

Table 6.32A Perceived Ever Having Had a Substance Use Problem or Mental Health Issue among Persons Aged 18 or Older, by Demographic Characteristics: Numbers in Thousands, 2018 and 2019

Demographic Characteristic	Ever Had a Substance Use Problem ¹ (2018)	Ever Had a Substance Use Problem ¹ (2019)	Ever Had a Mental Health Issue ² (2018)	Ever Had a Mental Health Issue ² (2019)
TOTAL	27,207	28,200	43,649 ^a	48,488
AGE GROUP				
18-25	2,367	2,504	8,898 ^a	10,378
26 or Older	24,841	25,696	34,751 ^a	38,110
26-49	12,662	13,184	20,239 ^a	22,813
50 or Older	12,178	12,512	14,512	15,297
GENDER				
Male	17,079	17,382	17,036 ^a	18,839
Female	10,129	10,818	26,613 ^a	29,649
HISPANIC ORIGIN AND RACE				
Not Hispanic or Latino	24,282	25,092	39,080 ^a	42,884
White	20,886	21,565	33,423 ^a	35,693
Black or African American	2,092	1,927	2,917 ^a	3,893
AIAN	193	183	219	282
NHOPI	*	73	116	111
Asian	510	594	1,487	1,604
Two or More Races	503 ^a	750	918 ^a	1,301
Hispanic or Latino	2,925	3,108	4,570 ^a	5,604
EDUCATION				
< High School	2,881	2,793	3,306 ^a	3,988
High School Graduate	6,627	6,330	8,031	8,727
Some College/Associate's Degree	9,471	9,925	15,638 ^a	17,429
College Graduate	8,229	9,151	16,674 ^a	18,344
CURRENT EMPLOYMENT				
Full-Time	14,844	14,938	21,164 ^a	23,848
Part-Time	3,390	3,875	7,567 ^a	8,455
Unemployed	1,242	1,462	2,020 ^a	2,371
Other ³	7,732	7,925	12,898	13,814

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

^a The difference between this estimate and the 2019 estimate is statistically significant at the .05 level. Rounding may make the estimates appear identical.

¹ Excluded were respondents with unknown information for ever having a problem with their drug or alcohol use.

² Excluded were respondents with unknown information for ever having a problem with their mental health.

³ The Other Employment category includes students, persons keeping house or caring for children full time, retired or disabled persons, or other persons not in the labor force.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2018 and 2019.

Table 6.32B Perceived Ever Having Had a Substance Use Problem or Mental Health Issue among Persons Aged 18 or Older, by Demographic Characteristics: Percentages, 2018 and 2019

Demographic Characteristic	Ever Had a Substance Use Problem ¹ (2018)	Ever Had a Substance Use Problem ¹ (2019)	Ever Had a Mental Health Issue ² (2018)	Ever Had a Mental Health Issue ² (2019)
TOTAL	11.0	11.4	17.7 ^a	19.5
AGE GROUP				
18-25	7.0	7.5	26.4 ^a	31.1
26 or Older	11.7	11.9	16.3 ^a	17.7
26-49	12.7	13.1	20.2 ^a	22.7
50 or Older	10.8	10.9	12.8	13.4
GENDER				
Male	14.3	14.5	14.3 ^a	15.7
Female	7.9	8.4	20.8 ^a	23.1
HISPANIC ORIGIN AND RACE				
Not Hispanic or Latino	11.7	12.1	18.9 ^a	20.7
White	13.3	13.7	21.3 ^a	22.7
Black or African American	7.2	6.5	10.0 ^a	13.2
AIAN	13.0	13.3	14.6	20.4
NHOPI	*	7.5	12.6	11.3
Asian	3.7	4.2	10.5	11.2
Two or More Races	11.7 ^a	17.1	21.5 ^a	29.8
Hispanic or Latino	7.3	7.6	11.4 ^a	13.7
EDUCATION				
< High School	9.5	9.4	10.8 ^a	13.4
High School Graduate	10.9	10.5	13.2 ^a	14.5
Some College/Associate's Degree	12.4	13.0	20.4 ^a	22.8
College Graduate	10.4	11.2	21.1	22.4
CURRENT EMPLOYMENT				
Full-Time	12.1	12.1	17.2 ^a	19.3
Part-Time	10.6	12.0	23.7 ^a	26.2
Unemployed	12.6	14.9	20.5 ^a	24.1
Other ³	9.4	9.6	15.7	16.7

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

^a The difference between this estimate and the 2019 estimate is statistically significant at the .05 level. Rounding may make the estimates appear identical.

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