

Table 9.4C Reasons for Receiving Most Recent Mental Health Service in Past Year among Persons Aged 12 to 17 Who Received Mental Health Services in the Respective Settings in Past Year: Standard Errors of Numbers in Thousands, 2017 and 2018

Reason for Receipt of Mental Health Service ¹	Any Specialty Mental Health Service ²		Outpatient		Inpatient or Residential		Education ³		General Medicine		Child Welfare	
	2017	2018	2017	2018	2017	2018	2017	2018	2017	2018	2017	2018
RECEIVED MENTAL HEALTH SERVICES⁴	89	92	86	87	40	40	83	85	43	42	14	15
Thought about Killing Self or Tried to Kill Self	51	48	49	46	27	25	30	29	19	20	*	*
Felt Depressed	71	72	68	69	26	27	48	51	28	29	*	*
Felt Very Afraid and Tense	51	47	49	46	16	14	35	38	20	20	*	*
Had Eating Problems	32	27	32	25	11	14	19	14	17	12	*	*
Had Other Self-Reported Mental/Neurological Disorder ⁵	14	19	14	19	4	2	9	6	7	8	*	*
Broke Rules and "Acted Out"	37	38	36	36	14	17	29	28	15	11	*	*
Had Trouble Controlling Anger	28	37	26	36	12	11	17	20	12	8	*	*
Got into Physical Fights	13	14	12	13	8	6	9	14	4	2	*	*
Had Problems with Home/Family	40	51	39	50	10	13	23	26	14	9	*	*
Had Problems with Friends	30	33	29	33	9	8	28	32	9	7	*	*
Had Problems with People Other Than Family/Friends	28	25	26	25	10	8	20	19	5	5	*	*
Had Problems at School	40	41	38	39	14	14	35	36	13	15	*	*
Some Other Reason ⁶	30	28	29	27	9	9	19	20	12	15	*	*

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Mental health services for persons aged 12 to 17 includes treatment/counseling for emotional or behavioral problems not caused by drug or alcohol use. Respondents with unknown mental health service information were excluded.

NOTE: Respondents could indicate multiple service settings; thus, the response categories are not mutually exclusive.

¹ Respondents could indicate multiple reasons for the last time they received mental health care in a specific service setting; thus, these response categories are not mutually exclusive. Respondents who did not indicate a reason were excluded from the analysis for the particular service category column.

² Includes treatment/counseling received as outpatient care (e.g., care from a private therapist, psychologist, psychiatrist, social worker, or counselor; mental health clinic or center; partial day hospital or day treatment program; or in-home therapist, counselor, or family preservation worker) and inpatient or residential care (e.g., an overnight care in a hospital or residential treatment center).

³ Respondents who did not report their school enrollment status, who reported not being enrolled in school in the past 12 months, or who reported being home-schooled were not asked about receipt of mental health services or reasons for mental health care from this setting; however, respondents who reported not being enrolled in school in the past 12 months were classified as not having received treatment/counseling from this setting.

⁴ The Received Mental Health Services row represents all youths who received treatment/counseling regardless of whether a reason is known. The level of unknown data in this row is less than the level of unknown data in the reason for receipt of mental health service rows. The reason for receipt of mental health service rows have a smaller denominator compared to the overall received mental health services row due to the larger amount of unknown reason for treatment data.

⁵ Respondent self-reported in the other-specify question that he or she has a mental or neurological disorder as a reason for having received mental health services. This reason is one of the most commonly reported other reasons for having received treatment/counseling.

⁶ Respondents with unknown or invalid responses to the other-specify question on Some Other Reason for Receiving Mental Health Services were classified as not having received treatment/counseling for Some Other Reason.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2017 and 2018.

Table 9.4D Reasons for Receiving Most Recent Mental Health Service in Past Year among Persons Aged 12 to 17 Who Received Mental Health Services in the Respective Settings in Past Year: Standard Errors of Percentages, 2017 and 2018

Reason for Receipt of Mental Health Service ¹	Any Specialty Mental Health Service ²		Outpatient		Inpatient or Residential		Education ³		General Medicine		Child Welfare	
	2017	2018	2017	2018	2017	2018	2017	2018	2017	2018	2017	2018
RECEIVED MENTAL HEALTH SERVICES⁴	0.36	0.38	0.35	0.36	0.16	0.16	0.34	0.35	0.17	0.17	0.06	0.06
Thought about Killing Self or Tried to Kill Self	1.26	1.16	1.28	1.18	3.08	3.44	1.29	1.15	2.41	2.48	*	*
Felt Depressed	1.28	1.28	1.32	1.30	3.36	3.45	1.60	1.58	2.87	2.95	*	*
Felt Very Afraid and Tense	1.30	1.11	1.31	1.15	2.62	2.68	1.43	1.41	2.43	2.61	*	*
Had Eating Problems	0.93	0.76	0.95	0.74	2.03	2.61	0.87	0.62	2.19	1.69	*	*
Had Other Self-Reported Mental/Neurological Disorder ⁵	0.44	0.56	0.44	0.58	0.76	0.53	0.44	0.27	1.02	1.23	*	*
Broke Rules and "Acted Out"	1.05	0.97	1.05	0.98	2.43	3.07	1.29	1.12	2.03	1.61	*	*
Had Trouble Controlling Anger	0.82	0.93	0.79	0.96	2.21	2.20	0.80	0.85	1.64	1.12	*	*
Got into Physical Fights	0.41	0.42	0.39	0.41	1.46	1.14	0.44	0.61	0.54	0.24	*	*
Had Problems with Home/Family	1.07	1.23	1.10	1.26	1.84	2.40	1.08	1.08	1.94	1.27	*	*
Had Problems with Friends	0.84	0.89	0.86	0.92	1.59	1.55	1.21	1.23	1.23	0.95	*	*
Had Problems with People Other Than Family/Friends	0.82	0.69	0.81	0.72	1.83	1.63	0.94	0.81	0.72	0.74	*	*
Had Problems at School	1.08	1.02	1.08	1.03	2.33	2.57	1.44	1.32	1.78	2.09	*	*
Some Other Reason ⁶	0.87	0.80	0.88	0.81	1.80	1.89	0.89	0.86	1.76	2.11	*	*

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Mental health services for persons aged 12 to 17 includes treatment/counseling for emotional or behavioral problems not caused by drug or alcohol use. Respondents with unknown mental health service information were excluded.

NOTE: Respondents could indicate multiple service settings; thus, the response categories are not mutually exclusive.

¹ Respondents could indicate multiple reasons for the last time they received mental health care in a specific service setting; thus, these response categories are not mutually exclusive. Respondents who did not indicate a reason were excluded from the analysis for the particular service category column.

² Includes treatment/counseling received as outpatient care (e.g., care from a private therapist, psychologist, psychiatrist, social worker, or counselor; mental health clinic or center; partial day hospital or day treatment program; or in-home therapist, counselor, or family preservation worker) and inpatient or residential care (e.g., an overnight care in a hospital or residential treatment center).

³ Respondents who did not report their school enrollment status, who reported not being enrolled in school in the past 12 months, or who reported being home-schooled were not asked about receipt of mental health services or reasons for mental health care from this setting; however, respondents who reported not being enrolled in school in the past 12 months were classified as not having received treatment/counseling from this setting.

⁴ The Received Mental Health Services row represents all youths who received treatment/counseling regardless of whether a reason is known. The level of unknown data in this row is less than the level of unknown data in the reason for receipt of mental health service rows. The reason for receipt of mental health service rows have a smaller denominator compared to the overall received mental health services row due to the larger amount of unknown reason for treatment data.

⁵ Respondent self-reported in the other-specify question that he or she has a mental or neurological disorder as a reason for having received mental health services. This reason is one of the most commonly reported other reasons for having received treatment/counseling.

⁶ Respondents with unknown or invalid responses to the other-specify question on Some Other Reason for Receiving Mental Health Services were classified as not having received treatment/counseling for Some Other Reason.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2017 and 2018.

Table 9.4P Reasons for Receiving Most Recent Mental Health Service in Past Year among Persons Aged 12 to 17 Who Received Mental Health Services in the Respective Settings in Past Year: *P* Values from Tests of Differences of Percentages, 2018 Versus 2017

Reason for Receipt of Mental Health Service ¹	Any Specialty Mental Health Service ²		Outpatient		Inpatient or Residential		Education ³		General Medicine		Child Welfare	
	2017	2018	2017	2018	2017	2018	2017	2018	2017	2018	2017	2018
RECEIVED MENTAL HEALTH SERVICES⁴	0.0246		0.0472		0.6843		0.0519		0.5636		0.9368	
Thought about Killing Self or Tried to Kill Self	0.2850		0.2751		0.6657		0.3160		0.7814		*	
Felt Depressed	0.3574		0.1359		0.1033		0.8023		0.7153		*	
Felt Very Afraid and Tense	0.0214		0.0407		0.7973		0.1161		0.5767		*	
Had Eating Problems	0.0728		0.0250		0.1566		0.1907		0.0032		*	
Had Other Self-Reported Mental/Neurological Disorder ⁵	0.2435		0.1939		0.8225		0.1746		0.2602		*	
Broke Rules and "Acted Out"	0.1677		0.1152		0.2184		0.3342		0.0783		*	
Had Trouble Controlling Anger	0.0042		0.0013		0.8479		0.5144		0.0261		*	
Got into Physical Fights	0.7644		0.7753		0.1936		0.1088		0.1327		*	
Had Problems with Home/Family	0.6404		0.7544		0.4054		0.5544		0.0187		*	
Had Problems with Friends	0.7107		0.6941		0.4863		0.7822		0.2889		*	
Had Problems with People Other Than Family/Friends	0.5531		0.7686		0.8739		0.8267		0.6661		*	
Had Problems at School	0.5791		0.7761		0.8954		0.7500		0.1263		*	
Some Other Reason ⁶	0.0650		0.2861		0.1940		0.8358		0.7103		*	

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

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