

Table 8.23A Locations of Outpatient Mental Health Services among Persons Aged 18 or Older Who Received Outpatient Mental Health Services in Past Year, by Past Year Level of Mental Illness: Numbers in Thousands, 2017 and 2018

Location of Mental Health Services¹	Total (2017)	Total (2018)	Any Mental Illness (2017)	Any Mental Illness (2018)	Serious Mental Illness (2017)	Serious Mental Illness (2018)	Any Mental Illness Excluding Serious Mental Illness (2017)	Any Mental Illness Excluding Serious Mental Illness (2018)	No Mental Illness² (2017)	No Mental Illness² (2018)
Outpatient Mental Health Clinic or Center	4,759	4,517	3,596	3,479	1,810	1,825	1,786	1,655	1,163	1,037
Office of a Private Therapist, Psychologist, Psychiatrist, Social Worker, or Counselor - Not Part of a Clinic	10,808 ^a	12,356	6,624 ^a	7,605	2,701	2,932	3,924 ^a	4,672	4,183	4,751
Doctor's Office - Not Part of a Clinic	2,980	2,834	2,119	2,062	1,050	880	1,068	1,182	861	772
Outpatient Medical Clinic	1,031	1,261	780	858	379	376	401	481	251	403
Partial Day Hospital or Day Treatment Program	311	285	277	263	175	184	102	79	35	21
School or University Setting/Clinic/Center ³	194	149	134	100	63	43	71	57	59	49
Some Other Place ⁴	448	467	299	286	147	139	153	147	149	181

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Respondents with unknown mental health services information were excluded.

NOTE: Mental Illness aligns with DSM-IV criteria and is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder. Estimates of serious mental illness (SMI) are a subset of estimates of any mental illness (AMI) because SMI is limited to persons with AMI that resulted in serious functional impairment. These mental illness estimates are based on a predictive model and are not direct measures of diagnostic status.

^a The difference between this estimate and the 2018 estimate is statistically significant at the .05 level. Rounding may make the estimates appear identical.

¹ Respondents could indicate multiple locations for receiving outpatient mental health services; thus, these response categories are not mutually exclusive.

² Respondents with no mental illness may still have received mental health treatment for a past disorder that is in partial or full remission or treatment for a disorder that was not included in the definition of mental illness or for other reasons.

³ Respondents were permitted to specify other locations for receiving outpatient mental health services. This location was the most commonly reported other location for receiving outpatient treatment/counseling.

⁴ Respondents with unknown or invalid responses to the other-specify question on Some Other Place Received Outpatient Mental Health Services were excluded.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2017 and 2018.

Table 8.23B Locations of Outpatient Mental Health Services among Persons Aged 18 or Older Who Received Outpatient Mental Health Services in Past Year, by Past Year Level of Mental Illness: Percentages, 2017 and 2018

Location of Mental Health Services¹	Total (2017)	Total (2018)	Any Mental Illness (2017)	Any Mental Illness (2018)	Serious Mental Illness (2017)	Serious Mental Illness (2018)	Any Mental Illness Excluding Serious Mental Illness (2017)	Any Mental Illness Excluding Serious Mental Illness (2018)	No Mental Illness² (2017)	No Mental Illness² (2018)
Outpatient Mental Health Clinic or Center	25.8	23.3	30.2	28.2	36.0	36.8	26.0	22.4	17.8	14.8
Office of a Private Therapist, Psychologist, Psychiatrist, Social Worker, or Counselor - Not Part of a Clinic	58.6 ^a	63.8	55.7 ^a	61.6	53.7	59.1	57.2 ^a	63.2	63.9	67.7
Doctor's Office - Not Part of a Clinic	16.2	14.6	17.8	16.7	20.9	17.8	15.6	16.0	13.2	11.0
Outpatient Medical Clinic	5.6	6.5	6.6	6.9	7.5	7.6	5.8	6.5	3.8	5.7
Partial Day Hospital or Day Treatment Program	1.7	1.5	2.3	2.1	3.5	3.7	1.5	1.1	0.5	0.3
School or University Setting/Clinic/Center ³	1.1	0.8	1.1	0.8	1.3	0.9	1.0	0.8	0.9	0.7
Some Other Place ⁴	2.5	2.4	2.5	2.3	2.9	2.8	2.3	2.0	2.3	2.6

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

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NOTE: Mental Illness aligns with DSM-IV criteria and is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder. Estimates of serious mental illness (SMI) are a subset of estimates of any mental illness (AMI) because SMI is limited to persons with AMI that resulted in serious functional impairment. These mental illness estimates are based on a predictive model and are not direct measures of diagnostic status.

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⁴ Respondents with unknown or invalid responses to the other-specify question on Some Other Place Received Outpatient Mental Health Services were excluded.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2017 and 2018.

Table 8.25A Locations of Outpatient Mental Health Services among Persons Aged 18 or Older Who Received Outpatient Mental Health Services in Past Year, by Age Group: Numbers in Thousands, 2017 and 2018

Location of Mental Health Services¹	Aged 18+ (2017)	Aged 18+ (2018)	Aged 18-25 (2017)	Aged 18-25 (2018)	Aged 26+ (2017)	Aged 26+ (2018)	Aged 26-49 (2017)	Aged 26-49 (2018)	Aged 50+ (2017)	Aged 50+ (2018)
Outpatient Mental Health Clinic or Center	4,759	4,517	824	882	3,935	3,635	2,208	2,103	1,726	1,531
Office of a Private Therapist, Psychologist, Psychiatrist, Social Worker, or Counselor – Not Part of a Clinic	10,808 ^a	12,356	1,871	2,062	8,936 ^a	10,294	5,157	5,488	3,780 ^a	4,806
Doctor's Office - Not Part of a Clinic	2,980	2,834	358	307	2,622	2,527	1,342	1,279	1,280	1,248
Outpatient Medical Clinic	1,031	1,261	154	163	876	1,098	496	632	380	466
Partial Day Hospital or Day Treatment Program	311	285	87	111	224	174	137	141	88	33
School or University Setting/Clinic/Center ²	194	149	156	123	38	26	38	26	*	*
Some Other Place ³	448	467	46	64	402	403	173	174	229	229

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Respondents with unknown mental health services information were excluded.

^a The difference between this estimate and the 2018 estimate is statistically significant at the .05 level. Rounding may make the estimates appear identical.

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Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2017 and 2018.

Table 8.25B Locations of Outpatient Mental Health Services among Persons Aged 18 or Older Who Received Outpatient Mental Health Services in Past Year, by Age Group: Percentages, 2017 and 2018

Location of Mental Health Services¹	Aged 18+ (2017)	Aged 18+ (2018)	Aged 18-25 (2017)	Aged 18-25 (2018)	Aged 26+ (2017)	Aged 26+ (2018)	Aged 26-49 (2017)	Aged 26-49 (2018)	Aged 50+ (2017)	Aged 50+ (2018)
Outpatient Mental Health Clinic or Center	25.8	23.3	27.2	28.3	25.6	22.4	26.2	24.0	24.8	20.5
Office of a Private Therapist, Psychologist, Psychiatrist, Social Worker, or Counselor – Not Part of a Clinic	58.6 ^a	63.8	61.7 ^a	66.3	58.0 ^a	63.3	61.1	62.6	54.3 ^a	64.3
Doctor's Office - Not Part of a Clinic	16.2	14.6	11.8	9.9	17.0	15.6	15.9	14.6	18.4	16.7
Outpatient Medical Clinic	5.6	6.5	5.1	5.2	5.7	6.8	5.9	7.2	5.5	6.2
Partial Day Hospital or Day Treatment Program	1.7	1.5	2.9	3.6	1.5	1.1	1.6	1.6	1.3	0.4
School or University Setting/Clinic/Center ²	1.1	0.8	5.2	4.0	0.3	0.2	0.5	0.3	*	*
Some Other Place ³	2.5	2.4	1.5	2.1	2.6	2.5	2.1	2.0	3.3	3.1

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

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