

Table 8.17A Received Mental Health Services in Past Year among Persons Aged 18 or Older, by Past Year Level of Mental Illness and Demographic Characteristics: Numbers in Thousands, 2018 and 2019

Demographic Characteristic	Total (2018)	Total (2019)	Any Mental Illness (2018)	Any Mental Illness (2019)	Serious Mental Illness (2018)	Serious Mental Illness (2019)	Any Mental Illness Excluding Serious Mental Illness (2018)	Any Mental Illness Excluding Serious Mental Illness (2019)	No Mental Illness ¹ (2018)	No Mental Illness ¹ (2019)
TOTAL	37,101 ^a	40,154	20,579 ^a	22,953	7,277 ^a	8,575	13,302 ^a	14,378	16,522	17,201
AGE GROUP										
18-25	5,120 ^a	5,756	3,328 ^a	3,846	1,406 ^a	1,626	1,922 ^a	2,220	1,792	1,910
26 or Older	31,981 ^a	34,397	17,251 ^a	19,107	5,870 ^a	6,949	11,381	12,158	14,730	15,291
26-49	16,113 ^a	17,931	9,950 ^a	11,452	3,753 ^a	4,455	6,198 ^a	6,997	6,163	6,480
50 or Older	15,868	16,466	7,301	7,655	2,118	2,494	5,183	5,161	8,567	8,811
GENDER										
Male	12,096 ^a	13,428	6,372 ^a	7,217	2,267	2,634	4,104	4,584	5,724	6,210
Female	25,006 ^a	26,726	14,207 ^a	15,735	5,009 ^a	5,942	9,198	9,794	10,798	10,991
HISPANIC ORIGIN AND RACE										
Not Hispanic or Latino	33,573 ^a	36,188	18,330 ^a	20,456	6,453 ^a	7,516	11,877 ^a	12,940	15,243	15,732
White	29,151 ^a	31,158	15,761 ^a	17,548	5,418 ^a	6,291	10,343 ^a	11,257	13,390	13,610
Black or African American	2,555	2,897	1,468	1,688	625	686	844	1,001	1,087	1,210
AIAN	211	192	*	*	*	*	*	*	85	92
NHOPI	98	59	*	*	*	*	*	*	6	21
Asian	894	1,012	518	487	*	*	385	265	376	525
Two or More Races	664	869	365 ^a	596	*	*	189 ^a	341	300	274
Hispanic or Latino	3,528	3,965	2,249	2,497	823	1,059	1,425	1,437	1,279	1,469
CURRENT EMPLOYMENT										
Full-Time	16,601	17,316	8,828 ^a	9,918	2,829 ^a	3,483	5,999	6,435	7,773	7,399
Part-Time	5,601 ^a	6,400	3,175	3,465	1,187	1,343	1,988	2,122	2,426 ^a	2,935
Unemployed	1,471	1,715	1,034	1,105	467	514	567	591	437 ^a	610
Other ²	13,429 ^a	14,722	7,542 ^a	8,465	2,794	3,235	4,749	5,230	5,886	6,257

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Mental Health Services for adults includes inpatient treatment/counseling, outpatient treatment/counseling, or use of prescription medication for problems with emotions, nerves, or mental health. Respondents with unknown mental health service information were excluded.

NOTE: Mental Illness aligns with DSM-IV criteria and is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder. Estimates of serious mental illness (SMI) are a subset of estimates of any mental illness (AMI) because SMI is limited to persons with AMI that resulted in serious functional impairment. These mental illness estimates are based on a predictive model and are not direct measures of diagnostic status.

^a The difference between this estimate and the 2019 estimate is statistically significant at the .05 level. Rounding may make the estimates appear identical.

¹ Respondents with no mental illness may still have received mental health services for a past disorder that is in partial or full remission or treatment for a disorder that was not included in the definition of mental illness or for other reasons.

² The Other Employment category includes students, persons keeping house or caring for children full time, retired or disabled persons, or other persons not in the labor force.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2018 and 2019.

Table 8.17B Received Mental Health Services in Past Year among Persons Aged 18 or Older, by Past Year Level of Mental Illness and Demographic Characteristics: Percentages, 2018 and 2019

Demographic Characteristic	Total (2018)	Total (2019)	Any Mental Illness (2018)	Any Mental Illness (2019)	Serious Mental Illness (2018)	Serious Mental Illness (2019)	Any Mental Illness Excluding Serious Mental Illness (2018)	Any Mental Illness Excluding Serious Mental Illness (2019)	No Mental Illness ¹ (2018)	No Mental Illness ¹ (2019)
TOTAL	15.0 ^a	16.1	43.3	44.8	64.1	65.5	36.8	37.6	8.3	8.7
AGE GROUP										
18-25	15.2 ^a	17.2	37.3	38.9	53.8	56.4	30.5	31.7	7.2 ^a	8.1
26 or Older	15.0 ^a	16.0	44.7	46.1	67.2	68.1	38.1	39.0	8.4	8.8
26-49	16.1 ^a	17.8	43.9	45.4	63.7	65.1	36.9	38.1	7.9	8.6
50 or Older	14.0	14.4	45.8	47.2	74.4	74.3	39.6	40.2	8.8	8.9
GENDER										
Male	10.1 ^a	11.2	34.9	36.8	56.4	56.5	28.8	30.7	5.7	6.2
Female	19.5 ^a	20.8	48.6	49.7	68.3	70.5	42.0	42.1	10.9	11.3
HISPANIC ORIGIN AND RACE										
Not Hispanic or Latino	16.2 ^a	17.4	45.1	46.6	65.3	67.8	38.6	39.4	9.2	9.6
White	18.6 ^a	19.8	49.1	50.3	67.2	70.5	43.0	43.4	10.7	11.1
Black or African American	8.7	9.8	30.6	32.9	58.0	57.9	22.7	25.4	4.4	4.9
AIAN	14.1	13.9	*	*	*	*	*	*	7.3	8.3
NHOPI	10.9	6.1	*	*	*	*	*	*	0.8	2.6
Asian	6.3	7.0	24.9	23.3	*	*	21.7	16.1	3.1	4.3
Two or More Races	15.4	20.0	31.8 ^a	43.0	*	*	22.3 ^a	34.9	9.5	9.2
Hispanic or Latino	8.8	9.7	32.9	33.9	56.0	52.8	26.6	26.8	3.8	4.4
CURRENT EMPLOYMENT										
Full-Time	13.5	14.0	40.5	41.7	58.8	61.3	35.3	35.6	7.7	7.4
Part-Time	17.5 ^a	19.8	44.9	42.7	63.8	60.3	38.2	36.1	9.7 ^a	12.1
Unemployed	14.9	17.4	37.6	40.4	59.2	61.6	28.9	31.1	6.1 ^a	8.6
Other ²	16.3 ^a	17.7	47.4	50.8	71.8	74.4	39.6	42.5	8.9	9.4

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