Table 8.40A Major Depressive Episode (MDE) or MDE with Severe Impairment in Past Year among Persons Aged 18 or Older, and Receipt of Treatment for Depression in Past Year among Persons Aged 18 or Older with MDE or MDE with Severe Impairment in Past Year, by Geographic, Socioeconomic, and Health Characteristics: Numbers in Thousands, 2017 and 2018

Geographic/Socioeconomic/ Health Characteristic	Had MDE (2017)	Had MDE (2018)	Had MDE with Severe Impairment[1] (2017)	Had MDE with Severe Impairment[1] (2018)	Received Treatment for Depression in Past Year among Persons with MDE[2] (2017)	Received Treatment for Depression in Past Year among Persons with MDE[2] (2018)	Received Treatment for Depression in Past Year among Persons with MDE with Severe Impairment[1,2] (2017)	Received Treatment for Depression in Past Year among Persons with MDE with Severe Impairment[1,2] (2018)
TOTAL	17,297	17,720	11,007	11,489	11,548	11,462	7,923	7,878
GEOGRAPHIC REGION								
Northeast	2,799	2,917	1,652	1,840	1,961	2,035	1,185	1,313
Midwest	3,926	4,120	2,499	2,750	2,718	2,773	1,860	1,994
South	6,253	6,166	4,084	4,147	4,128	3,880	2,886	2,818
West	4,317	4,516	2,772	2,752	2,740	2,773	1,993	1,754
COUNTY TYPE								
Large Metro	9,025	9,356	5,630	5,838	5,829	5,865	3,887	3,826
Small Metro	5,645	5,798	3,598	3,846	3,913	3,921	2,697	2,788
Nonmetro	2,627	2,566	1,779	1,806	1,806	1,677	1,338	1,264
POVERTY LEVEL[3]								
Less Than 100%	3,509	3,636	2,512	2,634	2,442	2,397	1,925	1,840
100-199%	3,864	3,785	2,650	2,469	2,609	2,345	1,948	1,635
200% or More	9,826	10,198	5,792	6,318	6,442	6,684	4,006	4,375
EDUCATION								
< High School	1,708	1,821	1,133	1,242	1,052	1,168	747	879
High School Graduate	4,081	4,175	2,670	2,830	2,607	2,450	1,884	1,815
Some College/Associate's Degree	6,592	6,953	4,362	4,699	4,506	4,539	3,235	3,285
College Graduate	4,916	4,770	2,842	2,718	3,383	3,305	2,057	1,899
HEALTH INSURANCE[4]								
Private	9,944	10,245	5,886	6,305	6,571	6,755	4,208	4,350
Medicaid/CHIP	4,014	4,021	2,921	2,902	3,039	2,865	2,334	2,166
Other[5]	3,892	3,660	2,432	2,522	3,205	2,915	2,149	2,072
No Coverage	1,882[a]	2,219	1,282	1,378	792	954	610	685
OVERALL HEALTH[6]								
Excellent	1,951	1,869	1,035	998	1,055	1,039	625	578
Very Good	5,214	5,772	3,214	3,435	3,117	3,448	2,033	2,161
Good	5,651	5,622	3,423	3,636	3,793	3,655	2,470	2,440
Fair/Poor	4,477	4,457	3,332	3,420	3,582	3,319	2,795	2,699

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.
NOTE: Respondents with unknown past year Major Depressive Episode (MDE) data were excluded.

[a] The difference between this estimate and the 2018 estimate is statistically significant at the .05 level. Rounding may make the estimates appear identical.

[1] Respondents with unknown impairment data were excluded.
[2] Respondents with unknown treatment for depression data were excluded.
[3] Respondents aged 18 to 22 who were living in a college dormitory were excluded.
[4] Respondents could indicate multiple types of health insurance; thus, these response categories are not mutually exclusive.
[5] Other Health Insurance is defined as having Medicare, military-related health care, or any other type of health insurance.
[6] Respondents with unknown health data were excluded.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2017 and 2018.

Table 8.40B Major Depressive Episode (MDE) or MDE with Severe Impairment in Past Year among Persons Aged 18 or Older, and Receipt of Treatment for Depression in Past Year among Persons Aged 18 or Older with MDE or MDE with Severe Impairment in Past Year, by Geographic, Socioeconomic, and Health Characteristics: Percentages, 2017 and 2018

Geographic/Socioeconomic/ Health Characteristic	Had MDE (2017)	Had MDE (2018)	Had MDE with Severe Impairment[1] (2017)	Had MDE with Severe Impairment[1] (2018)	Received Treatment for Depression in Past Year among Persons with MDE[2] (2017)	Received Treatment for Depression in Past Year among Persons with MDE[2] (2018)	Received Treatment for Depression in Past Year among Persons with MDE with Severe Impairment[1,2] (2017)	Received Treatment for Depression in Past Year among Persons with MDE with Severe Impairment[1,2] (2018)
TOTAL	7.1	7.2	4.5	4.7	66.8	64.8	72.1[a]	68.6
GEOGRAPHIC REGION								
Northeast	6.4	6.7	3.8	4.3	70.1	69.8	71.7	71.3
Midwest	7.7	8.0	4.9	5.3	69.2	67.3	74.4	72.5
South	6.8	6.6	4.4	4.5	66.1	63.1	70.7	68.0
West	7.5	7.7	4.8	4.7	63.6	61.5	72.1[a]	63.7
COUNTY TYPE								
Large Metro	6.6	6.8	4.1	4.3	64.7	62.7	69.2	65.5
Small Metro	7.8	7.9	5.0	5.2	69.4	67.7	75.0	72.5
Nonmetro	7.4	7.2	5.0	5.1	68.8	65.7	75.2	70.1
POVERTY LEVEL[3]								
Less Than 100%	10.5	10.7	7.5	7.8	69.9	66.0	77.0[a]	69.9
100-199%	8.1	7.8	5.5	5.1	67.5	62.2	73.5[a]	66.2
200% or More	6.0	6.3	3.6	3.9	65.6	65.5	69.2	69.2
EDUCATION								
< High School	5.7	6.0	3.8	4.1	61.8	64.6	66.2	70.7
High School Graduate	6.9	6.9	4.5	4.7	63.9	58.7	70.6	64.2
Some College/Associate's Degree	8.7	9.1	5.7	6.2	68.4	65.3	74.3	69.9
College Graduate	6.2	6.1	3.6	3.5	68.9	69.3	72.4	69.9
HEALTH INSURANCE[4]								
Private	6.1	6.2	3.6	3.8	66.1	65.9	71.5	69.0
Medicaid/CHIP	11.3	11.2	8.2	8.1	75.8	71.3	80.0	74.7
Other[5]	5.8	5.4	3.6	3.7	82.4	79.8	88.4[a]	82.2
No Coverage	8.2	9.2	5.6	5.7	42.3	43.1	47.9	49.7
OVERALL HEALTH[6]								
Excellent	3.7	3.6	2.0	1.9	54.2	55.6	60.4	57.9
Very Good	5.8[a]	6.5	3.6	3.9	59.8	59.7	63.2	62.9
Good	8.1	7.8	4.9	5.0	67.2	65.1	72.4	67.2
Fair/Poor	13.5	13.2	10.1	10.1	80.1[a]	74.7	84.0	78.9

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.
NOTE: Respondents with unknown past year Major Depressive Episode (MDE) data were excluded.

[a] The difference between this estimate and the 2018 estimate is statistically significant at the .05 level. Rounding may make the estimates appear identical.

[1] Respondents with unknown impairment data were excluded.
[2] Respondents with unknown treatment for depression data were excluded.
[3] Respondents aged 18 to 22 who were living in a college dormitory were excluded.
[4] Respondents could indicate multiple types of health insurance; thus, these response categories are not mutually exclusive.
[5] Other Health Insurance is defined as having Medicare, military-related health care, or any other type of health insurance.
[6] Respondents with unknown health data were excluded.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2017 and 2018.