

**Table 8.40C Major Depressive Episode (MDE) or MDE with Severe Impairment in Past Year among Persons Aged 18 or Older, and Receipt of Treatment for Depression in Past Year among Persons Aged 18 or Older with MDE or MDE with Severe Impairment in Past Year, by Geographic, Socioeconomic, and Health Characteristics: Standard Errors of Numbers in Thousands, 2017 and 2018**

Geographic/Socioeconomic/ Health Characteristic	Had MDE (2017)	Had MDE (2018)	Had MDE with Severe Impairment <sup>1</sup> (2017)	Had MDE with Severe Impairment <sup>1</sup> (2018)	Received Treatment for Depression in Past Year among Persons with MDE <sup>2</sup> (2017)	Received Treatment for Depression in Past Year among Persons with MDE <sup>2</sup> (2018)	Received Treatment for Depression in Past Year among Persons with MDE with Severe Impairment <sup>1,2</sup> (2017)	Received Treatment for Depression in Past Year among Persons with MDE with Severe Impairment <sup>1,2</sup> (2018)
<b>TOTAL</b>	383	379	297	311	334	333	259	285
<b>GEOGRAPHIC REGION</b>								
Northeast	145	150	104	125	134	138	92	111
Midwest	158	173	121	146	136	156	108	136
South	219	223	182	178	197	195	164	164
West	195	210	156	162	166	180	135	145
<b>COUNTY TYPE</b>								
Large Metro	302	318	222	240	252	257	189	202
Small Metro	229	233	171	188	187	199	147	168
Nonmetro	166	148	138	129	136	123	119	111
<b>POVERTY LEVEL<sup>3</sup></b>								
Less Than 100%	172	169	140	144	142	144	126	127
100-199%	163	174	124	131	143	146	112	118
200% or More	313	312	229	242	256	257	189	209
<b>EDUCATION</b>								
< High School	111	131	93	113	93	117	80	103
High School Graduate	186	186	144	151	158	149	130	131
Some College/Associate's Degree	229	234	174	199	196	201	157	175
College Graduate	223	220	161	157	183	186	133	132
<b>HEALTH INSURANCE<sup>4</sup></b>								
Private	296	322	216	244	244	266	183	210
Medicaid/CHIP	175	179	145	150	155	160	132	142
Other <sup>5</sup>	212	200	166	170	205	184	162	155
No Coverage	118	126	96	88	74	82	66	64
<b>OVERALL HEALTH<sup>6</sup></b>								
Excellent	124	116	89	80	91	96	70	65
Very Good	195	220	150	170	150	173	120	135
Good	210	222	154	178	188	186	134	156
Fair/Poor	201	208	171	185	183	186	158	170

\* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Respondents with unknown past year Major Depressive Episode (MDE) data were excluded.

<sup>1</sup> Respondents with unknown impairment data were excluded.

<sup>2</sup> Respondents with unknown treatment for depression data were excluded.

<sup>3</sup> Respondents aged 18 to 22 who were living in a college dormitory were excluded.

<sup>4</sup> Respondents could indicate multiple types of health insurance; thus, these response categories are not mutually exclusive.

<sup>5</sup> Other Health Insurance is defined as having Medicare, military-related health care, or any other type of health insurance.

<sup>6</sup> Respondents with unknown health data were excluded.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2017 and 2018.

**Table 8.40D Major Depressive Episode (MDE) or MDE with Severe Impairment in Past Year among Persons Aged 18 or Older, and Receipt of Treatment for Depression in Past Year among Persons Aged 18 or Older with MDE or MDE with Severe Impairment in Past Year, by Geographic, Socioeconomic, and Health Characteristics: Standard Errors of Percentages, 2017 and 2018**

Geographic/Socioeconomic/ Health Characteristic	Had MDE (2017)	Had MDE (2018)	Had MDE with Severe Impairment <sup>1</sup> (2017)	Had MDE with Severe Impairment <sup>1</sup> (2018)	Received Treatment for Depression in Past Year among Persons with MDE <sup>2</sup> (2017)	Received Treatment for Depression in Past Year among Persons with MDE <sup>2</sup> (2018)	Received Treatment for Depression in Past Year among Persons with MDE with Severe Impairment <sup>1,2</sup> (2017)	Received Treatment for Depression in Past Year among Persons with MDE with Severe Impairment <sup>1,2</sup> (2018)
<b>TOTAL</b>	0.16	0.15	0.12	0.13	1.01	0.96	1.13	1.18
<b>GEOGRAPHIC REGION</b>								
Northeast	0.33	0.35	0.24	0.29	2.28	2.14	2.98	2.74
Midwest	0.31	0.34	0.24	0.28	1.85	1.90	2.08	2.08
South	0.24	0.24	0.20	0.19	1.66	1.78	1.87	1.98
West	0.34	0.36	0.27	0.28	2.08	1.99	2.29	2.75
<b>COUNTY TYPE</b>								
Large Metro	0.21	0.22	0.16	0.17	1.44	1.41	1.71	1.76
Small Metro	0.28	0.29	0.22	0.24	1.53	1.60	1.72	1.81
Nonmetro	0.42	0.36	0.37	0.33	2.30	2.38	2.52	2.85
<b>POVERTY LEVEL<sup>3</sup></b>								
Less Than 100%	0.47	0.46	0.40	0.41	2.07	2.05	2.11	2.37
100-199%	0.33	0.34	0.26	0.27	1.88	2.32	1.90	2.60
200% or More	0.18	0.18	0.14	0.14	1.32	1.21	1.60	1.55
<b>EDUCATION</b>								
< High School	0.37	0.42	0.31	0.37	3.23	3.05	3.77	3.51
High School Graduate	0.30	0.29	0.24	0.24	2.02	2.19	2.16	2.57
Some College/Associate's Degree	0.28	0.30	0.22	0.26	1.50	1.45	1.63	1.66
College Graduate	0.28	0.26	0.20	0.19	1.92	1.87	2.44	2.42
<b>HEALTH INSURANCE<sup>4</sup></b>								
Private	0.17	0.18	0.13	0.14	1.27	1.22	1.53	1.53
Medicaid/CHIP	0.45	0.48	0.39	0.40	1.68	1.84	1.72	2.20
Other <sup>5</sup>	0.31	0.30	0.25	0.25	1.92	2.05	1.75	2.40
No Coverage	0.49	0.50	0.41	0.36	2.93	2.89	3.42	3.20
<b>OVERALL HEALTH<sup>6</sup></b>								
Excellent	0.23	0.22	0.17	0.15	2.93	3.01	3.78	3.90
Very Good	0.22	0.24	0.17	0.18	1.71	1.70	2.07	2.20
Good	0.29	0.30	0.22	0.24	1.72	1.80	2.04	2.16
Fair/Poor	0.58	0.58	0.50	0.53	1.74	1.85	1.61	1.89

\* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Respondents with unknown past year Major Depressive Episode (MDE) data were excluded.

<sup>1</sup> Respondents with unknown impairment data were excluded.

<sup>2</sup> Respondents with unknown treatment for depression data were excluded.

<sup>3</sup> Respondents aged 18 to 22 who were living in a college dormitory were excluded.

<sup>4</sup> Respondents could indicate multiple types of health insurance; thus, these response categories are not mutually exclusive.

<sup>5</sup> Other Health Insurance is defined as having Medicare, military-related health care, or any other type of health insurance.

<sup>6</sup> Respondents with unknown health data were excluded.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2017 and 2018.

**Table 8.40P Major Depressive Episode (MDE) or MDE with Severe Impairment in Past Year among Persons Aged 18 or Older, and Receipt of Treatment for Depression in Past Year among Persons Aged 18 or Older with MDE or MDE with Severe Impairment in Past Year, by Geographic, Socioeconomic, and Health Characteristics: *P* Values from Tests of Differences of Percentages, 2018 Versus 2017**

Geographic/Socioeconomic/ Health Characteristic	Had MDE (2017)	Had MDE (2018)	Had MDE with Severe Impairment <sup>1</sup> (2017)	Had MDE with Severe Impairment <sup>1</sup> (2018)	Received Treatment for Depression in Past Year among Persons with MDE <sup>2</sup> (2017)	Received Treatment for Depression in Past Year among Persons with MDE <sup>2</sup> (2018)	Received Treatment for Depression in Past Year among Persons with MDE with Severe Impairment <sup>1,2</sup> (2017)	Received Treatment for Depression in Past Year among Persons with MDE with Severe Impairment <sup>1,2</sup> (2018)
<b>TOTAL</b>	0.5561		0.3331		0.1396		0.0319	
<b>GEOGRAPHIC REGION</b>								
Northeast	0.5237		0.2365		0.9045		0.9222	
Midwest	0.4417		0.1921		0.4437		0.5048	
South	0.6500		0.9077		0.2360		0.3235	
West	0.5981		0.8110		0.4772		0.0199	
<b>COUNTY TYPE</b>								
Large Metro	0.3937		0.4715		0.3188		0.1376	
Small Metro	0.8983		0.4613		0.4571		0.3274	
Nonmetro	0.6701		0.9444		0.3651		0.1704	
<b>POVERTY LEVEL<sup>3</sup></b>								
Less Than 100%	0.6688		0.6035		0.1800		0.0195	
100-199%	0.5910		0.2436		0.0765		0.0258	
200% or More	0.4093		0.1068		0.9775		0.9767	
<b>EDUCATION</b>								
< High School	0.5444		0.4790		0.5283		0.3722	
High School Graduate	0.9406		0.6676		0.0865		0.0566	
Some College/Associate's Degree	0.2571		0.2009		0.1350		0.0566	
College Graduate	0.7029		0.6149		0.8859		0.4599	
<b>HEALTH INSURANCE<sup>4</sup></b>								
Private	0.4718		0.1847		0.9248		0.2510	
Medicaid/CHIP	0.8099		0.7394		0.0660		0.0528	
Other <sup>5</sup>	0.3563		0.7789		0.3520		0.0336	
No Coverage	0.1424		0.8012		0.8300		0.6874	
<b>OVERALL HEALTH<sup>6</sup></b>								
Excellent	0.6990		0.8142		0.7469		0.6409	
Very Good	0.0264		0.2433		0.9894		0.9143	
Good	0.4869		0.6639		0.3898		0.0752	
Fair/Poor	0.6597		0.9670		0.0359		0.0500	

\* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Respondents with unknown past year Major Depressive Episode (MDE) data were excluded.

<sup>1</sup> Respondents with unknown impairment data were excluded.

<sup>2</sup> Respondents with unknown treatment for depression data were excluded.

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