

**Table 6.13C Main Reasons for Last Episode of Misuse of Prescription Psychotherapeutics among Past Year Misusers Aged 12 or Older of Each Type of Prescription Psychotherapeutic: Standard Errors of Numbers in Thousands, 2017 and 2018**

Main Reason for Last Episode of Misuse	Past Year Pain Reliever Misuse (2017)	Past Year Pain Reliever Misuse (2018)	Past Year Stimulant Misuse (2017)	Past Year Stimulant Misuse (2018)	Past Year Tranquilizer Misuse (2017)	Past Year Tranquilizer Misuse (2018)	Past Year Sedative Misuse (2017)	Past Year Sedative Misuse (2018)
Relieve Physical Pain	223	226	--	--	--	--	--	--
Relax or Relieve Tension	77	74	--	--	134	150	43	28
Help with Sleep	73	63	--	--	105	107	102	85
Help with Feelings or Emotion	46	50	--	--	61	75	17	5
Experiment or See What It's Like	44	30	38	29	39	34	10	8
Feel Good or Get High	92	81	59	46	61	61	21	19
Increase or Decrease Effect of Other Drug	18	39	23	18	19	22	*	6
Because I Am Hooked or Have to Have It	40	50	8	5	9	14	*	*
Help Lose Weight	--	--	30	38	--	--	--	--
Help Concentrate	--	--	96	75	--	--	--	--
Help Be Alert or Stay Awake	--	--	97	100	--	--	--	--
Help Study	--	--	78	75	--	--	--	--
Some Other Reason	24	41	27	26	36	31	14	6

\* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Only a subset of reasons for misuse apply for each prescription psychotherapeutic. Inapplicable reasons are marked as "--" (i.e., not available). Respondents who wrote in an inapplicable reason as their "other reason" (e.g., pain relief as the reason for tranquilizer misuse) were retained in the "Some Other Reason" category.

NOTE: Respondents with unknown information for their reason for misuse were excluded from the analysis, including respondents who reported some other reason but had unknown data in their write-in responses.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2017 and 2018.

**Table 6.13D Main Reasons for Last Episode of Misuse of Prescription Psychotherapeutics among Past Year Misusers Aged 12 or Older of Each Type of Prescription Psychotherapeutic: Standard Errors of Percentages, 2017 and 2018**

Main Reason for Last Episode of Misuse	Past Year Pain Reliever Misuse (2017)	Past Year Pain Reliever Misuse (2018)	Past Year Stimulant Misuse (2017)	Past Year Stimulant Misuse (2018)	Past Year Tranquilizer Misuse (2017)	Past Year Tranquilizer Misuse (2018)	Past Year Sedative Misuse (2017)	Past Year Sedative Misuse (2018)
Relieve Physical Pain	1.19	1.36	--	--	--	--	--	--
Relax or Relieve Tension	0.69	0.74	--	--	1.66	1.82	3.00	2.53
Help with Sleep	0.66	0.64	--	--	1.52	1.69	3.59	3.15
Help with Feelings or Emotion	0.42	0.52	--	--	1.00	1.26	1.26	0.48
Experiment or See What It's Like	0.40	0.31	0.66	0.56	0.67	0.60	0.78	0.72
Feel Good or Get High	0.81	0.81	0.94	0.86	0.98	1.01	1.52	1.76
Increase or Decrease Effect of Other Drug	0.17	0.41	0.39	0.36	0.32	0.39	*	0.60
Because I Am Hooked or Have to Have It	0.36	0.51	0.14	0.09	0.15	0.25	*	*
Help Lose Weight	--	--	0.51	0.73	--	--	--	--
Help Concentrate	--	--	1.37	1.30	--	--	--	--
Help Be Alert or Stay Awake	--	--	1.36	1.58	--	--	--	--
Help Study	--	--	1.20	1.29	--	--	--	--
Some Other Reason	0.22	0.42	0.47	0.51	0.60	0.55	1.04	0.53

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NOTE: Only a subset of reasons for misuse apply for each prescription psychotherapeutic. Inapplicable reasons are marked as "--" (i.e., not available). Respondents who wrote in an inapplicable reason as their "other reason" (e.g., pain relief as the reason for tranquilizer misuse) were retained in the "Some Other Reason" category.

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**Table 6.13P Main Reasons for Last Episode of Misuse of Prescription Psychotherapeutics among Past Year Misusers Aged 12 or Older of Each Type of Prescription Psychotherapeutic: *P* Values from Tests of Differences of Percentages, 2018 Versus 2017**

Main Reason for Last Episode of Misuse	Past Year Pain Reliever Misuse (2017)	Past Year Pain Reliever Misuse (2018)	Past Year Stimulant Misuse (2017)	Past Year Stimulant Misuse (2018)	Past Year Tranquilizer Misuse (2017)	Past Year Tranquilizer Misuse (2018)	Past Year Sedative Misuse (2017)	Past Year Sedative Misuse (2018)
Relieve Physical Pain	0.5952		--		--		--	
Relax or Relieve Tension	0.4531		--		0.2297		0.6669	
Help with Sleep	0.3677		--		0.8281		0.3616	
Help with Feelings or Emotion	0.5522		--		0.8642		0.0583	
Experiment or See What It's Like	0.6114		0.7522		0.0713		0.7853	
Feel Good or Get High	0.0207		0.2095		0.4700		0.8658	
Increase or Decrease Effect of Other Drug	0.7101		0.9094		0.9949		*	
Because I Am Hooked or Have to Have It	0.1569		0.4134		0.2821		*	
Help Lose Weight	--		0.1446		--		--	
Help Concentrate	--		0.1427		--		--	
Help Be Alert or Stay Awake	--		0.1275		--		--	
Help Study	--		0.5720		--		--	
Some Other Reason	0.3148		0.2806		0.5613		0.4390	

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NOTE: Respondents with unknown information for their reason for misuse were excluded from the analysis, including respondents who reported some other reason but had unknown data in their write-in responses.

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**Table 6.14C Main Reasons for Last Episode of Misuse of Prescription Psychotherapeutics among Past Year Misusers Aged 18 or Older of Each Type of Prescription Psychotherapeutic: Standard Errors of Numbers in Thousands, 2017 and 2018**

Main Reason for Last Episode of Misuse	Pain Reliever Misuse (2017)	Pain Reliever Misuse (2018)	Stimulant Misuse (2017)	Stimulant Misuse (2018)	Tranquilizer Misuse (2017)	Tranquilizer Misuse (2018)	Sedative Misuse (2017)	Sedative Misuse (2018)
Relieve Physical Pain	221	226	--	--	--	--	--	--
Relax or Relieve Tension	76	73	--	--	134	150	43	27
Help with Sleep	73	63	--	--	105	106	102	84
Help with Feelings or Emotion	45	49	--	--	60	74	17	5
Experiment or See What It's Like	42	28	36	27	37	33	10	7
Feel Good or Get High	89	80	59	44	58	60	20	18
Increase or Decrease Effect of Other Drug	17	39	22	18	19	22	*	6
Because I Am Hooked or Have to Have It	40	50	8	4	8	14	*	*
Help Lose Weight	--	--	29	37	--	--	--	--
Help Concentrate	--	--	94	73	--	--	--	--
Help Be Alert or Stay Awake	--	--	97	100	--	--	--	--
Help Study	--	--	77	74	--	--	--	--
Some Other Reason	23	40	28	25	36	31	13	6

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NOTE: Only a subset of reasons for misuse apply for each prescription psychotherapeutic. Inapplicable reasons are marked as "--" (i.e., not available). Respondents who wrote in an inapplicable reason as their "other reason" (e.g., pain relief as the reason for tranquilizer misuse) were retained in the "Some Other Reason" category.

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**Table 6.14D Main Reasons for Last Episode of Misuse of Prescription Psychotherapeutics among Past Year Misusers Aged 18 or Older of Each Type of Prescription Psychotherapeutic: Standard Errors of Percentages, 2017 and 2018**

Main Reason for Last Episode of Misuse	Pain Reliever Misuse (2017)	Pain Reliever Misuse (2018)	Stimulant Misuse (2017)	Stimulant Misuse (2018)	Tranquilizer Misuse (2017)	Tranquilizer Misuse (2018)	Sedative Misuse (2017)	Sedative Misuse (2018)
Relieve Physical Pain	1.26	1.44	--	--	--	--	--	--
Relax or Relieve Tension	0.73	0.79	--	--	1.79	1.94	3.13	2.63
Help with Sleep	0.70	0.68	--	--	1.63	1.79	3.69	3.28
Help with Feelings or Emotion	0.43	0.55	--	--	1.06	1.34	1.30	0.51
Experiment or See What It's Like	0.42	0.31	0.69	0.57	0.68	0.61	0.80	0.67
Feel Good or Get High	0.84	0.86	1.01	0.90	1.01	1.06	1.57	1.80
Increase or Decrease Effect of Other Drug	0.17	0.43	0.42	0.38	0.34	0.42	*	0.63
Because I Am Hooked or Have to Have It	0.39	0.55	0.15	0.09	0.15	0.26	*	*
Help Lose Weight	--	--	0.54	0.77	--	--	--	--
Help Concentrate	--	--	1.43	1.37	--	--	--	--
Help Be Alert or Stay Awake	--	--	1.46	1.68	--	--	--	--
Help Study	--	--	1.25	1.37	--	--	--	--
Some Other Reason	0.23	0.45	0.53	0.54	0.65	0.58	1.04	0.56

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Relieve Physical Pain	0.9136		--		--		--	
Relax or Relieve Tension	0.4340		--		0.4714		0.6540	
Help with Sleep	0.3549		--		0.7063		0.4027	
Help with Feelings or Emotion	0.4094		--		0.6385		0.1260	
Experiment or See What It's Like	0.6760		0.7796		0.0975		0.5424	
Feel Good or Get High	0.0575		0.1551		0.8532		0.9578	
Increase or Decrease Effect of Other Drug	0.5914		0.9943		0.8395		*	
Because I Am Hooked or Have to Have It	0.1509		0.3290		0.2504		*	
Help Lose Weight	--		0.1714		--		--	
Help Concentrate	--		0.1339		--		--	
Help Be Alert or Stay Awake	--		0.1309		--		--	
Help Study	--		0.5030		--		--	
Some Other Reason	0.3181		0.4344		0.5242		0.7258	

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