

**Table 8.36A Received Mental Health Treatment/Counseling in the Past Year among Persons Aged 18 or Older, by Demographic Characteristics:
Numbers in Thousands, 2002-2008**

Demographic Characteristic	2002	2003	2004	2005	2006	2007	2008
TOTAL	27,215 ^b	27,939 ^a	27,502 ^b	28,166 ^a	28,346	29,401	30,002
AGE							
18-25	3,256 ^a	3,511	3,459	3,615	3,514	3,365	3,547
26-49	14,492	14,476	14,348	13,889	14,020	14,242	13,937
50 or Older	9,466 ^b	9,952 ^b	9,695 ^b	10,661 ^b	10,812 ^a	11,794	12,518
GENDER							
Male	8,772 ^b	8,689 ^b	9,044 ^a	9,308	9,458	9,836	10,053
Female	18,442 ^a	19,250	18,458 ^a	18,858	18,888	19,565	19,949
HISPANIC ORIGIN AND RACE							
Not Hispanic or Latino	25,172 ^b	25,919 ^a	25,523 ^b	25,999 ^a	26,320 ^a	27,241	27,951
White	21,943 ^b	22,914 ^a	22,512 ^a	22,890 ^a	23,279	24,647	24,637
Black or African American	1,953	2,021	2,052	2,193	1,855	1,711 ^a	2,230
American Indian or Alaska Native	227 ^a	136	143	169	130	128	124
Native Hawaiian or Other Pacific Islander	29	*	*	*	58	*	*
Asian	668	424	422	365	519	370	442
Two or More Races	352	373	335	317	480	359	464
Hispanic or Latino	2,043	2,020	1,979	2,166	2,025	2,160	2,051

*Low precision; no estimate reported.

NOTE: Mental Health Treatment/Counseling is defined as having received inpatient care or outpatient care or having used prescription medication for problems with emotions, nerves, or mental health. Respondents were not to include treatment for drug or alcohol use. Respondents with unknown treatment/counseling information were excluded. Estimates were based only on responses to items in the Adult Mental Health Service Utilization module.

NOTE: Due to revised editing of 2002, 2003, and 2004 outpatient mental health treatment/counseling data, these 2002 and 2003 estimates may differ slightly from 2002 and 2003 estimates published in prior NSDUH reports. See Section B.5.2 in Appendix B of the *Results from the 2004 National Survey on Drug Use and Health: National Findings*.

^a Difference between estimate and 2008 estimate is statistically significant at the 0.05 level.

^b Difference between estimate and 2008 estimate is statistically significant at the 0.01 level.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2002, 2003, 2004, 2005, 2006, 2007, and 2008.

Table 8.36B Received Mental Health Treatment/Counseling in the Past Year among Persons Aged 18 or Older, by Demographic Characteristics: Percentages, 2002-2008

Demographic Characteristic	2002	2003	2004	2005	2006	2007	2008
TOTAL	13.0	13.2	12.8	13.0	12.9	13.2	13.4
AGE							
18-25	10.5	11.1	10.8	11.2	10.8	10.3	10.8
26-49	14.5	14.5	14.4	13.9	14.0	14.3	14.0
50 or Older	12.0 ^a	12.3	11.7 ^a	12.5	12.4	13.2	13.6
GENDER							
Male	8.7	8.5	8.8	8.9	8.9	9.2	9.3
Female	16.9	17.5	16.6	16.8	16.6	17.0	17.2
HISPANIC ORIGIN AND RACE							
Not Hispanic or Latino	13.6	13.9	13.6	13.7	13.8	14.2	14.4
White	14.7 ^a	15.2	14.9 ^a	15.1	15.2	16.0	16.0
Black or African American	8.5	8.5	8.5	8.9	7.4	6.8 ^a	8.7
American Indian or Alaska Native	17.7	12.6	12.6	15.4	11.9	11.6	13.2
Native Hawaiian or Other Pacific Islander	3.9	*	*	*	7.0	*	*
Asian	8.3 ^a	4.9	4.7	4.0	5.6	3.9	4.5
Two or More Races	16.6	17.5	15.8	14.4	21.6	15.6	18.8
Hispanic or Latino	8.2	7.8	7.4	7.8	7.0	7.3	6.8

*Low precision; no estimate reported.

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^a Difference between estimate and 2008 estimate is statistically significant at the 0.05 level.

^b Difference between estimate and 2008 estimate is statistically significant at the 0.01 level.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2002, 2003, 2004, 2005, 2006, 2007, and 2008.