

Table 10.33A Major Depressive Episode with Severe Impairment in Past Year among Persons Aged 18 or Older, by Demographic Characteristics: Numbers in Thousands, 2009-2019

Demographic Characteristic	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019
TOTAL	8,913 ^a	9,671 ^a	9,669 ^a	10,445 ^a	10,128 ^a	10,237 ^a	10,263 ^a	10,332 ^a	11,007 ^a	11,489 ^a	13,112
AGE GROUP											
18-25	1,739 ^a	1,771 ^a	1,779 ^a	1,975 ^a	1,971 ^a	2,078 ^a	2,239 ^a	2,388 ^a	2,887 ^a	2,968 ^a	3,407
26 or Older	7,173 ^a	7,899 ^a	7,890 ^a	8,470 ^a	8,157 ^a	8,159 ^a	8,024 ^a	7,944 ^a	8,119 ^a	8,520 ^a	9,705
26-49	4,783 ^a	4,558 ^a	5,036 ^a	5,008 ^a	4,786 ^a	4,496 ^a	4,795 ^a	4,627 ^a	5,019 ^a	5,284 ^a	6,101
50 or Older	2,391 ^a	3,341	2,855 ^a	3,462	3,371	3,663	3,229	3,317	3,101	3,236	3,604
GENDER											
Male	3,149 ^a	3,540 ^a	3,335 ^a	3,840 ^a	3,813 ^a	3,502 ^a	3,478 ^a	3,500 ^a	3,777 ^a	4,013 ^a	4,646
Female	5,764 ^a	6,130 ^a	6,334 ^a	6,604 ^a	6,316 ^a	6,735 ^a	6,785 ^a	6,832 ^a	7,230 ^a	7,476 ^a	8,466
HISPANIC ORIGIN AND RACE											
Not Hispanic or Latino	7,909 ^a	8,442 ^a	8,744 ^a	8,804 ^a	8,664 ^a	8,879 ^a	9,167 ^a	8,910 ^a	9,802 ^a	9,970 ^a	11,299
White	6,601 ^a	7,053 ^a	7,054 ^a	7,044 ^a	7,107 ^a	7,141 ^a	7,553 ^a	7,288 ^a	7,839 ^a	7,993 ^a	9,071
Black or African American	853 ^a	1,021	1,062	1,140	797 ^a	957 ^a	895 ^a	927 ^a	1,135	1,150	1,264
AIAN	63	57	86	99	61	51	84	77	82	93	109
NHOPI	*	19	14	*	12	22	22	41	40	55	18
Asian	192 ^a	168 ^a	340	247 ^a	358	346	266	291	401	379	427
Two or More Races	165 ^a	125 ^a	187 ^a	184 ^a	330	361	347	285	306	299	411
Hispanic or Latino	1,004 ^a	1,229 ^a	925 ^a	1,641	1,464	1,359 ^a	1,095 ^a	1,422	1,205 ^a	1,519	1,813

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Some 2009 to 2010 estimates may differ from previously published estimates due to updates (see Section 3.3.5 in Chapter 3 of the *2019 National Survey on Drug Use and Health: Methodological Summary and Definitions*).

NOTE: Respondents with unknown past year Major Depressive Episode (MDE) data were excluded.

NOTE: Respondents with unknown impairment data were excluded.

^a The difference between this estimate and the 2019 estimate is statistically significant at the .05 level. Rounding may make the estimates appear identical.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2009-2019.

Table 10.33B Major Depressive Episode with Severe Impairment in Past Year among Persons Aged 18 or Older, by Demographic Characteristics: Percentages, 2009-2019

Demographic Characteristic	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019
TOTAL	4.0 ^a	4.2 ^a	4.2 ^a	4.5 ^a	4.3 ^a	4.3 ^a	4.3 ^a	4.3 ^a	4.5 ^a	4.7 ^a	5.3
AGE GROUP											
18-25	5.2 ^a	5.2 ^a	5.2 ^a	5.8 ^a	5.7 ^a	6.0 ^a	6.5 ^a	7.0 ^a	8.5 ^a	8.9 ^a	10.3
26 or Older	3.7 ^a	4.1 ^a	4.0 ^a	4.3	4.1 ^a	4.0 ^a	3.9 ^a	3.8 ^a	3.9 ^a	4.0 ^a	4.5
26-49	4.8 ^a	4.7 ^a	5.2 ^a	5.1 ^a	4.9 ^a	4.6 ^a	4.9 ^a	4.7 ^a	5.0 ^a	5.3 ^a	6.1
50 or Older	2.6 ^a	3.5	2.9	3.4	3.2	3.5	3.0	3.0	2.8	2.9	3.2
GENDER											
Male	2.9 ^a	3.2 ^a	3.0 ^a	3.4	3.4 ^a	3.1 ^a	3.0 ^a	3.0 ^a	3.2 ^a	3.4 ^a	3.9
Female	4.9 ^a	5.2 ^a	5.3 ^a	5.5 ^a	5.2 ^a	5.5 ^a	5.5 ^a	5.5 ^a	5.7 ^a	5.9 ^a	6.6
HISPANIC ORIGIN AND RACE											
Not Hispanic or Latino	4.1 ^a	4.3 ^a	4.4 ^a	4.4 ^a	4.3 ^a	4.4 ^a	4.5 ^a	4.4 ^a	4.8 ^a	4.8 ^a	5.5
White	4.3 ^a	4.6 ^a	4.6 ^a	4.6 ^a	4.6 ^a	4.6 ^a	4.9 ^a	4.7 ^a	5.0 ^a	5.1 ^a	5.8
Black or African American	3.3 ^a	3.9	4.0	4.2	2.9 ^a	3.4	3.2 ^a	3.3 ^a	3.9	4.0	4.3
AIAN	5.8	5.3	6.9	7.7	5.0	4.1	6.7	5.6	6.4	6.4	7.9
NHOPI	*	2.9	1.7	*	1.5	2.5	3.6	3.8	4.2	5.9	1.8
Asian	1.9	1.6 ^a	3.1	2.2	3.0	2.8	2.0	2.2	2.9	2.7	3.0
Two or More Races	6.8	4.7 ^a	5.8 ^a	5.4 ^a	9.4	9.9	9.1	7.1	7.5	7.0	9.4
Hispanic or Latino	3.3 ^a	3.9	2.7 ^a	4.7	4.2	3.7	2.9 ^a	3.8	3.1 ^a	3.8	4.5

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

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NOTE: Respondents with unknown past year Major Depressive Episode (MDE) data were excluded.

NOTE: Respondents with unknown impairment data were excluded.

^a The difference between this estimate and the 2019 estimate is statistically significant at the .05 level. Rounding may make the estimates appear identical.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2009-2019.

Table 10.34A Received Treatment for Depression in Past Year among Persons Aged 18 or Older with Major Depressive Episode in Past Year, by Demographic Characteristics: Numbers in Thousands, 2009-2019

Demographic Characteristic	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019
TOTAL	9,526 ^a	10,605 ^a	10,299 ^a	10,885 ^a	10,727 ^a	10,717 ^a	10,801 ^a	10,574 ^a	11,548 ^a	11,462 ^a	12,824
AGE GROUP											
18-25	1,257 ^a	1,360 ^a	1,349 ^a	1,520 ^a	1,526 ^a	1,581 ^a	1,662 ^a	1,631 ^a	2,238 ^a	2,286 ^a	2,565
26 or Older	8,270 ^a	9,245 ^a	8,950 ^a	9,365	9,200 ^a	9,136 ^a	9,139 ^a	8,943 ^a	9,310 ^a	9,176 ^a	10,258
26-49	4,888 ^a	5,013 ^a	5,124 ^a	5,071 ^a	4,884 ^a	4,723 ^a	4,938 ^a	4,871 ^a	5,128 ^a	5,142 ^a	6,135
50 or Older	3,382 ^a	4,232	3,826	4,294	4,317	4,413	4,201	4,072	4,182	4,034	4,124
GENDER											
Male	3,084 ^a	3,339 ^a	3,211 ^a	3,503	3,464	3,422 ^a	3,208 ^a	3,174 ^a	3,650	3,548	4,041
Female	6,443 ^a	7,266 ^a	7,088 ^a	7,382 ^a	7,263 ^a	7,295 ^a	7,593 ^a	7,400 ^a	7,898 ^a	7,914 ^a	8,783
HISPANIC ORIGIN AND RACE											
Not Hispanic or Latino	8,638 ^a	9,456 ^a	9,478 ^a	9,543 ^a	9,543 ^a	9,469 ^a	9,721 ^a	9,448 ^a	10,370	10,118 ^a	11,223
White	7,468 ^a	8,203 ^a	8,252 ^a	7,950 ^a	8,150 ^a	7,877 ^a	8,297 ^a	8,037 ^a	8,737	8,366 ^a	9,346
Black or African American	760 ^a	835	800 ^a	1,047	811 ^a	879	799 ^a	855	994	1,090	1,096
AIAN	*	*	*	*	*	*	*	*	*	*	*
NHOPI	*	*	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	251	261	346
Two or More Races	*	*	*	*	*	350	314	244	296	288	359
Hispanic or Latino	888 ^a	1,149 ^a	821 ^a	1,341	1,184 ^a	1,248 ^a	1,080 ^a	1,126 ^a	1,178 ^a	1,344	1,601

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NOTE: Some 2009 to 2010 estimates may differ from previously published estimates due to updates (see Section 3.3.5 in Chapter 3 of the *2019 National Survey on Drug Use and Health: Methodological Summary and Definitions*).

NOTE: Respondents with unknown past year treatment for depression data were excluded.

NOTE: Respondents with unknown past year Major Depressive Episode (MDE) data were excluded.

^a The difference between this estimate and the 2019 estimate is statistically significant at the .05 level. Rounding may make the estimates appear identical.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2009-2019.

Table 10.34B Received Treatment for Depression in Past Year among Persons Aged 18 or Older with Major Depressive Episode in Past Year, by Demographic Characteristics: Percentages, 2009-2019

Demographic Characteristic	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019
TOTAL	64.3	68.2	68.1	68.0	68.6	68.6	67.2	65.3	66.8	64.8	66.3
AGE GROUP											
18-25	47.0	48.7	47.8	49.8	50.8	49.5	46.8 ^a	44.1 ^a	50.7	49.6	50.9
26 or Older	68.2	72.4	72.7	72.3	72.8	73.5	73.0	71.6	72.4	70.1	71.8
26-49	64.8	68.1	68.1	68.8	66.7	67.9	67.4	67.4	67.3	64.4 ^a	68.9
50 or Older	73.8	78.4	80.0	76.8	81.3	80.8	80.9	77.3	79.7	78.9	76.5
GENDER											
Male	59.0	59.8	61.0	60.3	60.1	62.4 ^a	58.8	56.6	58.3	56.7	56.8
Female	67.3 ^a	72.9	71.8	72.4	73.6	72.0	71.6	69.9	71.7	69.2	71.9
HISPANIC ORIGIN AND RACE											
Not Hispanic or Latino	66.4	68.7	69.8	70.2	70.3	69.7	68.1	67.2	68.4	66.5	67.7
White	68.6	71.8	73.1	72.0	71.9	71.9	70.6	69.7	70.5	68.5	70.2
Black or African American	53.2	54.5	54.3	62.1	64.6	58.5	57.9	60.8	63.1	61.2	59.6
AIAN	*	*	*	*	*	*	*	*	*	*	*
NHOPI	*	*	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	41.9	43.9	51.7
Two or More Races	*	*	*	*	*	75.9 ^a	67.9	58.4	64.8	65.8	60.3
Hispanic or Latino	49.2	64.2	53.2	55.6	57.7	61.2	60.1	52.7	55.9	53.9	58.0

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NOTE: Respondents with unknown past year treatment for depression data were excluded.

NOTE: Respondents with unknown past year Major Depressive Episode (MDE) data were excluded.

^a The difference between this estimate and the 2019 estimate is statistically significant at the .05 level. Rounding may make the estimates appear identical.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2009-2019.

Table 10.35A Received Treatment for Depression in Past Year among Persons Aged 18 or Older with Past Year Major Depressive Episode with Severe Impairment, by Demographic Characteristics: Numbers in Thousands, 2009-2019

Demographic Characteristic	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019
TOTAL	6,367 ^a	7,054 ^a	7,121 ^a	7,633 ^a	7,719 ^a	7,534 ^a	7,451 ^a	7,452 ^a	7,923 ^a	7,878 ^a	9,467
AGE GROUP											
18-25	890 ^a	954 ^a	963 ^a	1,095 ^a	1,119 ^a	1,148 ^a	1,163 ^a	1,225 ^a	1,649 ^a	1,594 ^a	1,921
26 or Older	5,477 ^a	6,100 ^a	6,159 ^a	6,538 ^a	6,599 ^a	6,386 ^a	6,288 ^a	6,228 ^a	6,274 ^a	6,283 ^a	7,546
26-49	3,463 ^a	3,381 ^a	3,733 ^a	3,689 ^a	3,554 ^a	3,250 ^a	3,449 ^a	3,437 ^a	3,596 ^a	3,593 ^a	4,532
50 or Older	2,014 ^a	2,719	2,425	2,849	3,046	3,136	2,839	2,791	2,678	2,691	3,014
GENDER											
Male	2,020 ^a	2,288 ^a	2,291 ^a	2,509	2,592	2,268 ^a	2,228 ^a	2,283 ^a	2,408 ^a	2,464	2,868
Female	4,347 ^a	4,766 ^a	4,830 ^a	5,125 ^a	5,127 ^a	5,266 ^a	5,223 ^a	5,170 ^a	5,515 ^a	5,414 ^a	6,599
HISPANIC ORIGIN AND RACE											
Not Hispanic or Latino	5,805 ^a	6,216 ^a	6,569 ^a	6,567 ^a	6,831 ^a	6,595 ^a	6,717 ^a	6,622 ^a	7,184 ^a	6,972 ^a	8,255
White	4,990 ^a	5,414 ^a	5,500 ^a	5,362 ^a	5,722 ^a	5,453 ^a	5,733 ^a	5,600 ^a	5,950 ^a	5,767 ^a	6,851
Black or African American	515 ^a	596	703	755	587	572 ^a	532 ^a	626	759	740	808
AIAN	*	*	*	*	*	*	*	*	*	*	*
NHOPI	*	*	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*	*	*
Two or More Races	*	*	*	*	*	297	*	*	213	*	259
Hispanic or Latino	562 ^a	838 ^a	552 ^a	1,066	887	939	734 ^a	831 ^a	739 ^a	906 ^a	1,212

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

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NOTE: Respondents with unknown past year treatment for depression data were excluded.

NOTE: Respondents with unknown past year Major Depressive Episode (MDE) data were excluded.

NOTE: Respondents with unknown impairment data were excluded.

^a The difference between this estimate and the 2019 estimate is statistically significant at the .05 level. Rounding may make the estimates appear identical.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2009-2019.

Table 10.35B Received Treatment for Depression in Past Year among Persons Aged 18 or Older with Past Year Major Depressive Episode with Severe Impairment, by Demographic Characteristics: Percentages, 2009-2019

Demographic Characteristic	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019
TOTAL	71.5	72.9	73.7	73.1	76.4 ^a	73.7	72.7	72.2	72.1	68.6 ^a	72.2
AGE GROUP											
18-25	51.2 ^a	53.9	54.2	55.5	56.8	55.3	52.0	51.3 ^a	57.1	53.7	56.4
26 or Older	76.4	77.2	78.1	77.2	81.1	78.4	78.4	78.4	77.4	73.8 ^a	77.8
26-49	72.4	74.2	74.1	73.7	74.4	72.3	72.0	74.3	71.8	68.0 ^a	74.4
50 or Older	84.4	81.4	85.0	82.4	90.8 ^a	85.9	87.9	84.1	86.4	83.1	83.6
GENDER											
Male	64.2	64.6	68.8 ^a	65.4	68.0	64.8	64.1	65.2	63.8	61.4	61.8
Female	75.4	77.7	76.2	77.6	81.5	78.3	77.1	75.7	76.4	72.4 ^a	78.0
HISPANIC ORIGIN AND RACE											
Not Hispanic or Latino	73.4	73.6	75.2	74.6	79.1 ^a	74.4	73.3	74.4	73.4	69.9 ^a	73.1
White	75.6	76.8	78.0	76.1	80.8 ^a	76.4	75.9	76.9	75.9	72.2	75.6
Black or African American	60.4	58.4	66.2	66.3	73.7	60.2	59.5	67.7	67.1	64.3	64.1
AIAN	*	*	*	*	*	*	*	*	*	*	*
NHOPI	*	*	*	*	*	*	*	*	*	*	*
Asian	*	*	*	*	*	*	*	*	*	*	*
Two or More Races	*	*	*	*	*	82.4 ^a	*	*	71.6	*	63.0
Hispanic or Latino	56.0	68.2	59.7	65.0	60.6	69.2	67.1	58.4	61.4	59.6	66.9

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NOTE: Respondents with unknown past year treatment for depression data were excluded.

NOTE: Respondents with unknown past year Major Depressive Episode (MDE) data were excluded.

NOTE: Respondents with unknown impairment data were excluded.

^a The difference between this estimate and the 2019 estimate is statistically significant at the .05 level. Rounding may make the estimates appear identical.

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