

Table 8.26A Sources of Payment for Outpatient Mental Health Services among Persons Aged 18 or Older Who Received Outpatient Mental Health Services in Past Year, by Age Group: Numbers in Thousands, 2018 and 2019

Source of Payment ¹	Aged 18+ (2018)	Aged 18+ (2019)	Aged 18-25 (2018)	Aged 18-25 (2019)	Aged 26+ (2018)	Aged 26+ (2019)	Aged 26-49 (2018)	Aged 26-49 (2019)	Aged 50+ (2018)	Aged 50+ (2019)
Self or Family Member Living in Household	7,310	7,542	1,371	1,473	5,939	6,069	3,523 ^a	3,964	2,416	2,106
Family Member Not Living in Household	621	683	338	324	283	359	234	258	49	100
Private Health Insurance	7,889	7,772	1,114	1,153	6,775	6,619	3,731	3,914	3,045	2,704
Medicare	2,837	3,250	212	227	2,625	3,023	710 ^a	913	1,915	2,110
Medicaid	2,318	2,604	322	297	1,996	2,307	1,249	1,484	747	823
Rehabilitation Program	30	30	9	6	21	24	21	18	*	7
Employer	1,289	1,346	105	86	1,184	1,260	646	821	538	439
VA or Other Military Program	1,083	951	32	38	1,051	913	400	392	652	521
Other Public Source	462	545	63 ^a	116	399	429	211	302	187	126
Other Private Source	275	220	42	55	233	164	131	98	103	66
Free Treatment	886 ^a	1,156	344	444	542	712	360	459	182	253

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Respondents with unknown mental health services information were excluded.

^a The difference between this estimate and the 2019 estimate is statistically significant at the .05 level. Rounding may make the estimates appear identical.

¹ Respondents could indicate multiple sources of payment for outpatient mental health services; thus, these response categories are not mutually exclusive.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2018 and 2019.

Table 8.26B Sources of Payment for Outpatient Mental Health Services among Persons Aged 18 or Older Who Received Outpatient Mental Health Services in Past Year, by Age Group: Percentages, 2018 and 2019

Source of Payment ¹	Aged 18+ (2018)	Aged 18+ (2019)	Aged 18-25 (2018)	Aged 18-25 (2019)	Aged 26+ (2018)	Aged 26+ (2019)	Aged 26-49 (2018)	Aged 26-49 (2019)	Aged 50+ (2018)	Aged 50+ (2019)
Self or Family Member Living in Household	37.9	37.2	44.5	44.2	36.7	35.8	40.3	40.5	32.4	29.4
Family Member Not Living in Household	3.2	3.4	11.0	9.7	1.7	2.1	2.7	2.6	0.7	1.4
Private Health Insurance	40.9	38.3	36.1	34.6	41.8	39.0	42.7	40.0	40.8	37.7
Medicare	14.7	16.0	6.9	6.8	16.2	17.8	8.1	9.3	25.7	29.4
Medicaid	12.0	12.8	10.5	8.9	12.3	13.6	14.3	15.2	10.0	11.5
Rehabilitation Program	0.2	0.1	0.3	0.2	0.1	0.1	0.2	0.2	*	0.1
Employer	6.7	6.6	3.4	2.6	7.3	7.4	7.4	8.4	7.2	6.1
VA or Other Military Program	5.6	4.7	1.0	1.2	6.5	5.4	4.6	4.0	8.7	7.3
Other Public Source	2.4	2.7	2.0 ^a	3.5	2.5	2.5	2.4	3.1	2.5	1.8
Other Private Source	1.4	1.1	1.3	1.7	1.4	1.0	1.5	1.0	1.4	0.9
Free Treatment	4.6	5.7	11.2	13.3	3.3	4.2	4.1	4.7	2.4	3.5

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Respondents with unknown mental health services information were excluded.

^a The difference between this estimate and the 2019 estimate is statistically significant at the .05 level. Rounding may make the estimates appear identical.

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