

Table 8.23C Locations of Outpatient Mental Health Services among Persons Aged 18 or Older Who Received Outpatient Mental Health Services in Past Year, by Past Year Level of Mental Illness: Standard Errors of Numbers in Thousands, 2018 and 2019

Location of Mental Health Services¹	Total (2018)	Total (2019)	Any Mental Illness (2018)	Any Mental Illness (2019)	Serious Mental Illness (2018)	Serious Mental Illness (2019)	Any Mental Illness Excluding Serious Mental Illness (2018)	Any Mental Illness Excluding Serious Mental Illness (2019)	No Mental Illness² (2018)	No Mental Illness² (2019)
Outpatient Mental Health Clinic or Center	202	223	173	191	128	137	110	133	90	114
Office of a Private Therapist, Psychologist, Psychiatrist, Social Worker, or Counselor - Not Part of a Clinic	379	370	277	277	163	162	214	222	228	213
Doctor's Office - Not Part of a Clinic	170	189	141	136	92	72	109	113	93	120
Outpatient Medical Clinic	106	105	81	91	54	55	60	72	66	53
Partial Day Hospital or Day Treatment Program	39	60	38	59	30	36	23	46	10	12
School or University Setting/Clinic/Center ³	23	25	18	20	12	10	14	17	14	15
Some Other Place ⁴	66	80	49	62	36	48	34	39	44	49

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Respondents with unknown mental health services information were excluded.

NOTE: Mental Illness aligns with DSM-IV criteria and is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder. Estimates of serious mental illness (SMI) are a subset of estimates of any mental illness (AMI) because SMI is limited to persons with AMI that resulted in serious functional impairment. These mental illness estimates are based on a predictive model and are not direct measures of diagnostic status.

¹ Respondents could indicate multiple locations for receiving outpatient mental health services; thus, these response categories are not mutually exclusive.

² Respondents with no mental illness may still have received mental health treatment for a past disorder that is in partial or full remission or treatment for a disorder that was not included in the definition of mental illness or for other reasons.

³ Respondents were permitted to specify other locations for receiving outpatient mental health services. This location was the most commonly reported other location for receiving outpatient treatment/counseling.

⁴ Respondents with unknown or invalid responses to the other-specify question on Some Other Place Received Outpatient Mental Health Services were excluded.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2018 and 2019.

Table 8.23D Locations of Outpatient Mental Health Services among Persons Aged 18 or Older Who Received Outpatient Mental Health Services in Past Year, by Past Year Level of Mental Illness: Standard Errors of Percentages, 2018 and 2019

Location of Mental Health Services¹	Total (2018)	Total (2019)	Any Mental Illness (2018)	Any Mental Illness (2019)	Serious Mental Illness (2018)	Serious Mental Illness (2019)	Any Mental Illness Excluding Serious Mental Illness (2018)	Any Mental Illness Excluding Serious Mental Illness (2019)	No Mental Illness² (2018)	No Mental Illness² (2019)
Outpatient Mental Health Clinic or Center	0.94	0.95	1.20	1.17	2.11	1.85	1.31	1.49	1.26	1.53
Office of a Private Therapist, Psychologist, Psychiatrist, Social Worker, or Counselor - Not Part of a Clinic	1.11	1.07	1.34	1.24	2.09	1.84	1.63	1.65	1.78	1.97
Doctor's Office - Not Part of a Clinic	0.82	0.83	1.05	0.90	1.65	1.18	1.35	1.28	1.26	1.62
Outpatient Medical Clinic	0.52	0.49	0.63	0.64	1.03	0.94	0.78	0.86	0.90	0.78
Partial Day Hospital or Day Treatment Program	0.20	0.29	0.30	0.42	0.60	0.61	0.31	0.57	0.15	0.18
School or University Setting/Clinic/Center ³	0.12	0.12	0.15	0.14	0.24	0.18	0.19	0.21	0.21	0.23
Some Other Place ⁴	0.34	0.38	0.40	0.45	0.71	0.81	0.46	0.49	0.63	0.73

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Respondents with unknown mental health services information were excluded.

NOTE: Mental Illness aligns with DSM-IV criteria and is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder. Estimates of serious mental illness (SMI) are a subset of estimates of any mental illness (AMI) because SMI is limited to persons with AMI that resulted in serious functional impairment. These mental illness estimates are based on a predictive model and are not direct measures of diagnostic status.

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⁴ Respondents with unknown or invalid responses to the other-specify question on Some Other Place Received Outpatient Mental Health Services were excluded.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2018 and 2019.

Table 8.23P Locations of Outpatient Mental Health Services among Persons Aged 18 or Older Who Received Outpatient Mental Health Services in Past Year, by Past Year Level of Mental Illness: *P* Values from Tests of Differences of Percentages, 2019 Versus 2018

Location of Mental Health Services¹	Total (2018)	Total (2019)	Any Mental Illness (2018)	Any Mental Illness (2019)	Serious Mental Illness (2018)	Serious Mental Illness (2019)	Any Mental Illness Excluding Serious Mental Illness (2018)	Any Mental Illness Excluding Serious Mental Illness (2019)	No Mental Illness² (2018)	No Mental Illness² (2019)
Outpatient Mental Health Clinic or Center	0.1548		0.6338		0.6080		0.3054		0.1651	
Office of a Private Therapist, Psychologist, Psychiatrist, Social Worker, or Counselor - Not Part of a Clinic	0.0583		0.3438		0.9864		0.2209		0.0688	
Doctor's Office - Not Part of a Clinic	0.5458		0.4596		0.0959		0.7382		0.0867	
Outpatient Medical Clinic	0.3237		0.4371		0.8642		0.3475		0.4550	
Partial Day Hospital or Day Treatment Program	0.5155		0.6912		0.5280		0.3120		0.7777	
School or University Setting/Clinic/Center ³	0.8559		0.7535		0.3656		0.7566		0.9409	
Some Other Place ⁴	0.6909		0.9308		0.7591		0.6049		0.4256	

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NOTE: Respondents with unknown mental health services information were excluded.

NOTE: Mental Illness aligns with DSM-IV criteria and is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder. Estimates of serious mental illness (SMI) that are used in the comparisons are a subset of estimates of any mental illness (AMI) because SMI is limited to persons with AMI that resulted in serious functional impairment. The mental illness estimates that are used in the comparisons are based on a predictive model and are not direct measures of diagnostic status.

¹ Respondents could indicate multiple locations for receiving outpatient mental health services; thus, these response categories are not mutually exclusive.

² Respondents with no mental illness may still have received mental health treatment for a past disorder that is in partial or full remission or treatment for a disorder that was not included in the definition of mental illness or for other reasons.

³ Respondents were permitted to specify other locations for receiving outpatient mental health services. This location was the most commonly reported other location for receiving outpatient treatment/counseling.

⁴ Respondents with unknown or invalid responses to the other-specify question on Some Other Place Received Outpatient Mental Health Services were excluded.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2018 and 2019.

Table 8.25C Locations of Outpatient Mental Health Services among Persons Aged 18 or Older Who Received Outpatient Mental Health Services in Past Year, by Age Group: Standard Errors of Numbers in Thousands, 2018 and 2019

Location of Mental Health Services¹	Aged 18+ (2018)	Aged 18+ (2019)	Aged 18-25 (2018)	Aged 18-25 (2019)	Aged 26+ (2018)	Aged 26+ (2019)	Aged 26-49 (2018)	Aged 26-49 (2019)	Aged 50+ (2018)	Aged 50+ (2019)
Outpatient Mental Health Clinic or Center	202	223	57	60	189	213	116	120	146	171
Office of a Private Therapist, Psychologist, Psychiatrist, Social Worker, or Counselor - Not Part of a Clinic	379	370	92	98	361	352	197	227	294	266
Doctor's Office - Not Part of a Clinic	170	189	32	38	165	184	87	98	145	154
Outpatient Medical Clinic	106	105	22	28	104	101	65	66	81	76
Partial Day Hospital or Day Treatment Program	39	60	19	18	35	57	29	31	19	48
School or University Setting/Clinic/Center ²	23	25	20	20	12	14	12	14	*	*
Some Other Place ³	66	80	16	13	64	78	33	29	55	72

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Respondents with unknown mental health services information were excluded.

¹ Respondents could indicate multiple locations for receiving outpatient mental health services; thus, these response categories are not mutually exclusive.

² Respondents were permitted to specify other locations for receiving outpatient mental health services. This location was the most commonly reported other location for receiving outpatient treatment/counseling.

³ Respondents with unknown or invalid responses to the other-specify question on Some Other Place Received Outpatient Mental Health Services were excluded.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2018 and 2019.

Table 8.25D Locations of Outpatient Mental Health Services among Persons Aged 18 or Older Who Received Outpatient Mental Health Services in Past Year, by Age Group: Standard Errors of Percentages, 2018 and 2019

Location of Mental Health Services¹	Aged 18+ (2018)	Aged 18+ (2019)	Aged 18-25 (2018)	Aged 18-25 (2019)	Aged 26+ (2018)	Aged 26+ (2019)	Aged 26-49 (2018)	Aged 26-49 (2019)	Aged 50+ (2018)	Aged 50+ (2019)
Outpatient Mental Health Clinic or Center	0.94	0.95	1.50	1.46	1.06	1.09	1.14	1.06	1.79	2.10
Office of a Private Therapist, Psychologist, Psychiatrist, Social Worker, or Counselor - Not Part of a Clinic	1.11	1.07	1.53	1.50	1.28	1.26	1.32	1.32	2.29	2.38
Doctor's Office - Not Part of a Clinic	0.82	0.83	0.97	1.05	0.95	0.96	0.92	0.92	1.80	1.88
Outpatient Medical Clinic	0.52	0.49	0.67	0.77	0.61	0.57	0.69	0.65	1.05	1.03
Partial Day Hospital or Day Treatment Program	0.20	0.29	0.58	0.51	0.21	0.33	0.33	0.31	0.25	0.66
School or University Setting/Clinic/Center ²	0.12	0.12	0.64	0.57	0.08	0.09	0.14	0.15	*	*
Some Other Place ³	0.34	0.38	0.50	0.37	0.39	0.45	0.39	0.30	0.73	0.98

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Respondents with unknown mental health services information were excluded.

¹ Respondents could indicate multiple locations for receiving outpatient mental health services; thus, these response categories are not mutually exclusive.

² Respondents were permitted to specify other locations for receiving outpatient mental health services. This location was the most commonly reported other location for receiving outpatient treatment/counseling.

³ Respondents with unknown or invalid responses to the other-specify question on Some Other Place Received Outpatient Mental Health Services were excluded.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2018 and 2019.

Table 8.25P Locations of Outpatient Mental Health Services among Persons Aged 18 or Older Who Received Outpatient Mental Health Services in Past Year, by Age Group: *P* Values from Tests of Differences of Percentages, 2019 Versus 2018

Location of Mental Health Services¹	Aged 18+ (2018)	Aged 18+ (2019)	Aged 18-25 (2018)	Aged 18-25 (2019)	Aged 26+ (2018)	Aged 26+ (2019)	Aged 26-49 (2018)	Aged 26-49 (2019)	Aged 50+ (2018)	Aged 50+ (2019)
Outpatient Mental Health Clinic or Center	0.1548		0.3941		0.0886		0.8138		0.0578	
Office of a Private Therapist, Psychologist, Psychiatrist, Social Worker, or Counselor - Not Part of a Clinic	0.0583		0.7173		0.0604		0.6524		0.0075	
Doctor's Office - Not Part of a Clinic	0.5458		0.1805		0.7090		0.6716		0.8101	
Outpatient Medical Clinic	0.3237		0.3600		0.2207		0.1806		0.5609	
Partial Day Hospital or Day Treatment Program	0.5155		0.0939		0.2047		0.9877		0.1353	
School or University Setting/Clinic/Center ²	0.8559		0.4760		0.6005		0.6809		*	
Some Other Place ³	0.6909		0.4835		0.5753		0.3743		0.2225	

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Respondents with unknown mental health services information were excluded.

¹ Respondents could indicate multiple locations for receiving outpatient mental health services; thus, these response categories are not mutually exclusive.

² Respondents were permitted to specify other locations for receiving outpatient mental health services. This location was the most commonly reported other location for receiving outpatient treatment/counseling.

³ Respondents with unknown or invalid responses to the other-specify question on Some Other Place Received Outpatient Mental Health Services were excluded.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2018 and 2019.