

Table 8.24A Types and Locations of Mental Health Services Received in Past Year among Persons Aged 18 or Older, by Past Year Level of Mental Illness: Numbers in Thousands, 2018 and 2019

Type and Location of Mental Health Services	Total (2018)	Total (2019)	Any Mental Illness (2018)	Any Mental Illness (2019)	Serious Mental Illness (2018)	Serious Mental Illness (2019)	Any Mental Illness Excluding Serious Mental Illness (2018)	Any Mental Illness Excluding Serious Mental Illness (2019)	No Mental Illness ¹ (2018)	No Mental Illness ¹ (2019)
ANY MENTAL HEALTH SERVICES²	37,101 ^a	40,154	20,579 ^a	22,953	7,277 ^a	8,575	13,302 ^a	14,378	16,522	17,201
Outpatient	19,461	20,561	12,377 ^a	13,855	4,970 ^a	5,773	7,407	8,082	7,084	6,706
Outpatient Mental Health Clinic or Center	4,517 ^a	5,162	3,479 ^a	3,990	1,825	2,033	1,655	1,958	1,037	1,172
Office of a Private Therapist, Psychologist, Psychiatrist, Social Worker, or Counselor - Not Part of a Clinic	12,356	12,429	7,605	8,240	2,932 ^a	3,398	4,672	4,843	4,751	4,188
Doctor's Office - Not Part of a Clinic	2,834	3,136	2,062	2,162	880	830	1,182	1,332	772	974
Outpatient Medical Clinic	1,261	1,181	858	857	376	422	481	434	403	324
Partial Day Hospital or Day Treatment Program	285	346	263	321	184	183	79	138	21	25
School or University Setting/Clinic/Center ³	149	151	100	103	43	35	57	68	49	48
Some Other Place ⁴	467	534	286	312	139	180	147	132	181	223
Inpatient	2,366	2,371	1,580	1,674	824	974	756	699	786	697
Prescription Medication	30,115 ^a	32,629	17,219 ^a	18,854	6,420 ^a	7,402	10,799	11,452	12,896	13,775
DID NOT RECEIVE MENTAL HEALTH SERVICES	210,232	208,617	26,926 ^a	28,330	4,075	4,515	22,851	23,815	183,306	180,287

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Mental Health Services for adults includes inpatient treatment/counseling, outpatient treatment/counseling, or use of prescription medication for problems with emotions, nerves, or mental health. Respondents with unknown mental health service information were excluded.

NOTE: Mental Illness aligns with DSM-IV criteria and is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder. Estimates of serious mental illness (SMI) are a subset of estimates of any mental illness (AMI) because SMI is limited to persons with AMI that resulted in serious functional impairment. These mental illness estimates are based on a predictive model and are not direct measures of diagnostic status.

^a The difference between this estimate and the 2019 estimate is statistically significant at the .05 level. Rounding may make the estimates appear identical.

¹ Respondents with no mental illness may still have received mental health treatment for a past disorder that is in partial or full remission or treatment for a disorder that was not included in the definition of mental illness or for other reasons.

² Respondents could indicate multiple service types; thus, these response categories are not mutually exclusive.

³ Respondents were permitted to specify other locations for receiving outpatient mental health services. This location was the most commonly reported other location for receiving outpatient treatment/counseling.

⁴ Respondents with unknown or invalid responses to the other-specify question on Some Other Place Received Outpatient Mental Health Services were excluded.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2018 and 2019.

Table 8.24B Types and Locations of Mental Health Services Received in Past Year among Persons Aged 18 or Older, by Past Year Level of Mental Illness: Percentages, 2018 and 2019

Type and Location of Mental Health Services	Total (2018)	Total (2019)	Any Mental Illness (2018)	Any Mental Illness (2019)	Serious Mental Illness (2018)	Serious Mental Illness (2019)	Any Mental Illness Excluding Serious Mental Illness (2018)	Any Mental Illness Excluding Serious Mental Illness (2019)	No Mental Illness ¹ (2018)	No Mental Illness ¹ (2019)
ANY MENTAL HEALTH SERVICES²	15.0 ^a	16.1	43.3	44.8	64.1	65.5	36.8	37.6	8.3	8.7
Outpatient	7.9	8.3	26.1	27.1	43.9	44.2	20.5	21.2	3.5	3.4
Outpatient Mental Health Clinic or Center	1.8 ^a	2.1	7.3	7.8	16.1	15.6	4.6	5.1	0.5	0.6
Office of a Private Therapist, Psychologist, Psychiatrist, Social Worker, or Counselor - Not Part of a Clinic	5.0	5.0	16.0	16.1	25.9	26.1	12.9	12.7	2.4	2.1
Doctor's Office - Not Part of a Clinic	1.1	1.3	4.4	4.2	7.8	6.4	3.3	3.5	0.4	0.5
Outpatient Medical Clinic	0.5	0.5	1.8	1.7	3.3	3.2	1.3	1.1	0.2	0.2
Partial Day Hospital or Day Treatment Program	0.1	0.1	0.6	0.6	1.6	1.4	0.2	0.4	0.0	0.0
School or University Setting/Clinic/Center ³	0.1	0.1	0.2	0.2	0.4	0.3	0.2	0.2	0.0	0.0
Some Other Place ⁴	0.2	0.2	0.6	0.6	1.2	1.4	0.4	0.3	0.1	0.1
Inpatient	1.0	1.0	3.3	3.3	7.3	7.4	2.1	1.8	0.4	0.4
Prescription Medication	12.2 ^a	13.1	36.2	36.7	56.5	56.5	29.9	29.9	6.4 ^a	7.0
DID NOT RECEIVE MENTAL HEALTH SERVICES	85.0 ^a	83.9	56.7	55.2	35.9	34.5	63.2	62.4	91.7	91.3

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

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² Respondents could indicate multiple service types; thus, these response categories are not mutually exclusive.

³ Respondents were permitted to specify other locations for receiving outpatient mental health services. This location was the most commonly reported other location for receiving outpatient treatment/counseling.

⁴ Respondents with unknown or invalid responses to the other-specify question on Some Other Place Received Outpatient Mental Health Services were excluded.

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