

**Table 1.49A Any Use of Tranquilizers or Sedatives in Past Year among Persons Aged 12 or Older, by Age Group and Demographic Characteristics:
Numbers in Thousands, 2018 and 2019**

Demographic Characteristic	Aged 12+ (2018)	Aged 12+ (2019)	Aged 12-17 (2018)	Aged 12-17 (2019)	Aged 18+ (2018)	Aged 18+ (2019)	Aged 18-25 (2018)	Aged 18-25 (2019)	Aged 26+ (2018)	Aged 26+ (2019)
TOTAL	46,394 ^a	44,051	1,371	1,370	45,023 ^a	42,682	4,234	3,995	40,789 ^a	38,687
GENDER										
Male	18,201 ^a	16,396	603	597	17,598 ^a	15,799	1,812 ^a	1,608	15,786 ^a	14,191
Female	28,193	27,655	767	772	27,426	26,883	2,423	2,387	25,003	24,496
HISPANIC ORIGIN AND RACE										
Not Hispanic or Latino	41,073 ^a	38,928	1,037	1,020	40,036 ^a	37,908	3,522	3,317	36,515 ^a	34,590
White	34,889 ^a	33,085	804	737	34,085	32,348	2,839 ^a	2,571	31,246	29,777
Black or African American	3,697	3,557	123	169	3,573	3,388	401	417	3,173	2,971
AIAN	240	264	10	8	230	256	18	20	211	236
NHOPI	*	50	*	*	*	47	*	*	*	36
Asian	1,199	1,125	50	44	1,150	1,081	122	176	1,028	905
Two or More Races	876	846	48	59	828	787	115	122	713	665
Hispanic or Latino	5,321	5,124	334	350	4,987	4,774	713	678	4,274	4,096
EDUCATION										
< High School	da	da	da	da	4,279	3,884	614	541	3,664	3,343
High School Graduate	da	da	da	da	9,728	9,203	1,108	1,073	8,620	8,130
Some College/Associate's Degree	da	da	da	da	15,645	14,750	1,787	1,712	13,858	13,038
College Graduate	da	da	da	da	15,372	14,845	725	669	14,647	14,175
CURRENT EMPLOYMENT										
Full-Time	da	da	da	da	19,552 ^a	17,801	1,760	1,730	17,792 ^a	16,071
Part-Time	da	da	da	da	6,008	5,916	1,150 ^a	967	4,858	4,949
Unemployed	da	da	da	da	1,667	1,709	456	488	1,211	1,220
Other ¹	da	da	da	da	17,796	17,256	868	810	16,928	16,447

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

^a The difference between this estimate and the 2019 estimate is statistically significant at the .05 level. Rounding may make the estimates appear identical.

¹ The Other Employment category includes students, persons keeping house or caring for children full time, retired or disabled persons, or other persons not in the labor force.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2018 and 2019.

Table 1.49B Any Use of Tranquilizers or Sedatives in Past Year among Persons Aged 12 or Older, by Age Group and Demographic Characteristics: Percentages, 2018 and 2019

Demographic Characteristic	Aged 12+ (2018)	Aged 12+ (2019)	Aged 12-17 (2018)	Aged 12-17 (2019)	Aged 18+ (2018)	Aged 18+ (2019)	Aged 18-25 (2018)	Aged 18-25 (2019)	Aged 26+ (2018)	Aged 26+ (2019)
TOTAL	16.9 ^a	16.0	5.5	5.5	18.1 ^a	17.1	12.4	11.8	19.0 ^a	17.9
GENDER										
Male	13.7 ^a	12.3	4.8	4.7	14.6 ^a	13.1	10.6	9.5	15.3 ^a	13.7
Female	20.0	19.5	6.3	6.3	21.3	20.8	14.3	14.2	22.4	21.8
HISPANIC ORIGIN AND RACE										
Not Hispanic or Latino	18.1 ^a	17.1	5.5	5.5	19.2 ^a	18.1	13.3	12.7	20.1 ^a	18.9
White	20.4 ^a	19.4	6.2	5.7	21.6 ^a	20.5	15.5 ^a	14.3	22.4 ^a	21.3
Black or African American	11.2	10.7	3.7	5.0	12.1	11.3	8.5	9.0	12.8	11.8
AIAN	14.4	16.9	6.4	4.4	15.3	18.4	8.3	9.1	16.5	20.2
NHOPI	*	4.6	*	*	*	4.8	*	*	*	4.3
Asian	7.7	7.1	3.4	3.4	8.1	7.4	5.4	8.4	8.6	7.2
Two or More Races	17.1	15.9	6.1	6.3	19.1	17.9	15.3	13.0	19.9	19.3
Hispanic or Latino	11.4	10.8	5.5	5.6	12.3	11.6	9.4	8.8	13.0	12.2
EDUCATION										
< High School	da	da	da	da	13.8	12.9	13.1	11.5	14.0	13.1
High School Graduate	da	da	da	da	15.8	15.1	10.7	10.1	16.8	16.2
Some College/Associate's Degree	da	da	da	da	20.3	19.1	13.2	12.7	21.8	20.5
College Graduate	da	da	da	da	19.4 ^a	18.0	13.4	13.6	19.8 ^a	18.3
CURRENT EMPLOYMENT										
Full-Time	da	da	da	da	15.8 ^a	14.3	12.1	12.1	16.3 ^a	14.6
Part-Time	da	da	da	da	18.6	18.1	13.2	11.6	20.6	20.4
Unemployed	da	da	da	da	16.7	17.2	14.7	14.8	17.5	18.4
Other ¹	da	da	da	da	21.5	20.6	11.3	10.4	22.5	21.7

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¹ The Other Employment category includes students, persons keeping house or caring for children full time, retired or disabled persons, or other persons not in the labor force.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2018 and 2019.

**Table 1.50A Misuse of Tranquilizers or Sedatives in Past Year among Persons Aged 12 or Older, by Age Group and Demographic Characteristics:
Numbers in Thousands, 2018 and 2019**

Demographic Characteristic	Aged 12+ (2018)	Aged 12+ (2019)	Aged 12-17 (2018)	Aged 12-17 (2019)	Aged 18+ (2018)	Aged 18+ (2019)	Aged 18-25 (2018)	Aged 18-25 (2019)	Aged 26+ (2018)	Aged 26+ (2019)
TOTAL	6,435	5,895	460	436	5,975	5,459	1,658 ^a	1,409	4,317	4,050
GENDER										
Male	3,272	2,859	224	191	3,048	2,667	825 ^a	690	2,223	1,978
Female	3,163	3,036	236	245	2,927	2,792	833	719	2,094	2,072
HISPANIC ORIGIN AND RACE										
Not Hispanic or Latino	5,374	4,940	319	298	5,055	4,642	1,381 ^a	1,160	3,674	3,482
White	4,664	4,206	250	234	4,414	3,972	1,106 ^a	911	3,308	3,062
Black or African American	373	404	31	29	341	375	135	131	206	244
AIAN	50	20	5	3	45	17	12	7	33	10
NHOPI	22	19	*	*	22	19	*	*	4	*
Asian	114	147	9	6	104	141	58	55	47	86
Two or More Races	152	144	23	26	128	118	52	52	77	66
Hispanic or Latino	1,061	955	141	138	919	817	277	249	643	568
EDUCATION										
< High School	da	da	da	da	717	538	279 ^a	196	438	342
High School Graduate	da	da	da	da	1,372	1,110	511 ^a	406	861	704
Some College/Associate's Degree	da	da	da	da	2,148	2,095	627	595	1,521	1,500
College Graduate	da	da	da	da	1,738	1,715	241	212	1,497	1,503
CURRENT EMPLOYMENT										
Full-Time	da	da	da	da	3,184	2,789	697	633	2,488	2,156
Part-Time	da	da	da	da	965	935	463 ^a	352	501	583
Unemployed	da	da	da	da	410	368	204	173	206	195
Other ¹	da	da	da	da	1,416	1,368	294	251	1,122	1,117

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Table 1.50B Misuse of Tranquilizers or Sedatives in Past Year among Persons Aged 12 or Older, by Age Group and Demographic Characteristics: Percentages, 2018 and 2019

Demographic Characteristic	Aged 12+ (2018)	Aged 12+ (2019)	Aged 12-17 (2018)	Aged 12-17 (2019)	Aged 18+ (2018)	Aged 18+ (2019)	Aged 18-25 (2018)	Aged 18-25 (2019)	Aged 26+ (2018)	Aged 26+ (2019)
TOTAL	2.4	2.1	1.8	1.8	2.4	2.2	4.9 ^a	4.2	2.0	1.9
GENDER										
Male	2.5	2.1	1.8	1.5	2.5	2.2	4.8	4.1	2.2	1.9
Female	2.2	2.1	1.9	2.0	2.3	2.2	4.9	4.3	1.9	1.8
HISPANIC ORIGIN AND RACE										
Not Hispanic or Latino	2.4	2.2	1.7	1.6	2.4	2.2	5.2 ^a	4.4	2.0	1.9
White	2.7	2.5	1.9	1.8	2.8	2.5	6.1 ^a	5.0	2.4	2.2
Black or African American	1.1	1.2	0.9	0.9	1.2	1.3	2.9	2.8	0.8	1.0
AIAN	3.0	1.3	3.0	1.8	3.0	1.2	5.6	3.3	2.6	0.9
NHOPI	2.1	1.7	*	*	2.3	1.9	*	*	0.5	*
Asian	0.7	0.9	0.7	0.5	0.7	1.0	2.5	2.6	0.4	0.7
Two or More Races	3.0	2.7	3.0	2.8	3.0	2.7	6.9	5.5	2.1	1.9
Hispanic or Latino	2.3	2.0	2.3	2.2	2.3	2.0	3.6	3.3	2.0	1.7
EDUCATION										
< High School	da	da	da	da	2.3	1.8	5.9 ^a	4.2	1.7	1.3
High School Graduate	da	da	da	da	2.2	1.8	4.9 ^a	3.8	1.7	1.4
Some College/Associate's Degree	da	da	da	da	2.8	2.7	4.6	4.4	2.4	2.4
College Graduate	da	da	da	da	2.2	2.1	4.4	4.3	2.0	1.9
CURRENT EMPLOYMENT										
Full-Time	da	da	da	da	2.6	2.2	4.8	4.4	2.3	2.0
Part-Time	da	da	da	da	3.0	2.9	5.3	4.2	2.1	2.4
Unemployed	da	da	da	da	4.1	3.7	6.6	5.2	3.0	2.9
Other ¹	da	da	da	da	1.7	1.6	3.8	3.2	1.5	1.5

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TOTAL	1,799	1,958	88	121	1,711	1,837	422	365	1,289	1,472
GENDER										
Male	847	910	48	83	799	828	199	193	600	635
Female	952	1,048	40	39	912	1,009	224	171	688	838
HISPANIC ORIGIN AND RACE										
Not Hispanic or Latino	1,580	1,688	69	79	1,511	1,608	356	300	1,155	1,308
White	1,400	1,499	50	60	1,351	1,439	286	240	1,065	1,199
Black or African American	116	100	8	11	108	90	46	22	62	67
AIAN	17	4	*	*	13	4	*	*	13	4
NHOPI	*	1	*	*	*	1	*	*	*	*
Asian	11	37	2	3	9	34	9	19	*	15
Two or More Races	29	46	5	5	24	41	9	18	15	23
Hispanic or Latino	219	271	19	42	199	229	66	64	133	164
EDUCATION										
< High School	da	da	da	da	200	162	80	56	120	106
High School Graduate	da	da	da	da	459	327	139	94	320	233
Some College/Associate's Degree	da	da	da	da	600	785	159	150	441	636
College Graduate	da	da	da	da	452	563	45	65	408	498
CURRENT EMPLOYMENT										
Full-Time	da	da	da	da	809	856	173	135	636	722
Part-Time	da	da	da	da	239	339	113	88	126 ^a	251
Unemployed	da	da	da	da	129	182	60	74	70	108
Other ¹	da	da	da	da	534	460	76	68	458	392

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TOTAL	0.7	0.7	0.4	0.5	0.7	0.7	1.2	1.1	0.6	0.7
GENDER										
Male	0.6	0.7	0.4	0.7	0.7	0.7	1.2	1.1	0.6	0.6
Female	0.7	0.7	0.3	0.3	0.7	0.8	1.3	1.0	0.6	0.7
HISPANIC ORIGIN AND RACE										
Not Hispanic or Latino	0.7	0.7	0.4	0.4	0.7	0.8	1.3	1.2	0.6	0.7
White	0.8	0.9	0.4	0.5	0.9	0.9	1.6	1.3	0.8	0.9
Black or African American	0.4	0.3	0.2	0.3	0.4	0.3	1.0	0.5	0.2	0.3
AIAN	1.0	0.3	*	*	0.9	0.3	*	*	1.0	0.4
NHOPI	*	0.1	*	*	*	0.1	*	*	*	*
Asian	0.1	0.2	0.2	0.2	0.1	0.2	0.4	0.9	*	0.1
Two or More Races	0.6	0.9	0.7	0.6	0.6	0.9	1.2	1.9	0.4	0.7
Hispanic or Latino	0.5	0.6	0.3	0.7	0.5	0.6	0.9	0.8	0.4	0.5
EDUCATION										
< High School	da	da	da	da	0.6	0.5	1.7	1.2	0.5	0.4
High School Graduate	da	da	da	da	0.7	0.5	1.3	0.9	0.6	0.5
Some College/Associate's Degree	da	da	da	da	0.8	1.0	1.2	1.1	0.7	1.0
College Graduate	da	da	da	da	0.6	0.7	0.8	1.3	0.6	0.6
CURRENT EMPLOYMENT										
Full-Time	da	da	da	da	0.7	0.7	1.2	0.9	0.6	0.7
Part-Time	da	da	da	da	0.7	1.0	1.3	1.1	0.5 ^a	1.0
Unemployed	da	da	da	da	1.3	1.8	1.9	2.2	1.0	1.6
Other ¹	da	da	da	da	0.6	0.6	1.0	0.9	0.6	0.5

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