

Table 6.13C Main Reasons for Last Episode of Misuse of Prescription Psychotherapeutics among Past Year Misusers Aged 12 or Older of Each Type of Prescription Psychotherapeutic: Standard Errors of Numbers in Thousands, 2018 and 2019

Main Reason for Last Episode of Misuse	Past Year Pain Reliever Misuse (2018)	Past Year Pain Reliever Misuse (2019)	Past Year Stimulant Misuse (2018)	Past Year Stimulant Misuse (2019)	Past Year Tranquilizer Misuse (2018)	Past Year Tranquilizer Misuse (2019)	Past Year Sedative Misuse (2018)	Past Year Sedative Misuse (2019)
Relieve Physical Pain	226	246	--	--	--	--	--	--
Relax or Relieve Tension	74	85	--	--	150	131	28	44
Help with Sleep	63	57	--	--	107	99	85	87
Help with Feelings or Emotion	50	42	--	--	75	99	5	18
Experiment or See What It's Like	30	31	29	42	34	53	8	9
Feel Good or Get High	81	83	46	50	61	53	19	12
Increase or Decrease Effect of Other Drug	39	22	18	15	22	26	6	6
Because I Am Hooked or Have to Have It	50	33	5	5	14	19	*	3
Help Lose Weight	--	--	38	42	--	--	--	--
Help Concentrate	--	--	75	86	--	--	--	--
Help Be Alert or Stay Awake	--	--	100	98	--	--	--	--
Help Study	--	--	75	74	--	--	--	--
Some Other Reason	41	14	26	25	31	26	6	9

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Only a subset of reasons for misuse apply for each prescription psychotherapeutic. Inapplicable reasons are marked as "--" (i.e., not available). Respondents who wrote in an inapplicable reason as their "other reason" (e.g., pain relief as the reason for tranquilizer misuse) were retained in the "Some Other Reason" category.

NOTE: Respondents with unknown information for their reason for misuse were excluded from the analysis, including respondents who reported some other reason but had unknown data in their write-in responses.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2018 and 2019.

Table 6.13D Main Reasons for Last Episode of Misuse of Prescription Psychotherapeutics among Past Year Misusers Aged 12 or Older of Each Type of Prescription Psychotherapeutic: Standard Errors of Percentages, 2018 and 2019

Main Reason for Last Episode of Misuse	Pain Reliever Misuse (2018)	Pain Reliever Misuse (2019)	Stimulant Misuse (2018)	Stimulant Misuse (2019)	Tranquilizer Misuse (2018)	Tranquilizer Misuse (2019)	Sedative Misuse (2018)	Sedative Misuse (2019)
Relieve Physical Pain	1.36	1.38	--	--	--	--	--	--
Relax or Relieve Tension	0.74	0.86	--	--	1.82	2.07	2.53	3.73
Help with Sleep	0.64	0.60	--	--	1.69	1.66	3.15	4.14
Help with Feelings or Emotion	0.52	0.45	--	--	1.26	1.68	0.48	1.63
Experiment or See What It's Like	0.31	0.33	0.56	0.83	0.60	1.00	0.72	0.82
Feel Good or Get High	0.81	0.85	0.86	1.01	1.01	0.98	1.76	1.07
Increase or Decrease Effect of Other Drug	0.41	0.23	0.36	0.31	0.39	0.50	0.60	0.52
Because I Am Hooked or Have to Have It	0.51	0.35	0.09	0.11	0.25	0.37	*	0.31
Help Lose Weight	--	--	0.73	0.83	--	--	--	--
Help Concentrate	--	--	1.30	1.47	--	--	--	--
Help Be Alert or Stay Awake	--	--	1.58	1.63	--	--	--	--
Help Study	--	--	1.29	1.36	--	--	--	--
Some Other Reason	0.42	0.15	0.51	0.50	0.55	0.50	0.53	0.81

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Table 6.13P Main Reasons for Last Episode of Misuse of Prescription Psychotherapeutics among Past Year Misusers Aged 12 or Older of Each Type of Prescription Psychotherapeutic: *P* Values from Tests of Differences of Percentages, 2019 Versus 2018

Main Reason for Last Episode of Misuse	Past Year Pain Reliever Misuse (2018)	Past Year Pain Reliever Misuse (2019)	Past Year Stimulant Misuse (2018)	Past Year Stimulant Misuse (2019)	Past Year Tranquilizer Misuse (2018)	Past Year Tranquilizer Misuse (2019)	Past Year Sedative Misuse (2018)	Past Year Sedative Misuse (2019)
Relieve Physical Pain	0.2878		--		--		--	
Relax or Relieve Tension	0.4950		--		0.1883		0.2599	
Help with Sleep	0.3360		--		0.9076		0.2717	
Help with Feelings or Emotion	0.7918		--		0.1490		0.1009	
Experiment or See What It's Like	0.5844		0.1264		0.1183		0.8801	
Feel Good or Get High	0.5970		0.7493		0.4693		0.3079	
Increase or Decrease Effect of Other Drug	0.7654		0.4927		0.6855		0.6382	
Because I Am Hooked or Have to Have It	0.0494		0.8663		0.9343		*	
Help Lose Weight	--		0.8525		--		--	
Help Concentrate	--		0.1973		--		--	
Help Be Alert or Stay Awake	--		0.2760		--		--	
Help Study	--		0.2623		--		--	
Some Other Reason	0.0518		0.4252		0.3834		0.7541	

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Table 6.14C Main Reasons for Last Episode of Misuse of Prescription Psychotherapeutics among Past Year Misusers Aged 18 or Older of Each Type of Prescription Psychotherapeutic: Standard Errors of Numbers in Thousands, 2018 and 2019

Main Reason for Last Episode of Misuse	Past Year Pain Reliever Misuse (2018)	Past Year Pain Reliever Misuse (2019)	Past Year Stimulant Misuse (2018)	Past Year Stimulant Misuse (2019)	Past Year Tranquilizer Misuse (2018)	Past Year Tranquilizer Misuse (2019)	Past Year Sedative Misuse (2018)	Past Year Sedative Misuse (2019)
Relieve Physical Pain	226	243	--	--	--	--	--	--
Relax or Relieve Tension	73	84	--	--	150	130	27	44
Help with Sleep	63	56	--	--	106	98	84	87
Help with Feelings or Emotion	49	40	--	--	74	98	5	17
Experiment or See What It's Like	28	29	27	40	33	50	7	8
Feel Good or Get High	80	82	44	49	60	50	18	10
Increase or Decrease Effect of Other Drug	39	21	18	15	22	25	6	6
Because I Am Hooked or Have to Have It	50	33	4	5	14	19	*	3
Help Lose Weight	--	--	37	41	--	--	--	--
Help Concentrate	--	--	73	82	--	--	--	--
Help Be Alert or Stay Awake	--	--	100	97	--	--	--	--
Help Study	--	--	74	72	--	--	--	--
Some Other Reason	40	14	25	25	31	25	6	9

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Table 6.14D Main Reasons for Last Episode of Misuse of Prescription Psychotherapeutics among Past Year Misusers Aged 18 or Older of Each Type of Prescription Psychotherapeutic: Standard Errors of Percentages, 2018 and 2019

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Relieve Physical Pain	1.44	1.45	--	--	--	--	--	--
Relax or Relieve Tension	0.79	0.89	--	--	1.94	2.21	2.63	3.97
Help with Sleep	0.68	0.63	--	--	1.79	1.77	3.28	4.41
Help with Feelings or Emotion	0.55	0.46	--	--	1.34	1.79	0.51	1.68
Experiment or See What It's Like	0.31	0.33	0.57	0.87	0.61	1.03	0.67	0.83
Feel Good or Get High	0.86	0.89	0.90	1.09	1.06	1.00	1.80	1.00
Increase or Decrease Effect of Other Drug	0.43	0.24	0.38	0.33	0.42	0.53	0.63	0.56
Because I Am Hooked or Have to Have It	0.55	0.36	0.09	0.12	0.26	0.39	*	0.33
Help Lose Weight	--	--	0.77	0.88	--	--	--	--
Help Concentrate	--	--	1.37	1.55	--	--	--	--
Help Be Alert or Stay Awake	--	--	1.68	1.74	--	--	--	--
Help Study	--	--	1.37	1.44	--	--	--	--
Some Other Reason	0.45	0.16	0.54	0.54	0.58	0.53	0.56	0.85

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Relieve Physical Pain	0.2493		--		--		--	
Relax or Relieve Tension	0.5407		--		0.3831		0.1956	
Help with Sleep	0.3628		--		0.8982		0.3019	
Help with Feelings or Emotion	0.6837		--		0.1270		0.2737	
Experiment or See What It's Like	0.6257		0.2185		0.2709		0.9452	
Feel Good or Get High	0.5974		0.5583		0.2436		0.2195	
Increase or Decrease Effect of Other Drug	0.6827		0.6099		0.8317		0.6463	
Because I Am Hooked or Have to Have It	0.0344		0.9753		0.9127		*	
Help Lose Weight	--		0.8440		--		--	
Help Concentrate	--		0.2376		--		--	
Help Be Alert or Stay Awake	--		0.4512		--		--	
Help Study	--		0.1670		--		--	
Some Other Reason	0.0676		0.5616		0.2822		0.8318	

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