

**Table 1.91A Any Use of Benzodiazepines in Past Year among Persons Aged 12 or Older, by Age Group and Geographic and Socioeconomic Characteristics: Numbers in Thousands, 2018 and 2019**

Geographic/Socioeconomic Characteristic	Aged 12+ (2018)	Aged 12+ (2019)	Aged 12-17 (2018)	Aged 12-17 (2019)	Aged 18+ (2018)	Aged 18+ (2019)	Aged 18-25 (2018)	Aged 18-25 (2019)	Aged 26+ (2018)	Aged 26+ (2019)
<b>TOTAL</b>	30,755	29,408	769	749	29,987	28,659	3,230	2,983	26,757	25,676
<b>GEOGRAPHIC REGION</b>										
Northeast	5,488	5,326	95	81	5,393	5,244	640 <sup>a</sup>	502	4,753	4,743
Midwest	6,269	6,182	174	168	6,095	6,014	767	716	5,328	5,298
South	11,952	11,368	302	292	11,650	11,076	1,183	1,042	10,468	10,033
West	7,046	6,532	198	207	6,848	6,325	640	723	6,208	5,602
<b>COUNTY TYPE</b>										
Large Metro	16,678	16,415	399	404	16,279	16,011	1,756	1,699	14,523	14,312
Small Metro	9,741	8,906	259	249	9,483	8,657	1,037	894	8,446	7,763
Nonmetro	4,336	4,086	110	96	4,225	3,991	437	389	3,788	3,602
Urbanized	2,013	1,666	47	45	1,966	1,620	213	224	1,753 <sup>a</sup>	1,397
Less Urbanized	1,857	1,949	50	40	1,808	1,909	204 <sup>a</sup>	132	1,604	1,777
Completely Rural	466	472	14	11	452	462	20	34	432	428
<b>POVERTY LEVEL<sup>1</sup></b>										
Less Than 100%	4,253 <sup>a</sup>	3,619	166	176	4,087 <sup>a</sup>	3,443	782	665	3,305 <sup>a</sup>	2,778
100-199%	5,320	5,535	161	171	5,159	5,364	776 <sup>a</sup>	607	4,383	4,757
200% or More	21,125	20,199	441	402	20,684	19,797	1,615	1,656	19,069	18,142
<b>HEALTH INSURANCE<sup>2</sup></b>										
Private	20,055	19,000	396	360	19,658	18,640	2,064	1,911	17,594	16,729
Medicaid/CHIP	5,786	5,306	329	324	5,457	4,982	637	637	4,819	4,345
Other <sup>3</sup>	9,687	9,345	46	52	9,642	9,293	216	224	9,425	9,069
No Coverage	2,084	2,109	34	36	2,050	2,073	442 <sup>a</sup>	343	1,608	1,730

\* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

<sup>a</sup> The difference between this estimate and the 2019 estimate is statistically significant at the .05 level. Rounding may make the estimates appear identical.

<sup>1</sup> Respondents aged 18 to 22 who were living in a college dormitory were excluded.

<sup>2</sup> Respondents could indicate multiple types of health insurance; thus, these response categories are not mutually exclusive.

<sup>3</sup> Other Health Insurance is defined as having Medicare, military-related health care, or any other type of health insurance.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2018 and 2019.

**Table 1.91B Any Use of Benzodiazepines in Past Year among Persons Aged 12 or Older, by Age Group and Geographic and Socioeconomic Characteristics: Percentages, 2018 and 2019**

Geographic/Socioeconomic Characteristic	Aged 12+ (2018)	Aged 12+ (2019)	Aged 12-17 (2018)	Aged 12-17 (2019)	Aged 18+ (2018)	Aged 18+ (2019)	Aged 18-25 (2018)	Aged 18-25 (2019)	Aged 26+ (2018)	Aged 26+ (2019)
<b>TOTAL</b>	11.2	10.7	3.1	3.0	12.0	11.4	9.5	8.8	12.5	11.9
<b>GEOGRAPHIC REGION</b>										
Northeast	11.5	11.2	2.4	2.1	12.3	12.0	10.9 <sup>a</sup>	8.7	12.5	12.5
Midwest	11.0	10.8	3.3	3.2	11.7	11.6	10.6	10.0	11.9	11.8
South	11.5	10.9	3.1	3.0	12.4	11.7	9.3	8.2	12.9	12.2
West	10.8	10.0	3.3	3.4	11.6	10.6	7.8	8.9	12.2	10.9
<b>COUNTY TYPE</b>										
Large Metro	10.9	10.7	2.9	3.0	11.7	11.4	9.2	9.0	12.1	11.8
Small Metro	11.9 <sup>a</sup>	10.7	3.5	3.2	12.8 <sup>a</sup>	11.4	9.7 <sup>a</sup>	8.4	13.3 <sup>a</sup>	11.9
Nonmetro	11.0	10.7	3.1	2.7	11.8	11.6	10.0	9.0	12.0	12.0
Urbanized	11.4	10.5	3.3	2.9	12.1	11.3	11.0	11.0	12.3	11.3
Less Urbanized	10.3	10.9	2.9	2.4	11.0	11.8	9.7 <sup>a</sup>	6.8	11.2	12.5
Completely Rural	12.5	10.9	3.8	2.6	13.5	11.7	5.8	8.9	14.3	12.0
<b>POVERTY LEVEL<sup>1</sup></b>										
Less Than 100%	10.6	9.7	3.0	3.5	11.8	10.7	9.4	8.4	12.6	11.4
100-199%	9.8	10.5	3.1	3.2	10.5	11.3	9.4	7.8	10.7	11.9
200% or More	11.8 <sup>a</sup>	11.0	3.1	2.8	12.6 <sup>a</sup>	11.7	9.7	9.8	12.9 <sup>a</sup>	11.9
<b>HEALTH INSURANCE<sup>2</sup></b>										
Private	11.2	10.6	2.8	2.5	11.9	11.3	10.1	9.4	12.1	11.5
Medicaid/CHIP	12.5	11.7	3.5	3.4	14.8	13.9	8.8	8.8	16.3	15.2
Other <sup>3</sup>	14.0	13.3	3.9	4.3	14.1	13.5	8.4	8.8	14.4	13.6
No Coverage	8.1	7.8	3.0	3.1	8.3	8.0	9.2 <sup>a</sup>	7.1	8.1	8.2

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**Table 1.92A Misuse of Benzodiazepines in Past Year among Persons Aged 12 or Older, by Age Group and Geographic and Socioeconomic Characteristics: Numbers in Thousands, 2018 and 2019**

<b>Geographic/Socioeconomic Characteristic</b>	<b>Aged 12+ (2018)</b>	<b>Aged 12+ (2019)</b>	<b>Aged 12-17 (2018)</b>	<b>Aged 12-17 (2019)</b>	<b>Aged 18+ (2018)</b>	<b>Aged 18+ (2019)</b>	<b>Aged 18-25 (2018)</b>	<b>Aged 18-25 (2019)</b>	<b>Aged 26+ (2018)</b>	<b>Aged 26+ (2019)</b>
<b>TOTAL</b>	5,438 <sup>a</sup>	4,841	399	381	5,039	4,460	1,526 <sup>a</sup>	1,266	3,513	3,194
<b>GEOGRAPHIC REGION</b>										
Northeast	944	912	39	24	905	888	293	212	612	676
Midwest	1,170 <sup>a</sup>	918	81	90	1,089 <sup>a</sup>	828	368	285	721	543
South	2,019	1,866	161	127	1,858	1,739	534	484	1,324	1,255
West	1,305	1,144	119	139	1,186	1,005	330	284	855	720
<b>COUNTY TYPE</b>										
Large Metro	3,289	2,902	209	197	3,080	2,705	851	711	2,230	1,994
Small Metro	1,511	1,417	138	145	1,373	1,271	461	377	912	894
Nonmetro	638	522	53	39	585	484	214	178	370	306
Urbanized	316	258	19	20	296	238	115	121	182	117
Less Urbanized	291	226	26	16	266	210	94 <sup>a</sup>	46	172	164
Completely Rural	31	38	8	3	23	35	6	10	17	25
<b>POVERTY LEVEL<sup>1</sup></b>										
Less Than 100%	1,010	827	93	77	917	750	372	305	545	445
100-199%	1,132 <sup>a</sup>	898	79	96	1,053 <sup>a</sup>	803	393 <sup>a</sup>	256	660	546
200% or More	3,272	3,091	227	209	3,045	2,882	738	678	2,307	2,204
<b>HEALTH INSURANCE<sup>2</sup></b>										
Private	3,054	2,724	194	189	2,860	2,535	964	811	1,896	1,723
Medicaid/CHIP	1,336	1,170	180	170	1,156	1,000	303 <sup>a</sup>	224	853	776
Other <sup>3</sup>	666	620	20	24	645	596	78	60	567	536
No Coverage	791	697	25	12	766	685	234	213	532	472

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<sup>1</sup> Respondents aged 18 to 22 who were living in a college dormitory were excluded.

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<b>TOTAL</b>	2.0 <sup>a</sup>	1.8	1.6	1.5	2.0 <sup>a</sup>	1.8	4.5 <sup>a</sup>	3.8	1.6	1.5
<b>GEOGRAPHIC REGION</b>										
Northeast	2.0	1.9	1.0	0.6	2.1	2.0	5.0	3.7	1.6	1.8
Midwest	2.0 <sup>a</sup>	1.6	1.5	1.7	2.1 <sup>a</sup>	1.6	5.1	4.0	1.6	1.2
South	1.9	1.8	1.7	1.3	2.0	1.8	4.2	3.8	1.6	1.5
West	2.0	1.7	2.0	2.3	2.0	1.7	4.0	3.5	1.7	1.4
<b>COUNTY TYPE</b>										
Large Metro	2.2	1.9	1.5	1.5	2.2	1.9	4.5	3.8	1.9	1.6
Small Metro	1.8	1.7	1.9	1.9	1.8	1.7	4.3	3.6	1.4	1.4
Nonmetro	1.6	1.4	1.5	1.1	1.6	1.4	4.9	4.1	1.2	1.0
Urbanized	1.8	1.6	1.4	1.3	1.8	1.7	5.9	6.0	1.3	0.9
Less Urbanized	1.6	1.3	1.5	0.9	1.6	1.3	4.5 <sup>a</sup>	2.4	1.2	1.2
Completely Rural	0.8	0.9	2.2	0.7	0.7	0.9	1.7	2.7	0.6	0.7
<b>POVERTY LEVEL<sup>1</sup></b>										
Less Than 100%	2.5	2.2	1.7	1.5	2.7	2.3	4.5	3.9	2.1	1.8
100-199%	2.1	1.7	1.5	1.8	2.1	1.7	4.8 <sup>a</sup>	3.3	1.6	1.4
200% or More	1.8	1.7	1.6	1.4	1.9	1.7	4.4	4.0	1.6	1.4
<b>HEALTH INSURANCE<sup>2</sup></b>										
Private	1.7	1.5	1.4	1.3	1.7	1.5	4.7	4.0	1.3	1.2
Medicaid/CHIP	2.9	2.6	1.9	1.8	3.1	2.8	4.2 <sup>a</sup>	3.1	2.9	2.7
Other <sup>3</sup>	1.0	0.9	1.7	2.0	0.9	0.9	3.0	2.4	0.9	0.8
No Coverage	3.1	2.6	2.2	1.0	3.1	2.6	4.9	4.4	2.7	2.2

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