

Table 6.3C Types of Illicit Drug Use in the Past Month among Persons Aged 18 or Older, by Past Month Serious Psychological Distress: Standard Errors of Numbers in Thousands, 2008

Drug	Total	Serious Psychological Distress¹	No Serious Psychological Distress¹
ILLCIT DRUGS²	423	116	417
Marijuana and Hashish	374	101	367
Cocaine	130	49	117
Crack	55	26	49
Heroin	39	20	33
Hallucinogens	65	26	59
LSD	16	7	14
PCP	*	1	*
Ecstasy	50	21	45
Inhalants	67	19	65
Nonmedical Use of Psychotherapeutics ^{3,4}	222	74	207
Pain Relievers	193	61	183
OxyContin [®]	57	16	55
Tranquilizers	118	52	101
Stimulants ⁴	73	28	66
Methamphetamine ⁴	52	15	48
Sedatives	36	18	31
ILLCIT DRUGS OTHER THAN MARIJUANA²	259	91	242

*Low precision; no estimate reported.

¹ Serious Psychological Distress (SPD) is defined as having a score of 13 or higher on the K6 scale. Note that this table shows estimates of past month SPD, while prior NSDUH tables and reports have shown estimates of past year SPD. See Section B.4.5 in Appendix B of the *Results from the 2008 National Survey on Drug Use and Health: National Findings*.

² Illicit Drugs include marijuana/hashish, cocaine (including crack), heroin, hallucinogens, inhalants, or prescription-type psychotherapeutics used nonmedically. Illicit Drugs Other Than Marijuana include cocaine (including crack), heroin, hallucinogens, inhalants, or prescription-type psychotherapeutics used nonmedically. The estimates for Nonmedical Use of Psychotherapeutics, Stimulants, and Methamphetamine incorporated in these summary estimates do not include data from the methamphetamine items added in 2005 and 2006. See Section B.4.8 in Appendix B of the *Results from the 2008 National Survey on Drug Use and Health: National Findings*.

³ Nonmedical use of prescription-type psychotherapeutics includes the nonmedical use of pain relievers, tranquilizers, stimulants, or sedatives and does not include over-the-counter drugs.

⁴ Estimates of Nonmedical Use of Psychotherapeutics, Stimulants, and Methamphetamine in the designated rows include data from methamphetamine items added in 2005 and 2006 and are not comparable with estimates presented in prior NSDUH reports. See Section B.4.8 in Appendix B of the *Results from the 2008 National Survey on Drug Use and Health: National Findings*.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2008.

Table 6.3D Types of Illicit Drug Use in the Past Month among Persons Aged 18 or Older, by Past Month Serious Psychological Distress: Standard Errors of Percentages, 2008

Drug	Total	Serious Psychological Distress¹	No Serious Psychological Distress¹
ILLCIT DRUGS²	0.19	1.13	0.19
Marijuana and Hashish	0.17	0.99	0.16
Cocaine	0.06	0.48	0.05
Crack	0.02	0.26	0.02
Heroin	0.02	0.20	0.02
Hallucinogens	0.03	0.26	0.03
LSD	0.01	0.07	0.01
PCP	*	0.01	*
Ecstasy	0.02	0.20	0.02
Inhalants	0.03	0.18	0.03
Nonmedical Use of Psychotherapeutics ^{3,4}	0.10	0.73	0.10
Pain Relievers	0.09	0.60	0.09
OxyContin [®]	0.03	0.16	0.03
Tranquilizers	0.05	0.50	0.05
Stimulants ⁴	0.03	0.28	0.03
Methamphetamine ⁴	0.02	0.14	0.02
Sedatives	0.02	0.17	0.01
ILLCIT DRUGS OTHER THAN MARIJUANA²	0.12	0.89	0.11

*Low precision; no estimate reported.

¹ Serious Psychological Distress (SPD) is defined as having a score of 13 or higher on the K6 scale. Note that this table shows estimates of past month SPD, while prior NSDUH tables and reports have shown estimates of past year SPD. See Section B.4.5 in Appendix B of the *Results from the 2008 National Survey on Drug Use and Health: National Findings*.

² Illicit Drugs include marijuana/hashish, cocaine (including crack), heroin, hallucinogens, inhalants, or prescription-type psychotherapeutics used nonmedically. Illicit Drugs Other Than Marijuana include cocaine (including crack), heroin, hallucinogens, inhalants, or prescription-type psychotherapeutics used nonmedically. The estimates for Nonmedical Use of Psychotherapeutics, Stimulants, and Methamphetamine incorporated in these summary estimates do not include data from the methamphetamine items added in 2005 and 2006. See Section B.4.8 in Appendix B of the *Results from the 2008 National Survey on Drug Use and Health: National Findings*.

³ Nonmedical use of prescription-type psychotherapeutics includes the nonmedical use of pain relievers, tranquilizers, stimulants, or sedatives and does not include over-the-counter drugs.

⁴ Estimates of Nonmedical Use of Psychotherapeutics, Stimulants, and Methamphetamine in the designated rows include data from methamphetamine items added in 2005 and 2006 and are not comparable with estimates presented in prior NSDUH reports. See Section B.4.8 in Appendix B of the *Results from the 2008 National Survey on Drug Use and Health: National Findings*.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2008.

**Table 6.4C Tobacco Product and Alcohol Use in the Past Month among Persons Aged 18 or Older, by Past Month Serious Psychological Distress:
Standard Errors of Numbers in Thousands, 2008**

Substance	Total	Serious Psychological Distress¹	No Serious Psychological Distress¹
TOBACCO PRODUCTS²	868	233	948
Cigarettes	804	225	849
Smokeless Tobacco	309	54	310
Cigars	362	83	361
Pipe Tobacco	147	42	140
ALCOHOL	974	226	1,608
Binge Alcohol Use ³	734	174	847
Heavy Alcohol Use ³	412	114	410

*Low precision; no estimate reported.

¹ Serious Psychological Distress (SPD) is defined as having a score of 13 or higher on the K6 scale. Note that this table shows estimates of past month SPD, while prior NSDUH tables and reports have shown estimates of past year SPD. See Section B.4.5 in Appendix B of the *Results from the 2008 National Survey on Drug Use and Health: National Findings*.

² Tobacco Products include cigarettes, smokeless tobacco (i.e., chewing tobacco or snuff), cigars, or pipe tobacco.

³ Binge Alcohol Use is defined as drinking five or more drinks on the same occasion (i.e., at the same time or within a couple of hours of each other) on at least 1 day in the past 30 days. Heavy Alcohol Use is defined as drinking five or more drinks on the same occasion on each of 5 or more days in the past 30 days; all heavy alcohol users are also binge alcohol users.

Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2008.

**Table 6.4D Tobacco Product and Alcohol Use in the Past Month among Persons Aged 18 or Older, by Past Month Serious Psychological Distress:
Standard Errors of Percentages, 2008**

Substance	Total	Serious Psychological Distress¹	No Serious Psychological Distress¹
TOBACCO PRODUCTS²	0.39	1.74	0.39
Cigarettes	0.36	1.72	0.36
Smokeless Tobacco	0.14	0.53	0.14
Cigars	0.16	0.81	0.16
Pipe Tobacco	0.07	0.41	0.06
ALCOHOL	0.43	1.69	0.44
Binge Alcohol Use ³	0.33	1.48	0.34
Heavy Alcohol Use ³	0.18	1.07	0.19

*Low precision; no estimate reported.

¹ Serious Psychological Distress (SPD) is defined as having a score of 13 or higher on the K6 scale. Note that this table shows estimates of past month SPD, while prior NSDUH tables and reports have shown estimates of past year SPD. See Section B.4.5 in Appendix B of the *Results from the 2008 National Survey on Drug Use and Health: National Findings*.

² Tobacco Products include cigarettes, smokeless tobacco (i.e., chewing tobacco or snuff), cigars, or pipe tobacco.

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Source: SAMHSA, Office of Applied Studies, National Survey on Drug Use and Health, 2008.