

Table 11.13A Type of Treatment Received in Past Year for Depression among Persons Aged 12 to 17 with Major Depressive Episode in Past Year: Numbers in Thousands, 2004-2018

Type of Treatment	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018
SAW OR TALKED TO A HEALTH PROFESSIONAL OR USED PRESCRIPTION MEDICATION	856 ^a	778 ^a	700 ^a	739 ^a	731 ^a	638 ^a	682 ^a	724 ^a	791 ^a	944 ^a	1,076 ^a	1,139 ^a	1,223	1,286	1,371
Saw or Talked to a Health Professional BUT Did Not Use Prescription Medication	425 ^a	404 ^a	407 ^a	372 ^a	406 ^a	358 ^a	370 ^a	397 ^a	431 ^a	522 ^a	543 ^a	596 ^a	571 ^a	625 ^a	749
Used Prescription Medication BUT Did Not See or Talk to a Health Professional	76	58	47	53	60	46 ^a	58	52	52	94	75	87	59	76	77
Saw or Talked to a Health Professional AND Used Prescription Medication	342 ^a	308 ^a	241 ^a	307 ^a	259 ^a	231 ^a	252 ^a	272 ^a	302 ^a	316 ^a	447	447	576	570	533

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Some 2006 to 2010 estimates may differ from previously published estimates due to updates (see Section 3.3.5 in Chapter 3 of the *2018 National Survey on Drug Use and Health: Methodological Summary and Definitions*).

NOTE: Respondents with unknown past year treatment for depression data were excluded.

NOTE: Respondents with unknown past year Major Depressive Episode (MDE) data were excluded.

^a The difference between this estimate and the 2018 estimate is statistically significant at the .05 level. Rounding may make the estimates appear identical.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2004-2018.

Table 11.13B Type of Treatment Received in Past Year for Depression among Persons Aged 12 to 17 with Major Depressive Episode in Past Year: Percentages, 2004-2018

Type of Treatment	2004	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018
SAW OR TALKED TO A HEALTH PROFESSIONAL OR USED PRESCRIPTION MEDICATION	38.7	35.9 ^a	35.9 ^a	37.0	36.3	33.0 ^a	35.8 ^a	36.3	36.0 ^a	36.9	39.6	37.9	40.2	40.3	40.0
Saw or Talked to a Health Professional BUT Did Not Use Prescription Medication	19.3	18.6	20.9	18.6	20.2	18.5 ^a	19.4	19.9	19.6	20.4	20.0	19.8	18.8	19.6	21.8
Used Prescription Medication BUT Did Not See or Talk to a Health Professional	3.4 ^a	2.7	2.4	2.7	3.0	2.4	3.0	2.6	2.4	3.7	2.8	2.9	1.9	2.4	2.2
Saw or Talked to a Health Professional AND Used Prescription Medication	15.5	14.1	12.3 ^a	15.3	12.8	11.9 ^a	13.2	13.6	13.7	12.3 ^a	16.4	14.8	18.9 ^a	17.9	15.4

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Some 2006 to 2010 estimates may differ from previously published estimates due to updates (see Section 3.3.5 in Chapter 3 of the *2018 National Survey on Drug Use and Health: Methodological Summary and Definitions*).

NOTE: Respondents with unknown past year treatment for depression data were excluded.

NOTE: Respondents with unknown past year Major Depressive Episode (MDE) data were excluded.

^a The difference between this estimate and the 2018 estimate is statistically significant at the .05 level. Rounding may make the estimates appear identical.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2004-2018.