

**Table 8.36A Major Depressive Episode in Past Year among Persons Aged 18 or Older, by Gender and Detailed Age Category: Numbers in Thousands, 2018 and 2019**

<b>Age Category</b>	<b>Total (2018)</b>	<b>Total (2019)</b>	<b>Male (2018)</b>	<b>Male (2019)</b>	<b>Female (2018)</b>	<b>Female (2019)</b>
<b>TOTAL</b>	17,720 <sup>a</sup>	19,357	6,272 <sup>a</sup>	7,125	11,447	12,233
<b>18-25</b>	4,609 <sup>a</sup>	5,045	1,665	1,841	2,943 <sup>a</sup>	3,204
18-20	1,818	2,050	631	736	1,187	1,314
21-25	2,790	2,995	1,034	1,105	1,756	1,890
<b>26 or Older</b>	13,111 <sup>a</sup>	14,312	4,607 <sup>a</sup>	5,284	8,504	9,028
26-49	7,990 <sup>a</sup>	8,914	2,956	3,271	5,034 <sup>a</sup>	5,643
26-29	1,996	2,088	797	852	1,199	1,236
30-34	1,911 <sup>a</sup>	2,259	696	845	1,215	1,414
35-39	1,467	1,705	565	487	902 <sup>a</sup>	1,218
40-44	1,319	1,455	483	532	836	922
45-49	1,295	1,407	415	555	881	852
50 or Older	5,121	5,399	1,651	2,013	3,470	3,386
50-54	1,382	1,364	530	562	852	801
55-59	1,281	1,270	437	452	843	818
60-64	971	1,056	262	307	709	749
65 or Older	1,488	1,709	422	693	1,066	1,017

\* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Respondents with unknown past year Major Depressive Episode (MDE) data were excluded.

<sup>a</sup> The difference between this estimate and the 2019 estimate is statistically significant at the .05 level. Rounding may make the estimates appear identical.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2018 and 2019.

**Table 8.36B Major Depressive Episode in Past Year among Persons Aged 18 or Older, by Gender and Detailed Age Category: Percentages, 2018 and 2019**

Age Category	Total (2018)	Total (2019)	Male (2018)	Male (2019)	Female (2018)	Female (2019)
<b>TOTAL</b>	7.2 <sup>a</sup>	7.8	5.3 <sup>a</sup>	6.0	9.0	9.6
<b>18-25</b>	13.8 <sup>a</sup>	15.2	9.9	11.1	17.6 <sup>a</sup>	19.4
18-20	14.2 <sup>a</sup>	15.8	9.3	11.1	19.6	20.8
21-25	13.5 <sup>a</sup>	14.8	10.3	11.1	16.5 <sup>a</sup>	18.5
<b>26 or Older</b>	6.2 <sup>a</sup>	6.7	4.5 <sup>a</sup>	5.1	7.7	8.1
26-49	8.0 <sup>a</sup>	8.9	6.0	6.6	10.0 <sup>a</sup>	11.1
26-29	11.4	11.7	9.1	9.5	13.7	14.0
30-34	8.7 <sup>a</sup>	10.2	6.4	7.8	10.9	12.6
35-39	6.8	8.0	5.4	4.7	8.2 <sup>a</sup>	11.1
40-44	6.8	7.6	5.0	5.7	8.6	9.5
45-49	6.7	7.0	4.4	5.5	8.9	8.5
50 or Older	4.5	4.7	3.1	3.8	5.8	5.6
50-54	6.8	6.7	5.3	5.6	8.1	7.8
55-59	5.9	6.1	4.4	4.5	7.3	7.5
60-64	4.8	5.2	2.6	3.2	7.1	6.9
65 or Older	2.9	3.3	1.9	3.0	3.8	3.5

\* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Respondents with unknown past year Major Depressive Episode (MDE) data were excluded.

<sup>a</sup> The difference between this estimate and the 2019 estimate is statistically significant at the .05 level. Rounding may make the estimates appear identical.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2018 and 2019.

**Table 8.37A Major Depressive Episode with Severe Impairment in Past Year among Persons Aged 18 or Older, by Gender and Detailed Age Category: Numbers in Thousands, 2018 and 2019**

Age Category	Total (2018)	Total (2019)	Male (2018)	Male (2019)	Female (2018)	Female (2019)
<b>TOTAL</b>	11,489 <sup>a</sup>	13,112	4,013 <sup>a</sup>	4,646	7,476 <sup>a</sup>	8,466
<b>18-25</b>	2,968 <sup>a</sup>	3,407	1,087	1,236	1,881 <sup>a</sup>	2,170
18-20	1,183	1,341	417	482	766	859
21-25	1,785 <sup>a</sup>	2,065	670	754	1,115 <sup>a</sup>	1,311
<b>26 or Older</b>	8,520 <sup>a</sup>	9,705	2,926	3,409	5,595 <sup>a</sup>	6,296
26-49	5,284 <sup>a</sup>	6,101	1,980	2,169	3,304 <sup>a</sup>	3,932
26-29	1,326	1,427	530	558	796	869
30-34	1,259	1,468	480	511	778	957
35-39	973	1,192	366	331	606 <sup>a</sup>	860
40-44	895	1,039	345	401	550	638
45-49	831	976	258	367	573	609
50 or Older	3,236	3,604	946	1,240	2,291	2,364
50-54	976	887	287	341	689	546
55-59	852	886	311	314	541	572
60-64	588	737	128	174	460	563
65 or Older	820	1,094	220	411	601	684

\* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Respondents with unknown past year Major Depressive Episode (MDE) data were excluded.

NOTE: Respondents with unknown impairment data were excluded.

<sup>a</sup> The difference between this estimate and the 2019 estimate is statistically significant at the .05 level. Rounding may make the estimates appear identical.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2018 and 2019.

**Table 8.37B Major Depressive Episode with Severe Impairment in Past Year among Persons Aged 18 or Older, by Gender and Detailed Age Category: Percentages, 2018 and 2019**

Age Category	Total (2018)	Total (2019)	Male (2018)	Male (2019)	Female (2018)	Female (2019)
<b>TOTAL</b>	4.7 <sup>a</sup>	5.3	3.4 <sup>a</sup>	3.9	5.9 <sup>a</sup>	6.6
<b>18-25</b>	8.9 <sup>a</sup>	10.3	6.5 <sup>a</sup>	7.4	11.3 <sup>a</sup>	13.1
18-20	9.2	10.3	6.2	7.2	12.6	13.6
21-25	8.6 <sup>a</sup>	10.2	6.7	7.6	10.5 <sup>a</sup>	12.8
<b>26 or Older</b>	4.0 <sup>a</sup>	4.5	2.9	3.3	5.1	5.7
26-49	5.3 <sup>a</sup>	6.1	4.0	4.4	6.5 <sup>a</sup>	7.8
26-29	7.6	8.0	6.0	6.2	9.1	9.9
30-34	5.7	6.7	4.4	4.7	7.0	8.5
35-39	4.5 <sup>a</sup>	5.6	3.5	3.2	5.5 <sup>a</sup>	7.9
40-44	4.6	5.5	3.6	4.3	5.7	6.6
45-49	4.3	4.9	2.8	3.7	5.8	6.0
50 or Older	2.9	3.2	1.8	2.3	3.8	3.9
50-54	4.8	4.4	2.9	3.4	6.6	5.3
55-59	4.0	4.2	3.1	3.1	4.7	5.3
60-64	2.9	3.6	1.3	1.8	4.6	5.2
65 or Older	1.6	2.1	1.0	1.8	2.2	2.4

\* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Respondents with unknown past year Major Depressive Episode (MDE) data were excluded.

NOTE: Respondents with unknown impairment data were excluded.

<sup>a</sup> The difference between this estimate and the 2019 estimate is statistically significant at the .05 level. Rounding may make the estimates appear identical.

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Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2018 and 2019.