

Table 8.8A Levels of Mental Illness in Past Year among Persons Aged 18 or Older, by Geographic and Socioeconomic Characteristics: Numbers in Thousands, 2017 and 2018

Geographic/Socioeconomic Characteristic	Any Mental Illness (2017)	Any Mental Illness (2018)	Serious Mental Illness (2017)	Serious Mental Illness (2018)	Any Mental Illness Excluding Serious Mental Illness (2017)	Any Mental Illness Excluding Serious Mental Illness (2018)	No Mental Illness (2017)	No Mental Illness (2018)
TOTAL	46,632	47,635	11,190	11,373	35,441	36,262	200,529	201,222
GEOGRAPHIC REGION								
Northeast	7,920	8,291	1,711	1,805	6,209	6,486	36,108	35,525
Midwest	10,230	10,329	2,448	2,639	7,783	7,690	41,474	41,584
South	16,847	16,946	4,177	4,027	12,669	12,919	76,112	77,089
West	11,634	12,068	2,854	2,902	8,780	9,166	46,835	47,024
COUNTY TYPE								
Large Metro	25,223	25,715	5,579	5,740	19,643	19,975	113,485	112,896
Small Metro	14,626	15,312	3,752	3,932	10,875	11,380	58,264	58,994
Nonmetro	6,782	6,608	1,859	1,701	4,923	4,907	28,780	29,332
Urbanized	2,973	3,153	793	753	2,180	2,400	12,304	13,061
Less Urbanized	3,214	2,820	947	754	2,267	2,066	13,949	13,550
Completely Rural	596	635	120	194	476	441	2,527	2,721
POVERTY LEVEL¹								
Less Than 100%	8,766	9,094	2,508	2,722	6,258	6,373	25,420	25,428
100-199%	10,136	10,091	2,674	2,439	7,462	7,652	38,578	39,168
200% or More	27,528	28,246	5,958	6,164	21,570	22,082	136,038	136,066
EDUCATION								
< High School	5,320	5,628	1,266	1,218	4,054	4,410	25,454	25,286
High School Graduate	10,343	11,110	2,667	2,821	7,676	8,290	49,439	50,449
Some College/Associate's Degree	16,525	17,171	4,469	4,557	12,056	12,614	60,434	59,953
College Graduate	14,444	13,725	2,788	2,778	11,655	10,948	65,202	65,535
HEALTH INSURANCE²								
Private	27,933	28,245	5,813	5,977	22,120	22,268	137,282	137,279
Medicaid/CHIP	10,090	10,410	2,978	2,978	7,112	7,432	26,034	26,407
Other ³	10,845	11,142	2,533	2,338	8,312	8,804	56,792	57,106
No Coverage	4,901	5,371	1,369	1,524	3,532	3,847	18,494	19,218

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Mental Illness aligns with DSM-IV criteria and is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder. Estimates of serious mental illness (SMI) are a subset of estimates of any mental illness (AMI) because SMI is limited to persons with AMI that resulted in serious functional impairment. These mental illness estimates are based on a predictive model and are not direct measures of diagnostic status.

^a The difference between this estimate and the 2018 estimate is statistically significant at the .05 level. Rounding may make the estimates appear identical.

¹ Respondents aged 18 to 22 who were living in a college dormitory were excluded.

² Respondents could indicate multiple types of health insurance; thus, these response categories are not mutually exclusive.

³ Other Health Insurance is defined as having Medicare, military-related health care, or any other type of health insurance.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2017 and 2018.

Table 8.8B Levels of Mental Illness in Past Year among Persons Aged 18 or Older, by Geographic and Socioeconomic Characteristics: Percentages, 2017 and 2018

Geographic/Socioeconomic Characteristic	Any Mental Illness (2017)	Any Mental Illness (2018)	Serious Mental Illness (2017)	Serious Mental Illness (2018)	Any Mental Illness Excluding Serious Mental Illness (2017)	Any Mental Illness Excluding Serious Mental Illness (2018)	No Mental Illness (2017)	No Mental Illness (2018)
TOTAL	18.9	19.1	4.5	4.6	14.3	14.6	81.1	80.9
GEOGRAPHIC REGION								
Northeast	18.0	18.9	3.9	4.1	14.1	14.8	82.0	81.1
Midwest	19.8	19.9	4.7	5.1	15.1	14.8	80.2	80.1
South	18.1	18.0	4.5	4.3	13.6	13.7	81.9	82.0
West	19.9	20.4	4.9	4.9	15.0	15.5	80.1	79.6
COUNTY TYPE								
Large Metro	18.2	18.6	4.0	4.1	14.2	14.4	81.8	81.4
Small Metro	20.1	20.6	5.1	5.3	14.9	15.3	79.9	79.4
Nonmetro	19.1	18.4	5.2	4.7	13.8	13.7	80.9	81.6
Urbanized	19.5	19.4	5.2	4.6	14.3	14.8	80.5	80.6
Less Urbanized	18.7	17.2	5.5	4.6	13.2	12.6	81.3	82.8
Completely Rural	19.1	18.9	3.8	5.8	15.2	13.1	80.9	81.1
POVERTY LEVEL¹								
Less Than 100%	25.6	26.3	7.3	7.9	18.3	18.5	74.4	73.7
100-199%	20.8	20.5	5.5	5.0	15.3	15.5	79.2	79.5
200% or More	16.8	17.2	3.6	3.8	13.2	13.4	83.2	82.8
EDUCATION								
< High School	17.3	18.2	4.1	3.9	13.2	14.3	82.7	81.8
High School Graduate	17.3	18.0	4.5	4.6	12.8	13.5	82.7	82.0
Some College/Associate's Degree	21.5	22.3	5.8	5.9	15.7	16.4	78.5	77.7
College Graduate	18.1	17.3	3.5	3.5	14.6	13.8	81.9	82.7
HEALTH INSURANCE²								
Private	16.9	17.1	3.5	3.6	13.4	13.5	83.1	82.9
Medicaid/CHIP	27.9	28.3	8.2	8.1	19.7	20.2	72.1	71.7
Other ³	16.0	16.3	3.7	3.4	12.3	12.9	84.0	83.7
No Coverage	20.9	21.8	5.9	6.2	15.1	15.6	79.1	78.2

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

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