons Aged 18 or Older, and Receipt of Treatment for Depression in Past Year among Persons Aged 18 or Older with MDE or MDE with Severe Impairment in Past Year, by Demographic Characteristics: Percentages, 2018 and 2019

Demographic Characteristic	Had MDE (2018)	Had MDE (2019)	Had MDE with Severe Impairment ¹ (2018)	Had MDE with Severe Impairment ¹ (2019)	Received Treatment for Depression in Past Year among Persons with MDE ² (2018)	Received Treatment for Depression in Past Year among Persons with MDE ² (2019)	Received Treatment for Depression in Past Year among Persons with MDE with Severe Impairment ^{1,2} (2018)	Received Treatment for Depression in Past Year among Persons with MDE with Severe Impairment ^{1,2} (2019)
TOTAL	7.2 ^a	7.8	4.7 ^a	5.3	64.8	66.3	68.6 ^a	72.2
GENDER								
Male	5.3 ^a	6.0	3.4 ^a	3.9	56.7	56.8	61.4	61.8
Female	9.0	9.6	5.9 ^a	6.6	69.2	71.9	72.4 ^a	78.0
HISPANIC ORIGIN AND RACE								
Not Hispanic or Latino	7.4 ^a	8.0	4.8 ^a	5.5	66.5	67.7	69.9 ^a	73.1
White	7.8 ^a	8.5	5.1 ^a	5.8	68.5	70.2	72.2	75.6
Black or African American	6.1	6.3	4.0	4.3	61.2	59.6	64.3	64.1
AIAN	8.5	9.4	6.4	7.9	*	*	*	*
NHOPI	6.9	3.5	5.9	1.8	*	*	*	*
Asian	4.3	4.7	2.7	3.0	43.9	51.7	*	*
Two or More Races	10.2	13.7	7.0	9.4	65.8	60.3	*	63.0
Hispanic or Latino	6.2	6.8	3.8	4.5	53.9	58.0	59.6	66.9
CURRENT EMPLOYMENT								
Full-Time	6.3 ^a	6.9	3.9 ^a	4.4	60.4	60.3	63.4	66.6
Part-Time	9.1 ^a	10.6	5.7 ^a	7.3	59.6	62.0	62.2	69.0
Unemployed	11.3	11.2	7.5	7.9	58.3	58.4	63.4	61.5
Other ³	7.3	7.7	5.1	5.6	74.2	78.3	78.3	82.2

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