Table 8.8A   Levels of Mental Illness in Past Year among Persons Aged 18 or Older, by Geographic and Socioeconomic Characteristics: Numbers in Thousands, 2018 and 2019

Geographic/Socioeconomic Characteristic	Any Mental Illness (2018)	Any Mental Illness (2019)	Serious Mental Illness (2018)	Serious Mental Illness (2019)	Any Mental Illness Excluding Serious Mental Illness (2018)	Any Mental Illness Excluding Serious Mental Illness (2019)	No Mental Illness (2018)	No Mental Illness (2019)
TOTAL	47,635[a]	51,495	11,373[a]	13,115	36,262[a]	38,379	201,222[a]	198,822
GEOGRAPHIC REGION								
Northeast	8,291	8,608	1,805	2,062	6,486	6,546	35,525	35,191
Midwest	10,329[a]	11,497	2,639	2,918	7,690[a]	8,579	41,584[a]	40,540
South	16,946[a]	18,212	4,027[a]	4,766	12,919	13,446	77,089	76,699
West	12,068[a]	13,178	2,902[a]	3,369	9,166	9,809	47,024	46,391
COUNTY TYPE								
Large Metro	25,715[a]	28,346	5,740[a]	6,743	19,975[a]	21,603	112,896	111,853
Small Metro	15,312	15,837	3,932	4,341	11,380	11,496	58,994	59,811
Nonmetro	6,608	7,312	1,701[a]	2,031	4,907	5,280	29,332[a]	27,158
Urbanized	3,153	3,100	753	889	2,400	2,211	13,061[a]	11,256
Less Urbanized	2,820[a]	3,554	754	938	2,066[a]	2,616	13,550	12,624
Completely Rural	635	658	194	205	441	453	2,721	3,278
POVERTY LEVEL[1]								
Less Than 100%	9,094	8,646	2,722	2,590	6,373	6,056	25,428[a]	23,686
100-199%	10,091[a]	11,258	2,439[a]	3,218	7,652	8,041	39,168[a]	36,335
200% or More	28,246[a]	31,255	6,164[a]	7,222	22,082[a]	24,033	136,066	137,993
EDUCATION								
< High School	5,628	5,505	1,218	1,286	4,410	4,219	25,286	24,649
High School Graduate	11,110	11,705	2,821	3,100	8,290	8,605	50,449	49,050
Some College/Associate's Degree	17,171	18,250	4,557[a]	5,357	12,614	12,893	59,953	58,793
College Graduate	13,725[a]	16,034	2,778[a]	3,372	10,948[a]	12,662	65,535	66,329
HEALTH INSURANCE[2]								
Private	28,245[a]	30,795	5,977[a]	7,051	22,268[a]	23,744	137,279	134,837
Medicaid/CHIP	10,410	11,149	2,978[a]	3,602	7,432	7,547	26,407[a]	24,617
Other[3]	11,142	11,598	2,338	2,638	8,804	8,960	57,106	57,405
No Coverage	5,371	5,630	1,524	1,557	3,847	4,073	19,218	20,248

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Mental Illness aligns with DSM-IV criteria and is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder. Estimates of serious mental illness (SMI) are a subset of estimates of any mental illness (AMI) because SMI is limited to persons with AMI that resulted in serious functional impairment. These mental illness estimates are based on a predictive model and are not direct measures of diagnostic status.

[a] The difference between this estimate and the 2019 estimate is statistically significant at the .05 level. Rounding may make the estimates appear identical.

[1] Respondents aged 18 to 22 who were living in a college dormitory were excluded.
[2] Respondents could indicate multiple types of health insurance; thus, these response categories are not mutually exclusive.
[3] Other Health Insurance is defined as having Medicare, military-related health care, or any other type of health insurance.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2018 and 2019.

Table 8.8B   Levels of Mental Illness in Past Year among Persons Aged 18 or Older, by Geographic and Socioeconomic Characteristics: Percentages, 2018 and 2019

Geographic/Socioeconomic Characteristic	Any Mental Illness (2018)	Any Mental Illness (2019)	Serious Mental Illness (2018)	Serious Mental Illness (2019)	Any Mental Illness Excluding Serious Mental Illness (2018)	Any Mental Illness Excluding Serious Mental Illness (2019)	No Mental Illness (2018)	No Mental Illness (2019)
TOTAL	19.1[a]	20.6	4.6[a]	5.2	14.6[a]	15.3	80.9[a]	79.4
GEOGRAPHIC REGION								
Northeast	18.9	19.7	4.1	4.7	14.8	14.9	81.1	80.3
Midwest	19.9[a]	22.1	5.1	5.6	14.8[a]	16.5	80.1[a]	77.9
South	18.0[a]	19.2	4.3[a]	5.0	13.7	14.2	82.0[a]	80.8
West	20.4[a]	22.1	4.9	5.7	15.5	16.5	79.6[a]	77.9
COUNTY TYPE								
Large Metro	18.6[a]	20.2	4.1[a]	4.8	14.4[a]	15.4	81.4[a]	79.8
Small Metro	20.6	20.9	5.3	5.7	15.3	15.2	79.4	79.1
Nonmetro	18.4[a]	21.2	4.7[a]	5.9	13.7[a]	15.3	81.6[a]	78.8
Urbanized	19.4	21.6	4.6[a]	6.2	14.8	15.4	80.6	78.4
Less Urbanized	17.2[a]	22.0	4.6	5.8	12.6[a]	16.2	82.8[a]	78.0
Completely Rural	18.9	16.7	5.8	5.2	13.1	11.5	81.1	83.3
POVERTY LEVEL[1]								
Less Than 100%	26.3	26.7	7.9	8.0	18.5	18.7	73.7	73.3
100-199%	20.5[a]	23.7	5.0[a]	6.8	15.5	16.9	79.5[a]	76.3
200% or More	17.2[a]	18.5	3.8[a]	4.3	13.4[a]	14.2	82.8[a]	81.5
EDUCATION								
< High School	18.2	18.3	3.9	4.3	14.3	14.0	81.8	81.7
High School Graduate	18.0	19.3	4.6	5.1	13.5	14.2	82.0	80.7
Some College/Associate's Degree	22.3[a]	23.7	5.9[a]	7.0	16.4	16.7	77.7[a]	76.3
College Graduate	17.3[a]	19.5	3.5[a]	4.1	13.8[a]	15.4	82.7[a]	80.5
HEALTH INSURANCE[2]								
Private	17.1[a]	18.6	3.6[a]	4.3	13.5[a]	14.3	82.9[a]	81.4
Medicaid/CHIP	28.3[a]	31.2	8.1[a]	10.1	20.2	21.1	71.7[a]	68.8
Other[3]	16.3	16.8	3.4	3.8	12.9	13.0	83.7	83.2
No Coverage	21.8	21.8	6.2	6.0	15.6	15.7	78.2	78.2

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Mental Illness aligns with DSM-IV criteria and is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder. Estimates of serious mental illness (SMI) are a subset of estimates of any mental illness (AMI) because SMI is limited to persons with AMI that resulted in serious functional impairment. These mental illness estimates are based on a predictive model and are not direct measures of diagnostic status.

[a] The difference between this estimate and the 2019 estimate is statistically significant at the .05 level. Rounding may make the estimates appear identical.

[1] Respondents aged 18 to 22 who were living in a college dormitory were excluded.
[2] Respondents could indicate multiple types of health insurance; thus, these response categories are not mutually exclusive.
[3] Other Health Insurance is defined as having Medicare, military-related health care, or any other type of health insurance.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2018 and 2019.