

Table 8.68C Had Serious Thoughts of Suicide, Made Any Suicide Plans, or Attempted Suicide in Past Year among Persons Aged 18 or Older, by Past Year Major Depressive Episode Status, Past Year Receipt of Mental Health Services Status, Past Year Substance Use Disorder Status, Past Year Serious Psychological Distress Status, and Past Year Substance Use Treatment at a Specialty Facility Status: Standard Errors of Numbers in Thousands, 2017 and 2018

Past Year Mental Health or Substance Use Measure	Had Serious Thoughts of Suicide (2017)	Had Serious Thoughts of Suicide (2018)	Made Any Suicide Plans¹ (2017)	Made Any Suicide Plans¹ (2018)	Attempted Suicide¹ (2017)	Attempted Suicide¹ (2018)
Major Depressive Episode ²	186	192	106	117	66	75
No Major Depressive Episode ²	221	205	103	94	70	64
Mental Health Services ³	210	202	105	117	66	81
No Mental Health Services ³	217	203	107	99	70	57
Substance Use Disorder	142	139	70	80	51	54
Alcohol Use Disorder	115	112	56	67	39	43
Illicit Drug Use Disorder	94	110	54	65	40	46
No Substance Use Disorder	253	248	124	126	80	84
Serious Psychological Distress	220	218	115	133	72	84
No Serious Psychological Distress	194	178	91	79	62	56
Substance Use Treatment at a Specialty Facility ⁴	49	53	36	37	28	28
No Substance Use Treatment at a Specialty Facility ⁴	291	285	144	148	93	96

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Respondents with unknown suicide information were excluded.

¹ Respondents were asked whether they made any suicide plans or attempted suicide in the past 12 months only if they had serious thoughts of suicide in the past 12 months.

Respondents who had no suicide thoughts were categorized as not making any suicide plans and not attempting suicide in the past 12 months.

² Respondents with unknown past year Major Depressive Episode (MDE) data were excluded.

³ Mental Health Services for adults includes inpatient treatment/counseling, outpatient treatment/counseling, or use of prescription medication for problems with emotions, nerves, or mental health. Respondents with unknown mental health service information were excluded.

⁴ Specialty treatment facilities include hospitals (inpatient only), rehabilitation facilities (inpatient or outpatient), or mental health centers.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2017 and 2018.

Table 8.68D Had Serious Thoughts of Suicide, Made Any Suicide Plans, or Attempted Suicide in Past Year among Persons Aged 18 or Older, by Past Year Major Depressive Episode Status, Past Year Receipt of Mental Health Services Status, Past Year Substance Use Disorder Status, Past Year Serious Psychological Distress Status, and Past Year Substance Use Treatment at a Specialty Facility Status: Standard Errors of Percentages, 2017 and 2018

Past Year Mental Health or Substance Use Measure	Had Serious Thoughts of Suicide (2017)	Had Serious Thoughts of Suicide (2018)	Made Any Suicide Plans ¹ (2017)	Made Any Suicide Plans ¹ (2018)	Attempted Suicide ¹ (2017)	Attempted Suicide ¹ (2018)
Major Depressive Episode ²	0.94	0.90	0.61	0.62	0.38	0.42
No Major Depressive Episode ²	0.10	0.09	0.05	0.04	0.03	0.03
Mental Health Services ³	0.53	0.51	0.29	0.31	0.18	0.22
No Mental Health Services ³	0.10	0.10	0.05	0.05	0.03	0.03
Substance Use Disorder	0.71	0.65	0.37	0.41	0.27	0.28
Alcohol Use Disorder	0.78	0.71	0.39	0.45	0.28	0.29
Illicit Drug Use Disorder	1.27	1.27	0.77	0.84	0.58	0.62
No Substance Use Disorder	0.11	0.11	0.05	0.05	0.04	0.04
Serious Psychological Distress	0.70	0.66	0.40	0.44	0.26	0.29
No Serious Psychological Distress	0.09	0.08	0.04	0.04	0.03	0.03
Substance Use Treatment at a Specialty Facility ⁴	1.97	2.20	1.45	1.62	1.15	1.26
No Substance Use Treatment at a Specialty Facility ⁴	0.12	0.11	0.06	0.06	0.04	0.04

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Table 8.68P Had Serious Thoughts of Suicide, Made Any Suicide Plans, or Attempted Suicide in Past Year among Persons Aged 18 or Older, by Past Year Major Depressive Episode Status, Past Year Receipt of Mental Health Services Status, Past Year Substance Use Disorder Status, Past Year Serious Psychological Distress Status, and Past Year Substance Use Treatment at a Specialty Facility Status: *P* Values from Tests of Differences of Percentages, 2018 Versus 2017

Past Year Mental Health or Substance Use Measure	Had Serious Thoughts of Suicide (2017)	Had Serious Thoughts of Suicide (2018)	Made Any Suicide Plans¹ (2017)	Made Any Suicide Plans¹ (2018)	Attempted Suicide¹ (2017)	Attempted Suicide¹ (2018)
Major Depressive Episode ²	0.5688		0.6024		0.7002	
No Major Depressive Episode ²	0.4289		0.6776		0.8728	
Mental Health Services ³	0.5301		0.6918		0.3599	
No Mental Health Services ³	0.6260		0.9869		0.4775	
Substance Use Disorder	0.4270		0.0885		0.9059	
Alcohol Use Disorder	0.6708		0.1285		0.8492	
Illicit Drug Use Disorder	0.3071		0.2373		0.9853	
No Substance Use Disorder	0.6096		0.5491		0.8278	
Serious Psychological Distress	0.8252		0.5668		0.9830	
No Serious Psychological Distress	0.5878		0.5302		0.8760	
Substance Use Treatment at a Specialty Facility ⁴	0.4261		0.5634		0.9604	
No Substance Use Treatment at a Specialty Facility ⁴	0.9864		0.6745		0.6703	

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