

Table 8.1A Any Mental Illness in Past Year among Persons Aged 18 or Older, by Gender and Detailed Age Category: Numbers in Thousands, 2018 and 2019

Age Category	Total (2018)	Total (2019)	Male (2018)	Male (2019)	Female (2018)	Female (2019)
TOTAL	47,635 ^a	51,495	18,308 ^a	19,758	29,327 ^a	31,737
18-25	8,944 ^a	9,930	3,526 ^a	3,856	5,419 ^a	6,074
18-20	3,262 ^a	3,757	1,280	1,427	1,982 ^a	2,330
21-25	5,682 ^a	6,172	2,245	2,429	3,437	3,744
26 or Older	38,691 ^a	41,565	14,782 ^a	15,902	23,908 ^a	25,663
26-49	22,721 ^a	25,279	9,037 ^a	9,884	13,684 ^a	15,396
26-29	4,857 ^a	5,512	2,041	2,245	2,817 ^a	3,266
30-34	5,756 ^a	6,421	2,352	2,618	3,404 ^a	3,803
35-39	4,848	5,148	2,025	1,903	2,822 ^a	3,244
40-44	3,731 ^a	4,280	1,444	1,581	2,287 ^a	2,699
45-49	3,530	3,919	1,176 ^a	1,536	2,354	2,383
50 or Older	15,969	16,286	5,745	6,018	10,224	10,268
50-54	3,438	3,504	1,483	1,481	1,955	2,023
55-59	3,591	3,720	1,347	1,439	2,244	2,281
60-64	2,881	2,809	971	872	1,910	1,938
65 or Older	6,059	6,252	1,943	2,226	4,116	4,026

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Any Mental Illness (AMI) aligns with DSM-IV criteria and is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder. These mental illness estimates are based on a predictive model and are not direct measures of diagnostic status.

^a The difference between this estimate and the 2019 estimate is statistically significant at the .05 level. Rounding may make the estimates appear identical.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2018 and 2019.

Table 8.1B Any Mental Illness in Past Year among Persons Aged 18 or Older, by Gender and Detailed Age Category: Percentages, 2018 and 2019

Age Category	Total (2018)	Total (2019)	Male (2018)	Male (2019)	Female (2018)	Female (2019)
TOTAL	19.1 ^a	20.6	15.2 ^a	16.3	22.8 ^a	24.5
18-25	26.3 ^a	29.4	20.6 ^a	22.8	32.0 ^a	36.1
18-20	25.0 ^a	28.5	18.6 ^a	21.2	32.2 ^a	36.3
21-25	27.1 ^a	30.0	22.1	23.9	31.8 ^a	36.0
26 or Older	18.0 ^a	19.2	14.3	15.3	21.4 ^a	22.8
26-49	22.5 ^a	25.0	18.1 ^a	19.8	26.8 ^a	30.0
26-29	27.2 ^a	30.5	22.8	24.6	31.7 ^a	36.7
30-34	25.9 ^a	28.8	21.5	23.9	30.3 ^a	33.6
35-39	22.1	24.0	18.9	18.3	25.2 ^a	29.4
40-44	19.1 ^a	22.2	14.8	16.7	23.3 ^a	27.5
45-49	18.2	19.3	12.5 ^a	15.3	23.6	23.4
50 or Older	14.0	14.1	10.8	11.2	16.9	16.7
50-54	16.7	17.0	14.8	14.5	18.5	19.4
55-59	16.5	17.5	13.4	14.0	19.2	20.8
60-64	14.1	13.7	9.5	8.9	18.8	17.9
65 or Older	11.8	11.8	8.5	9.4	14.6	13.8

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^a The difference between this estimate and the 2019 estimate is statistically significant at the .05 level. Rounding may make the estimates appear identical.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2018 and 2019.

Table 8.4A Serious Mental Illness in Past Year among Persons Aged 18 or Older, by Gender and Detailed Age Category: Numbers in Thousands, 2018 and 2019

Age Category	Total (2018)	Total (2019)	Male (2018)	Male (2019)	Female (2018)	Female (2019)
TOTAL	11,373 ^a	13,115	4,025 ^a	4,668	7,348 ^a	8,447
18-25	2,619 ^a	2,899	917	979	1,701 ^a	1,920
18-20	912 ^a	1,082	287	363	625	719
21-25	1,706	1,818	630	616	1,076	1,202
26 or Older	8,755 ^a	10,216	3,108 ^a	3,689	5,647 ^a	6,527
26-49	5,907 ^a	6,847	2,216	2,443	3,691 ^a	4,404
26-29	1,432	1,566	567	595	865	971
30-34	1,489	1,672	568	638	921	1,034
35-39	1,135	1,373	456	427	679 ^a	947
40-44	884 ^a	1,116	314	380	570	736
45-49	966	1,119	311	404	656	716
50 or Older	2,848	3,369	892	1,246	1,956	2,123
50-54	858	952	276	425	582	526
55-59	809	958	304	356	505	602
60-64	511	634	116	143	394	491
65 or Older	670	825	196	321	474	504

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Serious Mental Illness (SMI) aligns with DSM-IV criteria and is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder. Estimates of SMI are a subset of estimates of any mental illness (AMI) because SMI is limited to persons with AMI that resulted in serious functional impairment. These mental illness estimates are based on a predictive model and are not direct measures of diagnostic status.

^a The difference between this estimate and the 2019 estimate is statistically significant at the .05 level. Rounding may make the estimates appear identical.

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Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2018 and 2019.

Table 8.4B Serious Mental Illness in Past Year among Persons Aged 18 or Older, by Gender and Detailed Age Category: Percentages, 2018 and 2019

Age Category	Total (2018)	Total (2019)	Male (2018)	Male (2019)	Female (2018)	Female (2019)
TOTAL	4.6 ^a	5.2	3.4 ^a	3.9	5.7 ^a	6.5
18-25	7.7 ^a	8.6	5.4	5.8	10.0 ^a	11.4
18-20	7.0 ^a	8.2	4.2	5.4	10.1	11.2
21-25	8.1	8.8	6.2	6.1	10.0 ^a	11.5
26 or Older	4.1 ^a	4.7	3.0 ^a	3.5	5.1 ^a	5.8
26-49	5.9 ^a	6.8	4.4	4.9	7.2 ^a	8.6
26-29	8.0	8.7	6.3	6.5	9.7	10.9
30-34	6.7	7.5	5.2	5.8	8.2	9.1
35-39	5.2 ^a	6.4	4.3	4.1	6.1 ^a	8.6
40-44	4.5 ^a	5.8	3.2	4.0	5.8	7.5
45-49	5.0	5.5	3.3	4.0	6.6	7.0
50 or Older	2.5	2.9	1.7	2.3	3.2	3.5
50-54	4.2	4.6	2.8	4.2	5.5	5.0
55-59	3.7	4.5	3.0	3.5	4.3	5.5
60-64	2.5	3.1	1.1	1.5	3.9	4.5
65 or Older	1.3	1.6	0.9	1.4	1.7	1.7

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Serious Mental Illness (SMI) aligns with DSM-IV criteria and is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder. Estimates of SMI are a subset of estimates of any mental illness (AMI) because SMI is limited to persons with AMI that resulted in serious functional impairment. These mental illness estimates are based on a predictive model and are not direct measures of diagnostic status.

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