

**Table 1.21A Any Use and Misuse of Prescription Psychotherapeutics in Past Year among Persons Aged 12 or Older and Misuse of Prescription Psychotherapeutics in Past Year among Past Year Any Users Aged 12 or Older, by Age Group: Numbers in Thousands, 2018 and 2019**

Prescription Drug/Age Group	Any Use in Past Year (2018)	Any Use in Past Year (2019)	Misuse in Past Year among Total Population (2018)	Misuse in Past Year among Total Population (2019)	Misuse in Past Year among Past Year Any Users (2018)	Misuse in Past Year among Past Year Any Users (2019)
<b>PSYCHOTHERAPEUTICS</b>	111,195 <sup>a</sup>	108,037	16,882	16,304	16,882	16,304
12-17	5,779	5,612	1,196	1,062	1,196	1,062
18 or Older	105,417 <sup>a</sup>	102,425	15,686	15,242	15,686	15,242
18-25	12,864 <sup>a</sup>	12,187	4,202 <sup>a</sup>	3,868	4,202	3,868
26 or Older	92,552 <sup>a</sup>	90,238	11,484	11,374	11,484	11,374
<b>PAIN RELIEVERS</b>	86,548 <sup>a</sup>	82,559	9,948	9,724	9,948	9,724
12-17	4,141	3,980	695 <sup>a</sup>	567	695 <sup>a</sup>	567
18 or Older	82,407 <sup>a</sup>	78,579	9,253	9,158	9,253	9,158
18-25	8,931 <sup>a</sup>	8,357	1,858	1,754	1,858	1,754
26 or Older	73,476 <sup>a</sup>	70,222	7,395	7,404	7,395	7,404
<b>STIMULANTS</b>	18,008	18,290	5,109	4,929	5,109	4,929
12-17	1,752	1,837	369	430	369	430
18 or Older	16,256	16,453	4,739	4,499	4,739	4,499
18-25	4,473	4,320	2,216 <sup>a</sup>	1,951	2,216 <sup>a</sup>	1,951
26 or Older	11,783	12,133	2,524	2,548	2,524	2,548
<b>TRANQUILIZERS OR SEDATIVES</b>	46,394 <sup>a</sup>	44,051	6,435	5,895	6,435	5,895
12-17	1,371	1,370	460	436	460	436
18 or Older	45,023 <sup>a</sup>	42,682	5,975	5,459	5,975	5,459
18-25	4,234	3,995	1,658 <sup>a</sup>	1,409	1,658 <sup>a</sup>	1,409
26 or Older	40,789 <sup>a</sup>	38,687	4,317	4,050	4,317	4,050
<b>TRANQUILIZERS</b>	37,610 <sup>a</sup>	35,601	5,742	5,220	5,742	5,220
12-17	1,001	1,010	423	392	423	392
18 or Older	36,609 <sup>a</sup>	34,591	5,319	4,829	5,319	4,829
18-25	3,681	3,419	1,566 <sup>a</sup>	1,313	1,566 <sup>a</sup>	1,313
26 or Older	32,928 <sup>a</sup>	31,172	3,753	3,516	3,753	3,516
<b>SEDATIVES</b>	16,775	15,636	1,084	1,098	1,084	1,098
12-17	502	545	63	82	63	82
18 or Older	16,274 <sup>a</sup>	15,091	1,021	1,016	1,021	1,016
18-25	1,049	1,051	194	175	194	175
26 or Older	15,225 <sup>a</sup>	14,040	827	841	827	841
<b>BENZODIAZEPINES</b>	30,755	29,408	5,438 <sup>a</sup>	4,841	5,438	4,841
12-17	769	749	399	381	399	381
18 or Older	29,987	28,659	5,039	4,460	5,039	4,460
18-25	3,230	2,983	1,526 <sup>a</sup>	1,266	1,526 <sup>a</sup>	1,266
26 or Older	26,757	25,676	3,513	3,194	3,513	3,194

\* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

<sup>a</sup> The difference between this estimate and the 2019 estimate is statistically significant at the .05 level. Rounding may make the estimates appear identical.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2018 and 2019.

**Table 1.21B Any Use and Misuse of Prescription Psychotherapeutics in Past Year among Persons Aged 12 or Older and Misuse of Prescription Psychotherapeutics in Past Year among Past Year Any Users Aged 12 or Older, by Age Group: Percentages, 2018 and 2019**

Prescription Drug/Age Group	Any Use in Past Year (2018)	Any Use in Past Year (2019)	Misuse in Past Year among Total Population (2018)	Misuse in Past Year among Total Population (2019)	Misuse in Past Year among Past Year Any Users (2018)	Misuse in Past Year among Past Year Any Users (2019)
<b>PSYCHOTHERAPEUTICS</b>	40.6 <sup>a</sup>	39.3	6.2	5.9	15.2	15.1
12-17	23.2	22.5	4.8	4.3	20.7	18.9
18 or Older	42.4 <sup>a</sup>	40.9	6.3	6.1	14.9	14.9
18-25	37.8 <sup>a</sup>	36.1	12.3	11.5	32.7	31.7
26 or Older	43.1 <sup>a</sup>	41.7	5.3	5.3	12.4	12.6
<b>PAIN RELIEVERS</b>	31.6 <sup>a</sup>	30.0	3.6	3.5	11.5	11.8
12-17	16.6	16.0	2.8 <sup>a</sup>	2.3	16.8 <sup>a</sup>	14.2
18 or Older	33.1 <sup>a</sup>	31.4	3.7	3.7	11.2	11.7
18-25	26.2 <sup>a</sup>	24.8	5.5	5.2	20.8	21.0
26 or Older	34.2 <sup>a</sup>	32.4	3.4	3.4	10.1	10.5
<b>STIMULANTS</b>	6.6	6.6	1.9	1.8	28.4	26.9
12-17	7.0	7.4	1.5	1.7	21.1	23.4
18 or Older	6.5	6.6	1.9	1.8	29.2	27.3
18-25	13.1	12.8	6.5	5.8	49.5 <sup>a</sup>	45.2
26 or Older	5.5	5.6	1.2	1.2	21.4	21.0
<b>TRANQUILIZERS OR SEDATIVES</b>	16.9 <sup>a</sup>	16.0	2.4	2.1	13.9	13.4
12-17	5.5	5.5	1.8	1.8	33.6	31.8
18 or Older	18.1 <sup>a</sup>	17.1	2.4	2.2	13.3	12.8
18-25	12.4	11.8	4.9 <sup>a</sup>	4.2	39.1 <sup>a</sup>	35.3
26 or Older	19.0 <sup>a</sup>	17.9	2.0	1.9	10.6	10.5
<b>TRANQUILIZERS</b>	13.7 <sup>a</sup>	12.9	2.1	1.9	15.3	14.7
12-17	4.0	4.1	1.7	1.6	42.2	38.8
18 or Older	14.7 <sup>a</sup>	13.8	2.1	1.9	14.5	14.0
18-25	10.8	10.1	4.6 <sup>a</sup>	3.9	42.5	38.4
26 or Older	15.3 <sup>a</sup>	14.4	1.7	1.6	11.4	11.3
<b>SEDATIVES</b>	6.1 <sup>a</sup>	5.7	0.4	0.4	6.5	7.0
12-17	2.0	2.2	0.3	0.3	12.6	15.1
18 or Older	6.5 <sup>a</sup>	6.0	0.4	0.4	6.3	6.7
18-25	3.1	3.1	0.6	0.5	18.5	16.6
26 or Older	7.1 <sup>a</sup>	6.5	0.4	0.4	5.4	6.0
<b>BENZODIAZEPINES</b>	11.2	10.7	2.0 <sup>a</sup>	1.8	17.7	16.5
12-17	3.1	3.0	1.6	1.5	52.0	50.9
18 or Older	12.0	11.4	2.0 <sup>a</sup>	1.8	16.8	15.6
18-25	9.5	8.8	4.5 <sup>a</sup>	3.8	47.2 <sup>a</sup>	42.4
26 or Older	12.5	11.9	1.6	1.5	13.1	12.4

\* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

<sup>a</sup> The difference between this estimate and the 2019 estimate is statistically significant at the .05 level. Rounding may make the estimates appear identical.

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Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2018 and 2019.