

**Table 10.23A Perceived Unmet Need for Mental Health Services in Past Year among Persons Aged 18 or Older, by Past Year Level of Mental Illness and Age Group: Numbers in Thousands, 2008-2018**

Level of Mental Illness/Age Group	2008 <sup>1</sup>	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018
<b>ANY MENTAL ILLNESS</b>	8,173 <sup>a</sup>	9,092 <sup>a</sup>	8,680 <sup>a</sup>	8,541 <sup>a</sup>	9,092 <sup>a</sup>	8,422 <sup>a</sup>	9,037 <sup>a</sup>	8,798 <sup>a</sup>	9,239 <sup>a</sup>	11,052	11,208
18-25	1,839 <sup>a</sup>	1,773 <sup>a</sup>	1,826 <sup>a</sup>	1,829 <sup>a</sup>	1,898 <sup>a</sup>	1,870 <sup>a</sup>	2,021 <sup>a</sup>	2,184 <sup>a</sup>	2,464 <sup>a</sup>	3,114	3,370
26 or Older	6,334 <sup>a</sup>	7,318	6,855 <sup>a</sup>	6,712 <sup>a</sup>	7,194	6,552 <sup>a</sup>	7,016 <sup>a</sup>	6,613 <sup>a</sup>	6,775 <sup>a</sup>	7,938	7,839
26-49	4,805 <sup>a</sup>	5,300	4,633 <sup>a</sup>	4,910 <sup>a</sup>	5,064 <sup>a</sup>	4,551 <sup>a</sup>	4,654 <sup>a</sup>	4,631 <sup>a</sup>	4,797 <sup>a</sup>	5,446	5,732
50 or Older	1,529 <sup>a</sup>	2,019	2,222	1,802	2,130	2,001	2,362	1,983	1,978	2,492	2,107
<b>SERIOUS MENTAL ILLNESS</b>	3,642 <sup>a</sup>	3,874 <sup>a</sup>	3,910 <sup>a</sup>	3,883 <sup>a</sup>	3,973 <sup>a</sup>	3,858 <sup>a</sup>	4,205 <sup>a</sup>	3,713 <sup>a</sup>	4,104 <sup>a</sup>	4,939	5,116
18-25	617 <sup>a</sup>	587 <sup>a</sup>	706 <sup>a</sup>	712 <sup>a</sup>	709 <sup>a</sup>	756 <sup>a</sup>	900 <sup>a</sup>	878 <sup>a</sup>	1,091 <sup>a</sup>	1,431	1,549
26 or Older	3,024 <sup>a</sup>	3,287	3,204	3,172	3,263	3,103	3,305	2,835 <sup>a</sup>	3,014 <sup>a</sup>	3,509	3,567
26-49	2,133 <sup>a</sup>	2,386	2,271	2,235 <sup>a</sup>	2,335	2,201 <sup>a</sup>	2,179 <sup>a</sup>	2,118 <sup>a</sup>	2,088 <sup>a</sup>	2,520	2,660
50 or Older	891	901	933	936	928	902	1,127	717	926	989	907

\* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Some 2008 to 2010 estimates may differ from previously published estimates due to updates (see Section 3.3.5 in Chapter 3 of the *2018 National Survey on Drug Use and Health: Methodological Summary and Definitions*).

NOTE: Perception of unmet need was asked of all respondents regardless of their mental health. Respondents with unknown perception of unmet need information were excluded.

NOTE: Mental Health Services for adults includes inpatient treatment/counseling, outpatient treatment/counseling, or use of prescription medication for problems with emotions, nerves, or mental health. Respondents with unknown mental health service information were excluded.

NOTE: Mental Illness aligns with DSM-IV criteria and is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder. Estimates of serious mental illness (SMI) are a subset of estimates of any mental illness (AMI) because SMI is limited to persons with AMI that resulted in serious functional impairment. Mental illness estimates from 2008 to 2011 may differ from previously published estimates due to revised estimation procedures. These mental illness estimates are based on a predictive model and are not direct measures of diagnostic status.

<sup>a</sup> The difference between this estimate and the 2018 estimate is statistically significant at the .05 level. Rounding may make the estimates appear identical.

<sup>1</sup> The measures used to estimate mental illness in 2008 partially differ from the measures used in subsequent years; however, methodological analysis indicated that the estimates are comparable. For details, see Section 3.4.7 in Chapter 3 of the *2018 National Survey on Drug Use and Health: Methodological Summary and Definitions*.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2008-2018.

**Table 10.23B Perceived Unmet Need for Mental Health Services in Past Year among Persons Aged 18 or Older, by Past Year Level of Mental Illness and Age Group: Percentages, 2008-2018**

Level of Mental Illness/Age Group	2008 <sup>1</sup>	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018
<b>ANY MENTAL ILLNESS</b>	20.6 <sup>a</sup>	22.1	21.0 <sup>a</sup>	20.7 <sup>a</sup>	20.8 <sup>a</sup>	19.3 <sup>a</sup>	20.8 <sup>a</sup>	20.3 <sup>a</sup>	20.7 <sup>a</sup>	23.7	23.6
18-25	30.2 <sup>a</sup>	29.4 <sup>a</sup>	29.8 <sup>a</sup>	28.8 <sup>a</sup>	28.1 <sup>a</sup>	27.8 <sup>a</sup>	28.9 <sup>a</sup>	29.0 <sup>a</sup>	32.4 <sup>a</sup>	35.3 <sup>a</sup>	37.9
26 or Older	18.9	20.9	19.5	19.2	19.5	17.7 <sup>a</sup>	19.2	18.5 <sup>a</sup>	18.3 <sup>a</sup>	21.0	20.3
26-49	23.3	24.8	22.5 <sup>a</sup>	24.6	24.4	21.7 <sup>a</sup>	23.3 <sup>a</sup>	22.5 <sup>a</sup>	23.0 <sup>a</sup>	24.5	25.3
50 or Older	11.8	14.8	15.2	12.0	13.2	12.6	14.3	13.0	12.3	16.1	13.2
<b>SERIOUS MENTAL ILLNESS</b>	43.7	46.3	42.0	43.1	41.6	38.6 <sup>a</sup>	42.9	38.2 <sup>a</sup>	39.7 <sup>a</sup>	44.2	45.1
18-25	50.0 <sup>a</sup>	52.2 <sup>a</sup>	53.1 <sup>a</sup>	55.0	49.8 <sup>a</sup>	51.5 <sup>a</sup>	53.6 <sup>a</sup>	50.3 <sup>a</sup>	53.7 <sup>a</sup>	55.9	59.5
26 or Older	42.6	45.4	40.1	41.1	40.1	36.4	40.7	35.5 <sup>a</sup>	36.3	40.7	40.8
26-49	44.8	49.2	44.3	45.2	46.2	42.4	45.4	43.3	39.7 <sup>a</sup>	45.2	45.2
50 or Older	38.2	37.5	32.7	33.9	30.1	27.1	33.9	23.2 <sup>a</sup>	30.4	32.5	31.9

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NOTE: Perception of unmet need was asked of all respondents regardless of their mental health. Respondents with unknown perception of unmet need information were excluded.

NOTE: Mental Health Services for adults includes inpatient treatment/counseling, outpatient treatment/counseling, or use of prescription medication for problems with emotions, nerves, or mental health. Respondents with unknown mental health service information were excluded.

NOTE: Mental Illness aligns with DSM-IV criteria and is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder. Estimates of serious mental illness (SMI) are a subset of estimates of any mental illness (AMI) because SMI is limited to persons with AMI that resulted in serious functional impairment. Mental illness estimates from 2008 to 2011 may differ from previously published estimates due to revised estimation procedures. These mental illness estimates are based on a predictive model and are not direct measures of diagnostic status.

<sup>a</sup> The difference between this estimate and the 2018 estimate is statistically significant at the .05 level. Rounding may make the estimates appear identical.

<sup>1</sup> The measures used to estimate mental illness in 2008 partially differ from the measures used in subsequent years; however, methodological analysis indicated that the estimates are comparable. For details, see Section 3.4.7 in Chapter 3 of the *2018 National Survey on Drug Use and Health: Methodological Summary and Definitions*.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2008-2018.

**Table 10.25A Receipt of Mental Health Services in Past Year among Persons Aged 18 or Older with Past Year Any Mental Illness and a Perceived Unmet Need for Mental Health Services in Past Year, by Age Group: Numbers in Thousands, 2008-2018**

Receipt of Mental Health Services/Age Group	2008 <sup>1</sup>	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018
<b>RECEIVED MENTAL HEALTH SERVICES</b>	4,702 <sup>a</sup>	4,999 <sup>a</sup>	5,177 <sup>a</sup>	4,932 <sup>a</sup>	5,249 <sup>a</sup>	5,058 <sup>a</sup>	5,380 <sup>a</sup>	5,196 <sup>a</sup>	5,289 <sup>a</sup>	6,085	6,223
18-25	821 <sup>a</sup>	767 <sup>a</sup>	867 <sup>a</sup>	841 <sup>a</sup>	908 <sup>a</sup>	878 <sup>a</sup>	1,005 <sup>a</sup>	1,030 <sup>a</sup>	1,196 <sup>a</sup>	1,537	1,537
26 or Older	3,881 <sup>a</sup>	4,232	4,310	4,090 <sup>a</sup>	4,341	4,180	4,374	4,166	4,093 <sup>a</sup>	4,548	4,686
26-49	2,812	2,997	2,897	2,786	2,836	2,796	2,613 <sup>a</sup>	2,759 <sup>a</sup>	2,721 <sup>a</sup>	3,032	3,195
50 or Older	1,068	1,235	1,413	1,304	1,505	1,384	1,761	1,407	1,372	1,516	1,491
<b>DID NOT RECEIVE MENTAL HEALTH SERVICES</b>	3,421 <sup>a</sup>	4,076 <sup>a</sup>	3,466 <sup>a</sup>	3,585 <sup>a</sup>	3,823 <sup>a</sup>	3,357 <sup>a</sup>	3,637 <sup>a</sup>	3,577 <sup>a</sup>	3,909 <sup>a</sup>	4,938	4,966
18-25	1,015 <sup>a</sup>	1,004 <sup>a</sup>	955 <sup>a</sup>	978 <sup>a</sup>	985 <sup>a</sup>	990 <sup>a</sup>	1,011 <sup>a</sup>	1,148 <sup>a</sup>	1,255 <sup>a</sup>	1,566 <sup>a</sup>	1,824
26 or Older	2,406 <sup>a</sup>	3,072	2,510 <sup>a</sup>	2,608 <sup>a</sup>	2,839	2,367 <sup>a</sup>	2,626 <sup>a</sup>	2,429 <sup>a</sup>	2,655 <sup>a</sup>	3,372	3,142
26-49	1,988 <sup>a</sup>	2,288	1,701 <sup>a</sup>	2,115 <sup>a</sup>	2,228	1,751 <sup>a</sup>	2,025 <sup>a</sup>	1,862 <sup>a</sup>	2,061 <sup>a</sup>	2,396	2,527
50 or Older	418	784	809	492	611	617	601	567	594	976 <sup>a</sup>	614

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NOTE: Mental Health Services for adults includes inpatient treatment/counseling, outpatient treatment/counseling, or use of prescription medication for problems with emotions, nerves, or mental health. Respondents with unknown mental health service information were excluded.

NOTE: Any Mental Illness (AMI) aligns with DSM-IV criteria and is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder. AMI estimates from 2008 to 2011 may differ from previously published estimates due to revised estimation procedures. These mental illness estimates are based on a predictive model and are not direct measures of diagnostic status.

NOTE: Perception of unmet need was asked of all respondents regardless of their mental health. Respondents with unknown perception of unmet need information were excluded.

<sup>a</sup> The difference between this estimate and the 2018 estimate is statistically significant at the .05 level. Rounding may make the estimates appear identical.

<sup>1</sup> The measures used to estimate mental illness in 2008 partially differ from the measures used in subsequent years; however, methodological analysis indicated that the estimates are comparable. For details, see Section 3.4.7 in Chapter 3 of the *2018 National Survey on Drug Use and Health: Methodological Summary and Definitions*.

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**Table 10.25B Receipt of Mental Health Services in Past Year among Persons Aged 18 or Older with Past Year Any Mental Illness and a Perceived Unmet Need for Mental Health Services in Past Year, by Age Group: Percentages, 2008-2018**

Receipt of Mental Health Services/Age Group	2008 <sup>1</sup>	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018
<b>RECEIVED MENTAL HEALTH SERVICES</b>	57.9	55.1	59.9	57.9	57.9	60.1 <sup>a</sup>	59.7 <sup>a</sup>	59.2	57.5	55.2	55.6
18-25	44.7	43.3	47.6	46.3	48.0	47.0	49.9	47.3	48.8	49.5	45.7
26 or Older	61.7	57.9	63.2	61.1	60.5	63.8	62.5	63.2	60.7	57.4	59.9
26-49	58.6	56.7	63.0 <sup>a</sup>	56.8	56.0	61.5 <sup>a</sup>	56.3	59.7	56.9	55.9	55.8
50 or Older	71.9	61.2	63.6	72.6	71.1	69.2	74.6	71.3	69.8	60.8	70.8
<b>DID NOT RECEIVE MENTAL HEALTH SERVICES</b>	42.1	44.9	40.1	42.1	42.1	39.9 <sup>a</sup>	40.3 <sup>a</sup>	40.8	42.5	44.8	44.4
18-25	55.3	56.7	52.4	53.7	52.0	53.0	50.1	52.7	51.2	50.5	54.3
26 or Older	38.3	42.1	36.8	38.9	39.5	36.2	37.5	36.8	39.3	42.6	40.1
26-49	41.4	43.3	37.0 <sup>a</sup>	43.2	44.0	38.5 <sup>a</sup>	43.7	40.3	43.1	44.1	44.2
50 or Older	28.1	38.8	36.4	27.4	28.9	30.8	25.4	28.7	30.2	39.2	29.2

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NOTE: Perception of unmet need was asked of all respondents regardless of their mental health. Respondents with unknown perception of unmet need information were excluded.

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**Table 10.26A Receipt of Mental Health Services in Past Year among Persons Aged 18 or Older with Past Year Serious Mental Illness and a Perceived Unmet Need for Mental Health Services in Past Year, by Age Group: Numbers in Thousands, 2008-2018**

<b>Receipt of Mental Health Services/Age Group</b>	<b>2008<sup>1</sup></b>	<b>2009</b>	<b>2010</b>	<b>2011</b>	<b>2012</b>	<b>2013</b>	<b>2014</b>	<b>2015</b>	<b>2016</b>	<b>2017</b>	<b>2018</b>
<b>RECEIVED MENTAL HEALTH SERVICES</b>	2,534 <sup>a</sup>	2,720 <sup>a</sup>	2,807	2,643 <sup>a</sup>	2,603 <sup>a</sup>	2,596 <sup>a</sup>	2,879	2,569 <sup>a</sup>	2,723 <sup>a</sup>	3,320	3,268
18-25	313 <sup>a</sup>	307 <sup>a</sup>	406 <sup>a</sup>	399 <sup>a</sup>	410 <sup>a</sup>	425 <sup>a</sup>	534 <sup>a</sup>	496 <sup>a</sup>	608 <sup>a</sup>	844	819
26 or Older	2,221	2,413	2,401	2,243	2,193	2,170	2,346	2,073 <sup>a</sup>	2,115	2,475	2,448
26-49	1,545	1,603	1,651	1,480	1,488	1,550	1,436 <sup>a</sup>	1,465 <sup>a</sup>	1,417 <sup>a</sup>	1,696	1,755
50 or Older	*	*	*	*	*	*	910	*	*	779	*
<b>DID NOT RECEIVE MENTAL HEALTH SERVICES</b>	1,091 <sup>a</sup>	1,151 <sup>a</sup>	1,087 <sup>a</sup>	1,230 <sup>a</sup>	1,351 <sup>a</sup>	1,262 <sup>a</sup>	1,325 <sup>a</sup>	1,137 <sup>a</sup>	1,375 <sup>a</sup>	1,606	1,845
18-25	302 <sup>a</sup>	278 <sup>a</sup>	298 <sup>a</sup>	307 <sup>a</sup>	294 <sup>a</sup>	329 <sup>a</sup>	365 <sup>a</sup>	379 <sup>a</sup>	482 <sup>a</sup>	582 <sup>a</sup>	726
26 or Older	789 <sup>a</sup>	873	789 <sup>a</sup>	923	1,056	932	959	758 <sup>a</sup>	893	1,024	1,119
26-49	584 <sup>a</sup>	782	606 <sup>a</sup>	755	848	651 <sup>a</sup>	742	649 <sup>a</sup>	666 <sup>a</sup>	814	905
50 or Older	*	*	*	*	*	*	217	*	*	210	*

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**Table 10.26B Receipt of Mental Health Services in Past Year among Persons Aged 18 or Older with Past Year Serious Mental Illness and a Perceived Unmet Need for Mental Health Services in Past Year, by Age Group: Percentages, 2008-2018**

Receipt of Mental Health Services/Age Group	2008 <sup>1</sup>	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018
<b>RECEIVED MENTAL HEALTH SERVICES</b>	69.9 <sup>a</sup>	70.3 <sup>a</sup>	72.1 <sup>a</sup>	68.2	65.8	67.3	68.5	69.3 <sup>a</sup>	66.5	67.4	63.9
18-25	50.9	52.5	57.7	56.5	58.2	56.4	59.4	56.7	55.8	59.2	53.0
26 or Older	73.8	73.4	75.3	70.9	67.5	69.9	71.0	73.2	70.3	70.7	68.6
26-49	72.6	67.2	73.2	66.2	63.7	70.4	65.9	69.3	68.0	67.6	66.0
50 or Older	*	*	*	*	*	*	80.7	*	*	78.8	*
<b>DID NOT RECEIVE MENTAL HEALTH SERVICES</b>	30.1 <sup>a</sup>	29.7 <sup>a</sup>	27.9 <sup>a</sup>	31.8	34.2	32.7	31.5	30.7 <sup>a</sup>	33.5	32.6	36.1
18-25	49.1	47.5	42.3	43.5	41.8	43.6	40.6	43.3	44.2	40.8	47.0
26 or Older	26.2	26.6	24.7	29.1	32.5	30.1	29.0	26.8	29.7	29.3	31.4
26-49	27.4	32.8	26.8	33.8	36.3	29.6	34.1	30.7	32.0	32.4	34.0
50 or Older	*	*	*	*	*	*	19.3	*	*	21.2	*

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