

## NORTHEAST REGION

**Table 3 Selected Drug Use, Perceptions of Great Risk, Past Year Substance Use Disorder and Treatment, and Past Year Mental Health Measures in the Northeast Region, by Age Group: Estimated Numbers (in Thousands), Annual Averages Based on 2016-2017 NSDUHs**

Measure	12+	12-17	18-25	26+	18+
<b>ILLICIT DRUGS</b>					
Past Month Illicit Drug Use <sup>1,2</sup>	5,536	329	1,634	3,574	5,208
Past Year Marijuana Use	7,239	501	2,285	4,453	6,737
Past Month Marijuana Use	4,713	276	1,498	2,940	4,437
Perceptions of Great Risk from Smoking Marijuana Once a Month	12,153	1,034	711	10,408	11,119
First Use of Marijuana <sup>3,4</sup>	556	195	263	98	361
Past Month Illicit Drug Use Other Than Marijuana <sup>1,2</sup>	1,633	84	467	1,083	1,549
Past Year Cocaine Use	1,124	22	403	699	1,102
Perceptions of Great Risk from Using Cocaine Once a Month	33,037	2,278	3,616	27,143	30,759
Past Year Heroin Use	214	2	46	165	212
Perceptions of Great Risk from Trying Heroin Once or Twice	41,230	2,715	4,997	33,517	38,514
Past Year Methamphetamine Use	136	4	28	104	132
Past Year Misuse of Pain Relievers <sup>2</sup>	1,808	107	399	1,301	1,700
<b>ALCOHOL</b>					
Past Month Alcohol Use	27,062	434	3,810	22,817	26,628
Past Month Binge Alcohol Use <sup>5</sup>	12,679	238	2,635	9,806	12,441
Perceptions of Great Risk from Having Five or More Drinks of an Alcoholic Beverage Once or Twice a Week	20,642	1,788	2,084	16,770	18,853
Past Month Alcohol Use <sup>6</sup> (Individuals Aged 12 to 20)	1,438	--	--	--	--
Past Month Binge Alcohol Use <sup>5,6</sup> (Individuals Aged 12 to 20)	938	--	--	--	--
<b>TOBACCO PRODUCTS</b>					
Past Month Tobacco Product Use <sup>7</sup>	10,502	187	1,802	8,513	10,315
Past Month Cigarette Use	8,408	120	1,348	6,940	8,288
Perceptions of Great Risk from Smoking One or More Packs of Cigarettes per Day	35,602	2,904	4,172	28,525	32,697
<b>PAST YEAR SUBSTANCE USE DISORDER AND TREATMENT</b>					
Illicit Drug Use Disorder <sup>1,2,8</sup>	1,336	116	462	758	1,220
Pain Reliever Use Disorder <sup>2,8</sup>	300	17	52	231	283
Alcohol Use Disorder <sup>8</sup>	2,692	74	662	1,956	2,617
Substance Use Disorder <sup>1,2,8</sup>	3,656	157	985	2,514	3,499
Needing But Not Receiving Treatment for Illicit Drug Use <sup>1,2,9</sup>	1,187	108	405	674	1,079
Needing But Not Receiving Treatment for Alcohol Use <sup>9</sup>	2,591	70	635	1,886	2,521
Needing But Not Receiving Treatment for Substance Use <sup>1,2,9</sup>	3,327	149	908	2,270	3,178
<b>PAST YEAR MENTAL HEALTH ISSUES</b>					
Serious Mental Illness <sup>4,10</sup>	--	--	396	1,430	1,827
Any Mental Illness <sup>4,10</sup>	--	--	1,452	6,446	7,898
Received Mental Health Services <sup>11</sup>	--	--	915	5,955	6,870
Had Serious Thoughts of Suicide <sup>12</sup>	--	--	572	1,177	1,749
Major Depressive Episode <sup>4,13</sup>	--	495	709	2,255	2,964

-- Not available.

NOTE: Estimates are based on a survey-weighted hierarchical Bayes estimation approach.

NOTE: Estimated numbers appearing as 0 in this table mean that the estimate is greater than 0 but less than 500 because estimated numbers are shown in thousands.

NOTE: The Northeast region includes the following states: Connecticut, Maine, Massachusetts, New Hampshire, New Jersey, New York, Pennsylvania, Rhode Island, and Vermont.

<sup>1</sup> Illicit Drug Use includes the misuse of prescription psychotherapeutics or the use of marijuana, cocaine (including crack), heroin, hallucinogens, inhalants, or methamphetamine. Illicit Drug Use Other Than Marijuana includes the misuse of prescription psychotherapeutics or the use of cocaine (including crack), heroin, hallucinogens, inhalants, or methamphetamine.<sup>2</sup> Misuse of prescription psychotherapeutics is defined as use in any way not directed by a doctor, including use without a prescription of one's own; use in greater amounts, more often, or longer than told; or use in any other way not directed by a doctor. Prescription psychotherapeutics do not include over-the-counter drugs.<sup>3</sup> First Use of Marijuana is defined as follows: *Average annual number of marijuana initiates* =  $X_1 \div 2$ , where  $X_1$  is the number of marijuana initiates in the past 24 months.<sup>4</sup> For details, see Section B of the "2016-2017 NSDUH: Guide to State Tables and Summary of Small Area Estimation Methodology" at <https://www.samhsa.gov/data/>.<sup>5</sup> Binge Alcohol Use is defined as drinking five or more drinks (for males) or four or more drinks (for females) on the same occasion (i.e., at the same time or within a couple of hours of each other) on at least 1 day in the past 30 days.<sup>6</sup> Underage drinking is defined for individuals aged 12 to 20; therefore, the "12+" estimate reflects that age group and not individuals aged 12 or older.<sup>7</sup> Tobacco Products include cigarettes, smokeless tobacco (i.e., snuff, dip, chewing tobacco, or "snus"), cigars, or pipe tobacco.<sup>8</sup> Substance Use Disorder is defined as meeting criteria for illicit drug or alcohol dependence or abuse. Dependence or abuse is based on definitions found in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV).<sup>9</sup> Respondents were classified as needing substance use treatment if they met the criteria for illicit drug or alcohol use disorder as defined in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV) or received treatment for illicit drug or alcohol use at a specialty facility (i.e., drug and alcohol rehabilitation facility [inpatient or outpatient], hospital [inpatient only], or mental health center). Needing But Not Receiving Substance Use Treatment refers to respondents who are classified as needing illicit drug or alcohol treatment, but who did not receive illicit drug or alcohol treatment at a specialty facility.<sup>10</sup> Mental illness is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder, assessed by the Mental Health Surveillance Study (MHSS) *Structured Clinical Interview for the Diagnostic and Statistical Manual of Mental Disorders—Fourth Edition—Research Version—Axis I Disorders* (MHSS-SCID), which is based on the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV). Any mental illness (AMI) includes adults with any mental disorder regardless of whether their disorder resulted in functional impairment. Serious mental illness (SMI) includes adults with any mental disorder that resulted in serious functional impairment.<sup>11</sup> Mental health services are defined as having received inpatient treatment/counseling or outpatient treatment/counseling or having used prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use.<sup>12</sup> Respondents were asked, "At any time in the past 12 months, did you seriously think about trying to kill yourself?" If they answered "Yes," they were categorized as having serious thoughts of suicide in the past year.<sup>13</sup> Major depressive episode (MDE) is defined as in the 5th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-5), which specifies a period of at least 2 weeks when an individual experienced a depressed mood or loss of interest or pleasure in daily activities and had a majority of specified depression symptoms. There are minor wording differences in the questions in the adult and adolescent MDE modules. Therefore, data from youths aged 12 to 17 were not combined with data from adults aged 18 or older to produce an estimate for those aged 12 or older.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2016 and 2017.

## NORTHEAST REGION

**Table 4 Selected Drug Use, Perceptions of Great Risk, Past Year Substance Use Disorder and Treatment, and Past Year Mental Health Measures in the Northeast Region, by Age Group: Percentages, Annual Averages Based on 2016-2017 NSDUHs**

Measure	12+	12-17	18-25	26+	18+
<b>ILLICIT DRUGS</b>					
Past Month Illicit Drug Use <sup>1,2</sup>	11.55	8.06	27.12	9.45	11.87
Past Year Marijuana Use	15.10	12.29	37.92	11.77	15.36
Past Month Marijuana Use	9.83	6.76	24.86	7.77	10.12
Perceptions of Great Risk from Smoking Marijuana Once a Month	25.33	25.34	11.80	27.51	25.33
First Use of Marijuana <sup>3,4</sup>	2.17	5.34	9.06	0.53	1.65
Past Month Illicit Drug Use Other Than Marijuana <sup>1,2</sup>	3.41	2.05	7.74	2.86	3.53
Past Year Cocaine Use	2.34	0.53	6.69	1.85	2.51
Perceptions of Great Risk from Using Cocaine Once a Month	68.92	55.84	60.02	71.73	70.12
Past Year Heroin Use	0.45	0.05	0.77	0.44	0.48
Perceptions of Great Risk from Trying Heroin Once or Twice	86.02	66.55	82.95	88.58	87.80
Past Year Methamphetamine Use	0.28	0.10	0.47	0.28	0.30
Past Year Misuse of Pain Relievers <sup>2</sup>	3.77	2.63	6.62	3.44	3.88
<b>ALCOHOL</b>					
Past Month Alcohol Use	56.44	10.64	63.24	60.30	60.71
Past Month Binge Alcohol Use <sup>5</sup>	26.45	5.83	43.73	25.92	28.36
Perceptions of Great Risk from Having Five or More Drinks of an Alcoholic Beverage Once or Twice a Week	43.05	43.83	34.58	44.32	42.98
Past Month Alcohol Use <sup>6</sup> (Individuals Aged 12 to 20)	22.91	--	--	--	--
Past Month Binge Alcohol Use <sup>5,6</sup> (Individuals Aged 12 to 20)	14.94	--	--	--	--
<b>TOBACCO PRODUCTS</b>					
Past Month Tobacco Product Use <sup>7</sup>	21.91	4.59	29.91	22.50	23.52
Past Month Cigarette Use	17.54	2.94	22.38	18.34	18.90
Perceptions of Great Risk from Smoking One or More Packs of Cigarettes per Day	74.26	71.19	69.24	75.39	74.54
<b>PAST YEAR SUBSTANCE USE DISORDER AND TREATMENT</b>					
Illicit Drug Use Disorder <sup>1,2,8</sup>	2.79	2.84	7.67	2.00	2.78
Pain Reliever Use Disorder <sup>2,8</sup>	0.63	0.42	0.86	0.61	0.64
Alcohol Use Disorder <sup>8</sup>	5.61	1.82	10.98	5.17	5.97
Substance Use Disorder <sup>1,2,8</sup>	7.63	3.84	16.35	6.64	7.98
Needing But Not Receiving Treatment for Illicit Drug Use <sup>1,2,9</sup>	2.48	2.65	6.73	1.78	2.46
Needing But Not Receiving Treatment for Alcohol Use <sup>9</sup>	5.40	1.72	10.54	4.98	5.75
Needing But Not Receiving Treatment for Substance Use <sup>1,2,9</sup>	6.94	3.65	15.07	6.00	7.25
<b>PAST YEAR MENTAL HEALTH ISSUES</b>					
Serious Mental Illness <sup>4,10</sup>	--	--	6.58	3.78	4.16
Any Mental Illness <sup>4,10</sup>	--	--	24.10	17.03	18.01
Received Mental Health Services <sup>11</sup>	--	--	15.18	15.74	15.66
Had Serious Thoughts of Suicide <sup>12</sup>	--	--	9.50	3.11	3.99
Major Depressive Episode <sup>4,13</sup>	--	12.14	11.77	5.96	6.76

-- Not available.

NOTE: Estimates are based on a survey-weighted hierarchical Bayes estimation approach.

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<sup>1</sup> Illicit Drug Use includes the misuse of prescription psychotherapeutics or the use of marijuana, cocaine (including crack), heroin, hallucinogens, inhalants, or methamphetamine. Illicit Drug Use Other Than Marijuana includes the misuse of prescription psychotherapeutics or the use of cocaine (including crack), heroin, hallucinogens, inhalants, or methamphetamine.<sup>2</sup> Misuse of prescription psychotherapeutics is defined as use in any way not directed by a doctor, including use without a prescription of one's own; use in greater amounts, more often, or longer than told; or use in any other way not directed by a doctor. Prescription psychotherapeutics do not include over-the-counter drugs.<sup>3</sup> First Use of Marijuana is defined as follows:  $Average\ annual\ initiation\ of\ marijuana\ (\%) = 100 * \{ [X_1 \div (0.5 * X_1 + X_2)] \div 2 \}$ , where  $X_1$  is the number of marijuana initiates in the past 24 months and  $X_2$  is the number of individuals who never used marijuana (with the at-risk population defined as  $0.5 * X_1 + X_2$ ). Both of the computation components,  $X_1$  and  $X_2$ , are based on a survey-weighted hierarchical Bayes estimation approach. The age group shown is based on a respondent's age at the time of the interview, not his or her age at first use.<sup>4</sup> For details, see Section B of the "2016-2017 NSDUH: Guide to State Tables and Summary of Small Area Estimation Methodology" at <https://www.samhsa.gov/data/>.<sup>5</sup> Binge Alcohol Use is defined as drinking five or more drinks (for males) or four or more drinks (for females) on the same occasion (i.e., at the same time or within a couple of hours of each other) on at least 1 day in the past 30 days.<sup>6</sup> Underage drinking is defined for individuals aged 12 to 20; therefore, the "12+" estimate reflects that age group and not individuals aged 12 or older.<sup>7</sup> Tobacco Products include cigarettes, smokeless tobacco (i.e., snuff, dip, chewing tobacco, or "snus"), cigars, or pipe tobacco.<sup>8</sup> Substance Use Disorder is defined as meeting criteria for illicit drug or alcohol dependence or abuse. Dependence or abuse is based on definitions found in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV).<sup>9</sup> Respondents were classified as needing substance use treatment if they met the criteria for illicit drug or alcohol use disorder as defined in the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV) or received treatment for illicit drug or alcohol use at a specialty facility (i.e., drug and alcohol rehabilitation facility [inpatient or outpatient], hospital [inpatient only], or mental health center). Needing But Not Receiving Substance Use Treatment refers to respondents who are classified as needing illicit drug or alcohol treatment, but who did not receive illicit drug or alcohol treatment at a specialty facility.<sup>10</sup> Mental illness is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder, assessed by the Mental Health Surveillance Study (MHSS) *Structured Clinical Interview for the Diagnostic and Statistical Manual of Mental Disorders—Fourth Edition—Research Version—Axis I Disorders* (MHSS-SCID), which is based on the 4th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-IV). Any mental illness (AMI) includes adults with any mental disorder regardless of whether their disorder resulted in functional impairment. Serious mental illness (SMI) includes adults with any mental disorder that resulted in serious functional impairment.<sup>11</sup> Mental health services are defined as having received inpatient treatment/counseling or outpatient treatment/counseling or having used prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use.<sup>12</sup> Respondents were asked, "At any time in the past 12 months, did you seriously think about trying to kill yourself?" If they answered "Yes," they were categorized as having serious thoughts of suicide in the past year.<sup>13</sup> Major depressive episode (MDE) is defined as in the 5th edition of the *Diagnostic and Statistical Manual of Mental Disorders* (DSM-5), which specifies a period of at least 2 weeks when an individual experienced a depressed mood or loss of interest or pleasure in daily activities and had a majority of specified depression symptoms. There are minor wording differences in the questions in the adult and adolescent MDE modules. Therefore, data from youths aged 12 to 17 were not combined with data from adults aged 18 or older to produce an estimate for those aged 12 or older.

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