

Table 6.33A Perceived Recovery from a Substance Use Problem or Mental Health Issue among Persons Aged 18 or Older, by Demographic Characteristics: Numbers in Thousands, 2018 and 2019

Demographic Characteristic	In Recovery from a Substance Use Problem ¹ (2018)	In Recovery from a Substance Use Problem ¹ (2019)	In Recovery from a Mental Health Issue ² (2018)	In Recovery from a Mental Health Issue ² (2019)
TOTAL	20,221	21,233	30,833 ^a	33,971
AGE GROUP				
18-25	1,627	1,720	5,859 ^a	6,791
26 or Older	18,594	19,512	24,974 ^a	27,181
26-49	8,961	9,602	13,643 ^a	15,677
50 or Older	9,633	9,911	11,331	11,503
GENDER				
Male	12,642	13,207	11,613 ^a	13,201
Female	7,579	8,026	19,221 ^a	20,770
HISPANIC ORIGIN AND RACE				
Not Hispanic or Latino	18,011	18,875	27,728 ^a	30,111
White	15,706	16,400	23,873 ^a	25,450
Black or African American	1,374	1,382	1,864 ^a	2,344
AIAN	155	153	155	187
NHOPI	*	62	85	69
Asian	364	335	1,134	1,176
Two or More Races	320 ^a	544	618 ^a	885
Hispanic or Latino	2,210	2,358	3,105 ^a	3,860
EDUCATION				
< High School	2,205	2,166	2,065 ^a	2,526
High School Graduate	4,971	4,849	5,347	5,642
Some College/Associate's Degree	7,266	7,878	10,644 ^a	12,012
College Graduate	5,779	6,340	12,778	13,792
CURRENT EMPLOYMENT				
Full-Time	10,627	10,884	15,244 ^a	17,130
Part-Time	2,465	2,908	5,551	5,971
Unemployed	798 ^a	1,105	1,259	1,502
Other ³	6,330	6,336	8,780	9,369

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

^a The difference between this estimate and the 2019 estimate is statistically significant at the .05 level. Rounding may make the estimates appear identical.

¹ Respondents were asked if they perceived themselves to be in recovery or recovered from a substance use problem only if they reported ever having a drug or alcohol use problem. Respondents who perceived themselves never having had a substance use problem were classified in this analysis as not being in recovery or having recovered from a substance use problem. Excluded were respondents with unknown information for ever having a substance use problem or for perceived recovery from their substance use problem.

² Respondents were asked if they perceived themselves to be in recovery or recovered from a mental health issue only if they reported ever having a mental health issue. Respondents who perceived themselves never having had a mental health issue were classified in this analysis as not being in recovery or having recovered from a mental health issue. Excluded were respondents with unknown information for ever having a mental health issue or for perceived recovery from their mental health issue.

³ The Other Employment category includes students, persons keeping house or caring for children full time, retired or disabled persons, or other persons not in the labor force.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2018 and 2019.

Table 6.33B Perceived Recovery from a Substance Use Problem or Mental Health Issue among Persons Aged 18 or Older, by Demographic Characteristics: Percentages, 2018 and 2019

Demographic Characteristic	In Recovery from a Substance Use Problem ¹ (2018)	In Recovery from a Substance Use Problem ¹ (2019)	In Recovery from a Mental Health Issue ² (2018)	In Recovery from a Mental Health Issue ² (2019)
TOTAL	8.2	8.6	12.5 ^a	13.7
AGE GROUP				
18-25	4.8	5.2	17.4 ^a	20.4
26 or Older	8.7	9.1	11.7 ^a	12.7
26-49	9.0	9.6	13.6 ^a	15.6
50 or Older	8.5	8.7	10.0	10.1
GENDER				
Male	10.6	11.0	9.7 ^a	11.0
Female	5.9	6.2	15.1 ^a	16.2
HISPANIC ORIGIN AND RACE				
Not Hispanic or Latino	8.7	9.1	13.4 ^a	14.5
White	10.0	10.4	15.2 ^a	16.3
Black or African American	4.7	4.7	6.4 ^a	8.0
AIAN	10.5	11.1	10.3	13.6
NHOPI	*	6.3	9.2	7.0
Asian	2.6	2.3	8.0	8.2
Two or More Races	7.5 ^a	12.5	14.5 ^a	20.3
Hispanic or Latino	5.5	5.8	7.7 ^a	9.5
EDUCATION				
< High School	7.3	7.3	6.8 ^a	8.5
High School Graduate	8.2	8.1	8.8	9.4
Some College/Associate's Degree	9.5	10.3	13.9 ^a	15.7
College Graduate	7.3	7.7	16.2	16.8
CURRENT EMPLOYMENT				
Full-Time	8.7	8.8	12.4 ^a	13.9
Part-Time	7.7	9.0	17.4	18.5
Unemployed	8.1 ^a	11.3	12.8	15.3
Other ³	7.7	7.7	10.7	11.4

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Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2018 and 2019.

Table 6.34A Perceived Recovery from a Substance Use Problem among Persons Aged 18 or Older Who Perceived Ever Having a Substance Use Problem and Perceived Recovery from a Mental Health Issue among Persons Aged 18 or Older Who Perceived Ever Having a Mental Health Issue, by Demographic Characteristics: Numbers in Thousands, 2018 and 2019

Demographic Characteristic	In Recovery from a Substance Use Problem ¹ (2018)	In Recovery from a Substance Use Problem ¹ (2019)	In Recovery from a Mental Health Issue ² (2018)	In Recovery from a Mental Health Issue ² (2019)
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Demographic Characteristic	In Recovery from a Substance Use Problem ¹ (2018)	In Recovery from a Substance Use Problem ¹ (2019)	In Recovery from a Mental Health Issue ² (2018)	In Recovery from a Mental Health Issue ² (2019)
TOTAL	74.5	75.5	71.1	70.7
AGE GROUP				
18-25	68.9	69.0	66.4	65.9
26 or Older	75.0	76.2	72.3	72.0
26-49	70.9	73.3	67.8	69.2
50 or Older	79.4	79.2	78.6	76.4
GENDER				
Male	74.1	76.1	68.7	70.7
Female	75.2	74.6	72.7	70.7
HISPANIC ORIGIN AND RACE				
Not Hispanic or Latino	74.4	75.4	71.5	70.9
White	75.3	76.2	71.9	71.9
Black or African American	65.7	71.9	65.3	61.4
AIAN	*	*	*	*
NHOPI	*	*	*	*
Asian	*	*	76.4	73.9
Two or More Races	*	73.5	67.5	68.4
Hispanic or Latino	75.6	76.4	68.2	69.4
EDUCATION				
< High School	77.0	78.1	62.9	65.1
High School Graduate	75.1	76.9	67.4	65.4
Some College/Associate's Degree	77.0	79.6	68.4	69.5
College Graduate	70.3	69.5	77.1	75.5
CURRENT EMPLOYMENT				
Full-Time	71.8	73.1	72.5	72.3
Part-Time	72.9	75.4	73.9	71.1
Unemployed	64.3 ^a	76.3	63.2	63.6
Other ³	82.0	80.1	68.5	69.0

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