

Table 8.68A Had Serious Thoughts of Suicide, Made Any Suicide Plans, or Attempted Suicide in Past Year among Persons Aged 18 or Older, by Past Year Major Depressive Episode Status, Past Year Receipt of Mental Health Services Status, Past Year Substance Use Disorder Status, Past Year Serious Psychological Distress Status, and Past Year Substance Use Treatment at a Specialty Facility Status: Numbers in Thousands, 2017 and 2018

Past Year Mental Health or Substance Use Measure	Had Serious Thoughts of Suicide (2017)	Had Serious Thoughts of Suicide (2018)	Made Any Suicide Plans¹ (2017)	Made Any Suicide Plans¹ (2018)	Attempted Suicide¹ (2017)	Attempted Suicide¹ (2018)
Major Depressive Episode ²	5,385	5,666	1,943	2,074	758	818
No Major Depressive Episode ²	5,175	4,967	1,233	1,182	613	601
Mental Health Services ³	5,225	5,166	1,785	1,883	746	856
No Mental Health Services ³	5,387	5,547	1,406	1,413	635	572
Substance Use Disorder	2,861	3,102	941 ^a	1,151	517	542
Alcohol Use Disorder	1,925	2,034	617	763	340	359
Illicit Drug Use Disorder	1,528	1,800	574	725	338	368
No Substance Use Disorder	7,780	7,642	2,255	2,161	870	900
Serious Psychological Distress	7,118	7,356	2,412	2,604	1,042	1,083
No Serious Psychological Distress	3,524	3,388	784	708	345	359
Substance Use Treatment at a Specialty Facility ⁴	426	445	217	228	130	118
No Substance Use Treatment at a Specialty Facility ⁴	10,215	10,300	2,978	3,085	1,257	1,324

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Respondents with unknown suicide information were excluded.

^a The difference between this estimate and the 2018 estimate is statistically significant at the .05 level. Rounding may make the estimates appear identical.

¹ Respondents were asked whether they made any suicide plans or attempted suicide in the past 12 months only if they had serious thoughts of suicide in the past 12 months.

Respondents who had no suicide thoughts were categorized as not making any suicide plans and not attempting suicide in the past 12 months.

² Respondents with unknown past year Major Depressive Episode (MDE) data were excluded.

³ Mental Health Services for adults includes inpatient treatment/counseling, outpatient treatment/counseling, or use of prescription medication for problems with emotions, nerves, or mental health. Respondents with unknown mental health service information were excluded.

⁴ Specialty treatment facilities include hospitals (inpatient only), rehabilitation facilities (inpatient or outpatient), or mental health centers.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2017 and 2018.

Table 8.68B Had Serious Thoughts of Suicide, Made Any Suicide Plans, or Attempted Suicide in Past Year among Persons Aged 18 or Older, by Past Year Major Depressive Episode Status, Past Year Receipt of Mental Health Services Status, Past Year Substance Use Disorder Status, Past Year Serious Psychological Distress Status, and Past Year Substance Use Treatment at a Specialty Facility Status: Percentages, 2017 and 2018

Past Year Mental Health or Substance Use Measure	Had Serious Thoughts of Suicide (2017)	Had Serious Thoughts of Suicide (2018)	Made Any Suicide Plans ¹ (2017)	Made Any Suicide Plans ¹ (2018)	Attempted Suicide ¹ (2017)	Attempted Suicide ¹ (2018)
Major Depressive Episode ²	31.3	32.0	11.3	11.7	4.4	4.6
No Major Depressive Episode ²	2.3	2.2	0.5	0.5	0.3	0.3
Mental Health Services ³	14.5	14.0	4.9	5.1	2.1	2.3
No Mental Health Services ³	2.6	2.6	0.7	0.7	0.3	0.3
Substance Use Disorder	15.4	16.2	5.1	6.0	2.8	2.8
Alcohol Use Disorder	13.7	14.2	4.4	5.3	2.4	2.5
Illicit Drug Use Disorder	22.7	24.5	8.5	9.9	5.0	5.0
No Substance Use Disorder	3.4	3.4	1.0	0.9	0.4	0.4
Serious Psychological Distress	26.0	25.8	8.8	9.1	3.8	3.8
No Serious Psychological Distress	1.6	1.5	0.4	0.3	0.2	0.2
Substance Use Treatment at a Specialty Facility ⁴	17.8	20.2	9.1	10.4	5.4	5.4
No Substance Use Treatment at a Specialty Facility ⁴	4.2	4.2	1.2	1.3	0.5	0.5

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

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