Table 6.13A Main Reasons for Last Episode of Misuse of Prescription Psychotherapeutics among Past Year Misusers Aged 12 or Older of Each Type of Prescription Psychotherapeutic: Numbers in Thousands, 2017 and 2018

Main Reason for Last Episode of Misuse	Past Year Pain Reliever Misuse (2017)	Past Year Pain Reliever Misuse (2018)	Past Year Stimulant Misuse (2017)	Past Year Stimulant Misuse (2018)	Past Year Tranquilizer Misuse (2017)	Past Year Tranquilizer Misuse (2018)	Past Year Sedative Misuse (2017)	Past Year Sedative Misuse (2018)
Relieve Physical Pain	6,735[a]	6,063	--	--	--	--	--	--
Relax or Relieve Tension	909	877	--	--	2,442	2,527	216	153
Help with Sleep	577	433	--	--	1,228	1,160	926	773
Help with Feelings or Emotion	390	383	--	--	730	721	52[a]	14
Experiment or See What It's Like	296	236	261	213	376	274	30	21
Feel Good or Get High	1,426[a]	1,016	625[a]	466	755	673	78	66
Increase or Decrease Effect of Other Drug	80	86	77	70	89	86	*	12
Because I Am Hooked or Have to Have It	241	302	20	11	21	38	*	*
Help Lose Weight	--	--	175	217	--	--	--	--
Help Concentrate	--	--	1,597[a]	1,257	--	--	--	--
Help Be Alert or Stay Awake	--	--	1,686	1,620	--	--	--	--
Help Study	--	--	1,148	1,048	--	--	--	--
Some Other Reason	109	144	147	90	187	155	27	12

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Only a subset of reasons for misuse apply for each prescription psychotherapeutic. Inapplicable reasons are marked as "--" (i.e., not available). Respondents who wrote in an inapplicable reason as their "other reason" (e.g., pain relief as the reason for tranquilizer misuse) were retained in the "Some Other Reason" category.

NOTE: Respondents with unknown information for their reason for misuse were excluded from the analysis, including respondents who reported some other reason but had unknown data in their write-in responses.

[a] The difference between this estimate and the 2018 estimate is statistically significant at the .05 level. Rounding may make the estimates appear identical.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2017 and 2018.

Table 6.13B Main Reasons for Last Episode of Misuse of Prescription Psychotherapeutics among Past Year Misusers Aged 12 or Older of Each Type of Prescription Psychotherapeutic: Percentages, 2017 and 2018

Main Reason for Last Episode of Misuse	Past Year Pain Reliever Misuse (2017)	Past Year Pain Reliever Misuse (2018)	Past Year Stimulant Misuse (2017)	Past Year Stimulant Misuse (2018)	Past Year Tranquilizer Misuse (2017)	Past Year Tranquilizer Misuse (2018)	Past Year Sedative Misuse (2017)	Past Year Sedative Misuse (2018)
Relieve Physical Pain	62.6	63.6	--	--	--	--	--	--
Relax or Relieve Tension	8.4	9.2	--	--	41.9	44.8	16.2	14.5
Help with Sleep	5.4	4.5	--	--	21.1	20.6	69.4	73.6
Help with Feelings or Emotion	3.6	4.0	--	--	12.5	12.8	3.9	1.4
Experiment or See What It's Like	2.8	2.5	4.6	4.3	6.5	4.9	2.3	2.0
Feel Good or Get High	13.2[a]	10.6	10.9	9.3	13.0	12.0	5.9	6.2
Increase or Decrease Effect of Other Drug	0.7	0.9	1.3	1.4	1.5	1.5	*	1.1
Because I Am Hooked or Have to Have It	2.2	3.2	0.3	0.2	0.4	0.7	*	*
Help Lose Weight	--	--	3.0	4.3	--	--	--	--
Help Concentrate	--	--	27.8	25.2	--	--	--	--
Help Be Alert or Stay Awake	--	--	29.4	32.4	--	--	--	--
Help Study	--	--	20.0	21.0	--	--	--	--
Some Other Reason	1.0	1.5	2.6	1.8	3.2	2.7	2.0	1.1

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Only a subset of reasons for misuse apply for each prescription psychotherapeutic. Inapplicable reasons are marked as "--" (i.e., not available). Respondents who wrote in an inapplicable reason as their "other reason" (e.g., pain relief as the reason for tranquilizer misuse) were retained in the "Some Other Reason" category.

NOTE: Respondents with unknown information for their reason for misuse were excluded from the analysis, including respondents who reported some other reason but had unknown data in their write-in responses.

[a] The difference between this estimate and the 2018 estimate is statistically significant at the .05 level. Rounding may make the estimates appear identical.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2017 and 2018.

Table 6.14A Main Reasons for Last Episode of Misuse of Prescription Psychotherapeutics among Past Year Misusers Aged 18 or Older of Each Type of Prescription Psychotherapeutic: Numbers in Thousands, 2017 and 2018

Main Reason for Last Episode of Misuse	Past Year Pain Reliever Misuse (2017)	Past Year Pain Reliever Misuse (2018)	Past Year Stimulant Misuse (2017)	Past Year Stimulant Misuse (2018)	Past Year Tranquilizer Misuse (2017)	Past Year Tranquilizer Misuse (2018)	Past Year Sedative Misuse (2017)	Past Year Sedative Misuse (2018)
Relieve Physical Pain	6,402[a]	5,690	--	--	--	--	--	--
Relax or Relieve Tension	842	820	--	--	2,349	2,381	202	140
Help with Sleep	548	404	--	--	1,192	1,113	900	742
Help with Feelings or Emotion	327	341	--	--	644	667	45	14
Experiment or See What It's Like	241	193	221	181	306	220	27	15
Feel Good or Get High	1,280[a]	934	575[a]	416	622	590	69	55
Increase or Decrease Effect of Other Drug	71	85	75	65	81	84	*	12
Because I Am Hooked or Have to Have It	240	302	20	9	19	37	*	*
Help Lose Weight	--	--	164	203	--	--	--	--
Help Concentrate	--	--	1,446[a]	1,131	--	--	--	--
Help Be Alert or Stay Awake	--	--	1,634	1,577	--	--	--	--
Help Study	--	--	1,063	985	--	--	--	--
Some Other Reason	98	134	124	81	182	148	20	12

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Only a subset of reasons for misuse apply for each prescription psychotherapeutic. Inapplicable reasons are marked as "--" (i.e., not available). Respondents who wrote in an inapplicable reason as their "other reason" (e.g., pain relief as the reason for tranquilizer misuse) were retained in the "Some Other Reason" category.

NOTE: Respondents with unknown information for their reason for misuse were excluded from the analysis, including respondents who reported some other reason but had unknown data in their write-in responses.

[a] The difference between this estimate and the 2018 estimate is statistically significant at the .05 level. Rounding may make the estimates appear identical.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2017 and 2018.

Table 6.14B   Main Reasons for Last Episode of Misuse of Prescription Psychotherapeutics among Past Year Misusers Aged 18 or Older of Each Type of Prescription Psychotherapeutic: Percentages, 2017 and 2018

Main Reason for Last Episode of Misuse	Past Year Pain Reliever Misuse (2017)	Past Year Pain Reliever Misuse (2018)	Past Year Stimulant Misuse (2017)	Past Year Stimulant Misuse (2018)	Past Year Tranquilizer Misuse (2017)	Past Year Tranquilizer Misuse (2018)	Past Year Sedative Misuse (2017)	Past Year Sedative Misuse (2018)
Relieve Physical Pain	63.7	63.9	--	--	--	--	--	--
Relax or Relieve Tension	8.4	9.2	--	--	43.5	45.4	16.0	14.2
Help with Sleep	5.4	4.5	--	--	22.1	21.2	70.9	74.9
Help with Feelings or Emotion	3.3	3.8	--	--	11.9	12.7	3.6	1.4
Experiment or See What It's Like	2.4	2.2	4.1	3.9	5.7	4.2	2.1	1.5
Feel Good or Get High	12.7	10.5	10.8	9.0	11.5	11.3	5.4	5.6
Increase or Decrease Effect of Other Drug	0.7	1.0	1.4	1.4	1.5	1.6	*	1.2
Because I Am Hooked or Have to Have It	2.4	3.4	0.4	0.2	0.4	0.7	*	*
Help Lose Weight	--	--	3.1	4.4	--	--	--	--
Help Concentrate	--	--	27.2	24.3	--	--	--	--
Help Be Alert or Stay Awake	--	--	30.7	33.9	--	--	--	--
Help Study	--	--	20.0	21.2	--	--	--	--
Some Other Reason	1.0	1.5	2.3	1.7	3.4	2.8	1.6	1.2

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Only a subset of reasons for misuse apply for each prescription psychotherapeutic. Inapplicable reasons are marked as "--" (i.e., not available). Respondents who wrote in an inapplicable reason as their "other reason" (e.g., pain relief as the reason for tranquilizer misuse) were retained in the "Some Other Reason" category.

NOTE: Respondents with unknown information for their reason for misuse were excluded from the analysis, including respondents who reported some other reason but had unknown data in their write-in responses.

[a] The difference between this estimate and the 2018 estimate is statistically significant at the .05 level. Rounding may make the estimates appear identical.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2017 and 2018.