

Table 8.33C Detailed Reasons for Not Receiving Mental Health Services in Past Year among Persons Aged 18 or Older with a Perceived Unmet Need for Mental Health Services in Past Year, by Receipt of Past Year Mental Health Services: Standard Errors of Numbers in Thousands, 2018 and 2019

Reason Did Not Receive Mental Health Services ¹	Total ²		MENTAL HEALTH SERVICES ³			
			Received		Not Received	
	2018	2019	2018	2019	2018	2019
TOTAL POPULATION	337	359	252	270	212	234
Could Not Afford Cost	183	222	126	168	131	136
Might Cause Neighbors/Community to Have Negative Opinion	88	106	59	77	67	70
Might Have Negative Effect on Job	84	101	62	66	57	79
Health Insurance Does Not Cover Any Mental Health Services	91	90	68	68	59	63
Health Insurance Does Not Pay Enough for Mental Health Services	127	129	90	104	92	81
Did Not Know Where to Go for Services	154	166	112	106	102	122
Concerned about Confidentiality	81	95	47	66	68	68
Concerned about Being Committed/Having to Take Medicine	98	109	70	80	67	70
Did Not Feel Need for Treatment at the Time	92	112	66	93	66	65
Thought Could Handle the Problem Without Treatment	168	184	123	126	119	127
Treatment Would Not Help	109	114	83	89	65	72
Did Not Have Time	140	162	103	118	94	103
Did Not Want Others to Find Out	76	80	41	46	64	64
No Transportation/Inconvenient	72	78	59	63	38	42
Some Other Reason ⁴	105	125	87	102	60	76

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Perception of unmet need was asked of all respondents regardless of their mental health. Respondents with unknown perception of unmet need information were excluded.

¹ Respondents could indicate multiple reasons for not receiving mental health services; thus, these response categories are not mutually exclusive.

² The Total column includes respondents with unknown mental health services information.

³ Mental Health Services for adults includes inpatient treatment/counseling, outpatient treatment/counseling, or use of prescription medication for problems with emotions, nerves, or mental health. Respondents with unknown mental health service information were excluded.

⁴ Respondents with unknown or invalid responses to the other-specify question on Some Other Reason for Not Receiving Mental Health Services were classified as not having received treatment/counseling for Some Other Reason.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2018 and 2019.

Table 8.33D Detailed Reasons for Not Receiving Mental Health Services in Past Year among Persons Aged 18 or Older with a Perceived Unmet Need for Mental Health Services in Past Year, by Receipt of Past Year Mental Health Services: Standard Errors of Percentages, 2018 and 2019

Reason Did Not Receive Mental Health Services ¹	Total ²		MENTAL HEALTH SERVICES ³			
			Received		Not Received	
	2018	2019	2018	2019	2018	2019
TOTAL POPULATION	0.00	0.00	0.00	0.00	0.00	0.00
Could Not Afford Cost	1.09	1.03	1.51	1.50	1.47	1.34
Might Cause Neighbors/Community to Have Negative Opinion	0.61	0.61	0.80	0.86	0.94	0.84
Might Have Negative Effect on Job	0.58	0.57	0.83	0.74	0.80	0.94
Health Insurance Does Not Cover Any Mental Health Services	0.60	0.53	0.88	0.76	0.82	0.76
Health Insurance Does Not Pay Enough for Mental Health Services	0.81	0.72	1.15	1.13	1.20	0.96
Did Not Know Where to Go for Services	0.92	0.87	1.34	1.14	1.25	1.27
Concerned about Confidentiality	0.55	0.54	0.66	0.73	0.93	0.82
Concerned about Being Committed/Having to Take Medicine	0.65	0.62	0.93	0.87	0.93	0.82
Did Not Feel Need for Treatment at the Time	0.62	0.64	0.85	1.00	0.94	0.79
Thought Could Handle the Problem Without Treatment	0.99	0.95	1.43	1.29	1.42	1.30
Treatment Would Not Help	0.72	0.67	1.06	0.98	0.91	0.88
Did Not Have Time	0.85	0.87	1.23	1.23	1.19	1.16
Did Not Want Others to Find Out	0.52	0.47	0.56	0.53	0.91	0.77
No Transportation/Inconvenient	0.49	0.45	0.79	0.70	0.55	0.51
Some Other Reason ⁴	0.70	0.71	1.10	1.08	0.84	0.91

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Table 8.33P Detailed Reasons for Not Receiving Mental Health Services in Past Year among Persons Aged 18 or Older with a Perceived Unmet Need for Mental Health Services in Past Year, by Receipt of Past Year Mental Health Services: *P* Values from Tests of Differences of Percentages, 2019 Versus 2018

Reason Did Not Receive Mental Health Services ¹	Total ²		MENTAL HEALTH SERVICES ³			
			Received		Not Received	
	2018	2019	2018	2019	2018	2019
TOTAL POPULATION	da		da		da	
Could Not Afford Cost	0.1586		0.0234		0.7292	
Might Cause Neighbors/Community to Have Negative Opinion	0.6243		0.7334		0.7054	
Might Have Negative Effect on Job	0.6634		0.2253		0.5550	
Health Insurance Does Not Cover Any Mental Health Services	0.7256		0.4712		0.7174	
Health Insurance Does Not Pay Enough for Mental Health Services	0.6048		0.5008		0.1367	
Did Not Know Where to Go for Services	0.9854		0.1342		0.1130	
Concerned about Confidentiality	0.8054		0.3230		0.5967	
Concerned about Being Committed/Having to Take Medicine	0.9911		0.7849		0.7661	
Did Not Feel Need for Treatment at the Time	0.8212		0.5050		0.2701	
Thought Could Handle the Problem Without Treatment	0.3064		0.4743		0.4390	
Treatment Would Not Help	0.7550		0.9619		0.6508	
Did Not Have Time	0.2525		0.1811		0.7779	
Did Not Want Others to Find Out	0.2506		0.8432		0.2213	
No Transportation/Inconvenient	0.5030		0.5385		0.7869	
Some Other Reason ⁴	0.3824		0.2733		0.9959	

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Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2018 and 2019.

Table 8.34C Detailed Reasons for Not Receiving Mental Health Services in Past Year among Persons Aged 18 or Older with Past Year Any Mental Illness and a Perceived Unmet Need for Mental Health Services in Past Year, by Receipt of Past Year Mental Health Services: Standard Errors of Numbers in Thousands, 2018 and 2019

Reason Did Not Receive Mental Health Services ¹	Total ²		MENTAL HEALTH SERVICES ³			
			Received		Not Received	
	2018	2019	2018	2019	2018	2019
TOTAL POPULATION	296	320	227	248	177	195
Could Not Afford Cost	167	208	121	164	113	119
Might Cause Neighbors/Community to Have Negative Opinion	75	98	57	75	52	59
Might Have Negative Effect on Job	77	93	58	66	50	67
Health Insurance Does Not Cover Any Mental Health Services	78	84	56	67	54	52
Health Insurance Does Not Pay Enough for Mental Health Services	116	125	85	101	78	74
Did Not Know Where to Go for Services	142	149	101	96	92	108
Concerned about Confidentiality	69	92	45	64	55	62
Concerned about Being Committed/Having to Take Medicine	92	105	69	79	60	66
Did Not Feel Need for Treatment at the Time	84	80	62	64	57	48
Thought Could Handle the Problem Without Treatment	144	153	112	108	95	104
Treatment Would Not Help	96	102	75	76	56	67
Did Not Have Time	127	138	96	106	81	83
Did Not Want Others to Find Out	66	75	38	45	53	58
No Transportation/Inconvenient	68	75	59	62	33	39
Some Other Reason ⁴	98	103	81	85	56	65

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NOTE: Any Mental Illness (AMI) aligns with DSM-IV criteria and is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder. These mental illness estimates are based on a predictive model and are not direct measures of diagnostic status.

NOTE: Perception of unmet need was asked of all respondents regardless of their mental health. Respondents with unknown perception of unmet need information were excluded.

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Table 8.34D Detailed Reasons for Not Receiving Mental Health Services in Past Year among Persons Aged 18 or Older with Past Year Any Mental Illness and a Perceived Unmet Need for Mental Health Services in Past Year, by Receipt of Past Year Mental Health Services: Standard Errors of Percentages, 2018 and 2019

Reason Did Not Receive Mental Health Services ¹	Total ²		MENTAL HEALTH SERVICES ³			
			Received		Not Received	
	2018	2019	2018	2019	2018	2019
TOTAL POPULATION	0.00	0.00	0.00	0.00	0.00	0.00
Could Not Afford Cost	1.22	1.13	1.68	1.57	1.70	1.59
Might Cause Neighbors/Community to Have Negative Opinion	0.66	0.70	0.90	0.96	1.00	0.98
Might Have Negative Effect on Job	0.67	0.64	0.92	0.84	0.98	1.08
Health Insurance Does Not Cover Any Mental Health Services	0.65	0.60	0.87	0.85	1.01	0.86
Health Insurance Does Not Pay Enough for Mental Health Services	0.93	0.86	1.26	1.25	1.41	1.20
Did Not Know Where to Go for Services	1.07	0.95	1.44	1.18	1.51	1.49
Concerned about Confidentiality	0.60	0.65	0.75	0.82	1.04	1.01
Concerned about Being Committed/Having to Take Medicine	0.78	0.72	1.08	0.97	1.13	1.04
Did Not Feel Need for Treatment at the Time	0.71	0.58	0.94	0.82	1.11	0.79
Thought Could Handle the Problem Without Treatment	1.04	1.00	1.50	1.30	1.57	1.47
Treatment Would Not Help	0.80	0.74	1.12	0.97	1.08	1.09
Did Not Have Time	0.97	0.91	1.34	1.26	1.39	1.26
Did Not Want Others to Find Out	0.57	0.54	0.61	0.59	1.01	0.95
No Transportation/Inconvenient	0.58	0.54	0.91	0.79	0.63	0.65
Some Other Reason ⁴	0.82	0.72	1.19	1.01	1.08	1.07

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NOTE: Any Mental Illness (AMI) aligns with DSM-IV criteria and is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder. These mental illness estimates are based on a predictive model and are not direct measures of diagnostic status.

NOTE: Perception of unmet need was asked of all respondents regardless of their mental health. Respondents with unknown perception of unmet need information were excluded.

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Table 8.34P Detailed Reasons for Not Receiving Mental Health Services in Past Year among Persons Aged 18 or Older with Past Year Any Mental Illness and a Perceived Unmet Need for Mental Health Services in Past Year, by Receipt of Past Year Mental Health Services: *P* Values from Tests of Differences of Percentages, 2019 Versus 2018

Reason Did Not Receive Mental Health Services ¹	Total ²		MENTAL HEALTH SERVICES ³			
			Received		Not Received	
	2018	2019	2018	2019	2018	2019
TOTAL POPULATION	da		da		da	
Could Not Afford Cost	0.1379		0.0126		0.5803	
Might Cause Neighbors/Community to Have Negative Opinion	0.6346		0.6535		0.8162	
Might Have Negative Effect on Job	0.6428		0.2807		0.6118	
Health Insurance Does Not Cover Any Mental Health Services	0.8445		0.8816		0.9645	
Health Insurance Does Not Pay Enough for Mental Health Services	0.5957		0.9474		0.4787	
Did Not Know Where to Go for Services	0.8844		0.0818		0.0743	
Concerned about Confidentiality	0.6643		0.3412		0.7684	
Concerned about Being Committed/Having to Take Medicine	0.8640		0.8778		0.6305	
Did Not Feel Need for Treatment at the Time	0.3166		0.8090		0.2230	
Thought Could Handle the Problem Without Treatment	0.5745		0.6633		0.6939	
Treatment Would Not Help	0.4485		0.7852		0.3827	
Did Not Have Time	0.7465		0.3350		0.5057	
Did Not Want Others to Find Out	0.6188		0.8567		0.4744	
No Transportation/Inconvenient	0.3593		0.7111		0.2665	
Some Other Reason ⁴	0.8580		0.4777		0.2023	

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Table 8.35C Detailed Reasons for Not Receiving Mental Health Services in Past Year among Persons Aged 18 or Older with Past Year Serious Mental Illness and a Perceived Unmet Need for Mental Health Services in Past Year, by Receipt of Past Year Mental Health Services: Standard Errors of Numbers in Thousands, 2018 and 2019

Reason Did Not Receive Mental Health Services ¹	Total ²		MENTAL HEALTH SERVICES ³			
			Received		Not Received	
	2018	2019	2018	2019	2018	2019
TOTAL POPULATION	181	218	151	179	106	115
Could Not Afford Cost	117	150	91	120	74	80
Might Cause Neighbors/Community to Have Negative Opinion	57	74	44	64	39	37
Might Have Negative Effect on Job	59	71	48	55	33	46
Health Insurance Does Not Cover Any Mental Health Services	60	55	47	46	39	30
Health Insurance Does Not Pay Enough for Mental Health Services	84	85	62	72	56	43
Did Not Know Where to Go for Services	105	99	81	73	59	69
Concerned about Confidentiality	55	72	38	51	40	47
Concerned about Being Committed/Having to Take Medicine	73	78	57	64	45	44
Did Not Feel Need for Treatment at the Time	56	48	47	38	32	30
Thought Could Handle the Problem Without Treatment	84	105	66	79	51	67
Treatment Would Not Help	61	74	47	59	38	43
Did Not Have Time	79	91	65	74	44	51
Did Not Want Others to Find Out	50	52	31	36	38	36
No Transportation/Inconvenient	55	55	49	46	24	26
Some Other Reason ⁴	72	83	60	71	41	41

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Reason Did Not Receive Mental Health Services ¹	Total ²		MENTAL HEALTH SERVICES ³			
			Received		Not Received	
	2018	2019	2018	2019	2018	2019
TOTAL POPULATION	0.00	0.00	0.00	0.00	0.00	0.00
Could Not Afford Cost	1.82	1.76	2.25	2.20	2.67	2.75
Might Cause Neighbors/Community to Have Negative Opinion	1.04	1.13	1.28	1.46	1.94	1.72
Might Have Negative Effect on Job	1.09	1.09	1.39	1.28	1.68	2.15
Health Insurance Does Not Cover Any Mental Health Services	1.11	0.84	1.38	1.05	1.96	1.40
Health Insurance Does Not Pay Enough for Mental Health Services	1.49	1.26	1.76	1.59	2.63	2.02
Did Not Know Where to Go for Services	1.76	1.43	2.13	1.64	2.69	2.75
Concerned about Confidentiality	1.02	1.10	1.16	1.18	1.95	2.11
Concerned about Being Committed/Having to Take Medicine	1.32	1.21	1.64	1.47	2.16	2.08
Did Not Feel Need for Treatment at the Time	1.04	0.73	1.37	0.89	1.64	1.35
Thought Could Handle the Problem Without Treatment	1.40	1.48	1.79	1.76	2.32	2.66
Treatment Would Not Help	1.13	1.11	1.36	1.36	1.92	1.92
Did Not Have Time	1.37	1.29	1.79	1.59	2.05	2.16
Did Not Want Others to Find Out	0.93	0.81	0.95	0.85	1.87	1.66
No Transportation/Inconvenient	1.02	0.84	1.41	1.07	1.21	1.24
Some Other Reason ⁴	1.31	1.22	1.69	1.56	2.04	1.88

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			Received		Not Received	
	2018	2019	2018	2019	2018	2019
TOTAL POPULATION	da		da		da	
Could Not Afford Cost	0.7572		0.2907		0.4341	
Might Cause Neighbors/Community to Have Negative Opinion	0.3025		0.4233		0.5588	
Might Have Negative Effect on Job	0.6958		0.2066		0.2637	
Health Insurance Does Not Cover Any Mental Health Services	0.1428		0.1041		0.8576	
Health Insurance Does Not Pay Enough for Mental Health Services	0.3010		0.4364		0.5267	
Did Not Know Where to Go for Services	0.3964		0.0631		0.1847	
Concerned about Confidentiality	0.8377		0.9202		0.9580	
Concerned about Being Committed/Having to Take Medicine	0.7545		0.6341		0.7800	
Did Not Feel Need for Treatment at the Time	0.3529		0.3892		0.7379	
Thought Could Handle the Problem Without Treatment	0.4422		0.5210		0.5783	
Treatment Would Not Help	0.8566		0.6299		0.7576	
Did Not Have Time	0.8221		0.8537		0.9219	
Did Not Want Others to Find Out	0.1721		0.8121		0.1160	
No Transportation/Inconvenient	0.6119		0.2554		0.3621	
Some Other Reason ⁴	0.4261		0.4580		0.8498	

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