

Table 8.24C Types and Locations of Mental Health Services Received in Past Year among Persons Aged 18 or Older, by Past Year Level of Mental Illness: Standard Errors of Numbers in Thousands, 2018 and 2019

Type and Location of Mental Health Services	Total (2018)	Total (2019)	Any Mental Illness (2018)	Any Mental Illness (2019)	Serious Mental Illness (2018)	Serious Mental Illness (2019)	Any Mental Illness Excluding Serious Mental Illness (2018)	Any Mental Illness Excluding Serious Mental Illness (2019)	No Mental Illness ¹ (2018)	No Mental Illness ¹ (2019)
ANY MENTAL HEALTH SERVICES²	591	606	470	485	258	276	373	381	427	444
Outpatient	442	466	357	372	216	222	272	283	265	286
Outpatient Mental Health Clinic or Center	200	222	173	191	128	137	110	133	90	114
Office of a Private Therapist, Psychologist, Psychiatrist, Social Worker, or Counselor - Not Part of a Clinic	362	353	277	277	163	162	214	222	228	213
Doctor's Office - Not Part of a Clinic	169	187	141	136	92	72	109	113	93	120
Outpatient Medical Clinic	105	104	81	91	54	55	60	72	66	53
Partial Day Hospital or Day Treatment Program	39	60	38	59	30	36	23	46	10	12
School or University Setting/Clinic/Center ³	23	25	18	20	12	10	14	17	14	15
Some Other Place ⁴	66	79	49	62	36	48	34	39	44	49
Inpatient	144	163	110	128	77	96	78	81	87	92
Prescription Medication	541	537	422	428	239	256	338	332	373	398
DID NOT RECEIVE MENTAL HEALTH SERVICES	591	606	518	522	169	187	490	477	1,670	1,695

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Mental Health Services for adults includes inpatient treatment/counseling, outpatient treatment/counseling, or use of prescription medication for problems with emotions, nerves, or mental health. Respondents with unknown mental health service information were excluded.

NOTE: Mental Illness aligns with DSM-IV criteria and is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder. Estimates of serious mental illness (SMI) are a subset of estimates of any mental illness (AMI) because SMI is limited to persons with AMI that resulted in serious functional impairment. These mental illness estimates are based on a predictive model and are not direct measures of diagnostic status.

¹ Respondents with no mental illness may still have received mental health treatment for a past disorder that is in partial or full remission or treatment for a disorder that was not included in the definition of mental illness or for other reasons.

² Respondents could indicate multiple service types; thus, these response categories are not mutually exclusive.

³ Respondents were permitted to specify other locations for receiving outpatient mental health services. This location was the most commonly reported other location for receiving outpatient treatment/counseling.

⁴ Respondents with unknown or invalid responses to the other-specify question on Some Other Place Received Outpatient Mental Health Services were excluded.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2018 and 2019.

Table 8.24D Types and Locations of Mental Health Services Received in Past Year among Persons Aged 18 or Older, by Past Year Level of Mental Illness: Standard Errors of Percentages, 2018 and 2019

Type and Location of Mental Health Services	Total (2018)	Total (2019)	Any Mental Illness (2018)	Any Mental Illness (2019)	Serious Mental Illness (2018)	Serious Mental Illness (2019)	Any Mental Illness Excluding Serious Mental Illness (2018)	Any Mental Illness Excluding Serious Mental Illness (2019)	No Mental Illness ¹ (2018)	No Mental Illness ¹ (2019)
ANY MENTAL HEALTH SERVICES²	0.24	0.24	0.68	0.65	1.24	1.18	0.79	0.73	0.20	0.20
Outpatient	0.18	0.19	0.59	0.59	1.29	1.24	0.63	0.63	0.13	0.14
Outpatient Mental Health Clinic or Center	0.08	0.09	0.35	0.36	1.05	0.96	0.29	0.34	0.04	0.06
Office of a Private Therapist, Psychologist, Psychiatrist, Social Worker, or Counselor - Not Part of a Clinic	0.15	0.14	0.51	0.48	1.17	1.04	0.54	0.53	0.11	0.11
Doctor's Office - Not Part of a Clinic	0.07	0.08	0.28	0.26	0.77	0.54	0.29	0.29	0.05	0.06
Outpatient Medical Clinic	0.04	0.04	0.17	0.18	0.46	0.42	0.16	0.19	0.03	0.03
Partial Day Hospital or Day Treatment Program	0.02	0.02	0.08	0.11	0.27	0.28	0.06	0.12	0.01	0.01
School or University Setting/Clinic/Center ³	0.01	0.01	0.04	0.04	0.11	0.08	0.04	0.04	0.01	0.01
Some Other Place ⁴	0.03	0.03	0.10	0.12	0.31	0.36	0.09	0.10	0.02	0.02
Inpatient	0.06	0.07	0.23	0.25	0.66	0.70	0.21	0.21	0.04	0.05
Prescription Medication	0.22	0.22	0.65	0.62	1.31	1.23	0.75	0.69	0.18	0.18
DID NOT RECEIVE MENTAL HEALTH SERVICES	0.24	0.24	0.68	0.65	1.24	1.18	0.79	0.73	0.20	0.20

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Mental Health Services for adults includes inpatient treatment/counseling, outpatient treatment/counseling, or use of prescription medication for problems with emotions, nerves, or mental health. Respondents with unknown mental health service information were excluded.

NOTE: Mental Illness aligns with DSM-IV criteria and is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder. Estimates of serious mental illness (SMI) are a subset of estimates of any mental illness (AMI) because SMI is limited to persons with AMI that resulted in serious functional impairment. These mental illness estimates are based on a predictive model and are not direct measures of diagnostic status.

¹ Respondents with no mental illness may still have received mental health treatment for a past disorder that is in partial or full remission or treatment for a disorder that was not included in the definition of mental illness or for other reasons.

² Respondents could indicate multiple service types; thus, these response categories are not mutually exclusive.

³ Respondents were permitted to specify other locations for receiving outpatient mental health services. This location was the most commonly reported other location for receiving outpatient treatment/counseling.

⁴ Respondents with unknown or invalid responses to the other-specify question on Some Other Place Received Outpatient Mental Health Services were excluded.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2018 and 2019.

Table 8.24P Types and Locations of Mental Health Services Received in Past Year among Persons Aged 18 or Older, by Past Year Level of Mental Illness: *P* Values from Tests of Differences of Percentages, 2019 Versus 2018

Type and Location of Mental Health Services	Total (2018)	Total (2019)	Any Mental Illness (2018)	Any Mental Illness (2019)	Serious Mental Illness (2018)	Serious Mental Illness (2019)	Any Mental Illness Excluding Serious Mental Illness (2018)	Any Mental Illness Excluding Serious Mental Illness (2019)	No Mental Illness ¹ (2018)	No Mental Illness ¹ (2019)
ANY MENTAL HEALTH SERVICES²	0.0009		0.1046		0.3934		0.4119		0.1291	
Outpatient	0.1144		0.2317		0.8534		0.4470		0.4332	
Outpatient Mental Health Clinic or Center	0.0401		0.3529		0.7112		0.2100		0.3112	
Office of a Private Therapist, Psychologist, Psychiatrist, Social Worker, or Counselor - Not Part of a Clinic	0.9954		0.9094		0.9257		0.7645		0.0992	
Doctor's Office - Not Part of a Clinic	0.2564		0.7504		0.1251		0.5789		0.1674	
Outpatient Medical Clinic	0.5715		0.6001		0.8922		0.4433		0.3757	
Partial Day Hospital or Day Treatment Program	0.3918		0.5922		0.5484		0.2918		0.8189	
School or University Setting/Clinic/Center ³	0.9734		0.8536		0.3753		0.6982		0.9856	
Some Other Place ⁴	0.5364		0.9677		0.7475		0.6585		0.5067	
Inpatient	0.9651		0.8442		0.8500		0.3792		0.5350	
Prescription Medication	0.0024		0.6074		0.9778		0.9696		0.0439	
DID NOT RECEIVE MENTAL HEALTH SERVICES	0.0009		0.1046		0.3934		0.4119		0.1291	

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³ Respondents were permitted to specify other locations for receiving outpatient mental health services. This location was the most commonly reported other location for receiving outpatient treatment/counseling.

⁴ Respondents with unknown or invalid responses to the other-specify question on Some Other Place Received Outpatient Mental Health Services were excluded.

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