

**Table 10.20C Locations of Outpatient Mental Health Services among Persons Aged 18 or Older with Past Year Any Mental Illness Who Received Outpatient Mental Health Services in Past Year: Standard Errors of Numbers in Thousands, 2008-2018**

<b>Location of Mental Health Services</b>	<b>2008<sup>1</sup></b>	<b>2009</b>	<b>2010</b>	<b>2011</b>	<b>2012</b>	<b>2013</b>	<b>2014</b>	<b>2015</b>	<b>2016</b>	<b>2017</b>	<b>2018</b>
Outpatient Mental Health Clinic or Center	155	156	179	189	166	227	175	161	159	176	173
Office of a Private Therapist, Psychologist, Psychiatrist, Social Worker, or Counselor - Not Part of a Clinic	268	256	267	242	248	328	214	250	237	244	277
Doctor's Office - Not Part of a Clinic	186	201	160	164	167	174	116	150	122	144	141
Outpatient Medical Clinic	121	114	88	92	94	120	83	79	85	75	81
Partial Day Hospital or Day Treatment Program	41	59	46	54	61	37	39	47	30	43	38
School or University Setting/Clinic/Center <sup>2</sup>	17	16	11	13	17	15	18	16	19	22	18
Some Other Place <sup>3</sup>	42	41	58	52	39	55	47	48	45	55	49

\* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Some 2008 to 2010 estimates may differ from previously published estimates due to updates (see Section 3.3.5 in Chapter 3 of the *2018 National Survey on Drug Use and Health: Methodological Summary and Definitions*).

NOTE: Respondents could indicate multiple locations for receiving outpatient mental health services; thus, these response categories are not mutually exclusive.

NOTE: Respondents with unknown mental health services information were excluded.

NOTE: Because of revisions in 2017 to the outpatient mental health service estimates, these 2010 to 2016 estimates may differ from estimates published prior to the 2017 NSDUH.

NOTE: Any Mental Illness (AMI) aligns with DSM-IV criteria and is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder. AMI estimates from 2008 to 2011 may differ from previously published estimates due to revised estimation procedures. These mental illness estimates are based on a predictive model and are not direct measures of diagnostic status.

<sup>1</sup> The measures used to estimate mental illness in 2008 partially differ from the measures used in subsequent years; however, methodological analysis indicated that the estimates are comparable. For details, see Section 3.4.7 in Chapter 3 of the *2018 National Survey on Drug Use and Health: Methodological Summary and Definitions*.

<sup>2</sup> Respondents were permitted to specify other locations for receiving outpatient mental health services. This location was the most commonly reported other location for receiving outpatient treatment/counseling.

<sup>3</sup> Respondents with unknown or invalid responses to the other-specify question on Some Other Place Received Outpatient Mental Health Services were excluded.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2008-2018.

**Table 10.20D Locations of Outpatient Mental Health Services among Persons Aged 18 or Older with Past Year Any Mental Illness Who Received Outpatient Mental Health Services in Past Year: Standard Errors of Percentages, 2008-2018**

Location of Mental Health Services	2008 <sup>1</sup>	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018
Outpatient Mental Health Clinic or Center	1.45	1.51	1.61	1.67	1.47	1.78	1.32	1.30	1.25	1.26	1.20
Office of a Private Therapist, Psychologist, Psychiatrist, Social Worker, or Counselor - Not Part of a Clinic	1.77	1.90	1.84	1.67	1.77	2.01	1.46	1.44	1.40	1.43	1.34
Doctor's Office - Not Part of a Clinic	1.72	1.83	1.46	1.44	1.52	1.51	1.05	1.20	1.02	1.08	1.05
Outpatient Medical Clinic	1.19	1.17	0.87	0.90	0.93	1.10	0.76	0.69	0.75	0.62	0.63
Partial Day Hospital or Day Treatment Program	0.43	0.62	0.48	0.54	0.62	0.35	0.37	0.43	0.28	0.36	0.30
School or University Setting/Clinic/Center <sup>2</sup>	0.18	0.18	0.11	0.13	0.17	0.14	0.17	0.15	0.17	0.19	0.15
Some Other Place <sup>3</sup>	0.44	0.45	0.60	0.53	0.40	0.52	0.44	0.43	0.41	0.46	0.40

\* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Some 2008 to 2010 estimates may differ from previously published estimates due to updates (see Section 3.3.5 in Chapter 3 of the *2018 National Survey on Drug Use and Health: Methodological Summary and Definitions*).

NOTE: Respondents could indicate multiple locations for receiving outpatient mental health services; thus, these response categories are not mutually exclusive.

NOTE: Respondents with unknown mental health services information were excluded.

NOTE: Because of revisions in 2017 to the outpatient mental health service estimates, these 2010 to 2016 estimates may differ from estimates published prior to the 2017 NSDUH.

NOTE: Any Mental Illness (AMI) aligns with DSM-IV criteria and is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder. AMI estimates from 2008 to 2011 may differ from previously published estimates due to revised estimation procedures. These mental illness estimates are based on a predictive model and are not direct measures of diagnostic status.

<sup>1</sup> The measures used to estimate mental illness in 2008 partially differ from the measures used in subsequent years; however, methodological analysis indicated that the estimates are comparable. For details, see Section 3.4.7 in Chapter 3 of the *2018 National Survey on Drug Use and Health: Methodological Summary and Definitions*.

<sup>2</sup> Respondents were permitted to specify other locations for receiving outpatient mental health services. This location was the most commonly reported other location for receiving outpatient treatment/counseling.

<sup>3</sup> Respondents with unknown or invalid responses to the other-specify question on Some Other Place Received Outpatient Mental Health Services were excluded.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2008-2018.

**Table 10.20P Locations of Outpatient Mental Health Services among Persons Aged 18 or Older with Past Year Any Mental Illness Who Received Outpatient Mental Health Services in Past Year: *P* Values from Tests of Differences of Percentages, 2018 Versus 2008-2017**

Location of Mental Health Services	2008 <sup>1</sup>	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018
Outpatient Mental Health Clinic or Center	0.0356	0.1822	0.2219	0.7723	0.3953	0.5131	0.2128	0.2573	0.6357	0.2358	
Office of a Private Therapist, Psychologist, Psychiatrist, Social Worker, or Counselor - Not Part of a Clinic	0.0348	0.0003	0.0059	0.0004	0.0001	0.0402	0.0036	0.0094	0.0109	0.0024	
Doctor's Office - Not Part of a Clinic	0.0132	0.0003	0.0116	0.0157	0.0058	0.5400	0.3940	0.0967	0.7811	0.4484	
Outpatient Medical Clinic	0.0230	0.0617	0.9236	0.6010	0.7080	1.0000	0.4943	0.7276	0.6881	0.6635	
Partial Day Hospital or Day Treatment Program	0.8691	0.1642	0.6732	0.7852	0.2014	0.1211	0.9897	0.4286	0.3486	0.6770	
School or University Setting/Clinic/Center <sup>2</sup>	0.7336	0.5722	0.0564	0.1824	0.9836	0.2209	0.8974	0.4032	0.9272	0.1759	
Some Other Place <sup>3</sup>	0.3348	0.5562	0.8696	0.5243	0.2737	0.9883	0.7489	0.9060	0.8053	0.7375	

\* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Some 2008 to 2010 estimates that are used in the comparisons may differ from previously published estimates due to updates (see Section 3.3.5 in Chapter 3 of the *2018 National Survey on Drug Use and Health: Methodological Summary and Definitions*).

NOTE: Respondents could indicate multiple locations for receiving outpatient mental health services; thus, these response categories are not mutually exclusive.

NOTE: Respondents with unknown mental health services information were excluded.

NOTE: Because of revisions in 2017 to the outpatient mental health service estimates, the 2010 to 2016 estimates that are used in the comparisons may differ from estimates published prior to the 2017 NSDUH.

NOTE: Any Mental Illness (AMI) aligns with DSM-IV criteria and is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder. AMI estimates from 2008 to 2011 that are used in the comparisons may differ from previously published estimates due to revised estimation procedures. The mental illness estimates that are used in the comparisons are based on a predictive model and are not direct measures of diagnostic status.

<sup>1</sup> The measures used to estimate mental illness in 2008 partially differ from the measures used in subsequent years; however, methodological analysis indicated that the estimates that are used in the comparisons are comparable. For details, see Section 3.4.7 in Chapter 3 of the *2018 National Survey on Drug Use and Health: Methodological Summary and Definitions*.

<sup>2</sup> Respondents were permitted to specify other locations for receiving outpatient mental health services. This location was the most commonly reported other location for receiving outpatient treatment/counseling.

<sup>3</sup> Respondents with unknown or invalid responses to the other-specify question on Some Other Place Received Outpatient Mental Health Services were excluded.

Definitions: Measures and terms are defined in Appendix A.

Source: SAMHSA, Center for Behavioral Health Statistics and Quality, National Survey on Drug Use and Health, 2008-2018.

**Table 10.21C Locations of Outpatient Mental Health Services among Persons Aged 18 or Older with Past Year Serious Mental Illness Who Received Outpatient Mental Health Services in Past Year: Standard Errors of Numbers in Thousands, 2008-2018**

Location of Mental Health Services	2008 <sup>1</sup>	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018
Outpatient Mental Health Clinic or Center	105	102	116	125	108	156	112	106	110	117	128
Office of a Private Therapist, Psychologist, Psychiatrist, Social Worker, or Counselor - Not Part of a Clinic	167	152	188	148	151	232	135	138	148	140	163
Doctor's Office - Not Part of a Clinic	105	140	101	109	99	94	76	98	71	94	92
Outpatient Medical Clinic	65	86	69	60	67	68	60	51	57	52	54
Partial Day Hospital or Day Treatment Program	30	38	39	44	48	25	30	31	24	34	30
School or University Setting/Clinic/Center <sup>2</sup>	10	12	6	7	6	7	14	9	9	15	12
Some Other Place <sup>3</sup>	17	18	16	45	34	38	25	40	26	34	36

\* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

NOTE: Some 2008 to 2010 estimates may differ from previously published estimates due to updates (see Section 3.3.5 in Chapter 3 of the *2018 National Survey on Drug Use and Health: Methodological Summary and Definitions*).

NOTE: Respondents could indicate multiple locations for receiving outpatient mental health services; thus, these response categories are not mutually exclusive.

NOTE: Respondents with unknown mental health services information were excluded.

NOTE: Because of revisions in 2017 to the outpatient mental health service estimates, these 2010 to 2016 estimates may differ from estimates published prior to the 2017 NSDUH.

NOTE: Serious Mental Illness (SMI) aligns with DSM-IV criteria and is defined as having a diagnosable mental, behavioral, or emotional disorder, other than a developmental or substance use disorder. Estimates of SMI are a subset of estimates of any mental illness (AMI) because SMI is limited to persons with AMI that resulted in serious functional impairment. SMI estimates from 2008 to 2011 may differ from previously published estimates due to revised estimation procedures. These mental illness estimates are based on a predictive model and are not direct measures of diagnostic status.

<sup>1</sup> The measures used to estimate mental illness in 2008 partially differ from the measures used in subsequent years; however, methodological analysis indicated that the estimates are comparable. For details, see Section 3.4.7 in Chapter 3 of the *2018 National Survey on Drug Use and Health: Methodological Summary and Definitions*.

<sup>2</sup> Respondents were permitted to specify other locations for receiving outpatient mental health services. This location was the most commonly reported other location for receiving outpatient treatment/counseling.

<sup>3</sup> Respondents with unknown or invalid responses to the other-specify question on Some Other Place Received Outpatient Mental Health Services were excluded.

Definitions: Measures and terms are defined in Appendix A.

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**Table 10.21D Locations of Outpatient Mental Health Services among Persons Aged 18 or Older with Past Year Serious Mental Illness Who Received Outpatient Mental Health Services in Past Year: Standard Errors of Percentages, 2008-2018**

Location of Mental Health Services	2008 <sup>1</sup>	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018
Outpatient Mental Health Clinic or Center	2.52	2.53	2.58	2.68	2.56	2.78	2.00	2.06	2.03	1.85	2.11
Office of a Private Therapist, Psychologist, Psychiatrist, Social Worker, or Counselor - Not Part of a Clinic	2.66	2.96	2.79	2.63	2.82	2.99	2.15	2.19	2.16	2.10	2.09
Doctor's Office - Not Part of a Clinic	2.45	2.99	2.33	2.33	2.34	1.93	1.67	2.04	1.46	1.61	1.65
Outpatient Medical Clinic	1.64	2.12	1.66	1.47	1.71	1.42	1.31	1.16	1.25	1.00	1.03
Partial Day Hospital or Day Treatment Program	0.80	1.01	0.97	1.09	1.27	0.54	0.69	0.74	0.56	0.66	0.60
School or University Setting/Clinic/Center <sup>2</sup>	0.26	0.33	0.15	0.17	0.17	0.15	0.34	0.21	0.21	0.30	0.24
Some Other Place <sup>3</sup>	0.45	0.47	0.41	1.16	0.91	0.82	0.58	0.92	0.58	0.68	0.71

\* = low precision; -- = not available; da = does not apply; nc = not comparable due to methodological changes; nr = not reported due to measurement issues.

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**Table 10.21P Locations of Outpatient Mental Health Services among Persons Aged 18 or Older with Past Year Serious Mental Illness Who Received Outpatient Mental Health Services in Past Year: *P* Values from Tests of Differences of Percentages, 2018 Versus 2008-2017**

Location of Mental Health Services	2008 <sup>1</sup>	2009	2010	2011	2012	2013	2014	2015	2016	2017	2018
Outpatient Mental Health Clinic or Center	0.0457	0.0417	0.0294	0.1311	0.3390	0.9781	0.7349	0.7648	0.6276	0.7775	
Office of a Private Therapist, Psychologist, Psychiatrist, Social Worker, or Counselor - Not Part of a Clinic	0.8915	0.0135	0.9636	0.0808	0.0552	0.1896	0.0352	0.1389	0.1926	0.0655	
Doctor's Office - Not Part of a Clinic	0.2847	0.0195	0.3743	0.0751	0.3577	0.1703	0.4971	0.1552	0.5759	0.1743	
Outpatient Medical Clinic	0.1790	0.0312	0.7703	0.7322	0.4006	0.4402	0.2778	0.9941	0.3710	0.9708	
Partial Day Hospital or Day Treatment Program	0.6497	0.6648	0.9060	0.9902	0.2997	0.0263	0.5354	0.8910	0.3250	0.7949	
School or University Setting/Clinic/Center <sup>2</sup>	0.4950	0.6411	0.0755	0.0987	0.1577	0.1410	0.7760	0.4234	0.6452	0.2967	
Some Other Place <sup>3</sup>	0.0203	0.0806	0.0535	0.3356	0.6573	0.6461	0.6677	0.5196	0.3718	0.9158	

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