

Table 8.38A Source of Mental Health Service in the Past Year among Persons Aged 12 to 17: Numbers in Thousands, 2002-2008

Source of Mental Health Service¹	2002	2003	2004	2005	2006	2007	2008
SPECIALTY MENTAL HEALTH	2,934	3,104	3,378 ^a	3,394 ^a	3,295	3,113	3,126
Outpatient	2,662	2,795	3,015 ^a	3,048 ^a	2,934	2,781	2,811
Private Therapist, Psychologist, Psychiatrist, Social Worker, or Counselor	2,254	2,347	2,523	2,573 ^a	2,418	2,362	2,386
Mental Health Clinic or Center	611	635	716 ^b	657 ^a	589	579	560
Partial Day Hospital or Day Treatment Program	440	425	439	449 ^a	473 ^a	416	370
In-Home Therapist, Counselor, or Family Preservation Worker	693	656	762	731	717	703	707
Inpatient or Residential (Overnight or Longer Stay)	588	626	705 ^a	696 ^a	670	628	598
Hospital	422	467	515	529	517	510	462
Residential Treatment Center	224	233	299 ^b	229	225	199	195
Foster Care or Therapeutic Foster Care Home	157	179 ^b	158	143	129	112	118
EDUCATION²	2,587 ^b	2,983	3,157 ^b	3,033	2,991	2,862	2,882
School Counselor, School Psychologist or Regular Meetings with a Teacher	2,111 ^b	2,445	2,619	2,509	2,461	2,428	2,480
Special Education Services While in a Regular Classroom or Placement in a Special Classroom, Special Program or Special School	839	959 ^b	1,015 ^b	976 ^b	978 ^b	811	746
MEDICAL							
Pediatrician or Other Family Doctor	657	732	840 ^b	810	694	692	706
SPECIALTY MENTAL HEALTH AND EDUCATION OR MEDICAL³	1,187	1,418	1,424	1,454 ^a	1,342	1,278	1,306

*Low precision; no estimate reported.

NOTE: Receipt of mental health services for persons aged 12 to 17 is defined as having received treatment/counseling for emotional or behavioral problems not caused by drug or alcohol use.

NOTE: Respondents with unknown receipt of mental health service information in the past year were excluded.

^a Difference between estimate and 2008 estimate is statistically significant at the 0.05 level.

^b Difference between estimate and 2008 estimate is statistically significant at the 0.01 level.

¹ Respondents could indicate multiple service sources; thus, these response categories are not mutually exclusive.

² Respondents who did not report their school enrollment status, who reported not being enrolled in school in the past 12 months, or who reported being home-schooled were not asked about receipt of mental health treatment/counseling from this source.

³ Specialty Mental Health and Education or Medical includes receipt of any specialty mental health services and receipt of services from either Education or Medical sources.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2002, 2003, 2004, 2005, 2006, 2007, and 2008.

Table 8.38B Source of Mental Health Service in the Past Year among Persons Aged 12 to 17: Percentages, 2002-2008

Source of Mental Health Service ¹	2002	2003	2004	2005	2006	2007	2008
SPECIALTY MENTAL HEALTH	12.0	12.5	13.5	13.5	13.1	12.5	12.7
Outpatient	10.8	11.3	12.1	12.1	11.7	11.1	11.4
Private Therapist, Psychologist, Psychiatrist, Social Worker, or Counselor	9.2	9.5	10.1	10.2	9.6	9.4	9.7
Mental Health Clinic or Center	2.5	2.6	2.9 ^b	2.6	2.3	2.3	2.3
Partial Day Hospital or Day Treatment Program	1.8	1.7	1.8	1.8	1.9 ^a	1.7	1.5
In-Home Therapist, Counselor, or Family Preservation Worker	2.8	2.6	3.0	2.9	2.8	2.8	2.9
Inpatient or Residential (Overnight or Longer Stay)	2.4	2.5	2.8 ^a	2.8	2.7	2.5	2.4
Hospital	1.7	1.9	2.1	2.1	2.0	2.0	1.9
Residential Treatment Center	0.9	0.9	1.2 ^b	0.9	0.9	0.8	0.8
Foster Care or Therapeutic Foster Care Home	0.6	0.7 ^a	0.6	0.6	0.5	0.4	0.5
EDUCATION²	10.6 ^b	12.1	12.7 ^a	12.1	11.9	11.5	11.8
School Counselor, School Psychologist or Regular Meetings with a Teacher	8.6 ^b	9.9	10.5	10.0	9.8	9.7	10.1
Special Education Services While in a Regular Classroom or Placement in a Special Classroom, Special Program or Special School	3.4	3.9 ^b	4.1 ^b	3.9 ^b	3.9 ^b	3.3	3.0
MEDICAL							
Pediatrician or Other Family Doctor	2.7	2.9	3.4 ^a	3.2	2.8	2.8	2.9
SPECIALTY MENTAL HEALTH AND EDUCATION OR MEDICAL³	4.8	5.7	5.7	5.8	5.3	5.1	5.3

*Low precision; no estimate reported.

NOTE: Receipt of mental health services for persons aged 12 to 17 is defined as having received treatment/counseling for emotional or behavioral problems not caused by drug or alcohol use.

NOTE: Respondents with unknown receipt of mental health service information in the past year were excluded.

^a Difference between estimate and 2008 estimate is statistically significant at the 0.05 level.

^b Difference between estimate and 2008 estimate is statistically significant at the 0.01 level.

¹ Respondents could indicate multiple service sources; thus, these response categories are not mutually exclusive.

² Respondents who did not report their school enrollment status, who reported not being enrolled in school in the past 12 months, or who reported being home-schooled were not asked about receipt of mental health treatment/counseling from this source.

³ Specialty Mental Health and Education or Medical includes receipt of any specialty mental health services and receipt of services from either Education or Medical sources.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2002, 2003, 2004, 2005, 2006, 2007, and 2008.