

Table 11.13A Type of Treatment Received in Past Year for Depression among Persons Aged 12 to 17 with Major Depressive Episode (MDE) or MDE with Severe Impairment in Past Year: Numbers in Thousands, 2004-2019

MDE/Type of Treatment	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019
MDE																
Saw or Talked to a Health Professional OR Used Prescription Medication	856 <sup>a</sup>	778 <sup>a</sup>	700 <sup>a</sup>	739 <sup>a</sup>	731 <sup>a</sup>	638 <sup>a</sup>	682 <sup>a</sup>	724 <sup>a</sup>	791 <sup>a</sup>	944 <sup>a</sup>	1,076 <sup>a</sup>	1,139 <sup>a</sup>	1,223 <sup>a</sup>	1,286 <sup>a</sup>	1,371 <sup>a</sup>	1,577
Saw or Talked to a Health Professional BUT Did Not Use Prescription Medication	425 <sup>a</sup>	404 <sup>a</sup>	407 <sup>a</sup>	372 <sup>a</sup>	406 <sup>a</sup>	358 <sup>a</sup>	370 <sup>a</sup>	397 <sup>a</sup>	431 <sup>a</sup>	522 <sup>a</sup>	543 <sup>a</sup>	596 <sup>a</sup>	571 <sup>a</sup>	625 <sup>a</sup>	749	796
Used Prescription Medication BUT Did Not See or Talk to a Health Professional	76 <sup>a</sup>	58 <sup>a</sup>	47 <sup>a</sup>	53 <sup>a</sup>	60 <sup>a</sup>	46 <sup>a</sup>	58 <sup>a</sup>	52 <sup>a</sup>	52 <sup>a</sup>	94	75 <sup>a</sup>	87	59 <sup>a</sup>	76 <sup>a</sup>	77 <sup>a</sup>	127
Saw or Talked to a Health Professional AND Used Prescription Medication	342 <sup>a</sup>	308 <sup>a</sup>	241 <sup>a</sup>	307 <sup>a</sup>	259 <sup>a</sup>	231 <sup>a</sup>	252 <sup>a</sup>	272 <sup>a</sup>	302 <sup>a</sup>	316 <sup>a</sup>	447 <sup>a</sup>	447 <sup>a</sup>	576	570	533 <sup>a</sup>	645
MDE with Severe Impairment																
Saw or Talked to a Health Professional OR Used Prescription Medication	--	--	575 <sup>a</sup>	574 <sup>a</sup>	598 <sup>a</sup>	515 <sup>a</sup>	528 <sup>a</sup>	570 <sup>a</sup>	618 <sup>a</sup>	808 <sup>a</sup>	851 <sup>a</sup>	924 <sup>a</sup>	986 <sup>a</sup>	1,044 <sup>a</sup>	1,094 <sup>a</sup>	1,287
Saw or Talked to a Health Professional BUT Did Not Use Prescription Medication	--	--	314 <sup>a</sup>	281 <sup>a</sup>	313 <sup>a</sup>	283 <sup>a</sup>	280 <sup>a</sup>	303 <sup>a</sup>	309 <sup>a</sup>	421 <sup>a</sup>	423 <sup>a</sup>	468 <sup>a</sup>	413 <sup>a</sup>	477 <sup>a</sup>	575	622
Used Prescription Medication BUT Did Not See or Talk to a Health Professional	--	--	37 <sup>a</sup>	39 <sup>a</sup>	49 <sup>a</sup>	37 <sup>a</sup>	34 <sup>a</sup>	33 <sup>a</sup>	43 <sup>a</sup>	86	63	66	48 <sup>a</sup>	54 <sup>a</sup>	55 <sup>a</sup>	99
Saw or Talked to a Health Professional AND Used Prescription Medication	--	--	220 <sup>a</sup>	249 <sup>a</sup>	232 <sup>a</sup>	191 <sup>a</sup>	212 <sup>a</sup>	232 <sup>a</sup>	260 <sup>a</sup>	287 <sup>a</sup>	360 <sup>a</sup>	386 <sup>a</sup>	513	505	455 <sup>a</sup>	560

\* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.  
NOTE: Some 2006 to 2010 estimates may differ from previously published estimates due to updates (see Section 3.3.5 in Chapter 3 of the 2019 National Survey on Drug Use and Health: Methodological Summary and Definitions).  
NOTE: Respondents with unknown past year treatment for depression data were excluded.  
NOTE: Respondents with unknown past year Major Depressive Episode (MDE) data were excluded.

<sup>a</sup> The difference between this estimate and the 2019 estimate is statistically significant at the .05 level. Rounding may make the estimates appear identical.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2004-2019.

**Table 11.13B    Type of Treatment Received in Past Year for Depression among Persons Aged 12 to 17 with Major Depressive Episode (MDE) or MDE with Severe Impairment in Past Year: Percentages, 2004-2019**

MDE/Type of Treatment	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019
<b>MDE</b>																
<b>Saw or Talked to a Health Professional     OR Used Prescription Medication</b>	38.7	35.9 <sup>a</sup>	35.9 <sup>a</sup>	37.0 <sup>a</sup>	36.3 <sup>a</sup>	33.0 <sup>a</sup>	35.8 <sup>a</sup>	36.3 <sup>a</sup>	36.0 <sup>a</sup>	36.9 <sup>a</sup>	39.6	37.9 <sup>a</sup>	40.2	40.3	40.0	42.2
Saw or Talked to a Health Professional BUT Did Not Use Prescription Medication	19.3	18.6	20.9	18.6	20.2	18.5	19.4	19.9	19.6	20.4	20.0	19.8	18.8	19.6	21.8	21.3
Used Prescription Medication BUT Did Not See or Talk to a Health Professional	3.4	2.7	2.4	2.7	3.0	2.4	3.0	2.6	2.4	3.7	2.8	2.9	1.9 <sup>a</sup>	2.4	2.2	3.4
Saw or Talked to a Health Professional AND Used Prescription Medication	15.5	14.1 <sup>a</sup>	12.3 <sup>a</sup>	15.3	12.8 <sup>a</sup>	11.9 <sup>a</sup>	13.2 <sup>a</sup>	13.6 <sup>a</sup>	13.7 <sup>a</sup>	12.3 <sup>a</sup>	16.4	14.8	18.9	17.9	15.4	17.1
<b>MDE with Severe Impairment</b>																
<b>Saw or Talked to a Health Professional     OR Used Prescription Medication</b>	--	--	42.9 <sup>a</sup>	42.1 <sup>a</sup>	41.1 <sup>a</sup>	37.0 <sup>a</sup>	39.3 <sup>a</sup>	41.3 <sup>a</sup>	40.2 <sup>a</sup>	43.8 <sup>a</sup>	43.2 <sup>a</sup>	43.7 <sup>a</sup>	46.1	46.2	45.5	48.7
Saw or Talked to a Health Professional BUT Did Not Use Prescription Medication	--	--	23.4	20.6	21.5	20.3	20.8	21.9	20.1	22.9	21.5	22.1	19.3 <sup>a</sup>	21.1	24.0	23.5
Used Prescription Medication BUT Did Not See or Talk to a Health Professional	--	--	2.7	2.9	3.3	2.7	2.5	2.4	2.8	4.7	3.2	3.1	2.3	2.4	2.3	3.7
Saw or Talked to a Health Professional AND Used Prescription Medication	--	--	16.4 <sup>a</sup>	18.3	15.9 <sup>a</sup>	13.7 <sup>a</sup>	15.7 <sup>a</sup>	16.7 <sup>a</sup>	16.9 <sup>a</sup>	15.6 <sup>a</sup>	18.2	18.2	24.0	22.4	18.9	21.0

\* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.  
NOTE:    Some 2006 to 2010 estimates may differ from previously published estimates due to updates (see Section 3.3.5 in Chapter 3 of the *2019 National Survey on Drug Use and Health: Methodological Summary and Definitions*).  
NOTE:    Respondents with unknown past year treatment for depression data were excluded.  
NOTE:    Respondents with unknown past year Major Depressive Episode (MDE) data were excluded.

<sup>a</sup> The difference between this estimate and the 2019 estimate is statistically significant at the .05 level. Rounding may make the estimates appear identical.

Definitions:    Measures and terms are defined in Appendix A.

Source:    SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2004-2019.