

Table 8.26A Sources of Payment for Outpatient Mental Health Services among Persons Aged 18 or Older Who Received Outpatient Mental Health Services in Past Year, by Age Group: Numbers in Thousands, 2017 and 2018

Source of Payment ¹	Aged 18+ (2017)	Aged 18+ (2018)	Aged 18-25 (2017)	Aged 18-25 (2018)	Aged 26+ (2017)	Aged 26+ (2018)	Aged 26-49 (2017)	Aged 26-49 (2018)	Aged 50+ (2017)	Aged 50+ (2018)
Self or Family Member Living in Household	6,541 ^a	7,310	1,227	1,371	5,313	5,939	3,093 ^a	3,523	2,220	2,416
Family Member Not Living in Household	399 ^a	621	258	338	141 ^a	283	65 ^a	234	76	49
Private Health Insurance	6,928 ^a	7,889	1,064	1,114	5,864 ^a	6,775	3,392	3,731	2,472	3,045
Medicare	2,855	2,837	254	212	2,602	2,625	805	710	1,797	1,915
Medicaid	2,395	2,318	295	322	2,101	1,996	1,321	1,249	780	747
Rehabilitation Program	65	30	2	9	64	21	22	21	42	*
Employer	1,097	1,289	100	105	997	1,184	692	646	305 ^a	538
VA or Other Military Program	1,074	1,083	59	32	1,015	1,051	401	400	614	652
Other Public Source	477	462	64	63	413	399	184	211	229	187
Other Private Source	174	275	57	42	117 ^a	233	97	131	20 ^a	103
Free Treatment	1,037	886	402	344	635	542	410	360	225	182

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Respondents with unknown mental health services information were excluded.

^a The difference between this estimate and the 2018 estimate is statistically significant at the .05 level. Rounding may make the estimates appear identical.

¹ Respondents could indicate multiple sources of payment for outpatient mental health services; thus, these response categories are not mutually exclusive.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2017 and 2018.

Table 8.26B Sources of Payment for Outpatient Mental Health Services among Persons Aged 18 or Older Who Received Outpatient Mental Health Services in Past Year, by Age Group: Percentages, 2017 and 2018

Source of Payment ¹	Aged 18+ (2017)	Aged 18+ (2018)	Aged 18-25 (2017)	Aged 18-25 (2018)	Aged 26+ (2017)	Aged 26+ (2018)	Aged 26-49 (2017)	Aged 26-49 (2018)	Aged 50+ (2017)	Aged 50+ (2018)
Self or Family Member Living in Household	35.8	37.9	41.1	44.5	34.7	36.7	36.9	40.3	32.1	32.4
Family Member Not Living in Household	2.2 ^a	3.2	8.6	11.0	0.9 ^a	1.7	0.8 ^a	2.7	1.1	0.7
Private Health Insurance	37.9	40.9	35.7	36.1	38.3	41.8	40.5	42.7	35.7	40.8
Medicare	15.6	14.7	8.5	6.9	17.0	16.2	9.6	8.1	26.0	25.7
Medicaid	13.1	12.0	9.9	10.5	13.7	12.3	15.8	14.3	11.3	10.0
Rehabilitation Program	0.4	0.2	0.1	0.3	0.4	0.1	0.3	0.2	0.6	*
Employer	6.0	6.7	3.3	3.4	6.5	7.3	8.3	7.4	4.4	7.2
VA or Other Military Program	5.9	5.6	2.0	1.0	6.6	6.5	4.8	4.6	8.9	8.7
Other Public Source	2.6	2.4	2.2	2.0	2.7	2.5	2.2	2.4	3.3	2.5
Other Private Source	1.0	1.4	1.9	1.3	0.8 ^a	1.4	1.2	1.5	0.3 ^a	1.4
Free Treatment	5.7	4.6	13.5	11.2	4.2	3.3	4.9	4.1	3.3	2.4

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Respondents with unknown mental health services information were excluded.

^a The difference between this estimate and the 2018 estimate is statistically significant at the .05 level. Rounding may make the estimates appear identical.

¹ Respondents could indicate multiple sources of payment for outpatient mental health services; thus, these response categories are not mutually exclusive.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2017 and 2018.