

Table 8.38A Major Depressive Episode (MDE) or MDE with Severe Impairment in Past Year among Persons Aged 18 or Older, and Receipt of Treatment for Depression in Past Year among Persons Aged 18 or Older with MDE or MDE with Severe Impairment in Past Year, by Gender and Age Group: Numbers in Thousands, 2017 and 2018

Gender/Age Group	Had MDE (2017)	Had MDE (2018)	Had MDE with Severe Impairment ¹ (2017)	Had MDE with Severe Impairment ¹ (2018)	Received Treatment for Depression in Past Year among Persons with MDE ² (2017)	Received Treatment for Depression in Past Year among Persons with MDE ² (2018)	Received Treatment for Depression in Past Year among Persons with MDE with Severe Impairment ^{1,2} (2017)	Received Treatment for Depression in Past Year among Persons with MDE with Severe Impairment ^{1,2} (2018)
TOTAL	17,297	17,720	11,007	11,489	11,548	11,462	7,923	7,878
18-25	4,416	4,609	2,887	2,968	2,238	2,286	1,649	1,594
26 or Older	12,880	13,111	8,119	8,520	9,310	9,176	6,274	6,283
26-49	7,635	7,990	5,019	5,284	5,128	5,142	3,596	3,593
50 or Older	5,245	5,121	3,101	3,236	4,182	4,034	2,678	2,691
MALE	6,266	6,272	3,777	4,013	3,650	3,548	2,408	2,464
18-25	1,618	1,665	1,020	1,087	701	674	500	496
26 or Older	4,648	4,607	2,757	2,926	2,949	2,875	1,908	1,969
26-49	2,744	2,956	1,718	1,980	1,500	1,660	1,001	1,220
50 or Older	1,904	1,651	1,039	946	1,449	1,215	908	*
FEMALE	11,031	11,447	7,230	7,476	7,898	7,914	5,515	5,414
18-25	2,799	2,943	1,867	1,881	1,537	1,612	1,149	1,099
26 or Older	8,232	8,504	5,363	5,595	6,361	6,302	4,366	4,315
26-49	4,891	5,034	3,301	3,304	3,628	3,482	2,596	2,372
50 or Older	3,341	3,470	2,062	2,291	2,733	2,819	1,770	1,942

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Respondents with unknown past year Major Depressive Episode (MDE) data were excluded.

^a The difference between this estimate and the 2018 estimate is statistically significant at the .05 level. Rounding may make the estimates appear identical.

¹ Respondents with unknown impairment data were excluded.

² Respondents with unknown treatment for depression data were excluded.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2017 and 2018.

Table 8.38B Major Depressive Episode (MDE) or MDE with Severe Impairment in Past Year among Persons Aged 18 or Older, and Receipt of Treatment for Depression in Past Year among Persons Aged 18 or Older with MDE or MDE with Severe Impairment in Past Year, by Gender and Age Group: Percentages, 2017 and 2018

Gender/Age Group	Had MDE (2017)	Had MDE (2018)	Had MDE with Severe Impairment ¹ (2017)	Had MDE with Severe Impairment ¹ (2018)	Received Treatment for Depression in Past Year among Persons with MDE ² (2017)	Received Treatment for Depression in Past Year among Persons with MDE ² (2018)	Received Treatment for Depression in Past Year among Persons with MDE with Severe Impairment ^{1,2} (2017)	Received Treatment for Depression in Past Year among Persons with MDE with Severe Impairment ^{1,2} (2018)
TOTAL	7.1	7.2	4.5	4.7	66.8	64.8	72.1 ^a	68.6
18-25	13.1	13.8	8.5	8.9	50.7	49.6	57.1	53.7
26 or Older	6.1	6.2	3.9	4.0	72.4	70.1	77.4	73.8
26-49	7.7	8.0	5.0	5.3	67.3	64.4	71.8	68.0
50 or Older	4.7	4.5	2.8	2.9	79.7	78.9	86.4	83.1
MALE	5.3	5.3	3.2	3.4	58.3	56.7	63.8	61.4
18-25	9.5	9.9	6.0	6.5	43.3	40.5	49.0	45.6
26 or Older	4.6	4.5	2.7	2.9	63.5	62.6	69.2	67.3
26-49	5.6	6.0	3.5	4.0	54.7	56.3	58.3	61.7
50 or Older	3.7	3.1	2.0	1.8	76.1	73.9	87.4	*
FEMALE	8.7	9.0	5.7	5.9	71.7	69.2	76.4 ^a	72.4
18-25	16.6	17.6	11.1	11.3	55.0	54.8	61.6	58.4
26 or Older	7.5	7.7	4.9	5.1	77.4	74.1	81.6 ^a	77.1
26-49	9.7	10.0	6.5	6.5	74.4 ^a	69.2	78.9 ^a	71.8
50 or Older	5.6	5.8	3.5	3.8	81.8	81.3	85.8	84.8

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Respondents with unknown past year Major Depressive Episode (MDE) data were excluded.

^a The difference between this estimate and the 2018 estimate is statistically significant at the .05 level. Rounding may make the estimates appear identical.

¹ Respondents with unknown impairment data were excluded.

² Respondents with unknown treatment for depression data were excluded.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2017 and 2018.

Table 8.39A Major Depressive Episode (MDE) or MDE with Severe Impairment in Past Year among Persons Aged 18 or Older, and Receipt of Treatment for Depression in Past Year among Persons Aged 18 or Older with MDE or MDE with Severe Impairment in Past Year, by Demographic Characteristics: Numbers in Thousands, 2017 and 2018

Demographic Characteristic	Had MDE (2017)	Had MDE (2018)	Had MDE with Severe Impairment ¹ (2017)	Had MDE with Severe Impairment ¹ (2018)	Received Treatment for Depression in Past Year among Persons with MDE ² (2017)	Received Treatment for Depression in Past Year among Persons with MDE ² (2018)	Received Treatment for Depression in Past Year among Persons with MDE with Severe Impairment ^{1,2} (2017)	Received Treatment for Depression in Past Year among Persons with MDE with Severe Impairment ^{1,2} (2018)
TOTAL	17,297	17,720	11,007	11,489	11,548	11,462	7,923	7,878
GENDER								
Male	6,266	6,272	3,777	4,013	3,650	3,548	2,408	2,464
Female	11,031	11,447	7,230	7,476	7,898	7,914	5,515	5,414
HISPANIC ORIGIN AND RACE								
Not Hispanic or Latino	15,188	15,225	9,802	9,970	10,370	10,118	7,184	6,972
White	12,398	12,224	7,839	7,993	8,737	8,366	5,950	5,767
Black or African American	1,579	1,783	1,135	1,150	994	1,090	759	740
AIAN	102	125	82	93	*	*	*	*
NHOPI	45	64	40	55	*	*	*	*
Asian	600	593	401	379	251	261	*	*
Two or More Races	465	437	306	299	296	288	213	*
Hispanic or Latino	2,109 ^a	2,495	1,205 ^a	1,519	1,178	1,344	739	906
CURRENT EMPLOYMENT								
Full-Time	7,241	7,750	4,191 ^a	4,784	4,214	4,680	2,595 ^a	3,031
Part-Time	2,985	2,906	1,903	1,813	1,995	1,731	1,399 ^a	1,127
Unemployed	1,133	1,112	774	735	690	648	480	465
Other ³	5,938	5,952	4,139	4,158	4,649	4,403	3,448	3,254

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^a The difference between this estimate and the 2018 estimate is statistically significant at the .05 level. Rounding may make the estimates appear identical.

¹ Respondents with unknown impairment data were excluded.

² Respondents with unknown treatment for depression data were excluded.

³ The Other Employment category includes students, persons keeping house or caring for children full time, retired or disabled persons, or other persons not in the labor force.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2017 and 2018.

Table 8.39B Major Depressive Episode (MDE) or MDE with Severe Impairment in Past Year among Persons Aged 18 or Older, and Receipt of Treatment for Depression in Past Year among Persons Aged 18 or Older with MDE or MDE with Severe Impairment in Past Year, by Demographic Characteristics: Percentages, 2017 and 2018

Demographic Characteristic	Had MDE (2017)	Had MDE (2018)	Had MDE with Severe Impairment ¹ (2017)	Had MDE with Severe Impairment ¹ (2018)	Received Treatment for Depression in Past Year among Persons with MDE ² (2017)	Received Treatment for Depression in Past Year among Persons with MDE ² (2018)	Received Treatment for Depression in Past Year among Persons with MDE with Severe Impairment ^{1,2} (2017)	Received Treatment for Depression in Past Year among Persons with MDE with Severe Impairment ^{1,2} (2018)
TOTAL	7.1	7.2	4.5	4.7	66.8	64.8	72.1 ^a	68.6
GENDER								
Male	5.3	5.3	3.2	3.4	58.3	56.7	63.8	61.4
Female	8.7	9.0	5.7	5.9	71.7	69.2	76.4 ^a	72.4
HISPANIC ORIGIN AND RACE								
Not Hispanic or Latino	7.4	7.4	4.8	4.8	68.4	66.5	73.4 ^a	69.9
White	7.9	7.8	5.0	5.1	70.5	68.5	75.9 ^a	72.2
Black or African American	5.4	6.1	3.9	4.0	63.1	61.2	67.1	64.3
AIAN	8.0	8.5	6.4	6.4	*	*	*	*
NHOPI	4.7	6.9	4.2	5.9	*	*	*	*
Asian	4.4	4.3	2.9	2.7	41.9	43.9	*	*
Two or More Races	11.3	10.2	7.5	7.0	64.8	65.8	71.6	*
Hispanic or Latino	5.4	6.2	3.1	3.8	55.9	53.9	61.4	59.6
CURRENT EMPLOYMENT								
Full-Time	5.9	6.3	3.4 ^a	3.9	58.2	60.4	61.9	63.4
Part-Time	9.4	9.1	6.0	5.7	66.8 ^a	59.6	73.5 ^a	62.2
Unemployed	10.8	11.3	7.4	7.5	61.0	58.3	62.1	63.4
Other ³	7.4	7.3	5.2	5.1	78.5	74.2	83.5 ^a	78.3

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

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^a The difference between this estimate and the 2018 estimate is statistically significant at the .05 level. Rounding may make the estimates appear identical.

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