

Table 10.32A Major Depressive Episode in Past Year among Persons Aged 18 or Older, by Demographic Characteristics: Numbers in Thousands, 2005-2019

Demographic Characteristic	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019
TOTAL	14,194 ^a	14,239 ^a	14,835 ^a	14,462 ^a	14,836 ^a	15,556 ^a	15,153 ^a	16,026 ^a	15,670 ^a	15,655 ^a	16,079 ^a	16,225 ^a	17,297 ^a	17,720 ^a	19,357
AGE GROUP															
18-25	2,828 ^a	2,623 ^a	2,608 ^a	2,742 ^a	2,677 ^a	2,796 ^a	2,826 ^a	3,051 ^a	3,007 ^a	3,200 ^a	3,554 ^a	3,705 ^a	4,416 ^a	4,609 ^a	5,045
26 or Older	11,365 ^a	11,615 ^a	12,227 ^a	11,720 ^a	12,159 ^a	12,760 ^a	12,326 ^a	12,975 ^a	12,663 ^a	12,455 ^a	12,525 ^a	12,520 ^a	12,880 ^a	13,111 ^a	14,312
26-49	7,527 ^a	7,694 ^a	7,590 ^a	7,377 ^a	7,546 ^a	7,361 ^a	7,536 ^a	7,370 ^a	7,336 ^a	6,970 ^a	7,329 ^a	7,236 ^a	7,635 ^a	7,990 ^a	8,914
50 or Older	3,838 ^a	3,922 ^a	4,637	4,343 ^a	4,613	5,400	4,790	5,606	5,327	5,485	5,196	5,284	5,245	5,121	5,399
GENDER															
Male	4,821 ^a	5,032 ^a	5,032 ^a	4,921 ^a	5,232 ^a	5,590 ^a	5,264 ^a	5,811 ^a	5,777 ^a	5,492 ^a	5,461 ^a	5,639 ^a	6,266 ^a	6,272 ^a	7,125
Female	9,373 ^a	9,206 ^a	9,803 ^a	9,541 ^a	9,605 ^a	9,966 ^a	9,889 ^a	10,215 ^a	9,893 ^a	10,163 ^a	10,618 ^a	10,586 ^a	11,031 ^a	11,447	12,233
HISPANIC ORIGIN AND RACE															
Not Hispanic or Latino	12,551 ^a	12,886 ^a	13,235 ^a	12,875 ^a	13,032 ^a	13,765 ^a	13,597 ^a	13,613 ^a	13,617 ^a	13,605 ^a	14,278 ^a	14,088 ^a	15,188 ^a	15,225 ^a	16,588
White	10,449 ^a	10,783 ^a	11,200 ^a	10,821 ^a	10,917 ^a	11,420 ^a	11,303 ^a	11,051 ^a	11,375 ^a	10,979 ^a	11,747 ^a	11,551 ^a	12,398	12,224 ^a	13,319
Black or African American	1,461	1,432 ^a	1,345 ^a	1,346 ^a	1,427 ^a	1,533	1,472 ^a	1,686	1,256 ^a	1,511 ^a	1,380 ^a	1,409 ^a	1,579	1,783	1,841
AIAN	97	100	96	55 ^a	70	83	92	129	110	74	111	120	102	125	129
NHOPI	48	42	*	*	*	*	28	*	12	60	31	79	45	64	34
Asian	282 ^a	248 ^a	256 ^a	303 ^a	323 ^a	393 ^a	435 ^a	371 ^a	468	519	543	511	600	593	669
Two or More Races	214 ^a	281 ^a	273 ^a	271 ^a	253 ^a	285 ^a	267 ^a	260 ^a	397 ^a	461	467	419 ^a	465	437	595
Hispanic or Latino	1,643 ^a	1,353 ^a	1,600 ^a	1,587 ^a	1,804 ^a	1,791 ^a	1,556 ^a	2,413	2,053 ^a	2,050 ^a	1,801 ^a	2,137 ^a	2,109 ^a	2,495	2,769

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Some 2006 to 2010 estimates may differ from previously published estimates due to updates (see Section 3.3.5 in Chapter 3 of the *2019 National Survey on Drug Use and Health: Methodological Summary and Definitions*).

NOTE: Respondents with unknown past year Major Depressive Episode (MDE) data were excluded.

NOTE: Estimates for 2005 to 2008 are based on an adjusted MDE variable and may differ from estimates published in prior NSDUH reports. See Section 3.4.8 in Chapter 3 of the *2019 National Survey on Drug Use and Health: Methodological Summary and Definitions*.

^a The difference between this estimate and the 2019 estimate is statistically significant at the .05 level. Rounding may make the estimates appear identical.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2005-2019.

Table 10.32B Major Depressive Episode in Past Year among Persons Aged 18 or Older, by Demographic Characteristics: Percentages, 2005-2019

Demographic Characteristic	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018	2019
TOTAL	6.6 ^a	6.5 ^a	6.7 ^a	6.5 ^a	6.6 ^a	6.8 ^a	6.6 ^a	6.9 ^a	6.7 ^a	6.6 ^a	6.7 ^a	6.7 ^a	7.1 ^a	7.2 ^a	7.8
AGE GROUP															
18-25	8.8 ^a	8.1 ^a	8.0 ^a	8.4 ^a	8.0 ^a	8.3 ^a	8.3 ^a	8.9 ^a	8.7 ^a	9.3 ^a	10.3 ^a	10.9 ^a	13.1 ^a	13.8 ^a	15.2
26 or Older	6.2	6.2	6.5	6.2	6.3	6.6	6.3	6.5	6.3	6.1 ^a	6.1 ^a	6.0 ^a	6.1 ^a	6.2 ^a	6.7
26-49	7.6 ^a	7.7 ^a	7.6 ^a	7.4 ^a	7.6 ^a	7.5 ^a	7.7 ^a	7.6 ^a	7.6 ^a	7.2 ^a	7.5 ^a	7.4 ^a	7.7 ^a	8.0 ^a	8.9
50 or Older	4.5	4.5	5.2	4.8	4.9	5.6 ^a	4.8	5.5	5.1	5.2	4.8	4.8	4.7	4.5	4.7
GENDER															
Male	4.6 ^a	4.8 ^a	4.7 ^a	4.6 ^a	4.8 ^a	5.1 ^a	4.7 ^a	5.2 ^a	5.1 ^a	4.8 ^a	4.7 ^a	4.8 ^a	5.3 ^a	5.3 ^a	6.0
Female	8.4 ^a	8.1 ^a	8.6 ^a	8.3 ^a	8.2 ^a	8.5 ^a	8.3 ^a	8.4 ^a	8.1 ^a	8.2 ^a	8.5 ^a	8.5 ^a	8.7 ^a	9.0	9.6
HISPANIC ORIGIN AND RACE															
Not Hispanic or Latino	6.6 ^a	6.8 ^a	6.9 ^a	6.7 ^a	6.7 ^a	7.0 ^a	6.9 ^a	6.8 ^a	6.8 ^a	6.8 ^a	7.0 ^a	6.9 ^a	7.4 ^a	7.4 ^a	8.0
White	6.9 ^a	7.1 ^a	7.3 ^a	7.0 ^a	7.1 ^a	7.4 ^a	7.3 ^a	7.1 ^a	7.3 ^a	7.1 ^a	7.5 ^a	7.4 ^a	7.9 ^a	7.8 ^a	8.5
Black or African American	6.0	5.7	5.4	5.3	5.5	5.8	5.6	6.3	4.6 ^a	5.4	4.9 ^a	5.0 ^a	5.4	6.1	6.3
AIAN	8.8	9.1	8.7	5.9	6.5	7.8	7.4	10.0	8.9	6.0	8.9	8.7	8.0	8.5	9.4
NHOPI	7.7	5.1	*	*	*	*	3.2	*	1.6	6.7	5.2	7.3	4.7	6.9	3.5
Asian	3.2	2.7 ^a	2.7 ^a	3.1	3.3	3.8	4.0	3.2	4.0	4.2	4.1	3.9	4.4	4.3	4.7
Two or More Races	9.7	12.7	11.9	11.1	10.5	10.8	8.3 ^a	7.7 ^a	11.4	12.7	12.2	10.5	11.3	10.2	13.7
Hispanic or Latino	6.0	4.7 ^a	5.5 ^a	5.3 ^a	5.9	5.7	4.6 ^a	7.0	5.8	5.6 ^a	4.8 ^a	5.6 ^a	5.4 ^a	6.2	6.8

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

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^a The difference between this estimate and the 2019 estimate is statistically significant at the .05 level. Rounding may make the estimates appear identical.

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