

Table 10.7A Received Mental Health Services in Past Year among Persons Aged 18 or Older, by Demographic Characteristics: Numbers in Thousands, 2002-2019

Demographic Characteristic	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019
TOTAL	27,215 ^a	27,939 ^a	27,502 ^a	28,166 ^a	28,405 ^a	29,556 ^a	30,201 ^a	30,341 ^a	31,490 ^a	31,642 ^a	34,122 ^a	34,644 ^a	35,498 ^a	34,243 ^a	34,982 ^a	36,416 ^a	37,101 ^a	40,154
AGE GROUP																		
18-25	3,256 ^a	3,511 ^a	3,459 ^a	3,615 ^a	3,526 ^a	3,387 ^a	3,612 ^a	3,740 ^a	3,717 ^a	3,899 ^a	4,120 ^a	4,221 ^a	4,135 ^a	4,044 ^a	4,423 ^a	5,073 ^a	5,120 ^a	5,756
26 or Older	23,959 ^a	24,428 ^a	24,042 ^a	24,551 ^a	24,879 ^a	26,168 ^a	26,588 ^a	26,601 ^a	27,773 ^a	27,743 ^a	30,002 ^a	30,423 ^a	31,362 ^a	30,198 ^a	30,558 ^a	31,343 ^a	31,981 ^a	34,397
26-49	14,492 ^a	14,476 ^a	14,348 ^a	13,889 ^a	14,054 ^a	14,311 ^a	14,030 ^a	14,481 ^a	14,627 ^a	14,543 ^a	14,811 ^a	15,101 ^a	14,930 ^a	15,057 ^a	15,154 ^a	15,695 ^a	16,113 ^a	17,931
50 or Older	9,466 ^a	9,952 ^a	9,695 ^a	10,661 ^a	10,825 ^a	11,857 ^a	12,559 ^a	12,120 ^a	13,146 ^a	13,200 ^a	15,191	15,322	16,432	15,142 ^a	15,404	15,647	15,868	16,466
GENDER																		
Male	8,772 ^a	8,689 ^a	9,044 ^a	9,308 ^a	9,484 ^a	9,876 ^a	10,141 ^a	10,131 ^a	10,519 ^a	11,051 ^a	11,519 ^a	11,557 ^a	12,190 ^a	11,945 ^a	11,632 ^a	12,462 ^a	12,096 ^a	13,428
Female	18,442 ^a	19,250 ^a	18,458 ^a	18,858 ^a	18,921 ^a	19,680 ^a	20,060 ^a	20,210 ^a	20,970 ^a	20,592 ^a	22,603 ^a	23,087 ^a	23,308 ^a	22,298 ^a	23,350 ^a	23,954 ^a	25,006 ^a	26,726
HISPANIC ORIGIN AND RACE																		
Not Hispanic or Latino	25,172 ^a	25,919 ^a	25,523 ^a	25,999 ^a	26,372 ^a	27,394 ^a	28,137 ^a	28,071 ^a	28,981 ^a	29,180 ^a	31,651 ^a	31,549 ^a	32,463 ^a	31,187 ^a	31,740 ^a	33,086 ^a	33,573 ^a	36,188
White	21,943 ^a	22,914 ^a	22,512 ^a	22,890 ^a	23,330 ^a	24,785 ^a	24,818 ^a	24,888 ^a	25,418 ^a	25,656 ^a	27,638 ^a	27,383 ^a	28,079 ^a	27,129 ^a	27,793 ^a	28,708 ^a	29,151 ^a	31,158
Black or African American	1,953 ^a	2,021 ^a	2,052 ^a	2,193 ^a	1,856 ^a	1,711 ^a	2,231 ^a	2,044 ^a	2,353 ^a	2,035 ^a	2,770	2,460	2,626	2,476	2,393 ^a	2,525	2,555	2,897
AIAN	227	136	143	169	130	128	124	*	145	210	199	193	178	199	208	170	211	192
NHOPI	29	*	*	*	58	*	*	*	*	21 ^a	52	32	87	39	60	53	98	59
Asian	668 ^a	424 ^a	422 ^a	365 ^a	518 ^a	382 ^a	442 ^a	358 ^a	545 ^a	728	505 ^a	768	849	674 ^a	663 ^a	823	894	1,012
Two or More Races	352 ^a	373 ^a	335 ^a	317 ^a	480 ^a	363 ^a	469 ^a	467 ^a	481 ^a	529 ^a	485 ^a	713	645 ^a	672	624 ^a	806	664	869
Hispanic or Latino	2,043 ^a	2,020 ^a	1,979 ^a	2,166 ^a	2,033 ^a	2,162 ^a	2,064 ^a	2,270 ^a	2,509 ^a	2,463 ^a	2,471 ^a	3,096 ^a	3,035 ^a	3,055 ^a	3,242 ^a	3,330 ^a	3,528	3,965

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.
NOTE: Some 2006 to 2010 estimates may differ from previously published estimates due to updates (see Section 3.3.5 in Chapter 3 of the 2019 National Survey on Drug Use and Health: Methodological Summary and Definitions).
NOTE: Mental Health Services for adults includes inpatient treatment/counseling, outpatient treatment/counseling, or use of prescription medication for problems with emotions, nerves, or mental health. Respondents with unknown mental health service information were excluded.
NOTE: Because of revisions in 2004 to the logical editing of the outpatient mental health services data, these 2002 and 2003 estimates may differ from estimates published prior to the 2004 NSDUH.

^a The difference between this estimate and the 2019 estimate is statistically significant at the .05 level. Rounding may make the estimates appear identical.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2002-2019.

Table 10.7B Received Mental Health Services in Past Year among Persons Aged 18 or Older, by Demographic Characteristics: Percentages, 2002-2019

Demographic Characteristic	2002	2003	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019
TOTAL	13.0 ^a	13.2 ^a	12.8 ^a	13.0 ^a	12.9 ^a	13.3 ^a	13.5 ^a	13.4 ^a	13.8 ^a	13.6 ^a	14.5 ^a	14.6 ^a	14.8 ^a	14.2 ^a	14.4 ^a	14.8 ^a	15.0 ^a	16.1
AGE GROUP																		
18-25	10.5 ^a	11.1 ^a	10.8 ^a	11.2 ^a	10.8 ^a	10.4 ^a	11.0 ^a	11.2 ^a	11.0 ^a	11.4 ^a	12.0 ^a	12.2 ^a	11.9 ^a	11.7 ^a	12.9 ^a	14.9 ^a	15.2 ^a	17.2
26 or Older	13.4 ^a	13.5 ^a	13.2 ^a	13.3 ^a	13.3 ^a	13.8 ^a	13.9 ^a	13.8 ^a	14.3 ^a	14.0 ^a	15.0 ^a	15.0 ^a	15.3	14.6 ^a	14.6 ^a	14.8 ^a	15.0 ^a	16.0
26-49	14.5 ^a	14.5 ^a	14.4 ^a	13.9 ^a	14.0 ^a	14.3 ^a	14.1 ^a	14.6 ^a	14.9 ^a	14.9 ^a	15.2 ^a	15.5 ^a	15.3 ^a	15.3 ^a	15.4 ^a	15.7 ^a	16.1 ^a	17.8
50 or Older	12.0 ^a	12.3 ^a	11.7 ^a	12.5 ^a	12.4 ^a	13.2	13.7	12.9 ^a	13.6	13.2	14.8	14.6	15.4	13.9	14.0	14.0	14.0	14.4
GENDER																		
Male	8.7 ^a	8.5 ^a	8.8 ^a	8.9 ^a	8.9 ^a	9.2 ^a	9.4 ^a	9.3 ^a	9.5 ^a	9.9 ^a	10.2 ^a	10.1 ^a	10.6	10.3 ^a	9.9 ^a	10.5	10.1 ^a	11.2
Female	16.9 ^a	17.5 ^a	16.6 ^a	16.8 ^a	16.6 ^a	17.1 ^a	17.3 ^a	17.2 ^a	17.8 ^a	17.1 ^a	18.6 ^a	18.8 ^a	18.8 ^a	17.8 ^a	18.5 ^a	18.8 ^a	19.5 ^a	20.8
HISPANIC ORIGIN AND RACE																		
Not Hispanic or Latino	13.6 ^a	13.9 ^a	13.6 ^a	13.7 ^a	13.8 ^a	14.2 ^a	14.5 ^a	14.3 ^a	14.7 ^a	14.7 ^a	15.8 ^a	15.7 ^a	16.0 ^a	15.3 ^a	15.5 ^a	16.0 ^a	16.2 ^a	17.4
White	14.7 ^a	15.2 ^a	14.9 ^a	15.1 ^a	15.3 ^a	16.1 ^a	16.1 ^a	16.0 ^a	16.3 ^a	16.6 ^a	17.8 ^a	17.6 ^a	18.0 ^a	17.3 ^a	17.7 ^a	18.3 ^a	18.6 ^a	19.8
Black or African American	8.5	8.5	8.5	8.9	7.4 ^a	6.8 ^a	8.7	7.8 ^a	8.9	7.6 ^a	10.2	8.9	9.4	8.7	8.4	8.7	8.7	9.8
AIAN	17.7	12.6	12.6	15.4	11.9	11.6	13.2	*	13.5	16.3	15.4	15.7	14.1	15.6	15.2	13.2	14.1	13.9
NHOPI	3.9	*	*	*	7.0	*	*	*	*	2.5	5.3	4.2	9.5	6.5	5.5	5.6	10.9	6.1
Asian	8.3	4.9	4.7	4.0 ^a	5.6	4.0 ^a	4.5 ^a	3.6 ^a	5.3	6.5	4.4 ^a	6.4	6.8	5.0	5.1	6.0	6.3	7.0
Two or More Races	16.6	17.5	15.8	14.4	21.6	15.8	18.9	19.2	18.2	16.2	14.2 ^a	20.2	17.7	17.5	15.6	19.4	15.4	20.0
Hispanic or Latino	8.2	7.8 ^a	7.4 ^a	7.8 ^a	7.1 ^a	7.3 ^a	6.8 ^a	7.3 ^a	7.9 ^a	7.3 ^a	7.1 ^a	8.7	8.3 ^a	8.1 ^a	8.5	8.4	8.8	9.7

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