

Table 8.28C Perceived Unmet Need for Mental Health Services in Past Year among Persons Aged 18 or Older, by Receipt of Past Year Mental Health Services and Geographic and Socioeconomic Characteristics: Standard Errors of Numbers in Thousands, 2018 and 2019

Geographic/Socioeconomic Characteristic	Total ¹		MENTAL HEALTH SERVICES ²			
			Received		Not Received	
	2018	2019	2018	2019	2018	2019
TOTAL	322	349	252	270	212	234
GEOGRAPHIC REGION						
Northeast	142	133	110	104	77	87
Midwest	148	134	106	113	98	89
South	191	227	140	174	132	151
West	165	175	137	138	115	124
COUNTY TYPE						
Large Metro	261	285	185	215	178	185
Small Metro	190	185	149	145	102	117
Nonmetro	117	127	86	87	64	80
Urbanized	79	90	54	63	50	61
Less Urbanized	77	79	60	57	38	46
Completely Rural	39	28	31	16	17	20
POVERTY LEVEL³						
Less Than 100%	152	144	119	110	80	84
100-199%	145	177	106	136	97	110
200% or More	257	274	193	197	169	188
EDUCATION						
< High School	106	103	91	84	56	63
High School Graduate	135	156	94	122	91	98
Some College/Associate's Degree	209	211	159	148	126	138
College Graduate	195	214	146	154	135	147
HEALTH INSURANCE⁴						
Private	262	283	190	199	169	189
Medicaid/CHIP	150	171	123	147	88	88
Other ⁵	153	150	132	132	82	81
No Coverage	108	117	74	70	80	92

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Perception of unmet need was asked of all respondents regardless of their mental health. Respondents with unknown perception of unmet need information were excluded.

¹ The Total column includes respondents with unknown mental health services information.

² Mental Health Services for adults includes inpatient treatment/counseling, outpatient treatment/counseling, or use of prescription medication for problems with emotions, nerves, or mental health. Respondents with unknown mental health service information were excluded.

³ Respondents aged 18 to 22 who were living in a college dormitory were excluded.

⁴ Respondents could indicate multiple types of health insurance; thus, these response categories are not mutually exclusive.

⁵ Other Health Insurance is defined as having Medicare, military-related health care, or any other type of health insurance.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2018 and 2019.

Table 8.28D Perceived Unmet Need for Mental Health Services in Past Year among Persons Aged 18 or Older, by Receipt of Past Year Mental Health Services and Geographic and Socioeconomic Characteristics: Standard Errors of Percentages, 2018 and 2019

Geographic/Socioeconomic Characteristic	Total ¹		MENTAL HEALTH SERVICES ²			
			Received		Not Received	
	2018	2019	2018	2019	2018	2019
TOTAL	0.13	0.14	0.62	0.61	0.10	0.11
GEOGRAPHIC REGION						
Northeast	0.33	0.30	1.41	1.30	0.22	0.23
Midwest	0.29	0.26	1.07	1.04	0.23	0.21
South	0.20	0.24	1.05	1.14	0.16	0.18
West	0.28	0.30	1.40	1.29	0.23	0.24
COUNTY TYPE						
Large Metro	0.18	0.19	0.88	0.88	0.15	0.15
Small Metro	0.24	0.23	1.03	1.02	0.16	0.18
Nonmetro	0.30	0.34	1.37	1.30	0.20	0.26
Urbanized	0.44	0.57	1.86	2.04	0.34	0.50
Less Urbanized	0.42	0.45	2.22	1.82	0.26	0.33
Completely Rural	1.04	0.59	4.53	3.00	0.56	0.55
POVERTY LEVEL³						
Less Than 100%	0.41	0.42	1.71	1.72	0.27	0.31
100-199%	0.29	0.36	1.53	1.61	0.22	0.28
200% or More	0.15	0.15	0.71	0.65	0.12	0.13
EDUCATION						
< High School	0.34	0.35	2.58	2.27	0.21	0.24
High School Graduate	0.22	0.25	1.23	1.42	0.17	0.19
Some College/Associate's Degree	0.26	0.26	1.10	0.97	0.19	0.21
College Graduate	0.23	0.25	1.00	0.93	0.20	0.21
HEALTH INSURANCE⁴						
Private	0.15	0.16	0.70	0.69	0.12	0.13
Medicaid/CHIP	0.41	0.45	1.57	1.54	0.30	0.32
Other ⁵	0.23	0.22	1.19	1.15	0.14	0.14
No Coverage	0.44	0.43	3.01	2.79	0.35	0.38

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NOTE: Perception of unmet need was asked of all respondents regardless of their mental health. Respondents with unknown perception of unmet need information were excluded.

¹ The Total column includes respondents with unknown mental health services information.

² Mental Health Services for adults includes inpatient treatment/counseling, outpatient treatment/counseling, or use of prescription medication for problems with emotions, nerves, or mental health. Respondents with unknown mental health service information were excluded.

³ Respondents aged 18 to 22 who were living in a college dormitory were excluded.

⁴ Respondents could indicate multiple types of health insurance; thus, these response categories are not mutually exclusive.

⁵ Other Health Insurance is defined as having Medicare, military-related health care, or any other type of health insurance.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2018 and 2019.

Table 8.28P Perceived Unmet Need for Mental Health Services in Past Year among Persons Aged 18 or Older, by Receipt of Past Year Mental Health Services and Geographic and Socioeconomic Characteristics: *P* Values from Tests of Differences of Percentages, 2019 Versus 2018

Geographic/Socioeconomic Characteristic	Total ¹		MENTAL HEALTH SERVICES ²			
			Received		Not Received	
	2018	2019	2018	2019	2018	2019
TOTAL	0.0000		0.0719		0.0001	
GEOGRAPHIC REGION						
Northeast	0.2800		0.9754		0.1194	
Midwest	0.0021		0.0737		0.1108	
South	0.0037		0.0892		0.0634	
West	0.0062		0.9924		0.0058	
COUNTY TYPE						
Large Metro	0.0004		0.0492		0.0761	
Small Metro	0.0152		0.8060		0.0015	
Nonmetro	0.0077		0.6604		0.0028	
Urbanized	0.0149		0.1818		0.0929	
Less Urbanized	0.0737		0.4961		0.0058	
Completely Rural	0.9793		0.8826		0.3810	
POVERTY LEVEL³						
Less Than 100%	0.2989		0.2467		0.8992	
100-199%	0.0004		0.2156		0.0397	
200% or More	0.0002		0.3347		0.0003	
EDUCATION						
< High School	0.5109		0.7225		0.3188	
High School Graduate	0.0017		0.0597		0.1066	
Some College/Associate's Degree	0.0188		0.8679		0.0025	
College Graduate	0.0010		0.0289		0.0915	
HEALTH INSURANCE⁴						
Private	0.0000		0.0280		0.0000	
Medicaid/CHIP	0.0202		0.9597		0.2333	
Other ⁵	0.8069		0.7453		0.6655	
No Coverage	0.7281		0.9214		0.4949	

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Perception of unmet need was asked of all respondents regardless of their mental health. Respondents with unknown perception of unmet need information were excluded.

¹ The Total column includes respondents with unknown mental health services information.

² Mental Health Services for adults includes inpatient treatment/counseling, outpatient treatment/counseling, or use of prescription medication for problems with emotions, nerves, or mental health. Respondents with unknown mental health service information were excluded.

³ Respondents aged 18 to 22 who were living in a college dormitory were excluded.

⁴ Respondents could indicate multiple types of health insurance; thus, these response categories are not mutually exclusive.

⁵ Other Health Insurance is defined as having Medicare, military-related health care, or any other type of health insurance.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2018 and 2019.

Table 8.30C Perceived Unmet Need for Mental Health Services in Past Year among Persons Aged 18 or Older with Past Year Any Mental Illness, by Receipt of Past Year Mental Health Services and Geographic and Socioeconomic Characteristics: Standard Errors of Numbers in Thousands, 2018 and 2019

Geographic/Socioeconomic Characteristic	Total ¹		MENTAL HEALTH SERVICES ²			
			Received		Not Received	
	2018	2019	2018	2019	2018	2019
TOTAL	296	320	227	248	177	195
GEOGRAPHIC REGION						
Northeast	120	121	95	96	63	67
Midwest	129	133	96	108	79	76
South	173	206	124	148	111	126
West	159	162	131	132	94	111
COUNTY TYPE						
Large Metro	227	259	166	203	146	158
Small Metro	171	150	137	118	83	94
Nonmetro	100	114	74	83	58	70
Urbanized	67	80	46	60	44	53
Less Urbanized	67	73	54	55	35	42
Completely Rural	36	25	*	15	*	16
POVERTY LEVEL³						
Less Than 100%	137	131	109	103	72	73
100-199%	127	153	98	118	81	94
200% or More	219	247	168	186	140	157
EDUCATION						
< High School	90	93	78	82	48	49
High School Graduate	124	132	87	97	81	90
Some College/Associate's Degree	186	191	146	143	113	116
College Graduate	160	187	124	144	103	120
HEALTH INSURANCE⁴						
Private	222	247	171	181	134	161
Medicaid/CHIP	139	148	119	127	77	76
Other ⁵	127	130	109	114	67	59
No Coverage	98	107	72	68	69	80

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Perception of unmet need was asked of all respondents regardless of their mental health. Respondents with unknown perception of unmet need information were excluded.

NOTE: Any Mental Illness (AMI) aligns with DSM-IV criteria and is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder. These mental illness estimates are based on a predictive model and are not direct measures of diagnostic status.

¹ The Total column includes respondents with unknown mental health services information.

² Mental Health Services for adults includes inpatient treatment/counseling, outpatient treatment/counseling, or use of prescription medication for problems with emotions, nerves, or mental health. Respondents with unknown mental health service information were excluded.

³ Respondents aged 18 to 22 who were living in a college dormitory were excluded.

⁴ Respondents could indicate multiple types of health insurance; thus, these response categories are not mutually exclusive.

⁵ Other Health Insurance is defined as having Medicare, military-related health care, or any other type of health insurance.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2018 and 2019.

Table 8.30D Perceived Unmet Need for Mental Health Services in Past Year among Persons Aged 18 or Older with Past Year Any Mental Illness, by Receipt of Past Year Mental Health Services and Geographic and Socioeconomic Characteristics: Standard Errors of Percentages, 2018 and 2019

Geographic/Socioeconomic Characteristic	Total ¹		MENTAL HEALTH SERVICES ²			
			Received		Not Received	
	2018	2019	2018	2019	2018	2019
TOTAL	0.54	0.57	0.93	0.92	0.63	0.65
GEOGRAPHIC REGION						
Northeast	1.31	1.28	2.14	2.14	1.42	1.44
Midwest	1.07	1.02	1.70	1.55	1.38	1.25
South	0.89	0.97	1.57	1.65	1.05	1.08
West	1.16	1.13	2.12	2.02	1.27	1.39
COUNTY TYPE						
Large Metro	0.76	0.79	1.32	1.35	0.93	0.93
Small Metro	0.92	0.88	1.56	1.47	0.95	1.03
Nonmetro	1.29	1.25	2.10	2.02	1.49	1.57
Urbanized	1.74	1.94	3.02	2.99	2.19	2.88
Less Urbanized	1.96	1.61	3.28	2.85	2.19	1.91
Completely Rural	4.43	3.49	*	5.32	*	4.00
POVERTY LEVEL³						
Less Than 100%	1.31	1.35	2.17	2.23	1.37	1.44
100-199%	1.15	1.16	2.14	2.02	1.22	1.33
200% or More	0.69	0.71	1.13	1.11	0.85	0.87
EDUCATION						
< High School	1.53	1.58	3.43	3.31	1.27	1.42
High School Graduate	1.06	1.03	1.85	1.90	1.14	1.21
Some College/Associate's Degree	0.94	0.89	1.51	1.43	1.11	1.04
College Graduate	1.03	1.03	1.65	1.55	1.35	1.36
HEALTH INSURANCE⁴						
Private	0.69	0.74	1.15	1.12	0.83	0.89
Medicaid/CHIP	1.21	1.18	2.03	1.88	1.33	1.28
Other ⁵	1.08	1.10	1.91	1.85	1.09	1.03
No Coverage	1.62	1.60	3.55	3.38	1.69	1.70

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NOTE: Perception of unmet need was asked of all respondents regardless of their mental health. Respondents with unknown perception of unmet need information were excluded.

NOTE: Any Mental Illness (AMI) aligns with DSM-IV criteria and is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder. These mental illness estimates are based on a predictive model and are not direct measures of diagnostic status.

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Table 8.30P Perceived Unmet Need for Mental Health Services in Past Year among Persons Aged 18 or Older with Past Year Any Mental Illness, by Receipt of Past Year Mental Health Services and Geographic and Socioeconomic Characteristics: *P* Values from Tests of Differences of Percentages, 2019 Versus 2018

Geographic/Socioeconomic Characteristic	Total ¹		MENTAL HEALTH SERVICES ²	
			Received	Not Received
	2018	2019	2018	2019
TOTAL	0.0017		0.0766	0.0169
GEOGRAPHIC REGION				
Northeast	0.7944		0.4887	0.2815
Midwest	0.0634		0.1281	0.4171
South	0.0921		0.0725	0.6289
West	0.0263		0.5766	0.0209
COUNTY TYPE				
Large Metro	0.0039		0.0305	0.1574
Small Metro	0.4139		0.8278	0.0949
Nonmetro	0.1358		0.5368	0.1761
Urbanized	0.0240		0.3310	0.1133
Less Urbanized	0.8586		0.7454	0.7889
Completely Rural	0.5950		*	*
POVERTY LEVEL³				
Less Than 100%	0.5734		0.1792	0.4545
100-199%	0.0717		0.8919	0.0635
200% or More	0.0105		0.1534	0.0338
EDUCATION				
< High School	0.5829		0.8921	0.9956
High School Graduate	0.0630		0.1309	0.2658
Some College/Associate's Degree	0.1961		0.9307	0.0604
College Graduate	0.0347		0.0574	0.4166
HEALTH INSURANCE⁴				
Private	0.0001		0.0134	0.0015
Medicaid/CHIP	0.6714		0.7091	0.6331
Other ⁵	0.7078		0.9905	0.9049
No Coverage	0.8832		0.7258	0.8409

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NOTE: Perception of unmet need was asked of all respondents regardless of their mental health. Respondents with unknown perception of unmet need information were excluded.

NOTE: Any Mental Illness (AMI) aligns with DSM-IV criteria and is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder. The mental illness estimates that are used in the comparisons are based on a predictive model and are not direct measures of diagnostic status.

¹ The Total column includes respondents with unknown mental health services information.

² Mental Health Services for adults includes inpatient treatment/counseling, outpatient treatment/counseling, or use of prescription medication for problems with emotions, nerves, or mental health. Respondents with unknown mental health service information were excluded.

³ Respondents aged 18 to 22 who were living in a college dormitory were excluded.

⁴ Respondents could indicate multiple types of health insurance; thus, these response categories are not mutually exclusive.

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Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2018 and 2019.

Table 8.32C Perceived Unmet Need for Mental Health Services in Past Year among Persons Aged 18 or Older with Past Year Serious Mental Illness, by Receipt of Past Year Mental Health Services and Geographic and Socioeconomic Characteristics: Standard Errors of Numbers in Thousands, 2018 and 2019

Geographic/Socioeconomic Characteristic	Total ¹		MENTAL HEALTH SERVICES ²			
			Received		Not Received	
	2018	2019	2018	2019	2018	2019
TOTAL	181	218	151	179	106	115
GEOGRAPHIC REGION						
Northeast	77	89	67	81	33	36
Midwest	88	97	73	80	52	51
South	105	137	86	106	62	73
West	97	104	77	92	59	63
COUNTY TYPE						
Large Metro	133	177	102	150	82	84
Small Metro	107	100	97	82	50	58
Nonmetro	70	79	55	60	39	48
Urbanized	41	50	30	36	*	*
Less Urbanized	53	58	43	45	*	*
Completely Rural	*	*	*	*	*	*
POVERTY LEVEL³						
Less Than 100%	97	88	84	74	45	41
100-199%	83	117	70	97	49	63
200% or More	129	159	104	130	81	86
EDUCATION						
< High School	56	76	60	71	*	26
High School Graduate	90	95	65	75	56	59
Some College/Associate's Degree	118	143	102	110	63	79
College Graduate	89	112	70	99	58	53
HEALTH INSURANCE⁴						
Private	126	153	100	128	78	87
Medicaid/CHIP	98	115	90	103	41	47
Other ⁵	83	98	76	93	31	34
No Coverage	76	74	60	55	47	50

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NOTE: Perception of unmet need was asked of all respondents regardless of their mental health. Respondents with unknown perception of unmet need information were excluded.

NOTE: Serious Mental Illness (SMI) aligns with DSM-IV criteria and is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder. Estimates of SMI are a subset of estimates of any mental illness (AMI) because SMI is limited to persons with AMI that resulted in serious functional impairment.

These mental illness estimates are based on a predictive model and are not direct measures of diagnostic status.

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Table 8.32D Perceived Unmet Need for Mental Health Services in Past Year among Persons Aged 18 or Older with Past Year Serious Mental Illness, by Receipt of Past Year Mental Health Services and Geographic and Socioeconomic Characteristics: Standard Errors of Percentages, 2018 and 2019

Geographic/Socioeconomic Characteristic	Total ¹		MENTAL HEALTH SERVICES ²			
			Received		Not Received	
	2018	2019	2018	2019	2018	2019
TOTAL	1.31	1.26	1.71	1.60	2.04	2.03
GEOGRAPHIC REGION						
Northeast	3.46	3.40	4.44	4.16	4.55	5.89
Midwest	2.53	2.46	3.16	2.92	3.87	4.30
South	2.30	2.15	2.86	2.80	3.66	3.10
West	2.48	2.51	3.34	3.47	3.92	3.99
COUNTY TYPE						
Large Metro	1.86	1.93	2.41	2.44	2.87	3.05
Small Metro	2.13	1.84	2.83	2.42	3.35	3.13
Nonmetro	3.19	2.87	4.11	3.48	5.26	4.71
Urbanized	4.68	3.89	5.75	4.41	*	*
Less Urbanized	4.54	4.41	5.65	5.54	*	*
Completely Rural	*	*	*	*	*	*
POVERTY LEVEL³						
Less Than 100%	2.86	2.55	3.57	3.32	4.32	4.14
100-199%	2.75	2.64	3.53	3.49	4.27	4.17
200% or More	1.74	1.73	2.23	2.09	2.75	2.87
EDUCATION						
< High School	4.10	4.29	5.88	5.72	*	5.22
High School Graduate	2.74	2.45	3.54	3.27	3.87	4.02
Some College/Associate's Degree	1.94	1.87	2.48	2.37	3.16	2.98
College Graduate	2.67	2.47	3.19	2.99	4.69	4.67
HEALTH INSURANCE⁴						
Private	1.74	1.71	2.22	2.08	2.79	2.88
Medicaid/CHIP	2.57	2.49	3.20	2.99	4.13	4.09
Other ⁵	3.17	3.01	3.73	3.60	5.15	5.22
No Coverage	3.45	3.09	4.13	4.16	4.92	4.24

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Table 8.32P Perceived Unmet Need for Mental Health Services in Past Year among Persons Aged 18 or Older with Past Year Serious Mental Illness, by Receipt of Past Year Mental Health Services and Geographic and Socioeconomic Characteristics: P Values from Tests of Differences of Percentages, 2019 Versus 2018

Geographic/Socioeconomic Characteristic	Total ¹		MENTAL HEALTH SERVICES ²	
			Received	Not Received
	2018	2019	2018	2019
TOTAL	0.1550		0.1026	0.9333
GEOGRAPHIC REGION				
Northeast	0.4370		0.7881	0.3327
Midwest	0.9886		0.6046	0.4135
South	0.2973		0.0656	0.4123
West	0.3427		0.7538	0.2506
COUNTY TYPE				
Large Metro	0.0787		0.0151	0.5280
Small Metro	0.7307		0.4817	0.6311
Nonmetro	0.4849		0.7439	0.3910
Urbanized	0.0894		0.1092	*
Less Urbanized	0.5047		0.1980	*
Completely Rural	*		*	*
POVERTY LEVEL³				
Less Than 100%	0.4954		0.1646	0.3838
100-199%	0.7637		0.8762	0.4677
200% or More	0.2278		0.1332	0.9316
EDUCATION				
< High School	0.4438		0.2933	*
High School Graduate	0.4995		0.2552	0.8235
Some College/Associate's Degree	0.9541		0.7224	0.7030
College Graduate	0.1116		0.0516	0.9497
HEALTH INSURANCE⁴				
Private	0.0163		0.0264	0.2933
Medicaid/CHIP	0.9655		0.9437	0.9231
Other ⁵	0.9058		0.9666	0.6259
No Coverage	0.2793		0.6450	0.4156

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Perception of unmet need was asked of all respondents regardless of their mental health. Respondents with unknown perception of unmet need information were excluded.

NOTE: Serious Mental Illness (SMI) aligns with DSM-IV criteria and is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder. Estimates of SMI that are used in the comparisons are a subset of estimates of any mental illness (AMI) because SMI is limited to persons with AMI that resulted in serious functional impairment. The mental illness estimates that are used in the comparisons are based on a predictive model and are not direct measures of diagnostic status.

¹ The Total column includes respondents with unknown mental health services information.

² Mental Health Services for adults includes inpatient treatment/counseling, outpatient treatment/counseling, or use of prescription medication for problems with emotions, nerves, or mental health. Respondents with unknown mental health service information were excluded.

³ Respondents aged 18 to 22 who were living in a college dormitory were excluded.

⁴ Respondents could indicate multiple types of health insurance; thus, these response categories are not mutually exclusive.

⁵ Other Health Insurance is defined as having Medicare, military-related health care, or any other type of health insurance.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2018 and 2019.