

Table 9.4A Reasons for Receiving Most Recent Mental Health Service in Past Year among Persons Aged 12 to 17 Who Received Mental Health Services in the Respective Settings in Past Year: Numbers in Thousands, 2017 and 2018

Reason for Receipt of Mental Health Service ¹	Any Specialty Mental Health Service ²		Outpatient		Inpatient or Residential		Education ³		General Medicine		Child Welfare	
	2017	2018	2017	2018	2017	2018	2017	2018	2017	2018	2017	2018
RECEIVED MENTAL HEALTH SERVICES⁴	3,646 ^a	3,901	3,328	3,547	708	683	3,231	3,444	805	767	92	94
Thought about Killing Self or Tried to Kill Self	1,082	1,096	981	986	304	290	377	374	172	176	*	*
Felt Depressed	1,926	2,000	1,848	1,886	283	302	932	1,007	355	359	*	*
Felt Very Afraid and Tense	1,073	1,011	1,021	972	111	98	472 ^a	589	195	179	*	*
Had Eating Problems	369	321	357	291	53	71	130	111	129 ^a	73	*	*
Had Other Self-Reported Mental/Neurological Disorder ⁵	92	126	87	123	7	6	31	18	21	33	*	*
Broke Rules and "Acted Out"	620	594	581	544	96	112	347	343	97	65	*	*
Had Trouble Controlling Anger	377 ^a	522	337 ^a	489	64	56	139	169	58 ^a	27	*	*
Got into Physical Fights	93	94	71	82	33	19	49	81	9	3	*	*
Had Problems with Home/Family	752	836	723	794	54	62	272	278	83 ^a	44	*	*
Had Problems with Friends	396	438	378	418	26	31	353	376	33	21	*	*
Had Problems with People Other Than Family/Friends	309	308	286	295	35	30	162	184	15	18	*	*
Had Problems at School	633	652	572	600	77	73	470	501	69	95	*	*
Some Other Reason ⁶	384	335	340	319	50	31	161	170	73	78	*	*

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Mental health services for persons aged 12 to 17 includes treatment/counseling for emotional or behavioral problems not caused by drug or alcohol use. Respondents with unknown mental health service information were excluded.

NOTE: Respondents could indicate multiple service settings; thus, the response categories are not mutually exclusive.

^a The difference between this estimate and the 2018 estimate is statistically significant at the .05 level. Rounding may make the estimates appear identical.

¹ Respondents could indicate multiple reasons for the last time they received mental health care in a specific service setting; thus, these response categories are not mutually exclusive. Respondents who did not indicate a reason were excluded from the analysis for the particular service category column.

² Includes treatment/counseling received as outpatient care (e.g., care from a private therapist, psychologist, psychiatrist, social worker, or counselor; mental health clinic or center; partial day hospital or day treatment program; or in-home therapist, counselor, or family preservation worker) and inpatient or residential care (e.g., an overnight care in a hospital or residential treatment center).

³ Respondents who did not report their school enrollment status, who reported not being enrolled in school in the past 12 months, or who reported being home-schooled were not asked about receipt of mental health services or reasons for mental health care from this setting; however, respondents who reported not being enrolled in school in the past 12 months were classified as not having received treatment/counseling from this setting.

⁴ The Received Mental Health Services row represents all youths who received treatment/counseling regardless of whether a reason is known. The level of unknown data in this row is less than the level of unknown data in the reason for receipt of mental health service rows. The reason for receipt of mental health service rows have a smaller denominator compared to the overall received mental health services row due to the larger amount of unknown reason for treatment data.

⁵ Respondent self-reported in the other-specify question that he or she has a mental or neurological disorder as a reason for having received mental health services. This reason is one of the most commonly reported other reasons for having received treatment/counseling.

⁶ Respondents with unknown or invalid responses to the other-specify question on Some Other Reason for Receiving Mental Health Services were classified as not having received treatment/counseling for Some Other Reason.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2017 and 2018.

Table 9.4B Reasons for Receiving Most Recent Mental Health Service in Past Year among Persons Aged 12 to 17 Who Received Mental Health Services in the Respective Settings in Past Year: Percentages, 2017 and 2018

Reason for Receipt of Mental Health Service ¹	Any Specialty Mental Health Service ²		Outpatient		Inpatient or Residential		Education ³		General Medicine		Child Welfare	
	2017	2018	2017	2018	2017	2018	2017	2018	2017	2018	2017	2018
RECEIVED MENTAL HEALTH SERVICES⁴	14.8 ^a	16.0	13.6 ^a	14.5	2.9	2.8	13.3	14.2	3.3	3.1	0.4	0.4
Thought about Killing Self or Tried to Kill Self	33.5	31.6	32.0	30.0	56.9	58.9	18.4	16.6	25.1	26.1	*	*
Felt Depressed	58.9	57.2	59.7	56.9	53.3	60.9	45.3	44.8	51.9	53.4	*	*
Felt Very Afraid and Tense	33.3 ^a	29.4	33.2 ^a	29.7	21.0	20.1	23.0	26.2	28.5	26.5	*	*
Had Eating Problems	11.6	9.4	11.7 ^a	9.0	10.0	14.7	6.3	4.9	18.9 ^a	10.9	*	*
Had Other Self-Reported Mental/Neurological Disorder ⁵	2.9	3.8	2.9	3.9	1.4	1.2	1.5	0.8	3.1	4.9	*	*
Broke Rules and "Acted Out"	19.3	17.3	19.0	16.7	18.2	23.1	16.9	15.3	14.2	9.6	*	*
Had Trouble Controlling Anger	11.8 ^a	15.2	11.0 ^a	15.0	12.2	11.6	6.8	7.5	8.5 ^a	4.0	*	*
Got into Physical Fights	2.9	2.8	2.4	2.5	6.3	3.9	2.4	3.6	1.3	0.4	*	*
Had Problems with Home/Family	23.5	24.3	23.7	24.2	10.3	12.8	13.2	12.4	12.1 ^a	6.6	*	*
Had Problems with Friends	12.4	12.8	12.4	12.9	5.0	6.5	17.2	16.7	4.8	3.2	*	*
Had Problems with People Other Than Family/Friends	9.7	9.0	9.4	9.1	6.6	6.2	7.9	8.2	2.2	2.6	*	*
Had Problems at School	19.7	18.9	18.7	18.3	14.6	15.0	22.9	22.3	10.1	14.1	*	*
Some Other Reason ⁶	12.2	10.0	11.3	10.0	9.9	6.5	7.9	7.7	10.7	11.7	*	*

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Mental health services for persons aged 12 to 17 includes treatment/counseling for emotional or behavioral problems not caused by drug or alcohol use. Respondents with unknown mental health service information were excluded.

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