

Table 10.43A Serious Psychological Distress in Past Year among Persons Aged 18 or Older, by Demographic Characteristics: Numbers in Thousands, 2005-2018

Demographic Characteristic	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018
TOTAL	23,103 ^a	23,743 ^a	22,901 ^a	23,314 ^a	23,243 ^a	23,567 ^a	23,511 ^a	25,312 ^a	25,209 ^a	25,505 ^a	25,018 ^a	26,023 ^a	27,570	28,690
AGE GROUP														
18-25	5,875 ^a	5,668 ^a	5,731 ^a	5,951 ^a	5,863 ^a	6,026 ^a	5,993 ^a	6,405 ^a	6,238 ^a	6,838 ^a	7,111 ^a	7,311 ^a	8,318	8,610
26 or Older	17,228 ^a	18,075 ^a	17,170 ^a	17,364 ^a	17,380 ^a	17,541 ^a	17,517 ^a	18,907	18,971	18,668 ^a	17,907 ^a	18,712 ^a	19,252	20,081
26-49	11,810 ^a	12,602	11,677 ^a	11,525 ^a	11,999 ^a	11,596 ^a	11,526 ^a	11,910 ^a	11,800 ^a	11,258 ^a	11,793 ^a	12,132 ^a	12,758	13,218
50 or Older	5,418 ^a	5,472 ^a	5,493 ^a	5,839 ^a	5,382 ^a	5,945	5,991	6,997	7,171	7,410	6,114	6,580	6,494	6,863
GENDER														
Male	8,292 ^a	9,057 ^a	8,531 ^a	8,551 ^a	8,526 ^a	9,000 ^a	9,096 ^a	9,982 ^a	9,377 ^a	9,436 ^a	9,516 ^a	10,067 ^a	10,459	11,152
Female	14,811 ^a	14,686 ^a	14,370 ^a	14,763 ^a	14,717 ^a	14,566 ^a	14,415 ^a	15,329 ^a	15,832 ^a	16,070 ^a	15,502 ^a	15,956 ^a	17,111	17,538
HISPANIC ORIGIN AND RACE														
Not Hispanic or Latino	19,965 ^a	20,673 ^a	19,941 ^a	20,288 ^a	20,248 ^a	20,250 ^a	20,577 ^a	21,299 ^a	21,220 ^a	21,898 ^a	21,438 ^a	21,920 ^a	23,730	23,968
White	16,017 ^a	16,373 ^a	16,154 ^a	16,412 ^a	16,598 ^a	16,229 ^a	16,138 ^a	16,204 ^a	16,495 ^a	17,023 ^a	17,045 ^a	17,465 ^a	18,566	18,697
Black or African American	2,651	2,652	2,606	2,518 ^a	2,499 ^a	2,721	2,486 ^a	3,282	2,960	2,901	2,620 ^a	2,607 ^a	2,974	3,047
AIAN	230	281	151	96 ^a	140	135	211	288	199	176	160	177	166	224
NHOPI	*	96	50 ^a	*	72	*	*	*	49 ^a	122	79	84	110	146
Asian	628 ^a	745 ^a	632 ^a	795 ^a	578 ^a	685 ^a	954	920	951	1,041	955	953	1,210	1,183
Two or More Races	355 ^a	526	349 ^a	366 ^a	361 ^a	400 ^a	584	436 ^a	565	636	579	634	706	671
Hispanic or Latino	3,138 ^a	3,070 ^a	2,960 ^a	3,026 ^a	2,996 ^a	3,317 ^a	2,933 ^a	4,013 ^a	3,989 ^a	3,607 ^a	3,580 ^a	4,102 ^a	3,840 ^a	4,723

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Some 2006 to 2010 estimates may differ from previously published estimates due to updates (see Section 3.3.5 in Chapter 3 of the *2018 National Survey on Drug Use and Health: Methodological Summary and Definitions*).

NOTE: Estimates for 2005 to 2007 are based on an adjusted SPD variable and may differ from estimates published in prior NSDUH reports.

^a The difference between this estimate and the 2018 estimate is statistically significant at the .05 level. Rounding may make the estimates appear identical.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2005-2018.

Table 10.43B Serious Psychological Distress in Past Year among Persons Aged 18 or Older, by Demographic Characteristics: Percentages, 2005-2018

Demographic Characteristic	2005	2006	2007	2008	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018
TOTAL	10.6 ^a	10.8 ^a	10.3 ^a	10.4 ^a	10.2 ^a	10.3 ^a	10.1 ^a	10.8 ^a	10.6 ^a	10.6 ^a	10.3 ^a	10.6 ^a	11.2	11.5
AGE GROUP														
18-25	18.1 ^a	17.3 ^a	17.5 ^a	18.1 ^a	17.5 ^a	17.7 ^a	17.5 ^a	18.5 ^a	17.9 ^a	19.6 ^a	20.4 ^a	21.1 ^a	24.2	25.3
26 or Older	9.3	9.6	9.0	9.0	9.0	9.0	8.8	9.4	9.4	9.1	8.6 ^a	8.9	9.0	9.3
26-49	11.8 ^a	12.5	11.7 ^a	11.5 ^a	12.1 ^a	11.8 ^a	11.8 ^a	12.2 ^a	12.1 ^a	11.5 ^a	12.0 ^a	12.2 ^a	12.7	13.1
50 or Older	6.4	6.3	6.1	6.3	5.7	6.2	6.0	6.8	6.8	6.9 ^a	5.6	5.9	5.8	6.0
GENDER														
Male	7.9 ^a	8.5 ^a	7.9 ^a	7.9 ^a	7.8 ^a	8.1 ^a	8.1 ^a	8.8	8.2 ^a	8.2 ^a	8.1 ^a	8.5 ^a	8.8	9.3
Female	13.1	12.9	12.5 ^a	12.7 ^a	12.5 ^a	12.3 ^a	11.9 ^a	12.6 ^a	12.9	12.9	12.3 ^a	12.6 ^a	13.4	13.6
HISPANIC ORIGIN AND RACE														
Not Hispanic or Latino	10.5 ^a	10.8 ^a	10.3 ^a	10.4 ^a	10.3 ^a	10.3 ^a	10.4 ^a	10.6 ^a	10.5 ^a	10.8 ^a	10.5 ^a	10.6 ^a	11.4	11.5
White	10.5 ^a	10.7 ^a	10.5 ^a	10.6 ^a	10.7 ^a	10.4 ^a	10.4 ^a	10.4 ^a	10.6 ^a	10.9 ^a	10.8 ^a	11.1 ^a	11.8	11.9
Black or African American	10.7	10.5	10.3	9.8	9.5	10.2	9.3	12.1 ^a	10.7	10.3	9.2	9.0	10.1	10.3
AIAN	20.9	25.6	13.7	10.2	12.8	12.6	16.3	22.2	16.0	13.8	12.6	12.8	12.8	14.9
NHOPI	*	11.6	7.8	*	9.8	*	*	*	6.4 ^a	13.3	13.2	7.7	11.0	15.4
Asian	6.9	8.0	6.6	8.1	5.8 ^a	6.6	8.5	7.9	7.9	8.2	7.1	7.2	8.7	8.3
Two or More Races	16.1	23.6 ^a	15.1	14.6	14.8	15.1	17.8	12.7	16.0	17.4	15.0	15.8	16.8	15.5
Hispanic or Latino	11.3	10.6	10.0 ^a	10.0 ^a	9.6 ^a	10.4	8.6 ^a	11.5	11.2	9.8 ^a	9.5 ^a	10.7	9.7 ^a	11.6

* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

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NOTE: Estimates for 2005 to 2007 are based on an adjusted SPD variable and may differ from estimates published in prior NSDUH reports.

^a The difference between this estimate and the 2018 estimate is statistically significant at the .05 level. Rounding may make the estimates appear identical.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2005-2018.